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# Sacred Contracts Awakening Your Divine Potential Caroline Myss

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**Why People Don't Heal  
and How They Can**  
iUniverse

In *The Seven Spiritual Laws of Success*, Deepak Chopra distills the essence of his teachings into seven simple, yet powerful principles that can easily be applied to create success in all areas of your life. Based on natural laws that govern all of creation, this book shatters the myth that success is the result of hard

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work, exacting plans, or driving ambition. Instead, Chopra offers a life-altering perspective on the attainment of success: Once we understand our true nature and learn to live in harmony with natural law, a sense of well-being, good health, fulfilling relationships, energy and enthusiasm for life, and material abundance will spring forth easily and effortlessly. Filled with timeless wisdom and practical steps you can apply right away, this is a book you will cherish for a lifetime, for within its pages are the secrets to making all your dreams come true. "A must-read for anyone who missed *The Prophet*, by Kahlil Gibran." — *The New York Times*

[The Seven Spiritual Laws of Success](#) Everest Media LLC

Please note: This is a companion version & not the original book.

Sample Book Insights: #1 I am a teacher, and I love it. I feel connected to the nursing part of my father's directive because of the healing effects my work has had on many people. My education has been in journalism and theology, but my work in medical intuition simply happened. #2 I began to see images that had no apparent connection to the person I was reading. These images were helpful for every person, and one day in 1991 everything fell into place for me. I was listening to a conversation between two women, and they had immediately shared a life pattern that was noticeable in their heightened response to each other. #3 I began to work with the archetypes in my readings, and I began to see how they functioned within my own psyche. I learned that each of us has our own personal alignment of key archetypes. #4 The archetypal patterns work together to support your personal development. They can be particularly helpful in healing painful memories, or redirecting your life, or finding a way to express your untapped creative potential.

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*Entering the Castle* Simon and Schuster  
Sylvia Browne, the world-famous psychic and New York Times bestselling author of *End of Days*, takes readers on an unprecedented and comprehensive “tour” of the afterlife—a world-changing revelation that has helped millions live for today, tomorrow, and forever... This spiritual guide is packed with prophecies and inspirational advice, including: • Must-read predictions for the future • How psychic energy can keep people healthy and improve relationships • Why we shouldn’t fear aging and death • How spirit guides and angels “talk” to us daily • The truth about ghosts and hauntings • Solving “unsolvable” missing persons cases and other true crime tales • And more  
“Psychic, medium, clairvoyant, channel—these are all words to describe Sylvia Browne’s unique powers. I’ve personally witnessed her bring closure to distraught families, help the police close cases, and open

people's hearts to help them see the good within themselves.”—Montel Williams  
“*The Other Side and Back* is the most grounded and authentic ‘entry to the other side’ that I have ever read. You know immediately upon reading the first few pages that Sylvia Browne is more than a psychic—she is a master at conveying the truth that exists in the fourth dimension.” —Caroline Myss, Ph.D., author of *Anatomy of the Spirit*

*Living the Wisdom of the Tao*  
North Atlantic Books

The noted psychic explains the afterlife as she illuminates her findings about “the other side” and answers readers’ most important questions about death and the afterlife.

**Archetype Cards- A 78 Card Deck and Guidebook** Harmony

In this penetrating book, renowned intuitive, speaker, and teacher Robert Ootto guides us on an investigation of the Heroic Journey of the

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Soul. Exploring three modern-day manifestations of Fate, he shows how psychic energy from family patterns, cultural influences, generational legacy, and global evolution inform our self-concept every day, and how they often block our highest potential and "Fate" us to challenging circumstances and relationships. But, he reveals, these Fated encounters are actually the keys to our unlived life. Each chapter maps our psyche and unravels the mysterious connections of Fate, Free Will, and Destiny, transforming our Fate into Destiny and our limitations into gifts. Through this seminal work based on years of experience, discover

how we've made two fundamental agreements with the Universe as part of our Heroic Journey—one with Fate and the other with Destiny. As we learn to dance with these two forces, they become two voices challenging and beckoning us to discover our ultimate purpose—the primary task of the modern-day Hero and Heroine; and in the process, serve to unleash the power of our Soul in delivering grace to the world.

*Grace, Guidance, and Gifts* Balboa Press  
Explores a new phase of human evolution that reflects a growing understanding about authentic, spiritual power based on cooperative beliefs and a reverence for life.

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Sacred Contracts Hay House, Inc  
"...a marvelous tapestry of insights, discoveries, tools and resources that gives us all hope for Heaven on Planet Earth." - Rev. Ruth L. Miller, PhD, author of *Mary's Power*  
"Claire's deep work of Sacred Feminine wisdom ... could not come at a better time." - Tim Kelley, author of *True Purpose*  
"...an important contribution to mending a world torn in half..." - Lion Goodman, author of *Creating on Purpose*  
Feminine wisdom revealed and reclaimed! Unveil this hidden power within and transform

your life. Recent discoveries of ancient manuscripts have shined a light on Mary Magdalene as a powerful teacher and luminous feminine spirit. In *The Magdalene Path*, Claire Sierra shares her inspiring communication with Mary Magdalene about the awakening of the Divine Feminine as a means to shift and up-level our lives as women in the modern world. *The Magdalene Path* is a guidebook of compelling ideas, skills and practices to bring your Feminine Soul into daily life. Regardless of your spiritual orientation or previous connection to Mary Magdalene, you will

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bask in the inspiring Kaballah traditions, wisdom and practical this comprehensive insights in this guide to energy empowering, healing reveals the illuminating book. - hidden stresses, Revitalize your mind beliefs, and and body to tap into attitudes that cause more energy for what illness. Anatomy of you love. - Ignite the Spirit is the your connection to boldest presentation Spirit through simple of energy medicine to rituals and Soul-care date, written by one practices. - Embrace of its premier your authentic, practitioners, radiant beauty as you internationally reclaim your innate acclaimed medical feminine power. - intuitive Caroline Replenish your Myss, who is amongst passions and feel the "hottest new empowered to live voices in the your purpose. - alternative Embody your health/spirituality creativity and live scene" (Publishers as the vibrant woman Weekly). Based on you truly are. fifteen years of Spiritual Clearings research into energy Simon and Schuster medicine, Dr. Myss's Building on wisdom work shows how every from Hindu, illness corresponds Christian, and to a pattern of

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emotional and psychological stresses, beliefs, and attitudes that have influenced corresponding areas of the human body. *Anatomy of the Spirit* also presents Dr. Myss's breakthrough model of the body's seven centers of spiritual and physical power, in which she synthesizes the ancient wisdom of three spiritual traditions—the Hindu chakras, the Christian sacraments, and the Kabbalah's Tree of Life—to demonstrate the seven stages through which everyone must pass in the search for higher consciousness and spiritual maturity. With this model, Dr. Myss shows how you

can develop your own latent powers of intuition as you simultaneously cultivate your personal power and spiritual growth. By teaching you to see your body and spirit in a new way, *Anatomy of the Spirit* provides you with the tools for spiritual maturity and physical wholeness that will change your life. *Soul Contracts* Simon and Schuster "And then it happened . . . a ray of illumination shot straight up and down to the left and the right, forming a pair of axes. My heart began to beat very fast, yet I didn't blink. I couldn't have taken my eyes off what I was seeing if I had wanted to." At the

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dawn of the new millennium, Joseph Pierce Farrell made a startling discovery that holds the potential to transform the world. Having abandoned his childhood dream of a career in healthcare, he had settled for a passionless job in real estate, lining his pockets while eroding his soul. Then one day he fell into a humble job restoring antiques and furniture. One evening while working in his basement studio, he drifted into a meditative state and permitted his mind to soar with the unlimited imagination of a child. In that moment, he experienced a brilliant, blinding flash that ignited within him a remarkable power. Since that

transformative moment, he has restored the facial features of a severely disfigured young man, virtually erased an inoperable brain tumor, dramatically reversed the aging process of the faces of celebrities, and mended broken bones—simply with intention supported by a profound connection to a higher source. After a decade of his pioneering work exploring consciousness and its relationship to health and healing, Farrell was invited to present his findings internationally in academic settings, catapulting him to the cutting edge of the integrative healthcare movement. Endorsed by leading researchers and medical doctors, Farrell's body of



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evidence has begun to construct a bridge to permit science and spirituality to heal their divide and advance the emerging integrative healthcare model. In this unprecedented book, Farrell chronicles his journey of discovery and poignant stories of human transformation. He outlines an easy-to-follow five-step process that readers can use to ignite their own capacity to manifest change in their lives and the world. Heralding a message of unlimited possibility, *Manifesting Michelangelo* makes a compelling argument, supporting what science is beginning to embrace, what the great artists have always known, and what spiritual traditions

have long promised—that we possess a latent capacity to manifest on the level of the miraculous. It is the first book that asks us to believe—based not on faith alone, but on eyewitness medical testimony, scientific evidence, and profound photos—that we have the capacity to manifest the change in the world that our conscience decrees and our hearts desire. *Life on the Other Side Hay House* The Pleiadian Workbook is a direct transmission from the Pleiadian Emissaries of Light--Light beings from the Pleiades--who say it's time now for spiritual growth, ascension, and healing. Through *Amorah Quan Yin*, we are taught to open our "Ka Channels," which

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pull energy from our multidimensional, holographic selves into our physical bodies. These galactic healing techniques align us with our divine selves, raise our vibratory rates, and rejuvenate and balance our bodies, while accelerating spiritual evolution and stimulating emotional healing.

The Pleiadian Tantric Workbook

ReadHowYouWant.com  
New York Times best-selling author  
Caroline Myss draws from her years as a medical intuitive to show that healing is not only physical; it is also a mystical phenomenon that transcends reason. Inspired by ordinary people who overcame a wide array of physical and psychological ailments—from

rheumatoid arthritis to cancer—Caroline dove into the works of the great mystics to gain a deeper understanding of healing's spiritual underpinnings. Based on these studies, she demonstrates how conventional and holistic medicine often fall short in times of need. Both systems rely upon a logical approach to curing illness when there is nothing reasonable about the emotional, psychological, or spiritual influences behind any ailment. Integral to this mystical healing approach is the engagement of the soul, which we experience through exploring our seven shadow passions, building an empowered inner self around our seven inherent graces,

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and learning how to work with the mystical laws that govern it. This knowledge holds the key to understanding what it means to defy gravity and break through the boundaries of ordinary thought. You can heal any illness. You can channel grace. And you can learn to live fearlessly.

The Healing Path of Prayer Harmony

Our greatest purpose in life is to free ourselves of the limiting patterns of ego and soul that keep us chained to painful, disempowered lives so that we can fully realize the authentic and holy Spirits we are. This journey can feel overwhelming—even impossible—unless we gain access to the three sacred blessings of Spirit, made available to us from

God. Without them we fail. These sacred blessings are God's grace, inner guidance, and personal gifts. Grace lifts us beyond our own ability, inner guidance leads the way, and personal gifts are both the inner and outer resources given to us to succeed at every step. It is up to us to ask for these sacred blessings, and we must do so now more than ever before. This inspiring book will show you how. Through the use of daily lessons, specific prayers, personal intentions, and powerful mantras, you will be showered with these blessings every day of your life. Simply open up this book and call upon your sacred blessings right now. Use it every day to keep your

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blessings flowing and guide your way back home.

### Defy Gravity Hay

House, Inc

Archetypes are ancient, universal patterns of behavior that are embedded in what Carl Jung called the "collective unconscious."

Caroline Myss has created a unique set of 80 Archetype Cards, each individually designed to provide the basic Light and Shadow Attributes of a different Archetype. The deck also contains six blank cards on which you can create your own Archetypes. The

deck comes with an instruction booklet explaining how to use the cards to help determine which Archetypes are most active in your psyche, and how they can lead you to achieve greater insights into your life. The deck is suitable to be used by itself, in conjunction with Caroline's book *Sacred Contracts*, or with any of her workshops and seminars.

### **Radiant Survivor**

Harmony

A collection of positive thoughts from Louise L. Hay and others.

*Self-Esteem* Simon and Schuster

Scribe Edith Ellis met

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the spirit of George Washington one evening in 1955. He contacted her from the Other Side to ask if she would serve as a channel so that he could dictate his autobiography for his "fellow American Patriots," believing that he had kept his personal feelings about his life far too private. Edith agreed, although she was nearly blind and in her mid-70s. So began a most extraordinary partnership between Edith Ellis and the "Founding Father of America." The result is this remarkable book that has taken more than 60 years to reach the public. This book is a must-read for everyone who feels the spirit of the Founding Fathers surrounding us again.

## **Manifesting**

**Michelangelo** Hj  
Kramer

Contends that childhood pain can be the source of happiness and includes a twelve-step outline to help adult children of troubled families heal childhood wounds that are prohibiting happiness in adulthood.

**Everyday Positive Thinking** Hay House, Inc

For more than two decades, internationally renowned pioneer in energy medicine Caroline Myss has been studying how people use their personal power. Through her special brand of

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spiritual insight and intuition, her popular workshops, and her bestselling books, Myss has helped hundreds of thousands of people meet the lifelong challenge of managing their spiritual energy and improving their lives. Now, in this inspiring new book, Myss expands her message about power in an entirely new spiritual direction. With characteristic originality, she explains how we become channels for divine grace and a conduit for miracles through kind, compassionate, generous actions, or, as she calls them, invisible acts of power. When we act compassionately, without a private agenda or expectation of credit or reward, God works invisibly,

anonymously through us. And as we move from visible acts, such as giving a friend a helping hand, to invisible acts, such as prayer and healing, we undergo a profound journey of personal empowerment. The myriad simple but profound ways that people connect to create small miracles, gain a greater sense of spirituality, and transform their own -- and others' -- lives in an instant will inspire you to your own invisible acts of power...and attract them to you.

Legacy of the Heart

Simon and Schuster

This text offers an opportunity to internalize and directly experience the great wisdom of the Tao Te Ching, a collection of verses

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authored by the Chinese prophet Lao-tzu. Although just 81 short verses, the Tao encourages readers to change their lives by literally changing the way they think. *The Creative Habit* Simon and Schuster A step-by-step guide that teaches readers how to follow the spiritual laws of money and abundance, develop unlimited thinking, listen inner guidance, use advanced manifesting techniques, create your life's work, transform beliefs, and magnetize and draw to you what you want. Positive

affirmations and exercises will help create rapid changes--and lead to mastery over life.

**Oneness** Hay House, Inc

Appealing to readers of the popular *Archangels and Ascended Masters* by best-selling author Doreen Virtue, PhD, *Spiritual Clearings* taps into the metaphysics and healing market with both spiritually powerful and accessible practices to clear energy and cultivate forward movement A blend of spiritual and practical material, *Spiritual Clearings* offers a comprehensive checklist of

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situations that may require a personal, home, property, or business clearing, from confronting illness or feeling "stuck" in life, to having trouble selling a home, to high employee turnover. In addition to describing energetic blockages, such as negative thought forms, author Diana Burney also discusses different categories of energy, its presence in the invisible world, and the unseen influences or beings that may be drawn to discordant energy. Through spiritual clearings, Burney proposes, we can release our own negativity as well as guide unseen forces toward the

light. The book's clearing rituals include prayers that invoke the assistance of higher beings such as archangels and Ascended Masters, incantations and chants from different spiritual traditions, the visualization of divine light and the violet flame, and the expression of gratitude. Additional meditation and visualization exercises, descriptions of divine beings, and a summary of the universal laws provide readers with a clear path to fulfilling their potential and creating a personal environment of confidence, creativity, love, and



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acceptance.