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# Shatner Rules Your Guide To Understanding The Shatnerverse And World At Large William

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I'm Glad My Mom Died Penguin  
#1 NEW YORK TIMES  
BESTSELLER #1  
INTERNATIONAL BESTSELLER  
A heartbreaking and hilarious



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memoir by iCarly and Sam & Cat star Jennette McCurdy about her struggles as a former child actor—including eating disorders, addiction, and a complicated relationship with her overbearing mother—and how she retook control of her life. Jennette McCurdy was six years old when she had her first acting audition. Her mother's dream was for her only daughter to become a star, and Jennette would do anything to make her mother happy. So she went along with what Mom called “calorie restriction,” eating little and weighing herself five times a day. She endured extensive at-home makeovers while Mom chided, “Your eyelashes are invisible, okay? You think Dakota

Fanning doesn't tint hers?” She was even showered by Mom until age sixteen while sharing her diaries, email, and all her income. In *I'm Glad My Mom Died*, Jennette recounts all this in unflinching detail—just as she chronicles what happens when the dream finally comes true. Cast in a new Nickelodeon series called *iCarly*, she is thrust into fame. Though Mom is ecstatic, emailing fan club moderators and getting on a first-name basis with the paparazzi (“Hi Gale!”), Jennette is riddled with anxiety, shame, and self-loathing, which manifest into eating disorders, addiction, and a series of unhealthy relationships. These issues only get worse when, soon after taking the lead in the *iCarly*

spinoff *Sam & Cat* alongside Ariana Grande, her mother dies of cancer. Finally, after discovering therapy and quitting acting, Jennette embarks on recovery and decides for the first time in her life what she really wants. Told with refreshing candor and dark humor, *I'm Glad My Mom Died* is an inspiring story of resilience, independence, and the joy of shampooing your own hair.

Titan Books (US, CA)  
"We cannot change the cards we are dealt, just how we play the hand." ---Randy Pausch  
A lot of professors give talks titled "The Last Lecture."

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Professors are asked to consider their demise and to ruminate on what matters most to them. And while they speak, audiences can't help but mull the same question: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave--"Really Achieving Your Childhood Dreams"--wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you have...and you may find one day that you have less than you think"). It was a summation of everything Randy had come to believe. It was about living. In this book, Randy Pausch has combined the humor, inspiration and intelligence that made his lecture such a phenomenon and given it an indelible form. It is a book that will be shared for generations to

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come .

The Border Guide  
"O'Reilly Media, Inc."  
This Deluxe eBook  
features audio clips  
read by the real William  
Shatner, on essential  
topics such as the witty  
retorts he wished he 'd  
used during his Comedy  
Central Roast, a  
strange trip he once  
took to Germany,  
importance of a college  
education, and of  
course, his astonishing  
musical abilities. In this  
enhance eBook you will

realize many important  
things: You love William  
Shatner. You admire his  
many and varied  
talents. You appreciate  
his creativity and  
willingness to take  
risks. You want to learn  
his master negotiation  
techniques. You wish  
you could hang out with  
him. Admit it. You want  
to BE William Shatner.  
And now...you can  
(almost). This  
collection of rules,  
illustrated with stories  
from Bill's illustrious

life and career, will  
show you how Bill  
became WILLIAM  
SHATNER, larger than  
life and bigger than any  
role he ever played.  
Shatner Rules  
*Mass Historia* Pocket  
Books/Star Trek  
A guide to understanding  
the Shatnerverse and the  
world at large—the perfect  
gift for Star Trek fans and  
William Shatner lovers.  
You love William Shatner.  
You admire his many and  
varied talents. You  
appreciate his creativity

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and willingness to take risks. You want to learn his master negotiation techniques. You wish you could hang out with him. Admit it. You want to BE William Shatner. And now...you can (almost). To be Shatner, you must follow the rules included in this lively, entertaining, and thought-provoking volume. This collection of rules and fun factners, illustrated with stories from Bill's illustrious life and career, will show you how Bill became WILLIAM

SHATNER, larger than life and bigger than any role he ever played. Shatner Rules is your guide to becoming William Shatner. Or more accurately, beautifully Shatneresque. Because let's face it...Shatner does rule, doesn't he?

**The Autobiography of James T. Kirk** Tripletorch  
New York Times Bestseller  
Leonard Nimoy and William Shatner first crossed paths as actors on the set of The Man from U.N.C.L.E. Little did they know that their next roles

as Spock and Captain Kirk, in a new science fiction television series, would shape their lives in ways no one could have anticipated. In seventy-nine television episodes of Star Trek and six feature films, they grew to know each other more than most friends could ever imagine. Over the course of half a century, Shatner and Nimoy saw each other through personal and professional highs and lows. In this powerfully emotional book, Shatner tells the story of a man who was his friend for five decades, recounting anecdotes and untold stories of their lives on

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and off set, as well as gathering stories from others who knew Nimoy well, to present a full picture of a rich life. As much a biography of Nimoy as a story of their friendship, Leonard is a uniquely heartfelt book written by one legendary actor in celebration of another.

*Star Trek Voyager: A Celebration*  
St. Martin's  
Press

In the early months of 1966, a handsome, hardworking thirty-five-year-old Canadian-born actor named William Shatner was cast as Captain Kirk in *Star Trek*, a

troubled, low-budget science-fiction television series set to premiere that fall on NBC. *Star Trek* struggled for viewers and lasted only three seasons, but it found a huge, rabidly dedicated audience when it premiered in syndication following its cancellation—turning Shatner into a pop-culture icon and launching him on a career path he never could have imagined after graduating from McGill University with an economics degree twenty years earlier. As he approaches his ninetieth year,

he's still working at a furious pace as a man of boundless contradictions: by turns one of the most dissected, disliked, revered, respected, mocked, imitated, and beloved stars in the show business firmament. Shatner takes a comprehensive look at this singular performer, using archival sources and information culled from interviews with friends and colleagues to transport readers through William Shatner's remarkably bumpy career: his spectacular failures and triumphs;

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tragedies, including the shocking death of his third wife, Nerine; and, ultimately, the resilience Shatner has shown, time and again, in the face of overwhelming odds. Author Michael Seth Starr unravels the mystery of William Shatner, stripping away the many myths associated with his personal life and his relationships with fellow actors, presenting a no-holds-barred, unvarnished look at the unique career of an inimitable performer. **The Return** Macmillan Wine serves an important role

both in Scripture and in the Christian church, but its significance has received relatively little theological attention in modern times. This book fills that gap. Viewing wine as a gift of God's created bounty and as a special symbol used pervasively throughout Scripture, Kreglinger canvasses the history of wine in the church, particularly its use in the Lord's Supper, discusses the fascinating process of winemaking, and considers both the health benefits of wine and the dangers of alcohol abuse. Offering a vision of the Christian life that sees God in all things - including the work of a vintner and the enjoyment of a well-crafted glass of wine.

**Star Trek Odyssey** Grand Central Pub  
“An elegant and deeply moving meditation on friendship, family, and life on earth. Rules for Visiting is a wonderful novel.” —Emily St. John Mandel, author of *Sea of Tranquility*, *The Glass Hotel*, and *Station Eleven* The national bestseller and an Indie Next List pick Name a Best Book of the Year by O Magazine • Good Housekeeping • Real Simple • Vulture • Chicago Tribune Named a Best Book of the Summer by The Today Show • Good Morning America • Wall

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Street Journal • San Francisco Chronicle • Southern Living Shortlisted for the 2020 Bollinger Everyman Wodehouse Prize Long-listed for the 2020 Tournament of Books Dry, witty, and unapologetic, May Attaway loves literature and her work as a botanist for the university in her hometown. More at home with plants than people, May begins to suspect she isn't very good at friendship and wonders if it's possible to improve with practice. Granted some leave from her job, she sets out on a journey to spend time with four long-neglected friends. Smart,

funny, and full of compassion, *Rules for Visiting* is the story of a search for friendship in the digital age, a singular look at the way we stay in touch. While May travels, she studies her friends' lives and begins to confront the pain of her own. With simplicity and honesty, Jessica Francis Kane has crafted an exquisite story about a woman trying to find a new way to be in the world. This nourishing book, with its beautiful contemplation of travel, trees, family, and friendship, is the perfect antidote to our chaotic times. *The New Wine Rules*

Currency

"Lange's entertaining book makes it clear that, no matter how wild and risky his lifestyle may be, he takes comedy more seriously than anything else." —Publishers Weekly When Artie Lange's first book, the #1 New York Times bestseller, *Too Fat To Fish*, hit the top of the charts, audiences learned what Howard Stern listeners already knew: that Artie is one of the funniest people alive. He is also an artist haunted by his fair share of demons, which overtook him



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in the years that followed. After a suicide attempt, a two-year struggle with depression, and years of chronic opiate addiction, Artie entered recovery and built himself back up, chronicling his struggle in brave detail in his next book and second New York Times bestseller, *Crash and Burn*. In his hilarious third book, the two-time bestselling author, comedian, actor, and radio icon explains the philosophy that has kept his existence boredom-free since the age of 13—the love of risk. An avid sports better and frequent gambler, Lange believes that the true gambler gets high not from winning, but from the chaotic unknown of betting itself. He recounts some of his favorite moments, many of which haven't involved money at all. In this candid and entertaining memoir, he looks back at the times he's wagered the intangible and priceless things in life: his health, his career, and his relationships. The stories found in *Wanna Bet?* paint a portrait of a man who would just as quickly bet tens of thousands of dollars on a coin toss as he would a well thought out NBA or NFL wager. Along for the ride are colorful characters from Artie's life who live by the same creed, from a cast of childhood friends to peers like comedian and known gambler Norm McDonald. The book is a tour of a subculture where bookies and mobsters, athletes and celebrities ride the gambling roller coaster for the love of the rush. Through it all, somehow Artie has come out

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ahead, though he does take a few moments to imagine his life if things hadn't quite gone his way. Unrepentant and unrestrained, the book is Lange at his finest.

The Incomplete History of Secret Organizations

Andrews McMeel Publishing

#1 NEW YORK TIMES

BESTSELLER • “This book delivers completely new and refreshing ideas on how to create value in the world.”—Mark Zuckerberg, CEO of Meta “Peter Thiel has built multiple

breakthrough companies, and Zero to One shows how.”—Elon Musk, CEO of SpaceX and Tesla The great secret of our time is that there are still uncharted frontiers to explore and new inventions to create. In Zero to One, legendary entrepreneur and investor Peter Thiel shows how we can find singular ways to create those new things. Thiel begins with the contrarian premise that we live in an age of technological stagnation, even if we’re too distracted by shiny mobile devices to

notice. Information technology has improved rapidly, but there is no reason why progress should be limited to computers or Silicon Valley. Progress can be achieved in any industry or area of business. It comes from the most important skill that every leader must master: learning to think for yourself. Doing what someone else already knows how to do takes the world from 1 to n, adding more of something familiar. But when you do something new, you go from 0 to 1. The next Bill

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Gates will not build an operating system. The next Larry Page or Sergey Brin won't make a search engine. Tomorrow's champions will not win by competing ruthlessly in today's marketplace. They will escape competition altogether, because their businesses will be unique. Zero to One presents at once an optimistic view of the future of progress in America and a new way of thinking about innovation: it starts by learning to ask the questions that lead you to find value in

unexpected places.

**TekWar Self-Counsel Press**  
**Shatner Rules Penguin**

*How to Be a Boss B\*tch*  
Bearmanor Media

There are few greater pleasures in life than enjoying a wonderful glass of wine. So why does finding and choosing one you like seem so stressful? Now, becoming a happier, more confident wine drinker is easy. The first step is to forget all the useless, needlessly complicated stuff the “experts” have been telling you. In *The New Wine Rules*, acclaimed wine writer Jon Bonné explains everything you need to know in simple, beautifully illustrated, easy-to-

digest tidbits. And the news is good! For example: A wine's price rarely reflects its quality. You can drink rosé any time of year. Don't save a great bottle for anything more than a rainy day. [Critical Path](#) Penguin  
You love William Shatner. You admire his many and varied talents. You appreciate his creativity and willingness to take risks. You want to learn his master negotiation techniques. You wish you could hang out with him. Admit it. You want to BE William Shatner. And now . . . you can (almost). To be Shatner, you

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must follow the rules included in the lively, entertaining, and thoughtful volume you now hold in your hands. This collection of rules, illustrated with stories from Bill's illustrious life and career, will show you how Bill became WILLIAM SHATNER, larger than life and bigger than any role he ever played. *Shatner Rules* is your guide to becoming William Shatner. Or, more accurately, beautifully Shatneresque. *Shatner Rules Deluxe* Ten Speed Press

Celebrate Star Trek: Voyager with this epic coffee-table book! This fully authorized edition includes new interviews, archival conversations, never-before-seen art and sketches, and more! Everything you want to know about Captain Kathryn Janeway's Starship Voyager and crew. Just wonderful and so well written - stuff I never knew which surprised me - and I was on the show! You will enjoy this I guarantee. - Ethan Phillips, Neelix from Star Trek: Voyager Go

behind the scenes of the making of a television classic, with the cast and crew who brought the adventures of the intrepid U.S.S. Voyager to life. Packed with in-depth features on each creative department, from visual effects and art to costume and makeup, this volume celebrates STAR TREK's epic adventure in the Delta Quadrant. Alongside production and concept art, the cast - including Kate Mulgrew and Jeri Ryan - share their personal highlights from seven

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seasons and 172 episodes of **STAR TREK: VOYAGER**. **STAR TREK: VOYAGER** was groundbreaking. It was the first **STAR TREK** show with a female captain and had the franchise's most diverse cast. It pushed the boundaries of visual effects and makeup further than ever before, and literally took the show into new territory when *Voyager* was stranded in the Delta Quadrant, home of the Borg Collective. **STAR TREK: VOYAGER - A CELEBRATION** tells the behind-the-scenes story of

*Voyager's* epic journey, from its earliest origins and pivotal episodes to in-depth features on writing, directing, visual effects, production art and more. The ultimate guide to the making of a television classic, based on more than 30 new interviews, featuring the nine principal cast members, including Kate Mulgrew, Jeri Ryan, and Robert Picardo, and key behind-the-scenes personnel who reveal the stories and secrets behind the show. **STAR TREK: VOYAGER** first appeared on TV on 16

January 1995, running for 172 episodes over seven seasons.

**TekLords** Rowman & Littlefield

The host of the award-winning humorous news program offers tongue-in-cheek insight into American democracy with coverage of such topics as the republican qualities of ancient Rome, the antics of our nation's founders, and the ludicrous nature of today's media.

**Star Trek Memories** Pocket Books/Star Trek

Presents historical facts with a humorous spin for each day of the calendar year.

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## **Bringing Metal to the Children** Penguin

Glee actress Jane Lynch takes a look at bullying head-on in her first picture book. Marlene is the self-appointed queen of the playground, the sidewalk, and the school. She is small but mighty . . . intimidating! Known for her cruel ways, the little Queen of Mean has kids cowering in fear—until big Freddy stands up to her and says what everyone has been too fearful to say. In Seussian rhyme, actress Jane Lynch, clinical psychologist Lara

Embry, and former children's book editor A. E. Mikesell gently and comically depict the undoing of a bully and her efforts to reform. Tricia Tusa's charming illustrations make the story an even more accessible conversation starter for all ages.

**Up Till Now** Open Road Media

This companion to both series explores the shows' histories and influences. Includes interviews with cast members, creators and crew as well as complete episode guide.

Just a Geek Penguin Group Australia

Journeying to the gravesite of James Kirk, a mourning Spock is alarmed when he learns that the Borg have brought Kirk back to life for the purpose of hunting down and killing Jean-Luc Picard. Reprint.

The Ashes of Eden Penguin

A sharp, funny, and honest collection of real-life stories from Kelly Ripa, showing the many dimensions and crackling wit of the beloved daytime talk show host. In *Live Wire*, her first book, Kelly shows what really makes her tick. As a professional, as a wife, as a daughter and as a mother, she brings a hard-earned wisdom and an eye for the absurdity of life to every minute of every day. It is her relatability

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in all of these roles that has earned her fans worldwide and millions of followers on social media. Whether recounting how she and Mark really met, the level of chauvinism she experienced on set, how Jersey Pride follows her wherever she goes, and many, many moments of utter mortification (whence she proves that you cannot, in fact, die of embarrassment) Kelly always tells it like it is. Ms. Ripa takes no prisoners. Surprising, at times savage, a little shameless and always with humor... Live Wire shows Kelly as she really is offscreen—a very wise woman who has something to say.