

## Stuck Study Guide Jennie Allen

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### Free of Me Harper Collins

God's ways don't always make sense, but He is trustworthy. Come close to Him. Trust Him more than your feelings. God will reveal Himself and fill in your missing pieces.

How to Get Unstuck Thomas Nelson Inc

Beloved pastor Steve Poe helps Christians identify and break free from the destructive patterns that are keeping them from the joy-filled, flourishing life Jesus promised. We all have both good and bad habits in our life. Creatures of Habit reveals how to remove bad habits and replace them with godly ones. But it's not a matter of working hard, of "pulling ourselves up by our bootstraps." That approach simply doesn't work. True transformation is God's work--our job is to listen, obey, and put into practice what he's already directing us to do. Steve Poe has pastored large, growing churches for more than thirty-four years, and during that time he has counseled hundreds of people. He's seen that poor choices often become bad habits that in turn cause people a lot of problems. Hundreds of things can become a bad habit in our lives, but Poe focuses on the most common, among them: anger, lust, worry, cynicism, pride, self-centeredness, and greed. Each chapter provides insights, biblical examples, and tangible tools that will help you break the bad habits that can become spiritual strongholds in your life.

Made for This Zondervan

The visionary behind the million-strong IF:Gathering challenges Christian women to discover what it means to do life with God rather than always striving to impress him, in this trade paperback edition of her perspective-shifting work, which now includes bonus material to enhance your book club experience, including discussion questions and easy-to-create recipes. All too many of us struggle under the weight of life, convinced we need to work harder to prove to ourselves, to others, and to God that we are good enough, smart enough, and spiritual enough to do the things we believe we should. Author and Bible teacher Jennie Allen invites us into a different experience, one in which our souls overflow with contentment and joy. In Nothing to Prove she calls us to... \* Find freedom from self-induced pressure by admitting we're not enough—but Jesus is. \* Admit our greatest needs and watch them be filled by the only One who can meet them. \* Make it our goal to know and love Jesus, then watch what He does in and through us. As you wade into the refreshing truth of the more-than-enough life Jesus offers, you'll experience the joyous freedom that comes to those who are determined to discover what God can do through a soul completely in love with Him. \* \* \* \* \* "These pages are what your soul is begging for" —Ann Voskamp "Nothing to Prove takes us on a journey toward freedom from the need to measure up." —Mark Batterson We love this glorious and universally resounding message." —Louie and Shelley Giglio "This book will help you take your eyes off your problems and put them back on God's promises." —Christine Caine Anything Multnomah

So many of us live stuck. Stuck trying to seem perfect. Stuck in the sadness. Stuck feeling numb. Stuck pursuing more stuff to make us happy. Stuck in something we can't even name. These stuck places often go unattended inside of us and they are shaping our lives more than we would like to think. We've been trying to fix this feeling with everything but... God. He has a plan for these spaces inside of us, the places we feel broken, but we have to go to Him. Stuck is a journey to take an honest look at the fight going on inside, leading us to the God who has a plan to restore it, to restore us. This guide serves as a tool to prepare you in leading this Stuck study and to help you, the leader, understand how to lead a group effectively and meet the needs of the various types of learners in your group. This leader's guide provides you with helpful tips to effectively point your women to the overarching theme of each lesson, and explains how to use the session tools, including the video, the personal study projects, and the conversation cards. Designed for use with Stuck Video Study 9780849922541 and Stuck Study Guide 9781418548742 (sold separately).

He Is Enough - Bible Study Book Moody Publishers

Bestselling author Randy Alcorn uncovers the revolutionary key to spiritual transformation: joyful giving! Jesus' life-changing formula guarantees not only kingdom impact, but immediate pleasure and eternal rewards.

The Girl's Still Got It Thomas Nelson

"Matt Heard writes winsomely and compellingly, answering that quiet aching so many people — yes, even Christians — have that there must be more to life.... I highly recommend Life With a Capital L!" —Joni Eareckson Tada, Joni and Friends International Disability Center What is it that you long for? Dream about? Hunger after? We all desire more than just the endurance of our daily routines. But often we feel limited and stuck — like we're merely existing instead of living. That's not the way it was meant to be. God intends the humanity in each of us to be deeply experienced, lavishly enjoyed, and exuberantly celebrated. In fact this is what the gospel is all about. Yes, the gospel. Contrary to conventional thinking — inside and outside the church — following Jesus is not about denying our humanness but embracing it. Rather than acting more spiritual or being more religious, we're called and enabled to become more fully human... and alive. Matt Heard escorts us on a journey of discovery: that Jesus didn't come to save us from our humanity — Christ instead yearns to restore it to what God originally intended. Matt then explores ten key areas where everyday life can become extraordinary Life. Christ promised we could "live life to the full." He didn't just mean eventually. Life with a Capital L is the Life you are longing for. Now.

Restless Ask Thomas Nelson

You don't have anything to prove. Too many of us walk through life feeling as if we don't measure up. We always seem to thirst for more. We think if we could only work harder or be better, we could be enough. But the truth is, we will never be enough. And thankfully, we don't have to be. In this 8-session study, Jennie Allen walks through key passages in the

Book of John to demonstrate how only Jesus is enough. We don't have to prove anything because Jesus has already proven everything. Discover how our thirsty hearts can only be quenched by the living water. Features: - Leader helps to guide questions and discussions within small groups Seven weeks of personal study segments to complete between eight weeks of group sessions Five days of study within each week of personal study Benefits: - Learn to take hold of what has already been given to you in Christ - Stop trying to prove yourself because Jesus has already proven everything - Look to Jesus for your satisfaction - Overflow with Christ's abundance, and bring life to others - Remind yourself of who you are in Christ with Scripture - Grow in biblical literacy with this exploration of the Gospel of John The Life You Long For Zondervan

A beautiful invitation to discover your place in God's heart and let him set the pace for your life—from a wife and mother, singer-songwriter, and worship leader for Passion Conferences and IF:Gathering "Christy Nockels is a gentle, strong voice shepherding us into a fuller life with Jesus at the very center. This book will restore your weary soul." —Jennie Allen, New York Times bestselling author of Get Out of Your Head and founder and visionary of IF:Gathering Christy Nockels knows firsthand how easily our desire to serve God—even when using the gifts He has given us—can overshadow our delight in simply being with Him. When God called her to lay down her ministry for a season, Christy was forced to confront how her sense of purpose and worth had become tangled up in her work. God then lovingly invited her to discover true rest in His presence as she learned to live as the Beloved. In The Life You Long For, Christy shows us how to let go of hustle and achievement and instead find our identity in the quiet center of God's love. As we delight in being with Him, we are filled to overflowing with contentment and love that propel us into an entirely new way of being, one in which every act of service and every encounter with the people around us arise from a heart at rest. With irresistible warmth and grace, this book calls you to step fully into the life you didn't even realize you've been seeking, as you find your highest calling not in a duty to uphold but in a beautiful identity to live out.

Restless DVD Based Study Kit Thomas Nelson

Do You Feel Like You're Missing Something? Jennie Allen, founder of If:Gathering, directs you on how to find the best way to use your spiritual gifts. What if this feeling wasn't a bad thing? It could be a longing for more of God and a catalyst to living the life that was designed before the foundations of the earth were laid. A lot of us, if we're honest, are afraid. We hold our dreams close to our chest. But our passions have a purpose—they were engineered for God's greater plan and he intends for us to use them for his glory and purposes. In Restless, Bible teacher and fellow struggler Jennie Allen explores practical ways to identify the threads of your life and how to intentionally weave them together. She explains how your gifts, passions, places, and relationships aren't random; they're deliberate and meaningful. And your suffering—it's possible it has produced the very thing you want to give back to the world. Using the story of Joseph, the dreamer, Jennie explains how his suffering, gifts, relationships—all of the threads of his life—fit into the greater story of God and how our stories can do the same. What would happen if God got bigger than your fear and insecurity, and you spent the rest of your life running without reservation after his purposes for you? You were created for more. To dive deeper into the Restless message, additional resources such as a DVD study and leader/participant guide books are available.

Understanding Spiritual Gifts Stuck Study Guide

Women feel the storm activity all around. We find ourselves teetering somewhere between everyday chaos and crisis. We can feel a storm brewing, we are in the middle of a storm, or we are facing the aftermath of a storm. But don't be afraid because it is possible to grow through turbulent times. Storms show you what's really going on inside, reveal what you really believe, and actually make you stronger. In this powerful book Sheila will help you: Redefine your failures as a new beginning instead of an end. Replace the words always and never in your life with positive declarations of hope. Know with confidence how to help a friend in chaos or crisis.

She's Still There Thomas Nelson

What are spiritual gifts? Author and pastor Sam Storms has spent several decades teaching on the topic of the spiritual gifts and equipping believers in the faithful practice of God's gifts. Yet there remains a great deal of confusion about the nature of the gifts and how they best function in the body of Christ. In this comprehensive guide to the spiritual gifts, Storms addresses the many bizarre and misleading interpretations that abound and confronts the tendency to downplay the urgency of spiritual gifts for Christian living and ministry. He explains how spiritual gifts, both the more miraculous and the somewhat mundane, are given to build up the body of Christ. God has graciously provided these "manifestations of the Spirit" so that believers might encourage, edify, strengthen, instruct, and console one another, all with a view to an ever-increasing, incremental transformation into the image of Jesus Christ.

Throughout this guide, Storms unpacks the glorious truth that there is a supernatural and divine energy or power that fills and indwells the body and soul of every born-again believer. God does not call upon us to speculate about the nature of this power or to embrace it as a mere idea. His desire is that we avail ourselves of it to partner with him in his purposes on the earth. His desire is that we cry out to him that he might intensify, expand, increase, and deepen the manifestation of this power through us in ever more demonstrative and tangible ways in our lives. Understanding Spiritual Gifts is useful as a reference to address common questions about the gifts, but it also serves as a training manual for using and exercising the gifts in ministry. It is perfect for any individual or group who wants to grow in their understanding of the gifts for today.

Life with a Capital L HarperChristian Resources

This is a book about discovering what we really need. There are a lot of second-best options, but we weren't made to live a second-best life. Finding what we actually need is different than what we are often offered. There are many books full of opinions, steps and programs. This isn't one of them. This is about craving the things that matter. Things that

don't just work, but last. In a life that may seem to be all fun and games with an endless supply of balloons, author Maria Goff shows how this life is also lived with intentionality, passionate purpose, and a little planning—all of which make a life rich in legacy. But she had to figure out the help she needed first in order to live the beautiful life God wanted for her and wants for us. Love Lives Here is a collection of stories that include the ways Maria and her husband, Bob, navigated family their way, without clear instructions or a road map. It's about what they learned to make their lives meaningful and whimsical and how they created a space for their family to grow together while they reached outward. "What a gift to read Love Lives Here and find within it a friend who is as authentic and inviting as Maria Goff. Through her earnest telling of the stories of her life, she provides greater meaning to all our lives. We were thrilled to read this book." Donald Miller (bestselling author of Blue Like Jazz and Scary Close) with Betsy Miller "Grace is a contagious force we all crave and Maria contains so much grace it floods you from just a short time with her. May these pages overwhelm you with God's love, and hope that Maria knows so well." Jennie Allen, Founder of IF: Gathering and Author of Nothing to Prove Tyndale House Publishers, Inc.

In this seven-session study, Jennie covers the breadth of God's plan for His people from Genesis to Revelation and participants will discover how five life patterns can transform the way they connect with others.

Your Story for His Glory B&H Publishing Group

We live in a culture that's all about self, becoming the best "me" I can be instead of becoming like Jesus. This me-centered message affects every area of our lives--our friendships, our marriages, even our faith--and it breaks each one in different ways. The self-focused life robs our joy, shrinks our souls, and is the reason we never quite break free of insecurity. In this book, Sharon Hodde Miller invites us into a bigger, Jesus-centered vision--one that restores our freedom and inspires us to live for more. She helps readers - identify the secret source of insecurity - understand how self-focus sabotages seven areas of our lives - learn four practical steps for focusing on God and others - experience freedom from the burden of self-focus Anyone yearning for a purpose bigger than "project me" will cherish this paradigm-shifting message of true fulfillment.

Creatures of Habit Abingdon Press

Stuck Study Guide Thomas Nelson Inc

The Church Planting Wife Baker Books

Stopping the spiral of toxic thoughts. In Get Out of Your Head, a six-session video-based Bible study, Jennie inspires and equips us to transform our emotions, our outlook, and even our circumstances by taking control of our thoughts. Our enemy is determined to get in our heads to make us feel helpless, overwhelmed, and incapable of making a difference for the kingdom of God. But when we submit our minds to Christ, the promises of goodness of God flood our lives in remarkable ways. It starts in your head. And from there, the possibilities are endless. This Kit serves as a tool to prepare you in leading this Get Out of Your Head study and to encourage you along the way. It helps you as the leader to effectively point your group to the overarching theme of each lesson and point them to the themes of each study. Tools included in the Kit: Study: The study guide uses projects, stories, and Bible study to engage the mind and heart. There are six weeks of Bible study for your group. See: Six short but deep videos provide a starting place for meeting God and for transparent conversations. Each video is approximately 18 minutes long. Ask: Conversation cards offer questions for spontaneous and authentic discussion time. You choose the questions that speak to you. Lead: The leader's guide prepares you to lead this study and encourages you along the way. Sessions include: Introduction: Spiraling Out (17:00) Make the Shift (18:00) Weapons We Use, Part I (17:00) Weapons We Use, Part II (15:00) A New Way to Live (17:00) A Mind Like Christ (18:30) The Get Out of Your Head video-based study Kit includes DVD, Study Guide, Leader's Guide, and Conversation Cards.

You Are Never Alone Baker Books

We are often so stuck in invisible struggles in our hearts and minds, we barely have space for God. These deep struggles, these stuck places, are familiar to every one of us: brokenness, anger, discontentment, fear, and sadness. Stuck takes on these struggles within us so that we can encounter God. Because until we recognize that we are stuck and in need of God, we will miss what He has for us. Designed for use with the Stuck DVD-based study (9781418548735), this companion study guide breaks the mold of typical women's curriculum. Story, Bible study, and simple but highly interactive projects play a major role. From drawing, journaling, or interacting with the homeless, women will have the opportunity to connect with each other and Scripture in deep and authentic ways. Features include: 8 sessions Simple but highly interactive projects Story-driven teaching Scripture study

It's Okay Not to Be Okay Thomas Nelson

Stopping the spiral of toxic thoughts. Are your thoughts holding you captive? Jennie Allen knows what it's like to swirl in a spiral of destructive thoughts, such as I'll never be good enough. Other people have better lives than I do. God couldn't really love me. But Jennie also knows we don't have to stay stuck in toxic thinking patterns. As she discovered in her own life, God built a way for us to escape that downward spiral. Freedom comes when we refuse to be victims to our thoughts and realize we have already been equipped with power from God to fight and win the war for our minds. In Get Out of Your Head, a six-session video-based Bible study, Jennie inspires and equips us to transform our emotions, our outlook, and even our circumstances by taking control of our thoughts. Our enemy is determined to get in our heads to make us feel helpless, overwhelmed, and incapable of making a difference for the kingdom of God. But when we submit our minds to Christ, the promises and goodness of God flood our lives in remarkable ways. It starts in your head. And from there, the possibilities are endless. Sessions include: Introduction: Spiraling Out Make the Shift Weapons We Use, Part I Weapons We Use, Part II A New Way to Live A Mind Like Christ Designed for use with Get Out of Your Head Video Study (9780310116394), sold separately. Streaming video, Leader's Guide, and Conversation Cards are also available.

The Storm Inside Gospel Light Publications

How to Get Unstuck introduces readers to the ten core principles at the heart of becoming an effective person whose life genuinely flourishes and impacts others positively. Bad news first: we all get stuck. It's a fact of life. But the good news is that it is possible to get unstuck and overcome the obstacles to doing great work and getting the right things done. The question becomes: How do you get "unstuck" in your productivity in both work and life—and how to do it in a spiritually healthy way? Matt Perman—author of What's Best Next and director of career development at The King's College, NYC—has spent his career helping people learn how to do work in a gospel-centered and effective way, combining theological substance with practical self-management. In How

to Get Unstuck, he will walk you step-by-step through the core principles that free you to be more effective in everything you do by helping you: Understand how you get stuck and what your obstacles are. Prepare to get unstuck by grappling with who you are and how you see yourself. Develop a practice of personal management. Overcome obstacles and adapt to unforeseen problems. Drawing on the wisdom of the Bible and on the best of today's research, How to Get Unstuck shows believers and non-believers alike how to live productive, integrated lives and develops a poignant portrayal of true effectiveness. \*Included is a detailed plan for getting started using the principles and applying them to real life situations.

Women of Worth Crossway

In Restless, an 8-session, video-based small group Bible study, Bible study teacher and author Jennie Allen helps you discover a practical plan to identify the threads of your life and how to intentionally weave them together for God's glory and purposes. Restless explores this important question: "Do I matter?" And Jennie asks, "We livewith lots of things, lots of people...but do we live for something?" Using the story of Joseph, Jennie explains how his suffering, gifts, story, and relationships fit into the greater story of God-and how our stories can do the same. Then she also introduces Threads-a tool to help you see your own personal story and to uncover and understand the raw materials God has given you to use for his glory and purpose while on this planet. The lessons in this study guide are engaging and interactive, offering in-depth Bible study, personal stories, and projects enabling the teaching to move off the page and into your life. Designed for use with Restless: A DVD Study.