
She Comes First The Thinking Mans Guide To Pleasuring A Woman Ian Kerner

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She Comes First poses itself as a thinking-man's guide to sex, and especially for men who want to pleasure women. But I'm not convinced this is for thinking people. But I'm not convinced this is for thinking people.

The murky aims of She Comes First. - Slate Magazine

The reason She Comes First works is because the author Ian Kerner (a sex therapist with a PhD) makes those uncomfortable guys comfortable with the idea of cunnilingus and tells us why and how we should go down.

She Comes First: The Thinking Man's Guide to Pleasuring a ...

She Comes First: The Thinking Man's Guide to Pleasuring a Woman (Kerner)

shipping on qualifying offers. As women everywhere will attest, men are ill-cliterate. Most guys know more about what's under the hood of a car than under the hood of a clitoris. *She Comes First The Thinking* She Comes First: The Thinking Man's Guide to Pleasuring a Woman. According to Ian Kerner, clinical sexologist and evangelist of the female orgasm, oral sex has long been deemed an optional aspect of foreplay, but, in fact, it's coreplay -- simply the best way for leading a woman through the entire process of sexual response.

He Comes Next: The Thinking Woman's Guide to Pleasuring a ...

Review. She Comes First is first and foremost an instruction manual for cunnilingus, as well as an argument for why this is the most effective way to pleasure a woman. Still, there are also chapters on incorporating manual stimulation (a very important complement to cunnilingus), transitioning to intercourse and practical information on safe sex,...

[She Comes First: The Thinking Man's Guide to Pleasuring a ...](#)

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Thinking Man's Guide to ...

An indispensable aid to a healthier, more fulfilling sex life for her and him, She Comes First offers techniques and philosophy that have already earned raves from the likes of bestselling author and Loveline co-host Dr. Drew Pinsky as well as Playgirl magazine, which cheers, "Hallelujah!"

About Ian Kerner. Ian Kerner is a nationally-recognized sexuality counselor and New York Times best-selling author of numerous books including the ever-popular She Comes First (Harper Collins). He writes a well known column for CNN and can often be seen on the TODAY Show and the Dr. Oz Show amongst others.
She Comes First: The Thinking Man's

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An indispensable aid to a healthier, more fulfilling sex life for her and him, *She Comes First* offers techniques and philosophy that have already earned raves from the likes of bestselling author and Loveline co-host Dr. Drew Pinsky as well as *Playgirl* magazine, which cheers, "Hallelujah!" Read more Read less Length: 240 pages

She Comes First PDF Summary - Ian Kerner | 12min Blog

"*She Comes First Summary*". So, if you are a thinking man and a heterosexual – or a thinking homosexual woman – you better listen! Because, unfortunately for women, as James Brown sang, "It's A Man's Man's Man's World". Which, translated in the language of sex, means much more pleasure for men

than for women. Just take, for example,...

She Comes First: The Thinking Man's Guide to Pleasuring a ...

Thirty-seven and diminutive, but boyishly handsome, he's a sex therapist who has written *She Comes First: The Thinking Man's Guide to Pleasuring a Woman*, a Chilton's manual for cunnilingus ...

She Comes First: The Thinking Man's Guide to Pleasuring a ...

She Comes First is a conversion-narrative in the Augustinian sense—the story of a self-awakening.

Editions of She Comes First: The Thinking Man's Guide to ...

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She Comes First is the sexual philosophy of a new generation, a sex manual dedicated entirely to women's pleasure for both men and women.

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