

## Sissy Training Guide

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Mistress Dede

Welcome to the second edition of public humiliation assignments for the sissy boi. It is always important to continue your practice, whether you are a full-fledged sissy boi or simply beginning your sissy training. There are certain sissy training tasks that can be completed to help your Mistress/Master better learn where you are in your training physically, mentally, and emotionally. These sissy assignments will also help to push you in the right direction toward your end goal of becoming who you really are. Some of the sissy humiliation tasks in this course you will find more difficult than others. Completing them will make you into a more well-rounded and individual sissy. These tasks should be taken extremely seriously and finished to completion in a timely manner. Doing so will help show your devotion and commitment to your sissy transformation. Pushing your boundaries can be tedious and frightening at times, but you must remember that everything you do has a purpose. Take care to keep a progress report and progress photos when necessary. This will help both you and your Mistress/Master realize how far you have come in your sissy training. It will also help be a judge as to where your training should proceed from here. Some of these sissy public humiliation tasks will need to be completed more than once to get their full effect. You should use your judgment and be truthful with yourself in your progress report as to whether you feel you received the full desired effect from each assignment.

Femme Fabulous Mistress Dede

This is a compilation of over 150 sissy training exercises that will benefit the Mistress/ Master as well as the self-trained sissy boi. These sissy training exercises should be used as a handy training tool to polish sissy slave skills into absolute perfection. Following these tasks on a day to day basis will turn your sissy boi into the proper sissy slave that is desirable to both parties. These sissy training tasks are designed to slowly take away a sissy's manhood and transform them into a much more feminine creature. This collection includes Sissy Humiliation Assignments, Public Humiliation Assignments, Sissy Maid Assignments, Sissy Holiday Assignments, Sissy Chastity Assignments and more! Take advantage of this great opportunity and take your sissy training to the next level!

The Complete Guide to Raising the Perfect Pet with Love Mistress Dede

Choosing to become a proper sissy boi for your Mistress is a huge step. You are going to have to completely put your trust in her. These sissy boi humiliation assignments are designed to better break you down and help you transform yourself into the proper little sissy boi you want to be. You must always push your limits during your sissy training so that you can move forward and achieve your goals. Show your Mistress that you are devoted to both her and continuing your sissy boi training by completing these 25 sissy humiliation assignments. You are sure to find some of these public humiliation assignments more difficult than others but you will find it is all worth it in the end. You will feel demeaned, humiliated, and worthless but slowly achieving your goals and having your dream of becoming a true sissy boi become a reality makes it all worth it.

Sissy Maid School Mistress Dede

Have you ever wondered what it would be like to be a dominant woman who can control a man with just a look or a word? When the thoughts of being in control creep into your head, that sexy little smile starts to play over your lips, and you start to get some ideas that you want to try on your man. As women, we have all been there, but being women, many of us are unable to take hold of our control and dominate a man. The idea of being a dominatrix is often seen as a sexual and social taboo, and many women are afraid of what society would say, what our family and friends would think, and in general, we feel that it isn't the position of a woman to take the stance of power and control. Women are seen naturally as the weaker sex, the one to be protected by a man, and the man in the relationship is often seen to be in control, the leader, the strong and dominant one. Social norms often dictate how we feel about ourselves, and sometimes, it can hinder who we really are inside. Take heed, ladies. We are women. We are strong. We are powerful. We are fierce. We are romantic. We are dynamic. We are caring. We are fighters. We are lovers. We are women! This manual will give you an inside look on what being a Mistress is really all about and will give you insight on how to be a Mistress. Being a Mistress isn't all about leather outfits, stiletto heels, and a whip in your hand. It is a journey between you and your partner, where you are the leader, you are in control, and you have the final say. It is a path of adventure where you make the choices, you take charge, and where you can let all of your inhibitions go. It will give you insight into a new you, the one who has been trapped behind the social norms for far too long. Ladies, welcome your inner Mistress!

Slave Training Createspace Independent Publishing Platform

Whether you are just now beginning to explore your sissy tendencies or if you are simply in need of a refresher course into your sissy femmdom, this is the right book for you. Here you will learn exactly what it takes to become a well-rounded sissy boi. Every true sissy boi knows that practice is essential to their lifestyle. This book should be used throughout your sissy training as a reference guide whenever needed. In Course One of your Femme Fabulous training, you will be learning the essentials of becoming a proper little sissy boi. You will learn how to find the perfect wardrobe items that make your assets shine, learn the proper way in which makeup should be applied, how to walk in high heels, and much more. Once you have completed the basics in Course One, you can move onto Course Two, where you will learn the proper way to train yourself to have a new more feminine voice as well as proper sissy etiquette, image enhancement, and mastering your personal and physical appearance in public. After finishing both Course One and Course Two of your Femme Fabulous sissy training, you are sure to be the proper little sissy both you and your Mistress desire.

Sissy Instructions for Sissy Boys Mistress Dede

Welcome to your sissy maid assignments. Just by purchasing these sissy maid tasks you are proving your dedication to yourself and your Mistress. With lots of hard work, patience, and practice you will soon be the true sissy maid you have always

known deep down that you are. Whether you are only beginning your sissy transformation or you are already a proper little sissy maid, these sissy training tasks will help you stay on track. In these sissy maid cleaning tasks you will experience many feelings and will enjoy some much more than others. Filling out a progress report is very important to your training. You should keep a log of how you feel before, during and after each of these tasks to help her better guide you. By following these sissy maid assignments to the letter you will greatly impress your Mistress as well as push yourself towards your goal of being a proper sissy maid. Pleasing your Mistress is extremely important if you are going to move forward in your sissy maid transformation. She puts high expectations on you and pushes your limits for a reason. You should always remember that what your Mistress does to reward or punish you is all to help you with your training and your end goal.

The Ultimate Sissy Boy Training Program Mistress Dede

A few years back the term "sissy" was used in a pejorative manner to describe a man who was a "little feminine", had a "girly taste" in colors and style, and was interested in things considered to be meant "only for women". If you are saying, "What's wrong with that"...well, there is nothing wrong with that...but it was considered to be wrong in the past. Things have changed now. Gender identities are no longer confined to "male" and "female". You could be a cross-dresser or a transgender or a transsexual and you are absolutely fine and have the same legal rights as those who confirm with the two main gender identities of male and female. Sissy is no longer a negative word. People are actually proud to be a sissy. But what about you? Are you a sissy? Are you confused? May be you are not sure whether you are a sissy or not? Well, don't you worry...take this quiz and find out whether you are a sissy or not? Once you are through answering the questions, check out the scoring chart at the end and tally up your scores to find out where you stand on the macho and sissy scale. Good luck!

Sissy Assignments by Sissy Trainer Mistress Dede Createspace Independent Publishing Platform

Welcome to the second edition of humiliation assignments for the sissy boi. Each and every one of these tasks are designed to help you achieve your goals and moving your sissy transformation forward. It doesn't matter if you are a full-fledged sissy boi or someone who is simply exploring the possibilities of becoming a sissy boi, these tasks are exactly what you need. Sissy transformation takes time, energy, and a lot of practice on a daily, weekly, and even monthly basis. Completing every single one of these tasks in the highest of standards will move you further toward your end goal. Prove your dedication to your training to not only your Mistress/Master but also yourself. You will find a lot of these tasks push your limits but as a practicing sissy boi, that is incredibly important. Pushing your boundaries will prepare you for the next phase of your sissy training. Keep a progress report or photos when applicable for yourself and your Mistress/Master to go over at a later date. In these reports, you should note how you felt before the task, during completion of the task, and how you feel now that you have completed the task. All of this information will be combined and sorted. Your Mistress/ Master will then use this information to better decide where your training should proceed from here. They may decide that it is best for you to repeat several of these sissy tasks before moving onto the next chapter in your sissy transformation.

Sissy Maid Assignments 2 Mistress Dede

Maximizing the joy of crossdressing? Do you crossdress from a male to a female? Or is there someone in your life who does? If so, how about taking it up a notch? Increasing the pleasure and the amount of time doing it? This isn't about how to dress or how to become feminine. We have a book on that, and there are plenty of other resources too. This is how to increase your joy in crossdressing as much as possible. Whether you're a woman with a boyfriend or husband whom you want to become feminine-because of what it will do for them or you or your other boyfriend-or whether you're a sole practitioner who loves the hobby and would like to have ideas on how to reap more delight from it, this book can help. A woman who gives this book to a male will be making a statement of how much she loves him and wants him to be her special person. A sole practitioner of this hobby who takes this book to heart will be doing an act of kindness and respect for her inner girl that says, I love who I am when I'm feminized, and I deserve to take care of her. Maximize the joys of being a male-to-female crossdresser and increase the gratification, satisfaction, degree of sensuality, and amount of time you have to enjoy it in this quick but thought-provoking short read. This is a guide that will help feminized men-husbands, boyfriends, sissies, those in female-led relationships, or cuckolded males who are feminized. Give it as a gift for them or buy it as a gift for yourself. Look inside now!

5 Erotic Forced Feminization Stories to Feed Your Wildest Fantasies Mistress Dede

Welcome to Course 1 of your sissy maid training! This is a starter how-to guide for the beginner sissy maid. Here you will learn the basic knowledge and skills you need to know to be the perfect sissy maid that you and your Mistress/Master desire. Whether you are just beginning your sissy training or looking for a refresher course in the basics this is the guide for you. You will gain the skills you need to push you in the correct direction towards your ultimate goal of becoming your true self. In Course 1 you will learn everything from the basics of personal care and hygiene, how to properly curtsy to your Mistress/Master, how to incorporate your sissy maid outfits into your daily life, as well as the proper way in which you should begin incorporating daily chores such as dish washing, laundry, ironing and the basics of baking. This book should not only help you become more feminized but should also serve as a guide in which you can reference often during your sissy training. After you and your Mistress/Master feel satisfied with your progress you should move on to the more advanced courses in this series. The next course will dive into tea service, the proper way in which a table should be set, party planning and much

more.

The Sissy Panties Guide by Sissy Trainer Mistress Dede Mistress Dede

Have you had an inner desire to dress like a woman or be made to dress like a woman? Do you fantasize about what it would like to slip smooth legs into some silky stockings, hear the click of heels on your feet, and feel breasts fill a beautiful lacy bra wrapped around your chest and back? Oh yes sissy, you know the inner girlie-girl is just dying to come out and play. Indulge "her", as you learn to become just what you've always truly wanted to be, become sexy, feminized and pretty. Feeling a brush of red paint your lips and mascara coat your long, lush eyelashes.... Let that side of you come out, feel the release as you slowly become a complete sissy, as we take you on the sultry journey of a lifetime straight into womanhood. Are you ready, sissy-to-be?

[Sissy Assignments](#) Createspace Independent Pub

What makes people want to be kinky? Doctors have discovered that they did not come from overly violent homes, nor are they social outcasts that live on the edge of society, they are normal everyday people that have jobs, families, and social responsibilities. The truth is that some of us are gifted with a desire for the mystery and control of kink while others are not. For centuries, kink has been hidden in the deepest closets and become the shame and secret that people hide. We are just now achieving a comfort level with sexuality that allows for people to be more open about their desires without persecution. Let's start with what kink is and is not. Some call it BDSM which simply stands for bondage & dominance and sadism & masochism. The two terms used to be separate and now they are used in unison to describe more accurately the strong connection between the two. Kink is many things to many people to some it is the one outlet that can be used to lose complete control and become an obedient submissive. To others, it is a way to dominate and express appreciation for another through discipline. Some practice kinks on themselves and do not require a partner for arousal. Kink involves many areas of sexual play and is considered an underground subculture that can be a one-time event or a lifestyle. With all of the elements available for a kink enthusiast, it is difficult to know where to get started for a decent drive by education. This book contains a short synopsis of kink but is not a complete education and does not claim to be. Kink is a lifestyle and with all lifestyle choices must be experienced and lived to be fully learned. I can read a book about surviving in the wilderness, but that doesn't mean that I can actually survive.

J.D. Rockefeller

The power, the satisfaction, and the intense rush of domination that goes through your body when your submissive bows to your will cannot be compared to any other thing in this world. This book is every Dom's guide to training a submissive. It contains various guidelines and strategies on how a Dom can get the best of the relationship. As you read through, keep in mind that dominance and submission are simply one part of BDSM. It advances into a wider spectrum which includes sadism, bondage, discipline, and masochism as well. However, the focus of this book is submissive training.

Embracing Domination Full Scale Mistress Dede

These public humiliation assignments are designed to better bend your mind and help you become the true sissy boy you and your Mistress would like you to be. You must always push your boundaries during your sissy training so that you can move forward. Show your Mistress that you are devoted to both her and continuing your sissy boy training by completing these 25 assignments. You may find some of these public humiliation assignments more difficult than others but in the end you will be rewarded with the fact that the new lifestyle that you have chosen is slowly becoming a reality. Becoming your true self can sometimes be demeaning and humiliating but you must remember at all times that these tasks will give pleasure to your Mistress. Completing these sissy tasks will prove your devotion to your Mistress and will show her you are sincere about continuing your sissy training.

Mistress Dede

The Ultimate Sissy Boy Training Program will be your ultimate guide to completely transforming yourself not only physically but also mentally into the beautiful, sexy, submissive sissy you have been yearning to become for so long. I did not create this program as another book that you can spend the weekend browsing through. Instead, the Ultimate Sissy Boy Training Program is a hands-on manual. That is, you are expected to go through the lessons and perform each assigned task to the best of your ability, with the permanent goal in mind to become the very best sissy you can be. Furthermore, you should strive to complete all sections of the training in under 6 months' time. Why 6 months? Because while some of you might actually be able to complete it sooner, I understand that others still partake in non-sissy affairs that might prevent you from taking on the training on a full-time basis. But if you wrap your head around the 6 month mark, you will not postpone it indefinitely like it so often happens with many of the things we want to achieve in life. So, jot down the date when you begin the training and strive to complete it in its entirety 6 months from that date. To hold yourself accountable, share this date with your Mistress/Master or share it in our Facebook page [www.facebook.com/MistressDede](http://www.facebook.com/MistressDede) Some of you may be familiar with some of the material included in the course or may have already gone through some of the assignments in the past. However, never have these lessons been combined in a back-to-back format before, so that they comprise a rigorous program which culminates in your complete male to female transformation. This program will be your strongest training weapon and one you can go through and refer to over and over again when you feel you are losing your sissy touch or need to feel sexier, prettier or more grounded in your "sissyhood". At the end of this manual you will find a mandatory Sissy Test, and whether you have taken this or another test in the past, you must re-take it at the end of your training as it will be an absolute accurate measure of your level of progress and success in this training program. I will only consider scores of 50 or above as passing grades but are encouraged to retake the entire course if your score is below 90. Only scores of 90 or above are considered excellent and entitle you to print the diploma that is found at the end of this course. You are encouraged to document your journey by writing about your experiences on my blog [www.mistress-dede.com](http://www.mistress-dede.com) I wish you all the best of luck! With love, Mistress Dede

Sissy Assignments 1 thru 10 Mistress Dede

Zak George is a new type of dog trainer. A dynamic YouTube star and Animal Planet personality with a fresh approach, Zak helps you to tailor train to your dog's unique traits and energy level--leading to quicker results and a much happier pet. Packed with everything you need to know to raise and care for your dog, this book will help you communicate and bond with one another in a way that makes training easier, more rewarding, and--most of all--fun!

[A Dom's Guide on How to Train your Sub](#) The Ultimate Sissy Boy Training Guide by Mistress Dede

The Ultimate Sissy Boy Training Guide will take you through the basic knowledge all sissies should know when embarking on your feminization journey such as choosing sissy panties, choosing breast forms, picking women's undergarments, how to create cleavage, how to tuck your private parts and more... to more advanced concepts that include crossdressing, transgender topics and how to overcome obstacles in your daily sissy life as

well as some sissy affirmations to help you train your subconscious mind and transform you at a much deeper level! This training guide also includes close to 200 sissy assignments which include shopping assignments, humiliation assignments, X-rated assignments, sissy maid assignments and more! This guide will not only have you learning tons but also having tons of fun! So, I sincerely hope that you enjoy it and I look forward to seeing you on the inside! Feminizing Men Createspace Independent Publishing Platform

Are you usually aggressive in the bedroom? Ever considered becoming a dominatrix? Do you want to really feel the thrill of dominating a man in the bedroom? Have you ever considered making a living out of it? Or maybe you have always been submissive and would like to take control? This book is your complete guide to female dominance. The BDSM relationship is not just for fun but can also be used to earn a living, and it can help you discover your inner strength as a woman. If you want to take the dominant role in bondage/discipline/sadism/masochism, then you must know the basics of being a dominatrix. These seven chapters will talk about why men love being dominated, what it means to be a dominatrix, what every nice girl must come to terms with if she wants to be a professional dominatrix, how you can discover your flavor of domination, and a guide to becoming a professional dominatrix - all things you need to know.

The Transgender Guide CreateSpace

To prove your devotion to your Mistress you must first go through a process proving your worth to her. This will start with you completing the sissy shopping tasks below. They will slowly take away your manhood and mold you into the proper sissy slave your Mistress desires. Following these tasks will teach you everything your Mistress needs to know about whether or not you will be a proper little sissy. You will be taught everything you need to know to please your Mistress and make your transition into sissification complete. Visit [www.mistress-dede.com](http://www.mistress-dede.com) for more information on feminization and sissification training.

Thompson Publishing Group

A series of books that will offer you ideas for exploring your femininity, let your inner girl out of your boy body. These assignments will let you take steps towards being a full sissy, we start at the beginning and gradually take your masculinity away from you and present you with the truth of your deepest darkest desire of being what you truly want to be and that is a full fledge Sissy. A Sissy for our purposes is man who likes to wear female attire whether that be undergarments or a full fledge cross dresser. They like to feel like what a woman would feel like, though they do not necessarily have aspirations to truly become a woman they just like the naughtiness about the whole idea. They are usually submissive many consider themselves bi-sexual, they are usually into being dominated by females. It comes down to being more feminine, a true submissive sissy likes to be ordered about and told to do things that are naughty, and sometimes painful in a naughty way.