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The Seven Spiritual Laws for Parents Infobase Publishing
National Bestseller In this inspiring book, bestselling author Wayne Dyer draws from various spiritual traditions to help us unplug from the material world and awaken to the divine with. With his trademark wit, wisdom, and humor, bestselling author Wayne Dyer offers compelling testimony on the power of love, harmony, and service. When confronted with a problem, be it ill health, financial worries, or relationship difficulties, we often depend on intellect to solve it. In this radical book, Dyer shows us that there is an omnipotent spiritual force at our fingertips that contains the solution to our problems. The first part of the book provides the essential foundation for spiritual problem solving, drawing from the wisdom of Patanjali, a Yogi mystic; the second half is organized around the prayer of Saint Francis of Assisi, whose legacy is one of love, harmony, and service. Each chapter contains specific practical applications for applying the teachings of these wise men to everyday problems, including affirmations, writing exercises, and guided meditations. Profound and thought provoking, yet filled with pragmatic advice, *There's a Spiritual Solution to Every Problem* is a book about self-awareness and tapping the healing energy within all of us. As Dyer writes, "Thinking is the source of problems. Your heart holds the answer to solving them."

[The Soul of Leadership](#) ReadHowYouWant.com

Millions of people have embarked on a Twelve-Step Program, whether it ' s Alcoholics Anonymous, Nicotine Anonymous, or Alateen. However, there are millions of others who are unable or unwilling to accept these programs because of religious overtones or a rigid approach to recovery. Deepak Chopra and David Simon contend that Twelve-Step methods don ' t work for everyone because they emphasize personal powerlessness; it ' s this admission of powerlessness that keeps many people from ever truly healing. In *Freedom from Addiction*, Chopra and Simon offer a new way—a proven method based on the program at the renowned Chopra Center in Carlsbad, California. Combining the best of eastern and western medicine, they teach readers how to cleanse their bodies and minds through nutrition, supplements, and meditations, and they walk readers through their 7-Step Framework: 1. Commit to transformation 2. Commit to ending repeat mistakes 3. Face the harsh reality of the past 4. See the infinite possibilities available in the present moment 5. Envision where you want to be 6. Ask yourself what choices need to be made to actualize vision 7. Create an action plan

Freedom from Addiction Harmony

The author of the acclaimed New York Times bestsellers *The Seven Spiritual Laws of Success* and *Ageless Body, Timeless Mind* now presents a guide to using spiritual alchemy for awakening the magic in everyday life.

[There's a Spiritual Solution to Every Problem](#)
Harmony

Spiritual Solutions Harmony

The Path to Love Random House

An enlightening guide to success, fulfillment, wholeness, and plenty, offering practical advice on how to cultivate a sense of abundance in times of fear and insecurity, from New York Times bestselling author Deepak Chopra "To attain wealth of the lasting kind, the kind that gives your life meaning, value, and sustenance, base your daily existence on the generosity of spirit."—Deepak Chopra Many of us live and operate from a mind-set of lack, scarcity, and limitation. We focus on what we don't have—financial security, confidence, an intimate relationship—which keeps us feeling insecure and inadequate. We think "if only I could have those things, I could be happy." But measuring wealth by money or material possessions leaves us feeling drained and spiritually empty. Constantly striving for more often means our ego is driving our thoughts, actions, and reactions, which prevents us from reaching something greater: a true sense of inner peace, acceptance, and fulfillment. Yet, there is an inner path to prosperity and wealth that, once charted and explored, provides access to the great riches of the universe and life's unbounded possibilities. In *Abundance*, international bestselling author Deepak Chopra illuminates this road to success and wholeness, helping readers tap into a deeper sense of awareness to become agents of change in their own lives. Mixing ancient teachings and spiritual practices with the wisdom he's garnered over four decades as the leading figure in mind-body medicine, Deepak demonstrates how to transcend self-generated feelings of limitation and fear in order to experience true abundance in all aspects of life. To do so, he offers a seven-step plan along with meditations and mindfulness techniques to help you focus and direct your attention, energy, and intuition so you can experience stability, affluence, insight, creativity, love, and true power.

The Seven Spiritual Laws of Superheroes Harmony

In *The Seven Spiritual Laws of Success*, Deepak Chopra distills the essence of his teachings into seven simple, yet powerful principles that can easily be applied to create success in all areas of your life. Based on natural laws that govern all of creation, this book shatters the myth that success is the result of hard work, exacting plans, or driving ambition. Instead, Chopra offers a life-altering perspective on the attainment of success: Once we understand our true nature and learn to live in harmony with natural law, a sense of well-being, good health, fulfilling relationships, energy and enthusiasm for life, and material abundance will spring forth easily and effortlessly. Filled with timeless wisdom and practical steps you can apply right away, this is a book you will cherish for a lifetime, for within its pages are the secrets to making all your dreams come true. "A must-read for anyone who missed *The Prophet*, by Kahlil Gibran." — The New York Times
Radical Beauty Harmony

NATIONAL BESTSELLER FROM ACCLAIMED AUTHOR
WAYNE DYER In this inspiring book, bestselling author Wayne Dyer draws from various spiritual traditions to help us unplug from the material world and awaken to the divine with. With his trademark wit, wisdom, and humor, bestselling author Wayne Dyer offers compelling testimony on the power of love, harmony, and service. When confronted with a problem, be it ill health, financial worries, or relationship difficulties, we often depend on

intellect to solve it. In this radical book, Dyer shows us that there is an omnipotent spiritual force at our fingertips that contains the solution to our problems. The first part of the book provides the essential foundation for spiritual problem solving, drawing from the wisdom of Patanjali, a Yogi mystic; the second half is organized around the prayer of Saint Francis of Assisi, whose legacy is one of love, harmony, and service. Each chapter contains specific practical applications for applying the teachings of these wise men to everyday problems, including affirmations, writing exercises, and guided meditations. Profound and thought provoking, yet filled with pragmatic advice, *There's a Spiritual Solution to Every Problem* is a book about self-awareness and tapping the healing energy within all of us. As Dyer writes, "Thinking is the source of problems. Your heart holds the answer to solving them."

The Third Jesus Harmony

From the man who has inspired millions of people to transform their lives and create their heart's desire comes his latest book on seeking and embracing the power source within. Deepak Chopra has made clear his conviction that it is within the potential of every human being to live an enriching, self-aware, magnificent life. But to reach that state of empowerment is a difficult task, calling for courage, will power and - often - guidance. In *Self-Power*, Chopra offers that guidance and encouragement, while inspiring his readers to take their lives into their own capable hands no matter what challenges they may confront, be they job loss, financial difficulties, relationship issues, health problems or spiritual questions.

What Are You Hungry For? Ballantine Books

BASED ON NATURAL laws which govern all of creation, this book shatters the myth that success is the result of hard work, exacting plans, or driving ambition. In *The Seven Spiritual Laws of Success*, Deepak Chopra offers a life-altering perspective on the attainment of success: Once we understand our true nature and learn to live in harmony with natural law, a sense of well-being, good health, fulfilling relationships, energy and enthusiasm for life, and material abundance will spring forth easily and effortlessly. Filled with timeless wisdom and practical steps you can apply right away, this is a book you will want to read and refer to again and again.

Total Meditation Harmony

As elegant as his bestselling *How to Know God* and as practical as his phenomenal *The Seven Spiritual Laws of Success*, this groundbreaking new book from Deepak Chopra contains a dramatic premise: Not only are everyday coincidences meaningful, they actually provide us with glimpses of the field of infinite possibilities that lies at the heart of all things. By gaining access to this wellspring of creation, we can literally rewrite our destinies in any way we wish. From this realm of pure potential we are connected to everything that exists and everything that is yet to come. "Coincidences" can then be recognized as containing precious clues about particular facets of our lives that require our attention. As you become more aware of coincidences and their meanings, you begin to connect more and more with the underlying field of infinite possibilities. This is when the magic begins. This is when you achieve the spontaneous fulfillment of desire. At a time when world events may leave us feeling especially insignificant and vulnerable, Deepak Chopra restores our awareness of the awesome powers within us. And through specific principles and exercises he provides the tools with which to create the magnificent, miraculous life that is our birthright.

Self Power Random House

American physician Michael Aulden stands at the center of an epic global confrontation of the body, mind, and soul, as humankind must choose between the forces of good and evil, with the fate of the entire world at stake. Original.

The Chopra Center Herbal Handbook New World Library

After collaborating on two major books featured as PBS specials, *Super Brain* and *Super Genes*, Chopra and Tanzi now tackle the issue of lifelong health and heightened immunity. We are in the midst of a new revolution. For over twenty-five years Deepak Chopra, M.D. and Rudolph E. Tanzi, Ph.D. have revolutionized medicine and how we understand our minds and our bodies—Chopra, the leading expert in the field of integrative medicine; Tanzi, the pioneering neuroscientist and discoverer of genes that cause Alzheimer's Disease. After reaching millions of people around the world through their collaborations on the hugely successful *Super Brain* and *Super Genes* books and public television programs, the New York Times bestselling authors now present a groundbreaking, landmark work on the supreme importance of our immune system in relation to our lifelong health. In the face of environmental toxins, potential epidemics, superbugs, and the accelerated aging process, the significance of achieving optimum health has never been more crucial—and the burden to achieve it now rests on individuals making the right lifestyle choices every day. That means you. You—not doctors, not pharmaceutical companies—are ultimately responsible for your own health. Chopra and Tanzi want to help readers make the best decisions possible when it comes to creating a holistic and transformative health plan for life. In *The Healing Self* they not only push the boundaries of the intellect to bring readers the newest research and insights on the mind-body, mind-gene, and mind-immunity connections, but they offer a cutting-edge, seven-day action plan, which outlines the key tools everyone needs to develop their own effective and personalized path to self-healing. In addition, *The Healing Self* closely examines how we can best manage chronic stress and inflammation, which are emerging as the primary detriments of well-being. Moreover, Chopra and Tanzi turn their attention to a host of chronic disorders such as hypertension, heart disease, type 2 diabetes, and Alzheimer's Disease, known to take years and sometimes decades to develop before the first symptoms appear. Contemporary medical systems aren't set to attend to prolonged low-grade chronic inflammation or the everyday infections and stresses that take their toll on the body and can lead to disease, aging, and death. Thus, learning the secrets of self-healing is not only urgent but mandatory for optimum health. *The Healing Self* then is a call to action, a proven, strategic program that will arm readers with the information they need to protect themselves and achieve lifelong wellness. There is a new revolution occurring in health today. That revolution is you.

Spiritual Solutions Harmony

Deepak Chopra and Kimberly Snyder propose a "program to help transform you from the inside out. Through six pillars of healthy living that focus on internal and external nourishment, sleep, living naturally, avoiding excessive stress, and better understanding the relationship between emotions and inflammatory foods, the authors offer ... tips, tools, innovative routines, and foods that will allow you to achieve your highest potential of beauty and health"--

Deepak Chopra's The Angel is Near Harmony

"Deepak Chopra has developed his own unique form of complementary, mind-body medicine."—U.S. News & World Report The world needs heroes, and, as spiritual authority Deepak Chopra demonstrates in this gripping and deeply perceptive meditation on our potential to excel, everyone of us possesses the power to help save the planet—and the strength to claim our best possible lives. For readers who draw inspiration from comic books and movies like *Ironman*, *The Uncanny X-Men*, and *Superman*, for the Peter Parkers who wonder how to unlock their inner Spider-man, Chopra illuminates the path to becoming a spiritual superhero, teaching us

how to wield the great power of the human heart to work real changes in ourselves and in the world around us.

The Return of Merlin Harmony

The definitive book of meditation that will help you achieve new dimensions of stress-free living. For the past thirty years, Deepak Chopra has been at the forefront of the meditation revolution in the West. Total Meditation offers a complete exploration and reinterpretation of the physical, mental, emotional, relational, and spiritual benefits that this practice can bring. Deepak guides readers on how to wake up to new levels of awareness that will ultimately cultivate a clear vision, heal suffering in your mind and body, and help recover who you really are. Readers will undergo a transformative process, which will result in an awakening of the body, mind, and spirit that will allow you to live in a state of open, free, creative, and blissful awareness twenty-four hours a day. With this book, Deepak elevates the practice of meditation to a life-changing quest for higher consciousness and a more fulfilling existence. He also incorporates new research on meditation and its benefits, provides practical awareness exercises, and concludes with a 52-week program of meditations to help revolutionize every aspect of your life.

The Healing Self Amber-Allen Publishing

Is it possible to venture beyond daily living and experience heightened states of awareness? Deepak Chopra says that higher consciousness is available here and now. "Metahuman helps us harvest peak experiences so we can see our truth and mold the universe's chaos into a form that brings light to the world."—Dr. Mehmet Oz, attending physician, New York–Presbyterian, Columbia University New York Times bestselling author Deepak Chopra unlocks the secrets to moving beyond our present limitations to access a field of infinite possibilities. How does one do this? By becoming metahuman. To be metahuman, however, isn't science fiction and is certainly not about being a superhero. To be metahuman means to move past the limitation constructed by the mind and enter a new state of awareness where we have deliberate and concrete access to peak experiences that can transform people's lives from the inside out. Humans do this naturally—to a point. For centuries the great artists, scientists, writers, and many so-called ordinary people have gone beyond the everyday physical world. But if we could channel these often bewildering experiences, what would happen? Chopra argues we would wake up to experiences that would blow open your body, mind, and soul. Metahuman invites the reader to walk the path here and now. Waking up, we learn, isn't just about mindfulness or meditation. Waking up, to become metahuman, is to expand our consciousness in all that we think, say, and do. By going beyond, we liberate ourselves from old conditioning and all the mental constructs that underlie anxiety, tension, and ego-driven demands. Waking up allows life to make sense as never before. To make this as practical as possible, Chopra ends the book with a 31-day guide to becoming metahuman. Once you wake up, he writes, life becomes transformed, because pure consciousness—which is the field of all possibilities—dawns in your life. Only then does your infinite potential become your personal reality.

What Are You Hungry For? Harmony

The author of the million-copy best-seller *Ageless Body, Timeless Mind* emerges as a powerful new force in fiction with a luminously written novel about the final act of the Arthurian legend playing out in modern England. *The Return of Merlin* is a brilliantly realized narrative that begins in Arthurian times and jumps boldly to our own 20th-century dark age of war, pollution, predation, and hatred—with a message of hope.

The Book of Secrets Harper

Two bestselling authors first met in a televised Caltech debate on "the future of God," one an articulate advocate for spirituality, the other a prominent physicist. This remarkable book is the product of that serendipitous encounter and the contentious—but respectful—clash of worldviews that grew along with their friendship. In *War of the Worldviews* these two great thinkers battle over the cosmos, evolution and life, the human brain, and God, probing the fundamental questions that define the human

experience. How did the universe emerge? What is the nature of time? What is life? Did Darwin go wrong? What makes us human? What is the connection between mind and brain? Is God an illusion? This extraordinary book will fascinate millions of readers of science and spirituality alike, as well as anyone who has ever asked themselves, What does it mean that I am alive?

The Deeper Wound Harmony

Who is Jesus? In *The Third Jesus*, Deepak Chopra provides an answer that is both uplifting and challenging to current beliefs. There is not one Jesus, Chopra writes, but three. The first is the historical Jesus, the man of flesh and blood who lived more than two thousand years ago. The second Jesus is a person who never lived but is a figure created by the Church to represent thousands of years of theology and Church teaching. Behind these two images stands a third Jesus, the radical, mystical teacher who taught his followers how to change the world. In *The Third Jesus*, Chopra explores Jesus' original message, revealing a spiritual guide of profound depth and inspiration that speaks to anyone who believes in the importance of peace and love. By turning fresh eyes on the New Testament and returning to the essentials of Jesus' message, Chopra shows how the third Jesus can truly transform our lives—and humanity.

The Ultimate Happiness Prescription Spiritual Solutions

Following the events in New York in early September, Chopra addresses the feelings that have come out of them for all of us. It is also of general application in situations where one might be feeling extremely vulnerable, frighteningly angry and trying to make sense of a situation.