
The Art Of Captaincy Mike Brearley

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Following On Duke University Press

Wearing the "C" insignia on the uniform--a badge of honor reserved for team captains--is professional hockey's highest honor, and this study discusses how many of the NHL's all-time greatest players were captains. This exciting new book--an entertaining and enlightening blend of hockey stories and leadership lessons--reveals the secrets of hockey's greatest captains by asking questions such as "What does it take to lead a team to championship? What are the keys to overcoming unexpected adversity?" and "How does a captain manage strong egos from

diverse backgrounds into a unified, focused team?" To get the inside story, author Ross Bernstein interviewed more than 100 of the all-time greatest captains, assistant captains, and head coaches, including Wayne Gretzky, Scotty Bowman, Phil Esposito, and Joe Sakic. An ideal book for any hockey fan, this work recounts some of the greatest moments in NHL history.

Bob Woolmer's Art and Science of Cricket Coronet

'The man-management skills demonstrated by Brearley's handling of Ian Botham remain an inspiration' Nasser Hussain 'A subtle, wise book' Ed Smith 'The Art of Captaincy was, and is, an outstanding book. I would add only three words which I always bear in mind. Keep it simple'

Richie Beneau In 1981, Mike Brearley captained England to a momentous Ashes series victory over Australia, an achievement widely regarded as one of the greatest feats in the history of English cricket. In so doing, he cemented his place as one of the most successful cricket captains of all time. In The Art of Captaincy, his treatise on leadership and motivation, Brearley draws directly on his experience of man-managing a team which included a pugnacious Ian Botham and Geoffrey Boycott. He explains what it takes to be a leader on and off the field, offers insight into his tactical understanding of the game, and shows how

to get a group of individuals to work as a team. The Art of Captaincy is a classic handbook on how to generate, nurture and inspire success. With a new introduction by former England player and BBC commentator Ed Smith to celebrate the thirtieth anniversary of its first publication, The Art of Captaincy remains indispensable for cricket fans and business leaders alike. Covering intuition, resourcefulness, clear-headedness and the importance of empathy as a means of achieving shared goals, Brearley's seminal account of captaincy is the ultimate blueprint for creating a winning mind set, and shows how lessons learned in the sporting arena can be applied to any walk of personal and professional life.

Random House

Mike Atherton is the most articulate and perceptive captain of English cricket since Mike Brearley. He was also one of the most determined batsmen of the nineties, and as an opener, a vital component of the England team. Atherton has played professional cricket for Lancashire and England for 15 years, despite a serious back complaint. He represented England in 115 Test matches and captained his

country on a record 54 occasions. His recovery from a difficult situation in 1995 (when he was accused of ball tampering during the first Test match against South Africa at Lord's) proved a tough hurdle, yet one that would strengthen his resolve. His autobiography contains many serious observations about world cricket, as well as humorous asides and perceptive insights into the game. A born writer, this is Atherton in his own words. Ashes Summer Vintage Whatever your biggest goals are in life, learning to think like an athlete is a game changer. If you ask research psychologist Noel Brick and bestselling fitness author and journalist Scott Douglas, the "dumb jock" stereotype is way out of bounds. Modern advances in sports psychology confirm what fans have known all along: No world-class athlete—whether an Olympic runner, swimmer, or cyclist, or a pro basketball, baseball, or football player—gets to the top without a strong mental game. Champion competitors have unique ways of taking stock of a situation, self-motivating, and even thinking about time. Cutting-edge discoveries (including those by Dr. Brick) reveal exactly how they do it—and how we can, too. You don't need to be facing a literal hurdle to use elite athletes' tool kits of strategies: They can help you stick the landing at a job interview or get your thesis to the finish line. Brick and Douglas pair groundbreaking science with a highlight reel of instructive moments from across the sports realm to show how legendary marathoner Meb

Keflezighi runs on self-talk and how making if-then plans at practice buoyed Michael Phelps to a gold medal at the Olympics. Wherever you are in your own ambitions—from the "middle muddle" to the final stretch—The Genius of Athletes will put you right in the zone.

Wearing the C The Experiment

Mike Brearley was one of England's greatest captains, thrice winning the Ashes, including the memorable series of 1981. He also led Middlesex to four county championships and two Gillette Cup wins. In this first-ever biography of Brearley, Mark Peel assesses the many facets of his complex personality to explain his phenomenal success as a leader.

Superyacht Captain Cassell

The Art of Captaincy Pan Macmillan

Watto The Art of Captaincy

The incredible story of how one man inspired a nation of underdogs to achieve sporting greatness. It is late summer 2013. Ben Ryan, a red-

haired, 40-something, spectacle-wearing Englishman, is given 20 minutes to decide whether he wants to coach Fiji's rugby sevens team, with the aim of taking them to the nation's first-ever Olympic medal. He has never been to Fiji. There has been no discussion of contracts or salary. But he knows that no one plays rugby like the men from these isolated Pacific islands, just as no one plays football like the kids from the Brazilian favelas, or no one runs as fast as the boys and girls from Jamaica's boondocks. He knows too that no other rugby nation has so little - no money and no resources, only basic equipment and a long, sad history of losing its most gifted players to richer, greedier nations. Ryan says yes. And with that

simple word he sets in motion an extraordinary journey that will encompass witchdoctors and rugby-obsessed prime ministers, sun-smeared dawns and devastating cyclones, intense friendships and bitter rows, phone taps and wild nationwide parties. It will end in Rio with a performance that not only wins Olympic gold but reaches fresh heights for rugby union and makes Ben and his 12 players living legends back home.

The Ashes Retained

University of Chicago Press

In the early 80s, 20 West Indian cricketers were paid more than \$100,000 each to take part in rebel tours of apartheid South Africa. When they returned home to the Caribbean they were banned for life and shunned by their countrymen. Some turned to drugs, some to God, while others

found themselves begging on the streets. This is their untold story. On Form White Owl Mike Brearley is one of the most successful cricket captains of all time, and, in 1981, he captained the England team to the momentous Ashes series victory against Australia. In *The Art of Captaincy*, his treatise on leadership and motivation, he draws directly on his experience of managing a team, which included a pugnacious Ian Botham and Geoffrey Boycott, to explain what it takes to be a leader on and off the field. Giving an insight into both his tactical understanding of the game, as well as how to get a group of individuals playing as a team in order to get the best out of them, *The Art of Captaincy* is a classic handbook on how to generate, nurture and inspire success. With a new introduction by former England player and BBC commentator

Ed Smith, to celebrate the thirtieth anniversary of its first publication, *The Art of Captaincy* remains urgently relevant for cricket fans and business leaders alike. Covering the ability to use intuition, resourcefulness, clear-headedness and the importance of empathy as a means of achieving shared goals, Brearley's seminal account of captaincy is both the ultimate blueprint for creating a winning mind set, but also shows how the lessons in the sporting arena can be applied to any walk of personal and professional life.

The Captains of Thor
Independently Published
If someone were to say 'it's not tennis', or 'not football' of shabby behaviour in any walk of life, he or she would not be understood. If they said 'it's not cricket', they probably would be (though less reliably than a century ago).

Is there some special spirit of cricket? The laws of cricket, like the laws of the land, aim at a sort of justice or balancing between different factions. The purpose behind cricket's laws, and behind changes in them, is often to calibrate the balance in the game between batsmen and bowlers, between attack and defence, between safety and risk. Cricketing lawmakers are interested in the overall appeal of the game to players and spectators alike. In *Spirit of Cricket*, Mike Brearley alternates between issues and examples within the game - from 'Mankading' and the 'Sandpaper' affair to sledging, mental disintegration and racism - as well as broader issues such as the spirit and letter of the law. Brearley examines the issue of how far what purports to be justice (in law or in spirit) may or may not be the expression of the powerful within the activity or within society. He also contrasts cheating and corruption, and reflects on the nature of penalties in regard to each. He discusses the significance of the notion of the spirit of the game for umpires, groundsmen, administrators, media and spectators - and, of course, for players. Intelligent and insightful, *Spirit of Cricket* points to qualities in cricket that enhance our development as people - including a sense of fair play, the embracing of striving both for our team and for ourselves and the important values of playfulness in life and professional sport.

It's Always Summer Somewhere
Constable
In 1985 Mike Brearley published *The Art of Captaincy*, revealing how he steered Middlesex and England to victory with his team of first-class cricketers. He got the absolute best out of his players, inspiring Ian Botham to new heights against the Australians in 1981. Few cricketers have had a greater impact

on the amateur game than these two. Every captain would love Brearley's degree in people, as well as a hardhitting all-rounder like Botham. But theirs was a barely recognisable game from the one we play on often dishevelled grounds up and down the country with ragtag teams of ageing, deluded or hungover friends and acquaintances. Now, Charlie Campbell offers us a New Testament to Brearley's Old Testament, as he guides us through the realities of captaining an amateur team. Herding Cats picks its way through the minefield of an amateur's season: from the excitement and hope of pre-season nets, to the desperate scramble to gather 11 players for a frosty game on a far-flung, desolate pitch; from decoding the casual phrase 'I bat a bit', to setting a field of players who can't catch or throw; from handling the most delicate egos, to dealing with a case of the yips; from frequent moments of despair, to sudden and joyful glimpses of unexpected glory. For all those of us who recognise ourselves, our

teammates, our friends and partners in the shambling joy of amateur cricket more than in the top-class international game, Campbell lights a path through a weekend world of play at the beating heart of the world's second most popular sport.

On Cricket Pan Macmillan

There are many cricket books, and they are all the same. 'Don't Tell Goochie', autobiographical insights of nights on the tiles in Delhi with Lambie and the boys; 'Fruit cake days', a celebrated humourist recalls 'ball' - related banter of yore; and Wisden, a deadly weapon when combined with a thermos flask. Rain Men is different. Like the moment the genius of Richie Benaud first revealed itself to you, it is a cricketing epiphany, a landmark in the literature of the game. Shining the light meter of reason into cricket's incomparable madness, Marcus Berkmann illuminates all the

obsessions and disappointments that the dedicated fan and pathologically hopeful clubman suffers year after year - the ritual humiliation of England's middle order, the partially-sighted umpires, the battling average that reads more like a shoe size. As satisfying as a perfectly timed cover drive, and rather easier to come by, Rain Men offers essential justification for anyone who has ever run a team-mate out on purpose or secretly blubbed at a video of Botham's Ashes.

That Will Be England Gone Constable
The book is for anyone involved in playing or coaching cricket, and for all levels. The Psychology of Cricket teaches individuals to develop mental toughness by using mental skills which can be used in both practice and match situations, and provides expert advice on understanding the important ingredients of successful teams and leaders.
The Art of

Captaincy The History Press In Superyacht Captain, a professional at the zenith of one of the world's most lavish and exclusive industries gives a rare insight into a career that makes for eyebrow-raising reading, as entertaining as it is instructive. The tale of an ordinary boy whose career takes him on a most extraordinary journey, this book begins with Brendan messing about in boats in a sleepy coastal Australian town, and ends with him becoming one of the most successful and respected superyacht captains in the industry - the consummate 'Billionaire's Captain'. Spanning two decades and circling the globe, his story draws readers into the real world of superyachts, their crew and their owners, in the most intimate of ways. Brendan weaves in the lessons he's learned as he's progressed from deck hand to captain, and these insights are valuable for anyone leading teams with demanding objectives. As captain, Brendan was expected to achieve excellence every single time, and here he reveals how he learnt to deal with the 'everyday' demands of the job as well as emergency situations. Surprisingly humble and self aware, in a world of glitter and extravagance you can see why he's trusted. All of this is told against a backdrop of seemingly impossible glamour at the most extravagant edge of the boating spectrum, with plenty of entertaining stories of the superyacht lifestyle. A brilliant read for all sailors and motorboaters, for the many superyacht fans out there, as well as anyone interested in leadership and management techniques from someone at the top of their game, working for those who define the rules of the game. **'Oi, Key'** Macmillan Was it the captain's fault, as many said? Or did the company, the Coast Guard and the American Bureau of Shipping all have a hand on the helm of the SS El Faro as she steered too close to Hurricane Joaquin? This is an examination of a tragedy that has been well-researched and investigated -- heroically so at times -- by the United States Coast Guard and the National Transportation Safety Board. Three very well-done books have been

published. All of these efforts produced detailed recommendations and observations and all are publicly available. I commend them to you. My effort touches on the broad sweep and events of the tragedy and investigation, but if you want the detailed story of the final voyage of the ship, you're better off with the other books. My main goal here is to show how the SS El Faro fit into a larger system and culture -- one that I have been covering off and on as a journalist and author for 38 years. It's this system, I feel, that will result in another SS El Faro someday unless it is reformed. Another note on style. My preference in non-fiction is "narrative." In other words, whenever I can, I

tell a story and show what is happening; I prefer that to "telling" the reader, because I think "showing" is more readily absorbed. Humans learn through stories. Story telling rather than a lecture better illustrates the emotions at play here, as well as the moods, culture and vibe of the ship and the industry. This does not mean I take a pure poetic license. The dialogue quoted here is real, not made up. The material is factual.

Engleby Bloomsbury Publishing
The Cricket World Cup in 2019 was the first to be held in England for 20 years and expectations were high. It did not disappoint. Over six weeks and 48 matches it showcased the best that the one-day game has to offer, with compelling individual performances and spellbinding matches

- all culminating in England's unforgettable victory over New Zealand in the final. The Times England's World Cup gives you a chance to relive the drama as it happened with the best of cricket writers.

Ponting HarperCollins
***** A BBC RADIO 4 BOOK OF THE WEEK & SUNDAY TIMES BESTSELLER "Felix White's beautifully, elegantly and passionately written book reminds me why I love cricket so much. And reading, come to that." - Stephen Fry
"The love of cricket is both communal and individual. Felix has a wonderful knack of evoking both in a book full of life, joy and resilience." - Gideon Haigh
"Whether you love cricket or are still confused by the rules of the game, you'll love this. Felix's writing is warm and witty. A joy to read." - Ciaran Lloyd
Felix White, for reasons often beyond him, has always been deeply in love with cricket. His passion for the game is at the fore on the BBC's number one cricket podcast and 5Live show, Tailenders,

which he co-presents with Greg James and Jimmy Anderson. It's Always Summer Somewhere is his funny, heartbreaking and endlessly engaging love letter to the game. Felix takes us through his life growing up in South West London and describes how his story is forever punctuated and given meaning by cricket. Through his own exploits as a slow left arm spinner of 'lovely loopy stuff', to the tragic illness of his mother, life with The Maccabees and his cricket redemption, Felix touches on both the comedic and the tragic in equal measure. Throughout, there's the ever-present roller coaster of following the England cricket team. The exploits of Tufnell (another bowler of 'lovely loopy stuff'), Atherton, Hussain et al, are given extra import through the eyes of a cricket-obsessed youth. Felix meets them at each signposted moment to find out what was really behind those moments that gave cricket fans everywhere sporting memories that would last forever, sending the book into an exploration of grief, transgenerational displacement and how the people we've known and things we've loved culminate and take expression in our lives. It's Always Summer Somewhere is an incredibly honest detail of a life lived with cricket. It offers a sense of genuine empathy and understanding not just with cricket fans, but sports and music fans across the world, in articulating our reasons for pouring so much meaning into something that we simply cannot control. Culminating in the heart-stopping World Cup Final in 2019, the book finally answers that question fans have so often asked... what is it about this game?

The Genius of Athletes
 NYU Press

'Fascinating and insightful . . . lifts the curtain to reveal the inner workings of international cricket. A must-read for any cricketer, coach or fan' Eoin Morgan 'This path-breaking book should be compulsory reading for commentators and captains - and all cricket fans' Mervyn King 'Clever and original but also wise' Ed Smith How valuable is winning the toss? And how should captains use it to their advantage? Why does a cricket ball swing? Why don't Indians bat left-handed? What is a good length and why? Why are leg-spinners so successful in T20 cricket? Why did England win the World Cup? Why do all Test bowlers bowl at either 55 or 85mph? Why don't they pitch it up? All cricketers long to know the answer to these questions and many more. Only fifteen years ago it would have been difficult to answer them - cricket was guided only by decades-old tradition and received wisdom. Data has changed everything. Today we can track every ball to within millimetres; its release point, speed and bounce point are measured as are how much the ball swings, how much it deviates off the pitch, the exact height and line that it passes the stumps, and multiple other variables. Hitting Against the Spin is the story of that data, and what it can tell us about how cricket really works. Leading cricket thinkers Nathan Leamon and Ben Jones lift the lid on international cricket and explain its

hidden workings and dynamics - the forces that shape cricket and, in turn, the cricketers who play it. They analyse the unseen hands that determine which players succeed and which fail, which tactics work and which don't, which teams win and which lose. They also explore the new world of franchise cricket as well as the rapid evolution of the T20 format.

Revolutionary in its insights, *Hitting Against the Spin* takes you on a fascinating whistle-stop tour of modern cricket and sports analytics, bringing cricket firmly into the twenty-first century by revealing its long-kept secrets. This is the most important cricket book in decades.

Hitting Against the Spin

Triumph Books
LONGLISTED FOR THE
WILLIAM HILL SPORTS
BOOK OF THE YEAR

What is being on form? How does it relate to feeling 'in the zone'? Are these states in the lap of the gods, a matter of which side of the bed we got out of that morning? Or is

there anything we can do to make their arrival more likely? In this fascinating book, former England cricket captain and psychoanalyst Mike Brearley examines many of the elements of being in and out of form across a number of different disciplines - not only in cricket and psychoanalysis but also in finance, music, philosophy, medicine, teaching, tree surgery and drama. Drawing on his own experiences, both on and off the field, Brearley describes various states of mind, from the conscious determination involved in training and practice through to that almost spiritual state of being 'inspired'. To achieve any level of form requires us to be able to hold different tensions in mind, and to

tolerate both ambivalence and ambiguity. Neither form nor creativity can be guaranteed - Brearley illustrates in depth the frequent ways we lose form - though understanding, in a full sense, enables us to make drastic loss of form less likely. Perceptive and engaging, *On Form* is an exploration of the benefits and risks of being on form and can help us all reflect on the range of conditions that block or liberate us. PRAISE FOR THE ART OF CAPTAINCY: 'A work of real substance, valued for its practicality and its precision as well as its balanced humanity and insight' Hilary Mantel 'The best book on captaincy, written by an expert' Mike Atherton 'A subtle, wise book' Ed Smith 'The man-management skills demonstrated

by Brearley's characteristics you
handling of Ian might expect. They
Botham remain an were unorthodox
inspiration' Nasser outliers -
Hussain 'The Art of disagreeable,
Captaincy was, and marginally skilled,
is, an outstanding hot-headed,
book. I would add occasionally
only three words unhinged,
which I always bear athletically sub-
in mind. Keep it par, poor verbal
simple' Richie communicators,
Benaud while off the field
The Art of they were private
Captaincy Allen & loners who avoided
Unwin the limelight

"The captain class"
draws on a lifetime
of sports
spectatorship and
two decades of
sports reporting to
tell the surprising
story of what makes
teams exceptional.
Sam Walker had been
searching for the
sporting holy
grail, a unifying
theory of what
makes teams win
when he discovered
certain
similarities in
cases of sustained
greatness in teams
across a number of
sports. They were
all lead by a
certain type of
captain, but not
one with the