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# Seeking Safety Manual

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Seeking Safety : A Treatment Manual for PTSD and Substance

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Seeking Safety Overview: Trauma Informed Care Series

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Seeking Safety: A Treatment Manual for PTSD and Substance ...

" The Seeking Safety manual itself is designed to be clinician-friendly and provides a plethora of patient and therapist information and handouts. Each chapter proves to be easily accessible, including a summary of the session coping skill, a therapist orientation to the topic, ideas for session preparation, session content, and examples of tough cases.

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Seeking Safety is an evidenced based treatment model that treats the co-occurring diagnosis ' s of PTSD and Substance Abuse Treatment focuses on both

diagnoses Each condition is seen as adversely affecting the other This model creates a balance between exposure to dual treatment issues while avoiding exposure to significant trauma memories

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Buy Seeking Safety: A Treatment Manual for PTSD and Substance Abuse: Cognitive-Behavioral Therapy for Pt: Written by Lisa M. Najavits, 2002 Edition, Publisher: Guilford Press [Paperback] by Lisa M. Najavits (ISBN: 8601417496770) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

Seeking Safety - Treatment Innovations

"Born of experience and energized by passion, this carefully crafted and thoughtful treatment manual will guide clinicians through the tricky waters of substance abuse and PTSD treatment. Seeking Safety will help clinicians decide what to do and how to do it well. As empirically guided treatment manuals begin to emerge in greater numbers and varying quality, Najavits maintains an essential and elegant balance between a lucid map of treatment directions, on the one hand, and the complex ...

Sample Chapter: Seeking Safety: A Treatment Manual for ...

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The Seeking Safety manual is action-oriented, information- and detail-focused and is also attentive to the emotional pain that brings people into treatment....In sum, Seeking Safety has scientific merit, clinical wisdom, provides an excellent philosophy and protocol for the 'time- and resource-strained clinician,' and patients like it!"

Seeking Safety | SAMHSA

principles of seeking safety This treatment is based on five central ideas: (1) safety as the priority of this first-stage treat- ment; (2) integrated treatment of PTSD and substance

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abuse; (3) a focus on ideals; (4) four  
Seeking Safety Manual

“ The Seeking Safety manual itself is designed to be clinician-friendly and provides a plethora of patient and therapist information and handouts. Each chapter proves to be easily accessible, including a summary of the session coping skill, a therapist orientation to the topic, ideas for session  
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