
Simple Solution Cleaning Products

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Spd 41 New World Library
There is a revolution going on in America—a green revolution. From organic foods to recycling, millions of families have adopted safer, better, and more responsible ways to live. The latest front in this revolution is the home itself, as households across the country adopt ways to keep their homes clean and healthy—and ways to do it that are environmentally sane. Green cleaning products are "going mainstream," the Washington Post says, and sales of natural household products have surged by some twenty percent a year

for the past five years. GREEN CLEAN is the definitive, step-by-step guide to cleaning better while using natural, safe products. A friendly, accessible introduction explains what green cleaning is, how it can work for your home, and why it's important. Room by room and stain by stain, GREEN CLEAN offers non-carcinogenic strategies for cleaning deeply and more efficiently. GREEN CLEAN breaks environmentally conscious cleaning into simple principles and easily mastered routines, with beginner, expert, and advanced techniques that let readers set their own goals and develop their own cleaning plan. Spot illustrations enliven each chapter, showing time-saving techniques, products, and equipment. Room-by-room chapters teach how to make spotless everyplace

from under the kitchen sink to the shower curtain and windows. Also included are recipes for safe, simple, and economic cleaning solutions and the lowdown on the best eco-friendly cleaning products on the market today. GREEN CLEAN is an indispensable reference for today's home. Produced in Melcher Media's innovative, patented DuraBook[®] ½ format, GREEN CLEAN is waterproof and stain-resistant, meaning that you can keep it right under the sink or in a bucket with your cleaning supplies without ruining it. The book is also fully recyclable, itself proof that green products can be better products.

Green Clean Better Basics for the Home

Are you tired of living in a cluttered and chaotic home but don't know how to make the best changes? Whether you want to (1) maintain a tidy home with minimal effort, (2) find practical

ways to manage your household more economically, or (3) turn your home into a refreshing haven for yourself, your family, and your friends, then this book is what you're looking for. Tame the mess and relax in comfort. It's not that difficult to organize your home so that it's beautiful and yet comfortable. Discover practical suggestions for stashing things where you can easily find them. Learn tricks to keep track of everything, from your DVD collection to your food stores. Since a clean home makes for a happy home, I've included some practical and effective methods for sustaining a pristine environment while still having a life. You will encounter so many interesting and useful ways to make your home a sanctuary that you'll never go back to chaos and clutter again. Learn how to create powerful non-toxic cleaning solutions out of everyday ingredients. Have you ever looked at the ingredient lists for your favorite cleaning products? If you look carefully, you'll be amazed. Most commercial cleaners contain so many dangerous chemicals it's no surprise our bodies revolt with allergies, asthma and other side effects! In stark contrast, the recipes and strategies in this book are very safe to use. They include ingredients like lemon juice, salt, mayonnaise, and vinegar, familiar items you probably already stock in your kitchen. The only caustic solutions in this book are a few powerful grease-fighters that call for ammonia. The rest are safe for the most sensitive respiratory systems. They cost little to make and are every bit as effective as their commercial counterparts. An

organized home makes for an organized life. It doesn't matter whether you are a stay-at-home-mom, a busy executive, a retiree, or a student. Your home can be effectively organized and yet remain comfortable and refreshing. In this book, you will encounter over 200 suggestions to help you shape a prosperous everyday life without stressing yourself out. Do you want a home that is clean and comfortable, rooms that bear a come-hither fragrance, a house where there is a place for everything and everything is in its place, and a home where you don't hesitate to invite anyone in at any time? This book will help you transform your environment into a smooth-running home that uplifts and reinvigorates all who cross the threshold. What Will You Discover About Home Organization? How to make a variety of cleaning solutions that can purify anything in your home. How to create fragrances that infuse your rooms with delightful ambiance. How to have a pristine, mold-free bathroom that even the most discriminating guest will appreciate. How to extend the life of your clothes and successfully deal with all kinds of stains. How to make your home inviting so that you, your family, and your friends feel welcome and loved. You Will Also Learn: How to organize your pantry so that you know exactly what you have on hand and what you need to restock. How to manage your kitchen to prevent food-borne illnesses while fixing common mistakes in cooking and cleaning. Ways to organize your closet, shoes, jewelry, and other bedroom

items to make your room a comfortable haven for rest and refreshment. How to set up and maintain a living area that is tidy but functional for everyone. Great strategies to save money, manage your finances, and keep your home life optimized. See how incredible you can make your home: Get this book now! Cleaning Sustainable Stevie Clean everything in your home from your clothes and sheets to your shower curtain, vents—even the inside of your washing machine—with this simple short-cuts using all-natural cleaning products. Did you know you should be cleaning your sponge on a weekly basis by putting it in the microwave for just 90 seconds? Or that you could use a rubber glove to clean up pet hair instead of a lint brush? Or that wax paper can be used to make your faucets and sink fixtures shine instead of a chemical polish? Avoid long lists of mysterious chemicals and skip buying multiple cleaning products and get back to basics and use simple, all-natural solutions that are safe, inexpensive, and effective. Take control of your cleaning to-do list with these easy, natural cleaning methods. With this book, you ' ll learn to: —Use vinegar to clean out a washing machine that ' s starting to smell —Mix lemon juice and salt to really clean out the cracks in your cutting board where food can get stuck —Rub chalk onto a greasy stain to help absorb extra oils before washing

And much more! Organized by cleaning project, you ' ll be able to find the perfect easy solution for all your cleaning jobs, however large or small, with this handy guide!

Organizing Plain & Simple Createspace Independent Publishing Platform

Your everyday food choices can change the world—and make meals taste better than ever For anyone who has read The Omnivore's Dilemma or seen Food, Inc. and longs to effect easy green changes when it comes to the food they buy, cook, and eat, The Conscious Kitchen is an invaluable resource filled with real world, practical solutions.

Alexandra Zissu walks readers through every kitchen-related decision with three criteria in mind: what's good for personal health, what's good for the planet, and what tastes great. Learn, among other

things, how to: - Keep pesticides, chemicals, and other harmful ingredients out of your diet - Choose when to spend your dollars on organic fruit and when to buy conventionally grown - Avoid plastic—including which kinds in particular and why - Figure out what seafood is safe to eat and is sustainable - Use COOL (country of origin labels) to your advantage - Determine if a vegetable is genetically modified just from reading its PLU (price look up) code - Decipher meat labels in the supermarket - Cook using the least energy—good for the earth and your wallet - Eat locally, even in winter - Understand what "natural" and other marketing terms really mean - Buy packaged foods wisely Navigate farmers' markets,

giant supermarkets, and every shop in between to find the freshest and healthiest local ecologically grown and produced meat, dairy, fruits, and vegetables—no matter where you live With The Conscious Kitchen as your guide, you will never again stand in the market bewildered, wondering what to buy. You can feel confident you are making the best possible choices for you, your family, and our planet. ALEXANDRA ZISSU writes about green living, food, and parenthood. She is the author of The Conscious Kitchen, coauthor of The Complete Organic Pregnancy, and contributes the "Ask an Organic Mom" column to The DailyGreen.com. Her stories have appeared in The New York Times, The Green Guide, Cookie, Details, Bon Appétit, Self,

and Health, among other publications. She is also a public speaker and "greenproofer," an eco-lifestyle consultant. Visit her website, www.alexandrazissu.com. Home Organizing Fox Chapel Publishing

The most common training issues that dog owners face are addressed in *The Book of Simple Solutions: Training Your Dog* by dog expert Kim Campbell Thornton. From the publisher of *Dog Fancy* magazine, this fun fact-filled volume offers solutions to barking, chewing, digging, house-training issues, aggression, and bad doggy manners (begging, jumping up, marking, etc.). Buck Jones's hilarious color cartoons should not distract dog owners from the serious matters at hand, but solving canine behavior problems are better handled with know-how, patience, and good dose of humor; all of which are delivered handily in this compact 224-page *Simple Solutions* book.

[How to Housetrain Your Puppy in 14 Days Or Less](#) FSGM PUBLISHING INC. Presents more than 850 simple formulas for safe household products

[Everyday Natural Cleaning Solutions](#) Atlantic Publishing Company

Empathy and social smarts help you earn free book publicity by connecting you with key people, media, schools, and the publications of nonprofit agencies. As a writer, you can promote your own book and earn free book publicity by connecting key people, media, and nonprofits' newsletters with schools. Social intelligence used in book promotion is like a three-ring circus. Use empathy, that is people smarts, as a catalyst to bring together schools, nonprofit agencies, and authors. Observe, simplify, and offer commitment as charisma. Query editors of nonprofit publications. These nonprofit agencies often publish high-circulation newsletters and sometimes also publish sizable, glossy magazines. Some produce videos or documentaries. To connect with the nonprofit agencies'

editors, use your social intelligence skills to make connections in the nonprofit agencies' public relations and communications departments. Join public relations societies, national associations, and help out the nonprofit agencies or organizations of your choice focusing on what gets published in their magazines or newsletters. If you want to earn free publicity for your book, supply these editors with facts, findings, and trends. Bring the nonprofits in contact with schools. When you talk to school assemblies or classrooms, relate your book topic to any specific work or project done by a nonprofit association for whom you could write an article for that association's newsletter or glossy magazine. Use social intelligence to connect to people. What you need to earn free publicity is self-awareness and an understanding of how the main topic of your book influences your own behavior and how

others perceive your behavior.

The Complete Guide to Eco-Friendly House Cleaning
Page Street Publishing
It doesn't matter whether you are a stay-at-home-mom, a busy executive, a retiree, or a student. Your home can be effectively organized and yet remain comfortable and refreshing.

In this book, you will encounter over 200 suggestions to help you shape a prosperous everyday life without stressing yourself out. Do you want a home that is clean and comfortable, rooms that bear a come-hither fragrance, a house where there is a place for everything and everything is in its place, and a home where you don't hesitate to invite anyone in at any time? This book will help you transform your environment into a smooth-running home that uplifts and reinvigorates all who cross the threshold.

The Cat Bible Macmillan
This eco-friendly handbook explains how to eliminate toxic chemical household cleaning agents from your life and replace them with natural, homemade solutions. Inspired by the author's experience as the mother of an allergic child, Green Clean provides practical, comprehensive advice for

every household cleaning need from kitchen, bathroom, and laundry to windows, floors, grills, decks, and cars. Jill Potvin Schoff shows how to green up your chores and reduce your family's exposure to hazardous chemicals. Using safe, effective and inexpensive ingredients and recipes, she offers simple cleaning methods and smart tips that will keep both you and the environment healthy.

Home Organizing Storey Publishing, LLC
Natural cleaning is the solution! The simple and non-toxic alternative to commercial cleaning that will save you thousands of dollars a year; protect the health of your family and pets and keep every nook and crannies of your home refreshingly clean. Do not waste your money buying commercial cleaners that may destroy you. This book is a breath of fresh air, providing you with more than 70 natural recipes and tips on how to green clean every room in your house using everyday basic ingredients.

Tested to disinfect, deodorize and clean any household surface, the recipes in this book are incredibly diverse and can be used in various ways. The tips provided will also guide you to ensure you get the best of the quickest and most powerful natural cleaning recipes. Learn how to:

- Identify the harmful toxic chemicals in commercial cleaners
- Identify everyday cleaning ingredients around you
- Work with tested and proven recipes
- Clean one area in multiple ways
- Handle stubborn spots and stains
- Protect your environment from toxic chemicals
- Clean every assets in your living room, kitchen, bathroom, wardrobe and more
- Follow the steps for effective natural cleaning
- Naturally clean your car (bonus chapter)

This book gives you all the vital information that you need to keep your home sparkly clean. Now is the time to put on your gloves and clean away!

New Horizons
Createspace Independent

Publishing Platform
Bringing a New Puppy or Dog Into your life can be either one of the most rewarding or one of the most frustrating experiences you will ever have. You may be a single, urban dweller seeking a friendly companion at the end of the day; a mother and father deciding on when to get a dog for you and your children; or someone who just lost a pet and is not sure of the right time to start looking for a new one. Regardless of your situation, you need accurate and basic information to help you make decisions. This complete guide to starting off right with your new canine companion is the perfect place to begin. From learning where to find your a dog to the how-tos of feeding and caring, award-winning writer and pet expert Susan McCullough tells you exactly what you need to know to make informed decisions that will benefit both you and your new pet. You'll discover how to: Make sure you're ready for a dog, Get your home ready for the dog, Feed, groom, and exercise your dog,

Houstrain your pet. Organized in an easy-to-use question-and-answer format, Your New Dog is a welcoming book for any new or potential dog owner. This book will ensure that you have the expectations and information you need to launch a lifetime of loving canine companionship. Book jacket.
Better Basics for the Home CreateSpace Recipes for natural cleaning products from green living blogger Wendy Graham. Learn how to make your home smell as fresh as a daisy with these eco-friendly, money-saving, germ-busting recipes. Using a base of essential oils and natural ingredients, these cleaning products are easy to make, are kinder to your skin and to the environment, while being as effective as any shop-bought solution. The recipes use simple, inexpensive ingredients that are widely available such as bicarbonate of soda, vinegar, salt and citrus fruit, and will leave your home sparkling clean. You can even customise the fragrances to make your home smell crisp, time and time again. Fresh Clean Home guides the reader from

the kitchen to laundry and the bathroom, and also includes a section of recipes for specific household cleaning products, such as window and mirror cleaner, carpet and upholstery spot cleaner and sticky stuff remover. Clean every nook and cranny, with surface cleaners and bathroom shiners, laundry powder and fabric conditioner, kettle descaler and more, for a beautiful, fresh clean home.
Best Homemade Stain Remover Ever Univ of California Press
For many years throughout the 20th Century, the conveniences of household cleaning items was such that no one asked where they came from or what they contained. Today, the consciousness of many consumers has started to advance due to ongoing environmental and economic concerns. For that reason, dozens of new products have developed on the market " from Simple Green to Seventh Generation. In addition to these green conscious products though, there are hundreds of ways you can change your house cleaning and maintenance to be eco-friendly, even making your own cleaning materials out of everyday items that have zero environmental impact. This book will guide you

through the process of both recognizing and utilizing the most advanced eco-friendly house cleaning technology around, as well as tried and true cleaning methods that have been around for centuries. You will learn all the necessities of green cleaning basics, starting with what your current cleaning products do to the environment, your home, and even your health. You will learn the necessary steps you need to take to transition your kitchen to green products as well as your bathroom, laundry, bedroom, and even the lights you use around your home. Learn how you can start using products that have been around for centuries and have since been forgotten in favor of dangerous chemicals. Learn what you can do to clean up after your pets efficiently and how to keep your children safe from chemicals. Learn which mixtures work, which ones are unsafe, and what resources you can check for additional details you may need. Dozens of experts on green cleaning have been interviewed for this book, providing everything needed by any individual who wants to start changing how they clean their home for good. Atlantic Publishing is a small, independent publishing company based in Ocala, Florida. Founded over twenty years ago in the company

president's garage, Atlantic Publishing has grown to become a renowned resource for non-fiction books. Today, over 450 titles are in print covering subjects such as small business, healthy living, management, finance, careers, and real estate. Atlantic Publishing prides itself on producing award winning, high-quality manuals that give readers up-to-date, pertinent information, real-world examples, and case studies with expert advice. Every book has resources, contact information, and web sites of the products or companies discussed. The Conscious Kitchen Mendon Cottage Books Environmental toxins are a secret cause of many diseases, including cancer, high blood pressure, heart disease, infertility, asthma, hearing loss, and hypothyroidism. By easily minimizing or eliminating your exposure to these toxins, you can protect yourself against these diseases! That's what Health-Defense is all about—self-defense. In Health-Defense, you'll find:

- How to avoid common toxins found in groceries, personal care products, and household items
- The Health-Defense 7-Day Detox—a simple,

easy (and delicious) week of environmentally smart eating

- How to defend yourself from air pollution and wireless and medical radiation
- Tips for preventing and treating the diseases most closely linked to environmental toxins
- Other practical steps you can take to reduce your exposure to toxins

As you clean up your personal environment, you'll lose weight more easily, have more energy, achieve better mental clarity, develop fewer infections, sleep better, and enjoy a more vibrantly healthy life!

The Dog Bible Simon and Schuster

Research indicates that by 2048 India is set to be the largest waste contributor in the world. The time for us to do something about it is NOW! But how can Indians, especially those living in urban areas, live sustainably? Is a zero-waste lifestyle really possible? In (Im)Perfectly Zero Waste, ardent practitioners of sustainable lifestyles Srin and Shubhashree affirm that living a zero-waste life is neither as difficult nor as pocket-unfriendly as it is made out to be! In this refreshing, jargon-free guide, you will discover: how to host zero-waste events and sustainable

gifting ideas; budget-friendly recipes and easy cleaning substitutes; simple and practical advice to manage and reduce the waste around your home...and more! Filled with information on the growing garbage crisis and peppered with DIYs and easily doable tips, (Im)Perfectly Zero Waste will be the perfect companion on your journey to a more eco-conscious life and will help you contribute to the planet's well-being. After all, little steps go a long way!

Declutter Your Home
Atlantic Publishing
Company

Longing for a kinder, gentler world? As the old saying goes, everything begins at home, and odds are, if you live in the all-American household, the air inside is more toxic than the air outside, even if you live in the most polluted of cities. You regularly handle the filthiest object in your home -- the kitchen sponge -- and put the same chemicals on your face that are used in brake fluid and antifreeze. The cleaning agents and personal care products commonly marketed to and used in American homes contain not only some very dangerous, toxic chemicals, but they also create an "overly clean,"

chemically bombed-out house that compromises immune systems. And with more than fifty million Americans suffering from allergies and other autoimmune diseases -- not to mention the developing and fragile immune systems of children and seniors -- large numbers of people are actually being made sicker and sicker by their homes. Learn to live a clean, healthy, more economical way with Ellen Sandbeck, the nontoxic avenger. In this must-have book for the twenty-first-century home, this passionate, witty advocate of all things organic will teach you how to maintain every part of the home -- from living room to septic tank, kitchen floor to bathroom sink -- using safe, simple cleansers and quick preventative measures as well as the most effective organic products on the market to get the job done. Learn time-saving, preventative housekeeping, such as taking thirty seconds to clean the shower while you shower. Take care of bathroom stains with baking soda and vinegar rather than commercial, toxic bathroom "bombs" peddled to you with such

force by manufacturers. Need whiter whites? There is no bleaching power on earth stronger than the sun. Snow clean your fine rugs. Choose fruits and vegetables from the relatively pesticide residue-free list. Clean felt-tipped pen stains with vodka. Make furniture shine with olive oil and lemon. Your house will also smell as great as it looks.

Cleaning Plain & Simple
Pavilion

Break your plastic habit with simple, actionable steps and jumpstart your journey toward a minimal, beautiful, low-waste home. "Simply Sustainable guides you through the why and how of zero-waste, while emphasizing the importance of finding the sweet spot between sustainability and self-care." —Julia Watkins, author of *Simply Living Well* Transitioning to a zero-waste lifestyle means eliminating unnecessary clutter from your home and reducing your dependence on disposable goods, but it also comes with practical challenges that can seem daunting.

In *Simply Sustainable*, perfection is not required. Whether you are looking for easy changes to get you started, or more advanced, high-impact tips for your low-waste home, these simple, effective steps will forever change your relationship to disposable plastic products. Lily Cameron shows readers how to gradually transition away from plastic and curate a minimal, beautiful home in the process. Her approach teaches you how to "make plastic-free living work for you, savor your progress and celebrate that with each small change, you are making a positive impact on the environment, your health and your family's well being." *Simply Sustainable* proves that zero-waste living can be easy and deeply satisfying, whether shopping at the farmers market, throwing a dinner party, or packing for a getaway weekend. With practical, manageable strategies organized by room, and

inspiring photographs of plastic-free homes, you can begin your journey toward intentional, low-waste living.

Natural Solutions for Cleaning & Wellness
Atlantic Publishing Company

The only fully comprehensive guide to "all things feline," from the host of Cat Chat on Martha Stewart Living Radio.

Finally, a definitive book that delivers many unknown facts about every aspect of caring for and sharing your life with a cat, ranging from proper nutrition and strange behavior to medical care and multi-cat households, to grooming and geriatrics.

The Cat Bible explains the mysteries of feline behavior to owners who are devoted to their cats without being able to fully understand them. It offers straightforward solutions to the problems that cause people to give up their cats, many of which are preventable, including litter box avoidance, furniture scratching, and physical ailments. There are more than 90 million American households that count cats as family members, but they are a vastly underserved population, devoted to their kitties, yet bereft of all the public attention, programming, and print devoted to dogs. Now, bestselling author and

investigative journalist Tracie Hotchner offers them *The Cat Bible*, with straightforward, fact-filled solutions to health and behavior problems, based on years of research into the real reasons behind these issues. In the same warm, straightforward style that attracts devoted listeners to her radio shows, Tracie tackles controversial topics such as the truth about commercial dry pet foods and their dangers, bringing readers the latest facts on every topic that affects a feline's well-being.

Social Smarts
Strategies That Earn Free Book Publicity
Rodale Books

For everyone who has ever wished Dr. Spock had written about dogs instead—*The Dog Bible* is your essential guide to everything you will ever need to know. Whether you're a first-time dog owner or an expert, your dog would want you to read this book. Encyclopedic in scope, it covers not only the basics, but every practical aspect of life with a dog, including many fascinating and helpful subjects never before collected in one volume. Life-saving

advice about the special needs of toy breeds: everything you need to know to protect and enhance their wonderfully long lives

Dog Psychology: Eye-opening ideas from an emerging field of study, including a chapter on the weird things dogs do—and why! Tracie Hotchner, lifelong dog owner and author of the million-copy bestseller, *Pregnancy and Childbirth*, has distilled years of research into one comprehensive, accessible guide. You'll make hundreds of decisions about your dog's care during his lifetime. **THE DOG BIBLE** is here to give you the latest and best information available to help you make those decisions. It's everything your dog would want you to know.

practical suggestions for cleaning routines for each area or room; daily, weekly, and monthly practices; useful equipment and supplies; and much more. Original.

How to Raise Your New Puppy in a Cat Family

Ten Speed Press

A complete guide to cleaning every room of the house introduces hundreds of quick, efficient, and effective tips and techniques on how to maintain a clean home environment, with