

Seventy Eight Degrees Of Wisdom Rachel Pollack

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How to Interpret the Cards and Work with Tarot Spreads for Personal Growth Hay House, Inc

The tarot classic that first promoted the practice of reading the cards not just for others but for one's own personal insight and self-transformation " Tarot for Your Self was ground-breaking when this book was first published and is still radically significant today. "

—Benebell Wen, author of Holistic Tarot " Deciding to work with the Tarot is like embarking on a long, inward journey. " —Mary K. Greer This tarot classic by Mary K. Greer was the first book to promote reading the cards for your own insight, revolutionizing tarot through a combined emphasis on self-teaching techniques and personal growth. Tarot for Your Self uses meditations, rituals, spreads, mandalas, visualizations, dialogues, charts, affirmations, and other activities to help you establish your own relationship with the cards. All the information is presented using the best in traditional knowledge and know-how. This powerful breakthrough process will turn all your readings into truly transformative experiences. Tarot for Your Self covers interpretations for the major and minor arcana, reversed card meanings for all 78 cards, and enlightening information on your shadow/teacher cards.

From Ancient Roots to Modern Usage Llewellyn Worldwide

Designed for beginning as well as experienced tarot readers, Holistic Tarot offers a fresh and easy-to-follow approach to the use of the tarot deck for tapping into subconscious knowledge and creativity. The tarot deck has been used as a divination tool for more than two centuries; while the tarot is still most commonly thought of as "fortune telling," the true power of the tarot lies in its ability to channel a clear path for our deep intuition to shine through. Consulting the tarot can help clear creativity blockages, clarify ambitions, work through complex decisions, and make sense of emotions and relationships. Whether used for simple decision-making or an understanding of your life's purpose, learning tarot can be an indispensable tool for being more mindful of the factors that can assist or weaken your efforts toward success. In Holistic Tarot, author Benebell Wen provides a complete guide to using the tarot to foster personal development. Wen gives a comprehensive overview of the history of the tarot and a wide array of theories on its use (including its relationship to Jungian archetypal psychology and traditional Chinese divination practices) before digging deeply into one of the best-known tarot systems, the Rider-Waite-Smith. Beginners will find a complete guide to working with the tarot, including choosing and caring for a deck, how best to learn and remember the attributes of the major and minor arcana, the interpretation of cards and spreads, the role of meditation in a tarot practice, and how to use the tarot for improving relationships, professional development, and personal resilience. More advanced practitioners will appreciate nuanced theoretical discussions of the tarot as well as practical advice about reading others' tarot cards and setting up a practice. Containing over 500 illustrations and detailed information on each card as well as numerous spreads, Holistic Tarot is a complete compendium of tarot study that every practitioner should have in his or her library. "A modern alchemical achievement."—Barbara Moore, author of Tarot Spreads "Will become one of the jewels in the crown of tarot literature." —Anthony Louis, MD, author of Tarot Beyond the Basics "A tarot classic."—Sasha Graham, author of Tarot Diva "A magnificent, intelligent, comprehensive overview and innerview of the Rider Waite Smith system of tarot! This is the only guide you need to have. Bravo!" —James Wanless, PhD, author of Voyager Tarot "A huge accomplishment ... likely to become the essential guidebook for

serious students of the tarot."—Joan Bunning, author of Learning the Tarot "No tarot enthusiast should be without this book!"—Chic and Tabatha Cicero, authors of The Golden Dawn Magical Tarot "Arguably the most comprehensive guide to tarot on the market today. It's also innovative: it deftly combines Eastern mysticism with Western metaphysics. It's an impressive tome that presents a wholly modern, rational approach to tarot practice while preserving notable elements of tradition."—Corrine Kenner, author of Tarot and Astrology

Pathway to Creativity Llewellyn Worldwide

A guide for artists and creative people looking to tarot for guidance and inspiration. Written for novices and seasoned readers alike, "The Creative Tarot" is a unique guidebook that reimagines tarot cards and the ways they can boost the creative process.

The Ultimate Guide to the Rider Waite Tarot Gateway

!--[if gte mso 9]![endif]-- Using the methods of renowned reader Brigit Esselmont, Everyday Tarot blends mysticism with actionable self-help to create a method for building the life you want, using the ancient wisdom of Tarot. This approachable guide, from the founder of the incredibly popular website Biddy Tarot, brings the allure and guidance of Tarot to contemporary, goal-focused readers through relatable exercises and an emphasis on intuition. Everyday Tarot takes a fresh approach to a timeless art, giving modern soul-seekers the tools they need to access their inner wisdom and create an inspired life, using the cards as their guide. This contemporary approach to Tarot is empowering, uplifting, powerful, and practical -- instead of seeking to tell the future, this method allows readers to unlock their full potential by connecting more deeply to their own instincts. This unique book draws on the knowledge of Brigit Esselmont, the founder of Biddy Tarot. Her distinctive approach blends Tarot with personal growth, creating an actionable wellness practice that speaks to contemporary readers. Beginning with Esselmont's personal story of leaving behind a corporate career to pursue a more grounded, passionate life, this beautiful and useful volume explains how Tarot really works, with a focus on how we approach the cards and draw on our inner wisdom for guidance. Everyday Tarot moves through concrete areas of life (career, romantic relationships, major goals) and incorporates exercises and sample spreads, alongside a quick-start guide to reading the cards that reinforces big picture concepts and builds confidence as readers begin creating powerful and positive change.

An Integrative Approach to Using Tarot for Personal Growth Lulu Press, Inc

Discover everything you ever wanted to know about the world's most popular tarot deck. The Ultimate Guide to the Rider Waite Tarot details the ten most important symbols on each and every card in the deck complete with hundreds of illustrations for easy use. In addition to an explanation of the symbols, each card is given a brief interpretation by topic: • Primary meaning • Prognosis or tendency • Spiritual meaning • Love and relationship meaning • Daily meaning • Success and happiness meaning Writing in a convenient format designed for quick reference, European tarot authorities Johannes Fiebig and Evelin B ü rger also provide tips, hints, facts, and lore to improve your reading right away. Within these pages, you will find the top ten most important: • Ways of using a single card • Tips and rules for interpretation • Facts about the tarot • Interpretations for each suit • Spread layout techniques

Beyond 2012 Weiser Books

Paul Quinn transforms the Tarot from fortune-telling into the ultimate self-help tool for intuitive guidance, empowerment, and well-being. Discover how to apply the Tarot, as a lifelong resource, to access inner wisdom and gain deeper insights and practical, inspired guidance in relationships, career, family, and personal growth. With illustrations from the Universal Waite deck, the book offers 78 engaging casebook examples (one for each card) from Quinn ' s readings for clients. Drawing on Jungian psychology, the Hindu chakras, and other esoteric traditions, he explains how the Tarot can reveal unconscious patterns and offer soul-directed advice leading to positive changes and greater well-being. Quinn also provides guidelines on reading the cards for oneself and others, interpreting reversed cards, handling difficult disclosures, and psychic self-care.

The Big Book of Tarot Penguin

Part travel adventure, part spiritual instruction - a first-hand account of the movement of the Earth's Kundalini and the rise of the Female Light, 1948 to 2013.

Haindl Tarot, Major Arcana, Rev Ed. Weiser Books

A "how-to" book with 19 lessons and numerous exercises, beginning with the basics and gradually moving into advanced

concepts so that you can learn to read the tarot at your own pace.

Includes interpretations for all the cards. The author first presented this course on the Internet, and continues to provide website support for students with questions. 178 illustrations using the popular Waite deck. Appendix. Bibliography. Index.

Learn How to Read and Interpret the Cards Weiser Books

"Contains material adapted from The Everything Tarot Book, 2nd Edition by Skye Alexander."

The Creative Tarot HarperThorsons

Reading tarot can be an incredible, illuminating experience. The cards offer valuable insights and guidance into many aspects of our lives, from relationships to career to personal growth. But learning how to interpret each card can feel overwhelming. Many tarot decks come with instructions - little white books that give short descriptions for each card - but they don ' t always put tarot into modern-day context, or offer the level of detail you ' re looking for. Going Beyond the Little White Book sets out to change all of that. Here, you ' ll find up-to-date interpretations for all 78 tarot cards, including: - Questions and prompts to help you make personal connections to each card; - Tips on how to interpret cards that appear as challenges versus opportunities; - Meditations for every card; - And more! Whether you ' re just starting out as a tarot reader, or want to refresh your knowledge of the cards, the book will give you practical interpretations to help you understand tarot in a whole new way.

Seventy-eight Degrees of Wisdom: The minor arcana and readings Llewellyn Publications

What can reliably guide us in times of rapid change? Tarot experts Rachel Pollack and Johannes Fiebig focus on the daily Tarot card and simple magical practices and offer interpretations for each of the 78 Tarot cards which can easily be put into practice. In addition, they discuss perspectives reaching until 2024 the current crucial period of transformation with 'Pluto in Capricorn'. It has become common practice, since the time of the renowned Order of the Golden Dawn, to assign the Tarot cards to individual sections of the yearly cycle (the decans). This quality of time, which the Tarot cards also express (which, however, is largely unknown) is skilfully used by the authors. *Seventy-Eight Degrees of Wisdom (Hardcover Gift Edition)* Thorsons Pub Second revised edition of this guide to the origins, meaning and psychological applications of the Tarot which aims to demystify and to make Tarot symbolism an effective and accessible means of self-enlightenment.

Tarot for Your Self Quest Books

A detailed interpretive guide to the 16 " face " cards of the tarot that reveals their core identities and special purpose in a person's life. * The first tarot book to focus exclusively on the court cards. * Shows how the " face " cards can clearly and accurately reveal the specific nature of the support-based relationships in one's life. * Includes tarot spreads and potent techniques for contacting these powerful archetypes through meditation and pathworking. The Tarot Court Cards gives fresh meaning to the 16 " face " cards of the tarot--the King, Queen, Knight, and Page. In contrast to the idiosyncratic and confusing interpretations that are presented in many tarot books, Kate Warwick-Smith shows how these cards embody archetypal patterns of relationship that offer greater enlightenment than ever before. Using the Kabbalah, she reveals the core identities of the Minor Arcana's court cards and their special purposes as supporters, detractors, inner resources, and challenges in our inner and outer life. She shows how the court cards can be used to identify your true tribe or clan--the specific people who support you in unique ways, such as your mentor, champion, protector, or healer. She also shows how the court cards can help you identify your inner resources and challenges--insight, discipline, passion, or greed--that enhance or hinder your efforts in the world. Using both new and traditional interpretations, the book also presents new tarot spreads and potent methods for contacting these powerful archetypes through meditation and pathworking. Both seasoned tarot readers and newcomers will find this book helps them achieve practical and insightful results.

Tarot for Life Borgo Press

Just who are those kings, queens, knights, and pages in the Tarot deck? Generally considered the most difficult part of the Tarot to interpret, they actually represent different characters or personalities that are aspects of ourselves. They also serve as teachers or projections of our own unacknowledged qualities. Two esteemed Tarot scholars unmask the court cards with details not found in any other book. Discover your significator and your nemesis. Compare the differences among the cards in well-known decks. Match the court cards with the zodiac signs, the Myers-Briggs personality types, and the Jungian archetypes. Learn a variety of spreads that reveal childhood issues, career destiny, and a storytelling spread to spark the creative writing process.

Layouts & Techniques to Empower Your Readings St. Martin's Essentials Out of Darkness Comes the Light of Transformation Each of us has a shadow that darkens our inner and outer lives. In Tarot for Troubled Times, Shaheen Miro and Theresa Reed show us how working with the shadow—facing it directly, leaning into it rather than away—releases power that can free ourselves from negative mental habits and destructive emotions to find healing ourselves and others. Tarot, as the authors show, offers a rich and subtle path for this profound transformation. Through this book, you will discover a different approach to tarot, life, and self-empowerment. Befriend our shadow by working with the archetypes of the Major Arcana Discover—through affirmations, tarot prescriptions, and other healing modalities—how to empower ourselves and find our true voices Take our newly found powers and speak out so that we can become a helpful ally for the light and begin to

do your greater work in the world Tarot for Troubled Times is not just another book on how to read the tarot—the authors provide specialty readings and suggested practices for issues such as grief, addiction, depression, fear, anger, divorce, illness, abuse, and oppression, and provide practical suggestions for stepping up as an ally or leader so that you can shape social policies. With a selection of mindful, introspective tarot spreads, you will learn how the Tarot can help you rewrite your healing story and change your life, and help transform the world.

The Shining Tribe Tarot Gramercy Books

Joan Bunning's *The Big Book of Tarot* offers a complete course on how to use the tarot cards for personal guidance. The author communicates the basic depth and beauty of each card and shows how the cards trigger psychological projection, enhance intuition, and improve communication with the Inner Guide. While there are countless books devoted to tarot, what sets Joan Bunning apart from every other writer on the subject is her ability to take a rather complicated esoteric system and break it down into clear, manageable, and easily learned parts. The lessons Bunning offers cover the basics and then move gradually into more advanced concepts. Exercises and sample responses for each lesson help you learn and practice. The book includes: Lessons on how to consider one card by itself, how to look for card pairs, and how to create the "story" of a reading A convenient reference section that contains two pages of information for each card including a picture from the popular Waite deck, a description, keywords, action phrases, and suggestions for cards with similar and opposite meanings An exploration of the meaning of reversed cards and how to work with them to give tarot readings a natural flow of high points and low points without abrupt transitions Practical insights on how to work with and interpret a wide variety of tarot spreads Note to the Reader: This book consists of material drawn from the author's many previous books as well as new material.

Spiritual Teachings and Deeper Meanings Weiser Books

The author of *Seventy-Degrees of Wisdom* presents a magical journey that illuminates Tarot's hidden meanings, leading readers on an exploration of their own spiritual and personal path. *A Walk through the Forest of Souls* is for spiritual seekers, who will find the Tarot a new and beneficial tool to unlock the mysteries of the universe, as well as for lovers of divination, who seek to unlock the full meanings of the cards. In this book, Rachel Pollack uses symbols and myths to illuminate the hidden mysteries and spiritual truths of the Tarot. She takes readers on magical journeys through the Tarot, through the lens of mythology, folklore, Kabbalah, Joseph Campbell-style mythography, and more. Readers interested in esoteric spirituality and history, as well as art and divination will find much food for thought, as well as entertainment in these pages. The book is lavishly illustrated with images from various Tarot decks. This book takes Tarot to the next level—it is suitable for Tarot masters but because of the author's engaging, lively style, it is accessible to newcomers, too. This book was previously published in 2002, under the title *Forest of Souls: A Walk Through the Tarot*.

Tarot Plain and Simple Weiser Books

The Haindl Tarot is the most comprehensive Tarot ever—a contemporary deck that illustrates traditional archetypes with modern symbols. The cards interweave themes of ecology, mythology, and the Goddess, with true visionary power.

Master the Meanings of the Cards Llewellyn Worldwide

"A major contribution!" —Rachel Pollack, bestselling author of *Seventy-Eight Degrees of Wisdom* The definitive collection of rare, secret, and arcane tarot knowledge *The Tarot: A Collection of Secret Wisdom from Tarot's Mystical Origins* is the ultimate guide to the mysteries and lost knowledge of the tarot. This single volume includes more than ten selections from foundational tarot books, all from the 19th and 20th century. Many of these critical texts have been forgotten, fallen out of print, or are impossible to acquire. The Tarot reintroduces these books to the modern-day reader, unlocking the invisible power of the tarot for a new generation of card readers. The Tarot includes the following complete books: *The Tarot* by S. L. MacGregor Mathers *The Magical Ritual of the Sanctum Regnum* by Eliphaz Levi *Fortune Telling by Cards* by P. R. S. Foli *The Pictorial Key to the Tarot* by Arthur Edward Waite *The Symbolism of the Tarot* by P.D. Ouspensky *The Tarot of the Bohemians* by Papus *The Key to the Universe* by Harriette Augusta Curtiss & F. Homer *The Key of Destiny* by Harriette Augusta Curtiss & F. Homer *The General Book of the Tarot* by A.E. Thierens The Tarot also includes additional selections from Manly P. Hall and others. Featuring over 400 original black-and-white illustrations throughout the book, *The Tarot* is a gorgeous gift and an irresistible invitation to both seasoned readers and beginners to explore the esoteric wisdom of the cards.

History, Symbolism, and Divination North Atlantic Books

Renowned author Rachel Pollack has spent more than forty years studying and practicing Tarot. This insightful guide distills her vast knowledge and offers a direct, accessible approach to mastering the cards. This book will teach you the meanings of the cards and enable you to begin doing compelling readings right away. More seasoned readers will find that this basic reference has a richness and depth that will call you back again and again to discover your own truth within the cards. Find new descriptions and divinatory meanings with a modern twist Learn not only what each card signifies, but how to discover what it means to you Enhance your understanding of the cards with information about numbers, elements, astrology, and Kabbalah Try the unique spreads inspired by each Major Arcana card Understand Tarot's rich history, including Eden Gray's immense influence