

## Step 1 Workbook In Spanish For

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Diversity Mosaic Participant Workbook Createspace Independent Publishing Platform

A 75th anniversary e-book version of the most important and practical self-help book ever written, Alcoholics Anonymous. Here is a special deluxe edition of a book that has changed millions of lives and launched the modern recovery movement: Alcoholics Anonymous. This edition not only reproduces the original 1939 text of Alcoholics Anonymous, but as a special bonus features the complete 1941 Saturday Evening Post article "Alcoholics Anonymous" by journalist Jack Alexander, which, at the time, did as much as the book itself to introduce millions of seekers to AA's program. Alcoholics Anonymous has touched and transformed myriad lives, and finally appears in a volume that honors its posterity and impact.

A Woman's Way through the Twelve Steps McGraw Hill Professional

Workbook Features: • Ages 6-9, Grade 1-3 Spanish Workbook • 416 pages, about 8 1/4 inches x 10 3/4 inches • Covers the Spanish alphabet, parts of speech, numbers, expressions, days and months, and more • Includes learning cards, final review, and handwriting practice • Answer key and glossary included Focused Practice: The Complete Book of Spanish Workbook for kids helps students from 1st—3rd grade build Spanish fluency and understand Spanish culture through fun activities, engaging topics, and hands-on writing practice. Correlated To Current State Standards: The lessons in this illustrated Spanish for beginners workbook are designed to help students learn Spanish as well as understand the culture through speaking, writing, and reading activities. How It Works: Each section in this Spanish learning workbook helps kids learn Spanish through easy-to-follow instructions and activities as well as handwriting practice. Students then take a final review test to reinforce what they have learned. Working Together: Designed to enhance current homeschool, classroom, and virtual Spanish curriculum, parents and teachers can support Spanish language learning using the Spanish-English glossary and answer key to check for accuracy. Why Carson Dellosa: For more than 45 years, Carson Dellosa has provided solutions for parents and teachers to help their children get ahead and exceed learning goals. Carson Dellosa supports your child's educational journey every step of the way.

**Atomic Habits** Penguin  
Written to be used in conjunction with, not instead of the "Big Book of Alcoholics anonymous." This book will help guide you through a personal experience with all "Twelve Steps" as they are outlined in the "AA Big Book." You write notes and questions from the "Big Book Awakening" into your own "Big Book" for personal consideration. After you have completed this process yourself your "Big Book" is now a powerful "working with others book" with questions and considerations that will help you work with others both one-on-one and in workshops. They themselves write the same notes into their own "Big Book" to one day do the same.

Twelve Steps and Twelve Traditions Trade Edition Simon and Schuster  
Narcotics Anonymous Step Working Guides are meant to be used by NA members at any stage of recovery, whether it's the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced members develop a deeper understanding of the Twelve Steps.

*Drop the Rock--The Ripple Effect* McGraw Hill Professional  
Encourage students to create their own learning portfolios with the Mark Twain Interactive Notebook: Language Arts for grade 7. This 64-page interactive notebook includes 28 lessons in nouns, verbs, adjectives, adverbs, prepositions, and

more. Students are encouraged to be creative, use color, and work with interactive content to gain a greater understanding of the topics covered. This workbook helps students record, store, and organize essential information and serve as resources for review and test prep. The Interactive Notebook: Language Arts Series for grades 6 through 8 is designed to allow students to become active participants in their own learning by creating interactive notebooks. Each book provides an easy-to-follow plan for setting up, creating, and maintaining interactive notebooks for the language arts classroom. Mark Twain Media Publishing Company specializes in providing engaging supplemental books and decorative resources to complement middle- and upper-grade classrooms. Designed by leading educators, this product line covers a range of subjects including mathematics, sciences, language arts, social studies, history, government, fine arts, and character.

**Spanish Now! Level 1: with Online Audio** SAGE

¿Habla español? Improve your Spanish with Dummies Spanish Workbook For Dummies is full of clear explanations and hundreds of practice activities for beginning Spanish learners. You'll learn how to express yourself, ask questions, talk about the past, and construct simple sentences—en español. As you work through the book, complete practice exercises, get lots of writing opportunities, and have tons of fun. Then check your work, with answers and explanations at the end of every chapter. Plus, you'll have access to handy verb charts, a thematic vocabulary list, and mini-dictionaries, right inside this very book. Learn the fundamentals of Spanish with integrated grammar that advances as you go Work through practice exercises and activities as you read through each chapter Improve and activate your Spanish with explanations of each workbook answer Avoid common mistakes made by Spanish learners and get ready to travel, chat with friends, or interact with colleagues This friendly Dummies workbook is perfect for beginners of all ages. If you're looking to get started with Spanish, step right in—we've got the practice, practice, practice you need to succeed.

**Writing Your Journal Article in Twelve Weeks** Crown  
This is the conference-approved companion workbook to the ACA Fellowship Text that is Adult Children of Alcoholics World Service Organization (ACA WSO) Conference Approved Literature. Adult Children of Alcoholics/Dysfunctional Families (ACA) is an independent 12 Step and 12 Tradition anonymous program.

*Madrigal's Magic Key to Spanish* John Wiley & Sons  
Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. Go from beginner's Spanish to mastery with this single, comprehensive guide! Experts agree: the quickest route to learning a language—from beginner to advanced—is through a solid grounding in grammar and well-crafted exercises that reinforce lessons in vocabulary, essential structures. This premium resource combines two bestsellers, Easy Spanish Step-by-Step and Advanced Spanish Step-by-Step into one easy-to-use guide. Following a series of logically interconnected "steps," you'll progress from the basics and essential structures to

more advanced concepts that govern how Spanish is spoken and written—including the use of preterit and imperfect tenses, commands, the present and past subjunctive, idiom, and much, much more. Complete Spanish Step-by-Step brings you: • Two bestselling books in one convenient, easy-to-use guide • Unique "building block" approach to mastering essential grammar, verbs, and vocabulary • Tools to help you begin speaking Spanish almost immediately • Audio recordings of answers to 150 exercises via the exclusive McGraw-Hill Language Lab app • Exercises to help test and measure your progress, and more *Complete Spanish Step-by-Step, Premium Second Edition* Barrons Educational Services  
An easy-to-use workbook offering a logical, systematic approach to ECG (electrocardiogram) diagnosis ECG Workbook is a practical Australian medical book approaching the ECG from a clinical diagnosis perspective. The book covers ECG diagnoses – normal and abnormal – commonly encountered in local clinical practice. Real case studies are used throughout, along with local medical content. This makes it an ideal university book for clinical year medical students in Australia and New Zealand. JMOs, nurses, paramedics and hospital-based GP trainees will also find ECG Workbook extremely useful. Each ECG in this excellent Elsevier publication is presented with a brief clinical synopsis. The reader answers structured key questions for each, creating a systematic process for ECG interpretation. ECG Workbook's in-depth coverage and logical, systematic approach enhances students' and clinicians' ability to interpret ECGs in a busy clinical setting. Includes ECGs from real cases encountered in local practice The reader is guided through the ECG to make the clinical diagnosis and decide on the appropriate management Presents pathologies as case scenarios to train the reader to interpret ECGs according to specific parameters Abnormal pathologies and normal scenarios are presented in the ECGs for the reader to analyse in order to manage the patient Incorporates local ANZ content.

Writing With Skill, Level 1: Student Workbook (The Complete Writer) Simon and Schuster

I have tutored many, many people in Math through Calculus, and I have found that if you start off with the basics and take things one step at a time – anyone can learn complex Math topics. This book has literally hundreds of example problems ranging in all levels of complexity. Each problem is broken down into bite-sized-chunks so that no one gets lost. This book will take anyone with no prior exposure to Algebra and raise their scores significantly!

**Easy Spanish Step-By-Step** 21 Steps To Stop Gambling

This three-stage new edition of this Spanish course for beginners leads to public examinations. ¡Vaya! have been consulted and their suggestions have been incorporated into this new edition. It has been written to meet the requirements of the National Curriculum and the 5-14 Guidelines. Stages 1, 2 and 3 of ¡Vaya! Nuevo should prepare students for GCSE/Key Stage 4 examinations and Standard Grade.

**Cat Traps** Alcoholics Anonymous World Services  
Twelve Steps to recovery.

**Drop the Rock** Harmony  
Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. Learn Spanish with the most convenient and effective guide from McGraw-Hill's bestselling Step-by-Step Series It has been proven that the fastest way to

learn any language is through a solid grounding in basic grammar and a mastery of high-frequency vocabulary. This approach provides the confidence and tools necessary to understanding and practicing new languages quickly and easily. Combining the bestselling Easy Spanish Step-by-Step and Advanced Spanish Step-by-Step in one volume, *The Complete Spanish Step-by-Step* introduces you to the most essential structures, verbs, and vocabulary, then will gradually lead you to a mastery of the Spanish language. Numerous exercises help chart your progress, while engaging readings let you hone your skills in everyday contexts. Unique digital support online and via an app., include:

- Flashcards for 3,000 vocabulary items with text-to-speech audio
- Audio recordings of almost 2,500 answers
- Listening practice with 37 passages spoken by native speakers

Whether learning on your own or in a classroom setting, *The Complete Spanish Step-by-Step* will quickly guide you from novice to near-fluent speaker.

#### **Interactive Notebook: Language Arts**

##### **Workbook, Grade 7** Ramsey Press

Traditional principles. Contemporary methods. Unparalleled results. This groundbreaking new writing series combines time-tested classical techniques—the imitation and analysis of great writers—with original composition exercises in history, science, biography, and literature. Skills Taught:

- One- and two-level outlining
- Writing chronological narratives, biographical sketches, descriptions, and sequences across the curriculum
- Constructing basic literary essays on fiction and poetry
- Researching and documenting source material
- First volume of four that will prepare students for high-level rhetoric and composition

Features of the program:

- Writing assignments are modeled on examples from great literature and classic nonfiction
- All source material for assignments is provided—no other books are needed
- This Student Workbook encourages independence by directing all assignments to the student
- Instructor Text (sold separately) provides scripted dialogue to use when the student has difficulty, plus detailed guidance on how to evaluate the student's work
- First volume of four that will prepare students for high-level rhetoric and composition

**Spanish Workbook For Dummies** Simon and Schuster  
Drop the Rock—The Ripple Effect provides multiple perspectives from people successfully working a Twelve Step Program, showing Step 10 as a key to a sober life free of fear and resentment and filled with serenity and gratitude. When *Drop the Rock: Removing Character Defects* was first published in 1999, it quickly became the standard resource for working Steps 6 and 7, two of the most challenging of the Twelve Steps for many people in recovery. Learning what it means to fully surrender character defects frees you to make amends with Steps 8 and 9, realize the Big Book's "Promises," and move on to Step 10. In this new follow-up resource, Fred H. explores what he calls "the ripple effect" that can be created by using Step 10 to practice Steps 6 and 7 every day and avoid picking up "the rock" again. Drawing on his years of lecturing on the Big Book of Alcoholics Anonymous and Twelve Steps and Twelve Traditions, he reveals Step 10 as the natural culmination of working the previous Steps.

##### Twelve Hours' Sleep by Twelve Weeks Old Hazelden Publishing & Educational Services

This updated edition of the combination textbook and workbook is designed as an introduction to Spanish for classroom use. The emphasis is on oral proficiency—conversational speaking and listening comprehension—but the authors also present detailed instruction in the fundamentals of Spanish grammar, vocabulary, reading comprehension, and writing in Spanish. The book is filled with exercises and answers, true-to-life dialogues, illustrations of Hispanic art, and photos that capture the flavor of Spanish culture in Spain and Latin America. In this new edition, the vocabulary sections and readings have been updated to include the latest technology, while the cultural sections now include information about the Hispanic individuals currently making a splash on the world scene.

##### **A Guide to the Big Book's Design for Living With Your Higher Power** Carson-Dellosa Publishing

The #1 New York Times bestseller. Over 20 million copies sold! Translated into 60+ languages! *Tiny Changes, Remarkable Results*

No matter your goals, *Atomic Habits* offers a proven framework for improving—every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to:

- make time for new habits (even when life gets crazy);
- overcome a lack of motivation and willpower;
- design your environment to make success easier;
- get back on track when you fall off course;
- ...and much more.

*Atomic Habits* will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits—whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

##### The Complete Book of Starter Spanish, Grades Preschool - 1 McGraw Hill Professional

Anda mungkin beruntung memiliki pekerjaan atau proyek mendatang dengan visi yang cemerlang. Namun, upaya mewujudkan visi ini sering kali tak mudah. Setiap hari Anda gampang sekali terjebak dalam berbagai hal: surel yang seolah tiada habisnya, tenggat yang molor, rapat-rapat sehabarian yang menyita waktu, dan proyek jangka panjang yang hanya berdasarkan asumsi. Sudah waktunya Anda mencoba Sprint, sebuah metode untuk memecahkan masalah dan menguji ide-ide baru, menyelesaikan lebih banyak hal dengan efisien. Buku ini ditulis Jake Knapp, mantan Design Partner Google Ventures, untuk menuntun Anda merasakan pengalaman menerapkan metode yang telah mendunia ini. Sprint mewujudkan pengekskusian ide besar hanya dalam lima hari. Menuntun tim Anda dengan checklist lengkap, mulai dari Senin hingga Jumat. Menjawab segala pertanyaan penting yang sering kali hanya disimpan di benak mereka yang sedang menguji ide/konsep/produk. Sprint juga membantu Anda lebih menikmati setiap proses. Anda bisa mengamati dan bergabung dengan ratusan dari pelaku Sprint di seluruh dunia melalui tagar #sprintweek di Twitter. Sebuah proyek besar terjadi pada 2009. Seorang insinyur Gmail bernama Peter Balsiger mencetuskan ide mengenai surel yang bisa teratur secara otomatis. Saya sangat tertarik dengan idenya—yang disebut "Kotak Masuk Prioritas"—dan merekrut insinyur lain, Annie Chen, untuk bergabung bersama kami. Annie setuju, tetapi dia hanya punya waktu sebulan untuk mengerjakannya. Kalau kami tidak bisa membuktikan bahwa ide itu bisa diterapkan dalam jangka waktu tersebut, Annie akan beralih ke proyek lainnya. Saya yakin waktunya tidak akan cukup, tetapi Annie adalah insinyur yang luar biasa. Jadi, saya memutuskan untuk menjalaninya saja. Kami membagi waktu sebulan itu ke dalam empat bagian yang masing-masing lamanya seminggu. Setiap pekan, kami menggarap desain baru. Annie dan Peter membuat purwarupa, lalu pada akhir minggu, kami menguji desain ini bersama beberapa ratus orang lainnya. Pada akhir bulan, kami menemukan solusi yang bisa dipahami dan diinginkan orang-orang. Annie tetap menjadi pemimpin untuk tim Kotak Masuk Prioritas. Dan entah bagaimana caranya, kami berhasil menyelesaikan tugas desainnya dalam waktu yang lebih singkat dari biasanya. Beberapa bulan

kemudian, saya mengunjungi Serge Lachapelle dan Mikael Drugge, dua orang karyawan Google di Stockholm. Kami bertiga ingin menguji ide perangkat lunak untuk konferensi video yang bisa dijalankan lewat peramban. Karena saya berada di kota tersebut hanya selama beberapa hari, kami bekerja secepat mungkin. Pada penghujung kunjungan saya, kami berhasil menyelesaikan purwarupanya. Kami mengirimkannya ke rekan kerja kami lewat surel dan mulai menggunakannya dalam rapat. Dalam beberapa bulan, seluruh perusahaan sudah bisa menggunakannya. (Selanjutnya, versi yang sudah dipoles dan disempurnakan dari aplikasi berbasis web tersebut dikenal sebagai Google Hangouts.) Dalam kedua kasus tersebut, saya menyadari bahwa saya bekerja jauh lebih efektif ketimbang rutinitas kerja harian saya atau ketika mengikuti lokakarya diskusi sumbang saran. Apa yang membedakannya? Saya menimbang kembali lokakarya tim yang saya gagas sebelumnya. Bagaimana kalau saya memasukkan elemen ajaib lainnya—fokus pada kerja individu, waktu untuk membuat purwarupa, dan tenggat yang tak bisa ditawar? Saya lalu menyebutkan, "sprint" desain. Saya membuat jadwal kasar untuk sprint pertama saya: satu hari untuk berbagi informasi dan mereka ide, diikuti dengan empat hari pembuatan purwarupa. Sekali lagi, tim Google menyambut baik eksperimen ini. Saya memimpin sprint untuk mendesain Chrome, Google Search, Gmail, dan proyek-proyek lainnya. Ini sangat menarik. Sprint ini berhasil. Ide-ide diuji, dibangun, diluncurkan, dan yang terbaik, kebanyakan dari ide-ide ini berhasil diterapkan dalam dunia nyata. Proses sprint menyebar di seisi Google dari satu tim ke tim lain, dari satu kantor ke kantor lain. Seorang desainer dari Google X tertarik dengan metode ini, jadi dia menjalankan sprint untuk sebuah tim di Google Ads. Anggota tim dalam sprint di Ads kemudian menyampaikannya kepada kolega mereka, dan begitu seterusnya. Dalam waktu singkat saya mendengar penerapan sprint dari orang-orang yang tidak saya kenal. Dalam perjalanannya, saya membuat beberapa kesalahan. Sprint pertama saya melibatkan empat puluh orang—jumlah yang sangat besar dan justru hampir menghambat sprint tersebut, bahkan sebelum dimulai. Saya menyesuaikan waktu yang diperlukan untuk mengembangkan ide dan pembuatan purwarupa. Saya jadi memahami mana yang terlalu cepat, terlalu lambat, hingga akhirnya menemukan yang waktu paling sesuai. Beberapa tahun kemudian, saya bertemu Bill Maris untuk membicarakan sprint. Bill adalah CEO Google Ventures, perusahaan modal ventura yang didirikan Google untuk berinvestasi pada startup-startup potensial. Dia adalah salah satu orang berpengaruh di Silicon Valley. Namun, Anda tidak akan menyangkanya dari pembawaannya yang santai. Pada sore itu, dia mengenakan pakaian khasnya, yaitu topi bisbol dan kaus dengan tulisan tentang Vermont. Bill tertarik untuk menjalankan sprint dengan startup dalam portofolio GV. Startup biasanya hanya memiliki satu kesempatan emas untuk mendesain sebuah produk yang sukses, sebelum akhirnya kehabisan dana. Sprint bisa membantu mencari tahu apakah startup-startup ini berada di jalur yang tepat sebelum akhirnya mereka bisa berkecimpung dalam tahapan yang lebih berisiko untuk membangun dan meluncurkan produk mereka. Dengan menjalankan sprint, mereka bisa mendapatkan sekaligus menghemat uang. Namun agar berhasil, saya harus menyesuaikan proses sprint ini. Saya sudah berpikir mengenai produktivitas individu dan tim selama beberapa tahun. Namun, saya hampir tidak tahu apa-apa mengenai startup dan kebutuhan bisnis mereka. Tetap saja, antusiasme Bill meyakinkan saya bahwa Google Ventures adalah tempat yang tepat untuk menerapkan sprint—sekaligus tempat yang tepat bagi saya. "Ini misi kita," ujarnya, "untuk bisa menemukan entrepreneur terbaik di muka bumi dan membantu mereka membuat dunia ini menjadi tempat yang lebih baik." Saya tentu tak bisa menolaknya. Di GV, saya bergabung dengan tiga rekan lain: Braden Kowitz, John Zeratsky, dan Michael Margolis. Bersama, kami mulai menjalankan sprint dengan startup-startup, bereksperimen dengan prosesnya, dan menguji hasilnya agar bisa menemukan cara untuk memperbaikinya. Ide-ide dalam buku ini lahir dari semua anggota tim kami. Braden Kowitz memasukkan desain berbasis cerita dalam proses sprint, sebuah pendekatan tak biasa yang berfokus pada pengalaman konsumen alih-alih komponen individu atau teknologi. John Zeratsky membantu kami memulai dari akhir sehingga tiap sprint bisa membantu menjawab berbagai pertanyaan bisnis paling penting. Braden dan John memiliki pengalaman dalam bisnis dan startup, hal yang tidak saya miliki, dan mereka menyesuaikan prosesnya untuk menciptakan fokus yang lebih baik dan keputusan yang lebih cerdas di tiap sprint. Michael Margolis mendorong kami untuk mengakhiri tiap sprint dengan pengujian di dunia nyata. Dia menjalankan riset konsumen, yang perencanaan dan pelaksanaannya bisa menghabiskan waktu berminggu-minggu, dan menemukan cara untuk mendapatkan hasil yang jelas hanya

dalam sehari. Ini benar-benar sebuah keajaiban. Kami tidak perlu lagi menebak-nebak apakah solusi kami bagus atau tidak karena di akhir tiap sprint, kami mendapatkan jawabannya. Kemudian ada Daniel Burka, seorang entrepreneur yang mendirikan dua startup sebelum menjual salah satunya ke Google dan bergabung dengan GV. Saat kali pertama menjelaskan proses sprint kepadanya, dia skeptis. Baginya, sprint terdengar seperti serangkaian proses manajemen yang rumit. Namun, dia sepakat untuk mencoba salah satunya. "Dalam sprint pertama itu, kami memangkas prosesnya dan menciptakan sesuatu yang ambisius hanya dalam sepekan. Saya benar-benar jatuh hati." Setelah kami berhasil meyakinkannya, pengalaman langsung Daniel sebagai seorang pendiri startup dan sikapnya yang tidak menoleransi omong kosong membantu kami menyempurnakan prosesnya. Sejak sprint pertama di GV pada 2012, kami telah beradaptasi dan bereksperimen. Mulanya kami mengira pembuatan purwarupa dan riset yang cepat hanya akan berhasil untuk produk berskala besar. Mampukah kami bergerak sama cepatnya jika konsumen kami adalah para ahli di berbagai bidang seperti kesehatan dan keuangan? Tanpa disangka, proses lima hari ini bisa bertahan. Proses ini sesuai untuk semua jenis konsumen, mulai dari investor sampai petani, dari onkolog sampai pemilik bisnis skala kecil. Juga bagi situs web, aplikasi iPhone, laporan medis, hingga perangkat keras berteknologi tinggi. Tidak hanya untuk mengembangkan produk, kami juga menggunakan sprint untuk menentukan prioritas, strategi pemasaran, bahkan menamai perusahaan. Proses ini berulang-ulang menyatukan tim dan menjadikan ide-ide menjadi nyata. Selama beberapa tahun belakangan, tim kami mendapatkan beragam kesempatan untuk bereksperimen dan memvalidasi ide kami mengenai proses kerja. Kami menjalankan lebih dari seratus sprint bersama dengan startup-startup dalam portofolio GV. Kami bekerja bersama, sekaligus belajar dari para entrepreneur brilian seperti Anne Wojcicki (pendiri 23andMe), Ev Williams (pendiri Twitter, Blogger, dan Medium), serta Chad Hurley dan Steve Chen (pendiri YouTube). Pada awalnya, saya hanya ingin membuat hari-hari kerja saya efisien dan berkualitas. Saya ingin berfokus pada apa yang benar-benar penting dan menjadikan waktu saya berharga—bagi saya, tim, dan konsumen kami. Kini, lebih dari satu dekade kemudian, proses sprint secara konsisten telah membantu saya meraih mimpi tersebut. Dan saya sangat senang berbagi mengenai hal tersebut dengan Anda dalam buku ini. Dengan keberuntungan, Anda bisa memilih pekerjaan Anda karena visi yang tajam. Anda ingin berbagi visi tersebut kepada dunia, baik yang berupa pesan, layanan, maupun pengalaman, dengan perangkat lunak maupun keras, atau bahkan—sebagaimana dicontohkan dalam buku ini—sebuah cerita atau ide. Namun, mewujudkan visi ini tak mudah. Gampang sekali terjebak dalam berbagai hal: surel yang seolah tiada habisnya, tenggat yang molor, rapat-rapat seharian yang menyita waktu Anda, dan proyek jangka panjang yang hanya berdasarkan asumsi. Prosesnya tidak harus selalu seperti ini. Sprint menawarkan jalur untuk memecahkan masalah-masalah besar, menguji ide-ide baru, menyelesaikan lebih banyak hal, dan melakukan semuanya dengan lebih cepat. Sprint juga membantu Anda lebih menikmati prosesnya. Dengan kata lain, Anda benar-benar harus mencobanya sendiri. Ayo kita mulai. —Jake Knapp San Francisco, Februari 2016 [Mizan, Bentang Pustaka, Manajemen, Ide, Kreatif, Inovasi, Motivasi, Dewasa, Indonesia] spesial seri bentang bisnis & startup

**Fluent Forever** Elsevier Health Sciences  
NATIONAL BESTSELLER • For anyone who wants to learn a foreign language, this is the method that will finally make the words stick. "A brilliant and thoroughly modern guide to learning new languages."—Gary Marcus, cognitive psychologist and author of the New York Times bestseller *Guitar Zero* At thirty years old, Gabriel Wyner speaks six languages fluently. He didn't learn them in school—who does? Rather, he learned them in the past few years, working on his own and practicing on the subway, using simple techniques and free online resources—and here he wants to show others what he's discovered. Starting with pronunciation, you'll learn how to rewire your ears and turn foreign sounds into familiar sounds. You'll retrain your tongue to produce those sounds accurately, using tricks from opera singers and actors. Next, you'll begin to tackle words, and connect sounds and spellings to imagery rather than translations, which will enable you to think in a foreign language. And with the help of sophisticated spaced-repetition

techniques, you'll be able to memorize hundreds of words a month in minutes every day. This is brain hacking at its most exciting, taking what we know about neuroscience and linguistics and using it to create the most efficient and enjoyable way to learn a foreign language in the spare minutes of your day.

*21 Steps To STOP Gambling: Step 1* Carson-Dellosa Publishing  
The Book That Started It All Hardcover