

## Rediscovering Birth Sheila Kitzinger

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*The Bereaved Parent* MIT Press

The authors' introduction gives an account of gender studies - what it is and how it originated. Their selection of topics is authoritative and the 50 entries reflect the complex, multi-faceted nature of the field in an accessible dictionary format.

Birth and Death Routledge

Michel Odent, the leading pioneer for natural childbirth, indicates that the period between conception and a child's first birthday is critical to lifelong health. In this prophetic book, first published in 1986, Odent argues that different parts of the primal adaptive system develop, regulate and adjust themselves during fetal life and the time around birth and infancy. Everything that happens during this period of dependence on the mother has an influence on this primal health. Odent suggests that the later well-being of adults, and their ability to withstand hypertension, cancer, alcoholism and failures of the immune system resulting in AIDS, allergies and viral diseases, can all be traced back to society's ignorance of the vital importance of the primal period. This book is essential reading for all who care about the health of our children and the ongoing health of society as a whole.

[The Complete Book of Pregnancy & Childbirth](#) John Wiley & Sons

How the lives of the companions of Jesus become the canvas upon which God paints a picture of liberation. Goizueta unites this book around the disjuncture between the Christian claim that Christ's life, death, and resurrection are the key to universal human meaning and our increased consciousness of the diverse, pluralistic world in which we live. How can a Christian proclaim his message when the rationales for so much of the violence we see around us are grounded in religious principles. The credibility of Christ's claims rests on the evidence presented by those persons who have lived out those claims.

*Designing Motherhood* Pinter & Martin Ltd

"An inspirational book on conscious birthing and parenting for parents of the new millennium. This book is a rich collection of wisdom for pregnancy, birth, and postpartum by a Conscious Birth Emissary and Mother. Learn about natural healing

and sacred birthing for the optimal health of your family, children, and self. Read about simple practices for connecting with your unborn baby, healing arts for mothers and families, and preparing consciously for your best birth." --Cover, p. [4]. *Birthing a Better Way* Simon and Schuster

Ten Moons - The Inner Journey of Pregnancy, Preparation for Natural Birth A unique guide to pregnancy and birth. Written by a homebirth midwife, mother and grandmother, this book gives the power back to the woman to be the centre of her birthing universe, returning to her the keys to the long locked gates of the realm of feminine strength and the spiritual essence of birth. "The female body is designed for ecstasy-at menstruation, during lovemaking and giving birth. This book is your guide into the ecstasy and sacredness of birth. Full of love for everything that's right about your amazing body as a woman, you'll discover a wiser, more empowered approach to pregnancy and birth. It's knowledge that should be every woman's birthright...lets spread the word!" Alexandra Pope, author of 'The Wild Genie: The Healing Power of Menstruation' and 'The Woman's Quest'

[The Positive Breastfeeding Book](#) ReadHowYouWant.com

A book for pregnant women who would prefer to give birth with as little intervention as possible, so as to make things as good as possible for both themselves and their babies. The 'countdown' takes the reader through 10 key topics, and all discussion of issues is supplemented with birth stories and comments from all kinds of women and professionals too. The tone is practical, reassuring and even inspirational because the many positive birth stories show how it's possible to have a really happy, healthy experience of birth. Contributions come from Janet Balaskas (the woman who realised we're better off not lying down when we give birth!), Michel Odent (pioneer of water births) and Bill Bryson (the travel writer)... as well as from many other experts and 'ordinary'

but extraordinary mothers, who made this book possible. The advice is based on current research evidence and in any cases where the evidence is controversial the research and relevant issues are discussed in an optional extra 'notes' section at the back of the book. There is a comprehensive Glossary of pregnancy terms and a user-friendly Index, so as to make it an optimally useful book in all sense of the word. In short, this is a handbook which could make a real difference to a pregnant woman's experience and also to that of her baby. A comment from an antenatal teacher: "What every woman will want to know, put simply and clearly." A comment from a midwife, perinatal researcher and adjunct professor (Betty-Anne Daviss): "Sylvie has created a prescription for healthy birth in a 10-step approach to keep parents focused on what is important in a potentially disastrous birth environment... She has... provided us with a book that encapsulates anything you wanted to know about keeping your birth normal and healthy..." And a comment from a mother: "Had a very late night Friday as I could not put your book down. Wow!"

*Ten Moons* Dorling Kindersley Ltd

While the growth in both numbers and influence of Hispanics in North American Catholicism and Protestantism has been commented on widely, up until now there has been no systematic attempt to define a Hispanic theology. Roberto Goizueta, a Cuban-American theologian, aware that "Hispanic" and "Latino" can be terms imposed artificially on diverse peoples, finds a common link in the Spanish language and in a shared culture. Central to this culture is the experience of exile, of being a people at the margins of a society, who must find and make their way together. Central also is faith, and its grounding in this experience of

being in exile. In delineating the very particular nature and worldview of Hispanic/Latino theology, *Caminemos con Jesus* challenges both traditional Euro-American theologies and modern Western epistemological assumptions. It examines the implications of this theological method for the Church and the academy, as well as for the future of the Latino community and North American society. *Caminemos con Jesus* provides lessons in discipleship for non-Hispanics and Hispanics alike, for students of contemporary theology, and all those engaged in pastoral and church-based work.

*The Birth Partner* Penguin  
Photographs and text describe the baby's nine-month journey from conception to birth. Suggested level: intermediate, secondary.

*Passion for Birth* Lulu Publishing Services  
For thousands of years women have given birth among people they know in a place they know well. Knowledge is shared between the participants and birth is a social event. In this new, revised edition of her classic book, Sheila Kitzinger explores the universal experience of pregnancy and birth. She looks closely at the place of birth, what is done to help women in childbirth and examines the bond traditionally formed between mothers and midwives.

*Birthing Normally After a Cesarean Or Two (American Edition)* Fresh Heart Publishing  
Every human being is born and has gone through a process of birth. Yet the topic of birth remains deeply underrepresented in the humanities, overshadowed by a scholarly focus on death. This book explores how imagery is used ritualistically in religious, secular, and nonreligious ways during birth, through analysis of a wide variety of

art, iconography, poetry, and material culture. Objects central to the book's study include religious figurines, paintings about birth, and other items representative of pregnancy, crowning, or giving birth that have an historical or original meaning connected to religion. Contemporary artists are also creating new art in which they represent birth and mothering as nonreligious events that are sacred or divine. Framed through the concept of social ontology, which examines the nature of the social world and studies how people create meaning out of the various objects, images, and processes that make up human social life, the book theorizes a social ontology of birth, focusing on how the meaning of imagery undergoes metamorphosis between the spheres of religion, secularity, nonreligion, and the sacred when used during birth as a rite of passage. Included in the study are more than thirty images of birth, some of which have never been written about before.

*Birth Crisis* Lexington Books  
Renowned for her practice's exemplary results and low intervention rates, Ina May Gaskin has gained international notoriety for promoting natural birth. She is a much-beloved leader of a movement that seeks to stop the hyper-medicalization of birth—which has led to nearly a third of hospital births in America to be cesarean sections—and renew confidence in a woman's natural ability to birth. Upbeat and informative, Gaskin asserts that the way in which women become mothers is a women's rights issue, and it is perhaps the act that most powerfully exhibits what it is to be instinctually human. *Birth Matters* is a spirited manifesto showing us how to trust women, value birth, and reconcile modern life with a process as old as our species.

***The Complete Book of Pregnancy & Childbirth*** Spinifex Press  
Michel Odent, the leading pioneer for natural childbirth, indicates that the period between conception

and a child's first birthday is critical to life-long health. In this prophetic book - first published in 1986 and reproduced here in its original form - he argues that different parts of the 'primal adaptive system' develop, regulate and adjust themselves during foetal life and the time around birth and infancy. 'Everything which happens during this period of dependence on the mother has an influence on this basic state of health, this primal health.' He suggests that the later well-being of adults, their ability to withstand the 'diseases of civilization' such as hypertension, cancer, alcoholism and failures of the immune system resulting in AIDS, allergies and viral diseases, can all be traced back to society's ignorance of the vital importance of the primal period. Since the first edition of this groundbreaking work, research has continued apace, offering further evidence to substantiate Odent's ideas. In the important new Introduction and Postscript, the author reviews recent developments and relates them to the central themes of *Primal Health*. This book is essential reading for all who care about the health of our children and the ongoing health of society as a whole.

***The Thinking Woman's Guide to a Better Birth*** Orbis Books  
An international collaboration of lecturers, practitioners and researchers. Each chapter considers a topic relevant to normalising maternity care. Topics include: routine interventions - epidurals - physiological third and fourth stages - longer labours and approaches to monitoring / intervention - most effective models of care - birth centres - home birth - mental health - doulas - reasons for intervention - links between research and practice - harmonising models of birth - caseload midwifery - including 'normality' on medical training courses - the symbolic value of birth - developments in China, the UAE, Brazil and other countries where dramatic changes are taking place (e.g. in sub-Saharan Africa)

- the 'natural' caesarean - individual agents for change - intrapartum best practice - ways of supporting women labouring without pharmacological pain relief - water birth - VBAC - the role of regulatory bodies - ways of publicising your work - communication for best results - review of progress and pointers for future research. Questions and extracts provide stimulating reflection and seminar material. For midwives, obstetricians, GPs, doulas and other maternity caregivers. "I strongly recommend this book to midwives, obstetricians, doctors and hospital administrators. It carefully reviews the scientific data." Marsden Wagner-who was director of Women's and Children's Health at the World Health Organization for 15 years, before his retirement. Questions and extracts provide stimulating reflection and seminar material. For midwives, obstetricians, GPs, doulas and other maternity caregivers. "I strongly recommend this book to midwives, obstetricians, doctors and hospital administrators. It carefully reviews the scientific data." Marsden Wagner-who was director of Women's and Children's Health at the World Health Organization for 15 years, before his retirement  
*Birthing Autonomy* Lulu.com  
Explores ways in which grandmothers can find satisfaction in their new roles, have better understanding of family tensions, communicate more effectively with their daughters and daughters-in-law, and provide emotional support.  
Handbook of Communication in the Public Sphere Fresh Heart Publishing  
How often does my baby really

need to feed? How do I know my baby is getting enough? Is it normal for my baby to wake at night? When you're expecting a new baby, suddenly everyone around you becomes an expert - particularly when it comes to how to feed them. It is easy to become overwhelmed by conflicting advice, myths and exaggerated stories. The Positive Breastfeeding Book cuts through the anecdotes, giving you clear, no-judgement, non-preachy, evidence-based information to help you make the right decisions for you and your baby. It will... help you understand how breastfeeding works give you tips for planning for your baby's arrival help you cope with those early months support you to make sure that whilst you're looking after the baby, you're getting taken care of too point you to how to seek help if challenges come up guide you through feeding in public, going back to work, and even rediscovering a glass of wine You'll find plenty of real stories and guidance throughout from mothers and experts in supporting breastfeeding. There are handy chapters on formula and mixed feeding, which cut through advertising spiel and give you the facts you need to choose and use formula safely. The Positive Breastfeeding Book doesn't promise to make it easy, nor will it get up in the middle of the night for you, but it will empower you with the knowledge and encouragement you need to feed your baby with confidence.  
**50 Key Concepts in Gender Studies** Seven Stories Press  
The contributors to *Radically Speaking* show that a radical feminist analysis cuts across class, race, sexuality, region, religion and across the generations. It is essential reading for Women's Studies, sociology, cultural studies, and anyone interested in processes of social change. The collection reveals the global reach of radical feminism and analyze the causes and solutions to patriarchal oppression. Seventy writers discuss their ideas and practice of contemporary feminism.  
*Radically Speaking* W. W. Norton & Company

One new mother in twenty is diagnosed with traumatic stress after childbirth. Drawing on mothers' voices and real-life experiences, Sheila Kitzinger explores the anxiety and panic experienced by these women.  
Caminemos con Jesués University of North Texas Press  
A complete manual of physical and emotional preparation for childbirth.  
Primal Health Walter de Gruyter  
As you are reading this, you are finding yourself in the ubiquitous public sphere that is the Web. Ubiquitous, and yet not universally accessible. This volume addresses this dilemma of the public sphere, which is by definition open to everyone but in practice often excludes particular groups of people in particular societies at particular points in time. The guiding questions for this collection of articles are therefore: Who has access to the public sphere? How is this access enabled or disabled? Under what conditions is it granted or withheld, and by whom? We regard the public sphere as the nodal point for the discourses of business, politics and media, and this basic assumption is also reflected in the structure of the volume. Each of these three macro-topics comprises chapters by international scholars from a variety of disciplines and research traditions who each combine up-to-date overviews of the relevant literature with their own cutting-edge research into aspects of different public spheres such as corporate promotional communication, political rhetoric or genre features of electronic mass media. The broad scope of the volume is perhaps best reflected in a comprehensive discussion of communication technologies ranging from conventional spoken and written formats such as company brochures,

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political speeches and TV shows to emerging ones like customer chat forums, political blogs and text messaging. Due to the books' wide scope, its interdisciplinary approach and its clear structure, we are sure that whether you work in communication and media studies, linguistics, political science, sociology or marketing, you will find this handbook an invaluable guide offering state-of-the-art literature reviews and exciting new research in your field and adjacent areas.

**Breasts: A Natural and Unnatural History** Fresh Heart Publishing

"Given the increasing complexities of co-morbidities in women of childbearing age, this book provides a case study approach to several critical conditions which challenge all health care professionals working in this field. The case study approach will help midwives, doctors, midwifery and medical students to ground their clinical skills training on each specific situation by working through the questions and answer format. Of particular importance is the emphasis on inter-professional team working and the links between theory and practice." Dr. Rita Borg Xuereb, Head of Department of Midwifery, Faculty of Health Sciences, University of Malta, Malta

"The authors are to be commended as this is the first book of its kind and is well overdue ... The content is excellent, well referenced and covers all of the important issues ... The layout makes the book easy to read and the inclusion of pre-reading, self-assessment of knowledge and case studies engages the reader and stimulates further study into the pathophysiology and management of obstetric emergencies. I particularly

liked the chapter on sepsis." Professor Christine Kettle, University Hospital of North Staffordshire & Staffordshire University, UK Part of a case book series, this book contains 14 common pregnancy and childbirth emergency scenarios to help prepare student midwives for life in practice. Each case explores and explains the pathology, pharmacology and care principles, and uses test questions and answers to help assess learning. The practical cases link theory to practice and their grounding in reality will really help bring midwifery to life. The book also:

- Covers the principles, pathology and skills involved in a range of birthing scenarios
- Acts as a useful aide memoire when simulating managing care procedures
- Demonstrates the importance of inter-professional team working in problem-solving
- Uses tables, diagrams and textboxes throughout, which act as a useful reference point

Midwifery Practice is essential reading for student midwives, medical students and paramedics and a valuable resource for health professionals pursuing postgraduate studies in high dependency/ critical care. It is also beneficial to the facilitation of maternity based OSCEs. Contributors: Sam Bharmal, Susan Brydon, Margaret Ramsay, Jane Rutherford, Andrew Sim