
Skiing Gear Guide

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Skiing International Marine/Ragged Mountain Press
A guide for both skiers and snowboarders to the slopes and resorts of the US and Canada, covering over 100 destinations from world-class mountains to local gems. There is in-depth coverage of the ski areas, including piste reviews, suggestions for backcountry forays, details of boardparks and tips on avoiding crowds. The guide also provides informative and colourful reviews of the other attractions that make up a ski trip - hotels, restaurants, bars, spas and shopping.

Backcountry Ski & Snowboard Routes:

California The Mountaineers Books

CLICK HERE to download a sample route from Backcountry Ski & Snowboard Washington Ski and snowboard adventures can be found year-round when you know where to look — start here! * Only Mountaineers Books offers guidebooks for backcountry ski routes in Washington, and this is the newest and best available! *Backcountry skiing is one of the fastest growing winter sports * Written by the authors of the bestselling instructional text on the sport, Backcountry Skiing Washington's Cascades, Olympics, and Mount Rainier are prime destinations for backcountry ski and snowboard adventure, and no one is better qualified to write this guidebook than Martin Volken and his team at Pro Guiding Service, based in the Cascade foothills. The all-new guidebook includes 80 routes throughout the state — plus one in British Columbia! — Ideal for intermediate to expert skiers or snowboarders. It features routes ranging from accessible day trips suitable for relative beginners to more challenging multiday traverses. It's a guide to the very best routes available to skiers and boarders throughout the state. Each route includes the following elements: * Starting elevation and high point * Elevation gain and loss * Route distance * Time required * Recommended skill and fitness levels * Best season to ski * Maps and permits info * Driving directions, from nearest major town or junction * Detailed route description * Backcountry Ski & Snowboard Routes: Washington also

includes an introduction by legendary Northwest skier Lowell Skoog.

Ski W. W. Norton & Company

In the 87 issues of Snow Country published between 1988 and 1999, the reader can find the defining coverage of mountain resorts, ski technique and equipment, racing, cross-country touring, and the growing sport of snowboarding during a period of radical change. The award-winning magazine of mountain sports and living tracks the environmental impact of ski area development, and people moving to the mountains to work and live.

The Ski Guide Manual Rough Guides

Women will love this smart and entertaining guide, written by and for women skiers. Skiing: a Woman's Guide is tailored to the subtly different approach women have to learning, full of personal stories by other women skiers, and packed with savvy, woman-specific advice about gear. This introduction to alpine skiing has everything: Finding the right instructor; Skill drills (novice to intermediate); Staying comfortable and safe on the slopes; "how to Take your Family and Still Love Them When It's Over" Getting and Staying Fit and much more. Skiing answers questions from how to buy the right skis to how long it takes to get proficient. Also included: a list of resources for the woman skier.

Skiing Mountaineers Books

After some dreadful years for Sierra skiers, the snow is back and the pent-up demand to ride it is satisfied by this book! From Bishop to Tahoe to Shasta, and multiple slopes in between, California has a big ski and snowboard culture and this backcountry guide describes 97 of the state's best routes. Part of our critically-acclaimed series, Backcountry Ski & Snowboard Routes: California is written by Tahoe-based professional skier, Jeremy Benson, and covers the best of the state, featuring advanced backcountry descents with serious verticals. The northern region of the book

focuses on Mount Shasta and Tahoe, while the central region includes Mammoth, Bishop, and Sierra Club hut trips, and to the south, 14ers Mount Whitney and Mount Langley and more.

Skiing Rowman & Littlefield

A companion volume to the PBS-TV series "Trailside" offers instructions for beginners, discusses gear and safety, and surveys the latest equipment

Skiing Mountaineers Books

Presents historical background on ski mountaineering, which is climbing a mountain on skis and then skiing down the slopes, and offers tips on climbing and skiing specific mountains.

Skiing HowExpert

If you want to learn how to choose your equipment, find the best slopes, and ski & snowboard for fun, fitness, and fulfillment, then check out HowExpert Guide to Skiing and Snowboarding. If you're seeking an adventure atop a frozen mountain peak, you may need a little guidance first. Look no further than HowExpert's Guide to Skiing and Snowboarding, where you will learn all the ins and outs of what mountain life entails. Within these pages, you will learn the basics of mountain adventures and everything you need to get the very best out of your experience. Our expert's knowledge spans nearly two decades and has the insight you need to learn how to ski and snowboard. You will learn basic and advanced terminology and what it means to seek out and conquer these peaks. In addition, you will learn every aspect of a mountain and what to look for as a beginner, as well as some first-hand accounts of specific places that you can add to your travel list! Through the accounts of these experiences, it is hoped that you will

be equipped with the knowledge you need to plan your adventure, acquire the proper gear and clothing, how to pack for a day on the slopes, and how to become an expert skier or snowboarder. So don't wait, read up, and say "yes" to the adventure! Check out HowExpert Guide to Skiing and Snowboarding to learn how to choose your equipment, find the best slopes, and ski & snowboard for fun, fitness, and fulfillment!

About the Author: Blake Randall is an avid skier and snowboarder whose twenty years of experience have taken him to all corners of America in a seemingly never-ending journey to discover new peaks to conquer. Since the tender age of seven, he has been hitting the slopes after a trip to Aspen, Colorado, ignited a passion deep inside of him. Ever since, he has striven to improve his skills and explore as many mountains as possible, even teaching friends along the way. There has yet to be a place that he hasn't enjoyed because he always finds the beauty, satisfaction, and uniqueness in each place he visits. HowExpert publishes how to guides by everyday experts.

Skiing Wild Snow

* For intermediate-to-advanced backcountry skiers* Includes trip planning, navigation, fitness, and avalanche safety information, in addition to techniques*Provides advice on how to make well-informed backcountry decisions Martin Volken and his co-authors provide skiers with all the tools and knowledge they need to safely and successfully travel in the mountain backcountry. The guide features intermediate-to-advanced techniques for ski touring and ski mountaineering, from planning backcountry trips to perfecting turns in rolling terrain and mastering uphill climbing. For those skiers ready for a more technical, high alpine environment, they draw on traditional mountaineering skills, including roped climbing, setting protection anchors, using ice axes, climbing on bare rock, and more. In addition to mastering techniques, Backcountry Skiing also features

information on recent evolutions in ski equipment; avalanche safety tips; a primer on mountain weather and glaciers, trip planning tools, a discussion of emergency situations, nutrition and fitness advice, and winter camping basics. Throughout this guide, a special emphasis is put on being well-informed and making good decisions - whenever you strap on your skis and skins and head out into the backcountry.

Skiing

Skiing Heritage is a quarterly Journal of original, entertaining, and informative feature articles on skiing history. Published by the International Skiing History Association, its contents support ISHA's mission "to preserve skiing history and to increase awareness of the sport's heritage."

Skiing

Wild Snow Amer Alpine Club

Skiing

This updated, expert ski guide provides top-of-the-line insight for backcountry/off-piste skiers and guides. The Ski Guide Manual presents wisdom earned through decades of experience guiding and. The result is a successful system of travel and risk management in the winter environment. The collective work of thousands of mountain guides have proven how to have the most fun and find the best snow, all while reducing risk of avalanche, cold, crevasses, and optimize group dynamics.

Skiing

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Backcountry Ski & Snowboard Routes
Washington

HowExpert Guide to Skiing and Snowboarding

Skiing

Skiing Heritage Journal

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