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# Solution Focused Counseling Intake Form

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**Solution Focused Narrative  
Therapy** Oxford University  
Press, USA  
This award-winning text

translates the theoretical foundations of solution-focused counseling into a brief, culturally responsive approach for school counselors, psychologists, social workers, and graduate students. As an experienced practitioner and international presenter on this topic, Dr. Murphy has organized the fourth edition to reflect content offered in a comprehensive workshop on

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solution-focused counseling to further enhance its usefulness and presents a straightforward process for building practical solutions to some of the most challenging cases experienced in school settings. Text features include a variety of real-life examples and dialogues with preschool–12 students, experiential activities and practice exercises, and appendixes with tools and templates for putting solution-focused counseling into immediate action. Chapters new to this edition cover developmental considerations and creative adaptations for working with children and adolescents, methods to explore progress in solution-focused work, and frequently asked questions. A complimentary test manual and PowerPoint slides for instructors are available by request. Requests for digital versions from ACA can be found on [www.wiley.com](http://www.wiley.com) To

purchase print copies, please visit the ACA website here  
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**Practicum and Internship** Oxford University Press  
Re-energize your practice! *Solution-Focused Brief Therapy: Its Effective Use in Agency Settings* chronicles the lessons learned when a substance abuse counseling program switches its theoretical orientation from problem-focused to solution-focused. The book details the technical aspects of the changeover (theory, techniques, interventions, politics, and team design) as well as the personal struggles the team endured and the

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successes they enjoyed. contrast with more  
It demonstrates how traditional  
solution-focused approaches, examines  
therapy can be applied the principles behind  
to both clinical and the "Miracle  
administrative work Question," and  
while addressing demonstrates how to  
questions and integrate relapse  
concerns, providing prevention, help  
general information clients maintain  
and help in therapeutic gains, and  
understanding the communicate  
subtleties and effectively with  
idiosyncrasies of the colleagues who  
treatment. Solution- represent different  
Focused Brief Therapy philosophies. Solution-  
is a practical, step- Focused Brief Therapy  
by-step guide to provides a thorough  
individual and group understanding of  
solution-focused solution-focused  
therapy, presenting a therapy through the  
new and effective use of: case studies  
method of working with interviews with  
clients that re- therapists sample  
energizes therapists forms tables and much  
and benefits more! Solution-Focused  
administrators and Brief Therapy: Its  
clinical supervisors. Effective Use in  
The book provides Agency Settings is  
clear descriptions of ideal for  
basic interventions professionals  
and philosophy, interested in  
highlights points of implementing solution-

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focused therapy into individual, group, or agency settings, including child protection agencies, community mental health clinics, private practices, sexual abuse programs, substance abuse treatment, family based services, and academics working in substance abuse counseling, social work, psychology, and general counseling. Preventing Suicide Taylor & Francis

In Counseling Addicted Families, Gerald A. Juhnke and William Bryce Hagedorn recognize that even those treatment providers who understand the importance of the familial context of addiction are often stymied by the variety of family treatment theories and their often imperfect fit for cases of addiction. In this book, Juhnke and Hagedorn provide

a truly integrated model for assessment and treatment. Based upon the authors' combined twenty-three years of experience in clinical and treatment supervision, the Integrated Family Addictions Model consists of six progressive treatment tiers which organize the relevant family treatment theories into a graduated and coherent sequence, beginning with the briefest and least costly forms of therapy.

Solution-Focused Brief Therapy Harvard University Press

The topic of trauma has been covered in many books, and there are many publications covering the use of SFBT in different settings and with varied client populations.

However, the convergence of these topics has, to date, been covered only minutely. Solution-Focused Brief

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Therapy with Clients Managing Trauma is a comprehensive overview of how Solution Focused Brief Therapy (SFBT) can be used as a treatment approach for working with clients managing various forms of trauma. It includes an overview of SFBT's basic tenets, a description of the current research supporting SFBT as an evidence-based practice, and a comparison of how SFBT clinicians may approach trauma cases differently than clinicians from other therapeutic approaches. The bulk of the text uniquely includes chapters contributed by skilled SFBT clinicians, with differing clinical expertise, sharing their knowledge and describing their strength-based, resiliency focus of applying SFBT in

different traumatic circumstances. Practitioners and even Master's/doctoral students will find this text invaluable in learning how to best help traumatized clients develop a positive future and move toward healing and health.

Solution-Focused Therapy  
Academic Press

The third edition of this widely adopted text covers the philosophical foundations and nuts-and-bolts of using solution-focused counseling to help preschool–12 students resolve problems. Dr. Murphy's practical and respectful approach has been successfully applied throughout the world by school counselors, counselors-in-training, psychologists, social workers, teachers, administrators, and clinicians who work with young clients. His empowering techniques help students focus on doing what works as simply and

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efficiently as possible by using their strengths, resources, wisdom, and feedback. This edition includes new chapters and information on the restrictive influence of problems, strategies for building positive relationships, collecting client feedback to monitor and improve services, and coconstructing solvable problems and reachable goals. Real-life case examples, sample dialog from counseling sessions, discussion and practice exercises, troubleshooting tips, and new and expanded appendixes enhance the book's classroom and clinical utility. A complimentary test manual and PowerPoint slides for instructors' use are available by written request to ACA. \*Requests for digital versions from the ACA can be found on wiley.com. \*To request print copies, please visit the ACA website here. \*Reproduction requests for material from books published by ACA should be directed to [permissions@counseling.org](mailto:permissions@counseling.org).

*Solution-Focused Therapy*  
SAGE Publications

A master of family therapy, Salvador Minuchin, traces for the first time the minute operations of day-to-day practice. Dr. Minuchin has achieved renown for his theoretical breakthroughs and his success at treatment. Now he explains in close detail those precise and difficult maneuvers that constitute his art. The book thus codifies the method of one of the country's most successful practitioners.

*Solution-Focused Therapy*  
John Wiley & Sons

Completely revised and updated, the sixth edition of *Practicum and Internship* is a practical resource that provides students and supervisors with thorough coverage of all stages and aspects of the practicum and internship process. New to this edition are:

Downloadable, customizable online forms, contracts, and other materials  
Across-the-board updates that reflect 2016 CACREP standards

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Incorporation of contemporary research and literature that addresses recommended practices and ethical considerations regarding the use of technology in counseling New information on preparing students to run their first counseling and therapy groups A review of ethical standards and current perspectives on working with culturally diverse clients Current perspectives on managing self-care during practicum and internship and beyond A thoughtful presentation of trauma-informed approaches to counseling A revised final chapter including guidelines for preparing for licensure exams and for longevity in the profession With comprehensive information that spans across therapeutic approaches, concerns, and topics, this remains an essential foundational text for counseling and psychotherapy students and their supervisors.

Core Competencies in

the Solution-Focused and Strategic Therapies

Corwin Press

Author of AP's bestselling "Therapist's Guide to

Clinical Intervention" now turns her attention to

substance abuse

intervention. The book

will follow a similar format to her previous book,

presenting information in easy to read outline form,

with relevant forms, patient questionnaires,

checklists, business documents, etc. Part I

discusses the social impact of substance

abuse and provides a general overview of the

physiological and psychological

characteristics of abuse, DSM IV definition of

abuse, and classifications of the varying types of

drugs. Part II is the main

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section of the book and covers assessment, different stages of abuse/recovery, and treatment choices. Coverage includes the discussion of myriad self help choices (e.g. AA), group therapy, brief therapy, and more. Discussion will also include making a determination of treatment as inpatient or outpatient, and issues relevant to special populations (teenagers, geriatrics, comorbidity patients, etc.). Part III presents skill building resources. Part IV covers prevention, quality assurance, and also includes a glossary. \* Outlines treatment goals and objectives \* Outlines for assessing special circumstances \* Offers skill building resources to

supplement treatment  
Counseling and Interviewing in Speech-Language Pathology and Audiology  
Routledge

The author presents an overview of current research in the area and an account of the use of solution-focused approaches in various relevant therapeutic situations. As well as outlining the model and basic principles, the book also summarises the evidence base for solution-focused therapy and discusses ethical issues.

Solution Focused Brief Therapy Academic Press

A step forward from the traditional textbook on counseling theories, Theories of Counseling and Psychotherapy: An Integrative Approach offers students a comprehensive overview of past and current approaches to



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psychotherapy and counseling, with a modern approach to theories of psychotherapy. An extensive array of mainstream theories, as well as contemporary approaches such as narrative, feminist, LGBT, and post-modern, are covered. Author Elsie Jones-Smith helps readers to construct their integrated approach to psychotherapy by learning how to develop a broad range of therapeutic expertise to meet the needs of a culturally diverse clientele. In addition to listing and describing theories, this text compares and contrasts them to show their strengths and weaknesses. The Third Edition includes a new chapter on trauma-

informed counseling/psychotherapy and provides updated references, sections, and studies reflecting the latest developments within the helping professions. Included with this title: The password-protected Instructor Resource Site (formally known as SAGE Edge) offers access to all text-specific resources, including a test bank and editable, chapter-specific PowerPoint® slides.

**Practicum and Internship** Routledge Counseling and Interviewing in Speech-Language Pathology and Audiology includes an overview of the role of counseling and the skills and techniques specific to counseling and interviewing. It provides a solutions-focused

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approach, integrating counseling and treatment using advanced communication skills to better understand and coach the patient. This unique guide uses original models and inventive techniques to impart the most helpful approaches to counseling as part of the therapy process in speech-language pathology and audiology. Filled with strategically positioned real life scenarios, each chapter delves into a key aspect of counseling, simplifying and clarifying the concepts and methods clinicians will find practical and comprehensive.

Social Workers' Desk Reference  
Oxford University Press  
Solution-Focused Substance Abuse

Treatment describes the standard of care for substance abuse treatment, demonstrates how solution-focused brief therapy exceeds this standard, and shows how it can effectively be used in substance abuse evaluation, case management, and both individual and group treatment. Beginning and advanced concepts are provided to address the questions of even the most advanced clinician, all placed in the context of cultural awareness. Most importantly, the author answers the many questions professionals may have about how solution-focused brief therapy can be successfully integrated into the field of substance abuse. It provides a thorough understanding of the issues that therapists face when working with this at times challenging

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population, and demonstrates how the use of solution-focused brief therapy can minimize power struggles and enhance client success. Sample forms and handouts are included, as are additional resources for effective evaluation and treatment.

**Solution-Focused Practice in Outdoor Therapy** SAGE

Publications

O'Connell presents a comprehensive introduction to Solution-focused therapy (SFT). His writing is accessible making this an easy book to read. The way in which the material is organized and presented is appealing. The tone of the writing is down to earth and I imagine that few readers would feel alienated by the language regardless of training or theoretical background. This book provides not only an in-

depth introduction to SFT but also provides the more experienced therapist with further ideas and principles. O'Connell manages to keep an air of hope and optimism in his writing which left me with a renewed sense of enthusiasm for working with clients in a SFT way. Having read a substantial amount of literature in brief therapy, I found this book to be one of the best I have come across. O'Connell communicates his ideas in a clear and rational way and most importantly with an essential dose of humanity. I would recommend this book to almost everyone regardless of their professional background as it instills a sense of hope and change' - Counselling Psychology Review `A thoroughly enjoyable read about an inspiring approach to facilitating others without pathologising them, this

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book not only offers practical Solution-Focused Therapy, guidelines for beginners and Second Edition a is a validating supportive ideas popular introduction to the for the more experienced, it theory, practice and skills of could also inspire those who an approach which is are simply interested in increasingly used by a efficient and effective ways variety of professionals of empowering people via including counsellors, reminders of their potential psychologists, mental health to live zestful, creative, workers, and social workers. fruitful, connected lives' - Its popularity lies in the fact Nurturing Potential `Solution-Focused Therapy is a that it is both time-limited comfortable introduction to and cost-effective, which SFT, which is best suited for many practitioners students or those new to the nowadays. For this, the model, or to professionals in Second Edition, the book other fields. It supports the has been fully revised and novice practitioner in feeling updated and now includes that providing good therapy new sections on solution-focused is within their grasp. Bill supervised supervision and O'Connell's presentation of running a solution-focused solution-focused therapy reflecting team. Most encourages theoretical chapters include brief integration, practicality, and practice points for trust in the abilities of the counsellors. This book will client over purity. Hopefully, be of great interest to such an approach would trainees of solution-focused appeal to all therapists' - therapy, as well as The Brief Therapy Networks practitioners who work in a

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range of contexts where the emphasis is on providing effective brief interventions. Bill O'Connell is Director of Training for Focus on Solutions Limited in Birmingham. He was previously Head of the Counselling Department at Westhill College of Higher Education, Birmingham, and is co-editor of Handbook of Solution-Focused Therapy (Sage, 2003).

**Therapist's Guide to Substance Abuse**

Corwin Press

Solution Focused Brief Therapy: 100 Key Points and Techniques provides a concise and jargon-free guide to the thinking and practice of this exciting approach, which enables people to make changes in their lives quickly and effectively. It covers: The history and background to

solution focused practice

The philosophical underpinnings of the approach  
Techniques and practices  
Specific applications to work with children and adolescents, (including school-based work) families, and adults  
How to deal with difficult situations  
Organisational applications including supervision, coaching and leadership. Frequently asked questions  
This book is an invaluable resource for all therapists and counsellors, whether in training or practice. It will also be essential for any professional whose job it is to help people make changes in their lives, and will therefore be of interest to social workers, probation officers, psychiatric staff, doctors, and teachers, as

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well as those working in organisations as coaches and managers.

### **Case Conceptualization**

Solution-Focused Brief

Therapy

GET TO KNOW THE ORIGINS, DEVELOPMENT, AND KEY FIGURES OF EACH MAJOR COUNSELING THEORY This comprehensive

text covers all the major theories in counseling and psychotherapy along with an emphasis on how to use these theoretical models in clinical practice. The authors cover the history, key figures, research base, multicultural implications, and practical applications of the following theoretical perspectives:

Psychoanalytic, Individual/Adlerian, Existential, Gestalt, Person-Centered, Behavioral, Cognitive-Behavioral, Choice Theory/Reality Therapy, Feminist, Constructive, Family Systems, Multicultural, and Eclectic/Integrative. This text has case examples that bring

each theory to life. The entire book has been updated with the latest research and techniques. Pedagogical features include learner objectives, "Putting It in Practice" boxes, questions for reflection, case examples and treatment planning, and chapter summaries. Every theory is examined from cultural, gender/sexual, and spiritual perspectives. The instructor supplement package includes a Respondus test bank, chapter outlines, supplemental lecture ideas, classroom activities, and PowerPoint slides. It also includes video demonstrations corresponding to every major theory and linked to each chapter's contents. In addition, a WPLS course will be available after publication. Expanded video elements closely tied to sections of the text New visuals, including graphics, charts, and tables to facilitate student understanding of theories and how they relate to one another Increased coverage of

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multicultural and ethical issues in every chapter Cultural, gender, sexuality, and spiritual issues are integrated into every chapter The Sommers-Flanagan's hands-on, practical approach emphasizes how students and practitioners can apply these theories in real-world practice. Students are empowered to develop theoretically-sound and evidence-based approaches to conducting counseling and psychotherapy.

**Solution-Focused Brief Therapy** Routledge

The latest developments in this groundbreaking therapy approach! More Than Miracles: The State of the Art of Solution-Focused Brief Therapy is a ground breaking, intellectually provocative book, revealing new advances in the widely used, evidence based Solution-focused Brief Therapy (SFBT) approach. The final work of world renowned family therapists and original developers of SFBT, the late Steve de Shazer and Insoo Kim Berg

(who passed away shortly before the book's release) this definitive resource provides the most up-to-date information available on this eminently practical, internationally acclaimed approach. New revelations about the impact of language in therapeutic change are presented precisely and clearly, illustrated with real life case examples that give readers a "hands-on" view of the newest technical refinements in the SF approach. Challenging questions about the applications of SFBT to complex problems in "difficult" settings are given thoughtful, detailed answers. The book's unique design allows the reader to "listen in" on the lively discussions that took place as the authors watched therapy sessions. The solution-focused brief therapy approach is based upon researchers observing thousands of hours of psychotherapy sessions and studying which questions and

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responses were most effective in helping people develop solutions to their problems. More Than Miracles: The State of the Art of Solution-Focused Brief Therapy is the most up-to-date, comprehensive review of this approach. This book discusses the latest developments in the fields of family therapy, brief therapy, and psychotherapy training and practice. A succinct overview orients the reader to the current state of SFBT, and provides three real life case transcripts that vividly illustrate the practical applications of SFBT techniques. The seminar format of More Than Miracles: The State of the Art of Solution-Focused Brief Therapy allows readers to sit in on surprising psychotherapy sessions eavesdrop on the authors' commentary about the sessions get a comprehensive overview on the current state of SFBT review and understand the major tenets of SFBT learn specific interventions,

including the miracle question and the reasons for asking it understand treatment applicability read actual session transcripts understand the "miracle scale" get insight into the unique relationship between Wittgenstein's philosophy and SFBT better understand SFBT and emotions examine misconceptions about SFBT and more More Than Miracles: The State of the Art of Solution-Focused Brief Therapy is illuminating reading for psychotherapists, counselors, human services personnel, health care workers, and teachers.

*Solution-Focused Counseling in Schools* Cengage Learning  
Solution-Focused Brief Therapy Oxford University Press

*Solution-Focused Counseling in Schools* Routledge

By combining step-by-step instructions with vivid case examples, the



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author provides the necessary tools to easily and quickly implement this powerful counseling method.

Solution-Focused

Substance Abuse

Treatment Routledge

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help those students succeed. In this book Linda Metcalf provides teachers with the basic building blocks of the solution-focused approach and offers step-by-step guidelines for identifying exceptions, designing interventions, and implementing a three-tiered Response-to-Intervention process. Shows how to implement RTI using the positive and personalized "solution-focused" method Linda Metcalf is the author of seven books, including Counseling Toward Solutions, Second Edition Offers an innovative, collaborative approach between teachers, students, and parents Includes reproducible forms for teachers and students This practical

book helps teachers pinpoint research-based intervention strategies that work.