
The Barefoot Executive The Ultimate Guide For Being Your Own Boss Achieving Financial Freedom Hardback Common

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Confessions of the Pricing Man Thomas Nelson Inc

"An emotional journey of love, loss, healing, and redemption. I

rooted for every character." -Lisa See, New York Times and USA Today bestselling author of Snow Flower and The Secret Fan "I Liked My Life is a treasure of a novel. Warm-hearted and clever, the story will keep you reading until the final delicious revelation." -Diane

Chamberlain, New York Times and USA Today bestselling author "Warm and hopeful, this marvelous debut stands next to novels from Catherine McKenzie and Carolyn Parkhurst." -Booklist (starred) In the tradition of Jodi Picoult and Where'd You Go,

Bernadette? comes a story from debut author Abby Fabiaschi that is "as absorbing as it is illuminating, and as witty as it is heartbreaking." Maddy is a devoted stay-at-home wife and mother, host of excellent parties, giver of thoughtful gifts, and bestower of a searingly perceptive piece of advice or two. She is the cornerstone of her family, a true matriarch...until she commits suicide, leaving her husband Brady and teenage daughter Eve heartbroken and reeling, wondering what happened. How could the exuberant, exacting woman they loved disappear so abruptly, seemingly without reason, from their lives? How they can possibly continue without her? As they sift through details of her last days, trying to understand the woman they thought they knew, Brady and Eve are forced to come to terms with unsettling truths. Maddy, however, isn't ready to leave her family forever. Watching from beyond, she tries

to find the perfect replacement for herself. Along comes Rory: pretty, caring, and spontaneous, with just the right bit of edge...but who also harbors a tragedy of her own. Will the mystery of Maddy ever come to rest? And can her family make peace with their history and begin to heal? **The Mindful Leader** Time Inc. Books

Explores the homogenization of American culture and the impact of the fast food industry on modern-day health, economy, politics, popular culture, entertainment, and food production. **The Barefoot Executive** Everest Media LLC
Because Zenon creates trouble at her space station home somewhere in the Milky Way, her parents send her to her grandparent's farm on Earth to work for the summer. *Happy Self* Penguin
NATIONAL BESTSELLER • The astonishing and hugely entertaining story that completely changed the way we run. An epic adventure that began with one

simple question: Why does my foot hurt? "Equal parts quest, physiology treatise, and running history.... The climactic race reads like a sprint.... It simply makes you want to run." —*Outside Magazine*
Isolated by Mexico's deadly Copper Canyons, the blissful Tarahumara Indians have honed the ability to run hundreds of miles without rest or injury. In a riveting narrative, award-winning journalist and often-injured runner Christopher McDougall sets out to discover their secrets. In the process, he takes his readers from science labs at Harvard to the sun-baked valleys and freezing peaks across North America, where ever-growing numbers of ultra-runners

are pushing their bodies to the limit, and, finally, to a climactic race in the Copper Canyons that pits America's best ultra-runners against the tribe. McDougall's incredible story will not only engage your mind but inspire your body when you realize that you, indeed all of us, were born to run.

The Last Course Simon & Schuster
The Barefoot Executive Thomas Nelson Inc
The Friday Night Knitting Club Tuttle Publishing
The ultimate guide to becoming an extraordinary leader – while finding happiness, gaining authenticity, and banishing stress Integrating proven mindfulness practices and world-class

leadership theory, The Mindful Leader is the essential guide for self-aware leadership. The book simplifies mindfulness principles and links them solidly to business benefits. It provides a practically-grounded template for leaders to develop unprecedented levels of self awareness, wellbeing and effectiveness. Research findings throughout the book detail the positive impact of mindfulness from the perspectives of brain science, psychology and leadership. International case studies from a variety of industries illustrate the everyday implementation of mindful leadership. You'll learn easy mindfulness practices that you can implement today and a practical

framework for everyday mindful leadership. You'll also be given access to online resources for vision reflections, values clarification, mindfulness practices and more. Mindful leadership is a hot topic – but it's not as simple as "when you become mindful, great leadership will spontaneously happen." This book serves as both mindfulness training and leadership training, clarifying the parallel while guiding you through the many points of intersection. Improve your leadership skills via context-specific mindfulness practices Learn mindfulness from a practical perspective, with real workplace skills Discover how leaders from around the world

practice mindful leadership every day Understand the neuroscience link between mindfulness and great leadership Learn practices that deliver a deeper sense of integrity, authenticity, fulfillment and bottom-line results improvement Mindfulness provides real, practical tools for self-awareness, mental wellbeing, stress reduction and more. When practiced through a leadership lens, it becomes much more than just another leadership guide. Mindfulness transforms leadership as a whole, delivering real, lasting change that transcends typical leadership training. For a clear, concise framework of mindfulness at work, *The Mindful Leader* is the ideal guide for those serious

about effective, sustainable leadership. [Business Boutique](#) Houghton Mifflin Harcourt NEW YORK TIMES BESTSELLER • “[Furst] glides gracefully into an urbane pre – World War II Europe and describes that milieu with superb precision.” —Janet Maslin, *The New York Times* In the autumn of 1940, Russian émigré journalist I. A. Serebin is recruited in Istanbul by an agent of the British secret services for a clandestine operation to stop German importation of Romanian oil—a last desperate attempt to block Hitler’s conquest of Europe. Serebin’s race against time begins in

Bucharest and leads him to Paris, the Black Sea, Beirut, and, finally, Belgrade; his task is to attack the oil barges that fuel German tanks and airplanes. *Blood of Victory* is a novel with the heart-pounding suspense, extraordinary historical accuracy, and narrative immediacy we have come to expect from Alan Furst. Praise for *Blood of Victory* “Densely atmospheric and genuinely romantic, the novel is most reminiscent of the Hollywood films of the forties, when moral choices were rendered not in black-and-white but in smoky shades of gray.” —*The New Yorker* “Furst’s achievement is a moral one, producing a powerful testament to fiction’s ability to re-

create the experience of others, and why it is so deeply important to do so. ” —Neil Gordon, The New York Times Book Review

“ Richly atmospheric and satisfying. ” —Deirdre Donahue, USA Today

The Art of the Start 2.0 Clarkson Potter

In Sara Moulton's Home Cooking 101, Sara helps answer that eternal question, "What's for dinner?" This must-have resource combines 150-plus all-new recipes with time-tested methods that elevate meals from everyday to extraordinary. Sara guides readers every step of the way, from including detailed instructions in every recipe to ensure the dish comes out

perfectly every time to tips about selecting ingredients and balancing flavors. Bright color photographs and straightforward techniques show how easy it is to build flavors in a pan for a one-dish dinner, bake seafood in parchment for a quick healthy meal, and turn fresh seasonal produce into scene-stealing side dishes. Readers will find recipes to please every palate, including a whole chapter of vegetarian and vegan options. Enjoy fresh-tasting classics such as Sautéed Lemon Chicken with Fried Capers, Steak with Pickled Salsa Verde, and No-Knead Walnut Rosemary Bread, along with inspired new dishes such as Smashed Crispy Jerusalem Artichokes and Seared Scallop

Salad with Spicy Watermelon Vinaigrette. Home Cooking 101 also features contributions from some of Sara's favorite fellow chefs, including Rick Bayless, Amanda Cohen, Hiroko Shimbo, Jacques Torres, Marc Vetri, and Grace Young. Sara's signature mix of energy and warmth makes this invaluable resource a joy to cook from, proving that even a quick weeknight meal can be fun and easy.

Sara Moulton's Home Cooking 101 John Wiley & Sons

Cook all your favorite Chinese dishes at home with this easy-to-follow Chinese cookbook! Growing up in a

Chinese household in Malaysia where cuisine and culture were inseparable, Bee Yinn Low developed a deep love and appreciation for food. Her early memories of helping her mother prepare steamy and fragrant Chinese meals solidified into a way of life for Bee as a working woman in Southern California. A love of Chinese food didn't translate well to a modern Western lifestyle due to time and ingredient constraints. Rather than give up her favorite foods, Bee experimented with recreating the unforgettable flavors of her youth with her limited time and using ingredients found in local supermarkets. She managed to develop versions of her favorite Chinese dishes that had all the taste—but were a lot less work! In *Easy Chinese Recipes*, Bee shares her passion and expertise in Chinese cooking. It features a collection of Bee's all-time favorite dishes—the foods she loves to cook and eat at home. She includes updated traditional family recipes along with her own versions of the best Chinese restaurant dishes from around Asia. Favorite Chinese recipes include: Crispy Shrimp Dumplings Kung Pao Chicken Sweet-and-Sour Pork Homestyle Chow Mein Noodles Mongolian Beef And many more... Building off her passion, expertise and the avid following she has on her website, rasamalaysia.com, the Internet's most popular Asian food and cooking site, *Easy Chinese Recipes* is sure to become the go-to book for cooks interested in creating Chinese meals at home.

Escape From Cubicle Nation
Createspace Independent
Publishing Platform
THE #1 NEW YORK
TIMES BESTSELLER Once
a week, an eclectic group of
women comes together at a
New York City yarn shop to
work on their latest
projects—and share the stories
of their lives... At the center of
Walker and Daughter is the
shop ' s owner, Georgia, who
is overwhelmed with juggling
the store and single-handedly
raising her teenage daughter.
Happy to escape the demands
of her life, she looks forward to
her Friday Night Knitting

Club, where she and her
friends—Anita, Peri, Darwin,
Lucie, and KC—exchange
knitting tips, jokes, and their
deepest secrets. But when the
man who once broke
Georgia ' s heart suddenly
shows up, demanding a role in
their daughter ' s life, her
world is shattered. Luckily,
Georgia ' s friends are there for
encouragement, sharing their
own tales of intimacy,
heartbreak, and miracle-
making. And when the
unthinkable happens, these
women will discover that what
they ' ve created isn ' t just a
knitting club: it ' s a sisterhood.

Eight Dates Grand Central
Publishing
The incredible story of the
man behind TOMS Shoes and
One for One, the revolutionary
business model that marries
fun, profit, and social good
“ A creative and open-hearted
business model for our
times. ” —The Wall Street
Journal Why this book is for
you: • You ' re ready to
make a difference in the
world—through your own start-
up business, a nonprofit
organization, or a new project
that you create within your
current job. • You want to
love your work, work for what

you love, and have a positive impact on the world—all at the same time. • You're inspired by charity: water, method, and FEED Projects and want to learn how these organizations got their start. • You're curious about how someone who never made a pair of shoes, attended fashion school, or worked in retail created one of the fastest-growing footwear companies in the world by giving shoes away. • You're looking for a new model of success to share with your children, students, co-workers, and members of your community. You're ready to

start something that matters. With every book you purchase, a new book will be provided to a child in need. One for One.™
The Daily Show (The Book)
Simon and Schuster
From one of America's most respected journalists and modern historians comes the highly acclaimed, "splendid" (The Washington Post) biography of Jimmy Carter, the thirty-ninth president of the United States and Nobel Prize – winning humanitarian. Jonathan

Alter tells the epic story of an enigmatic man of faith and his improbable journey from barefoot boy to global icon. Alter paints an intimate and surprising portrait of the only president since Thomas Jefferson who can fairly be called a Renaissance Man, a complex figure—ridiculed and later revered—with a piercing intelligence, prickly intensity, and biting wit beneath the patented smile. Here is a moral exemplar for our times, a flawed but underrated president of decency and vision who was

committed to telling the truth first. “ One of the best in a confronting the white
to the American people. celebrated genre of terrorism around him helped
Growing up in one of the presidential biography, ” power his quest for racial
meanest counties in the Jim (The Washington Post), His justice at home and abroad;
Crow South, Carter is the Very Best traces how Carter an obscure, born-again
only American president who evolved from a timid, bookish governor whose brilliant
essentially lived in three child—raised mostly by a 1976 campaign demolished
centuries: his early life on the Black woman the racist wing of the
farm in the 1920s without farmhand—into an Democratic Party and took
electricity or running water ambitious naval nuclear him from zero percent to the
might as well have been in engineer writing passionate, presidency; a stubborn
the nineteenth; his presidency never-before-published love outsider who failed politically
put him at the center of letters from sea to his wife amid the bad economy of the
major events in the twentieth; and full partner, Rosalynn; a 1970s and the seizure of
and his efforts on conflict peanut farmer and civic American hostages in Iran
resolution and global health leader whose guilt over but succeeded in engineering
set him on the cutting edge of staying silent during the civil peace between Israel and
the challenges of the twenty- rights movement and not Egypt, amassing a historic

environmental record, moving the government from tokenism to diversity, setting a new global standard for human rights and normalizing relations with China among other unheralded and far-sighted achievements. After leaving office, Carter eradicated diseases, built houses for the poor, and taught Sunday school into his mid-nineties. This “ important, fair-minded, highly readable contribution ” (The New York Times Book Review) will change our

understanding of perhaps the most misunderstood president in American history.

The Lean Startup Stylus Publishing, LLC

The author of The Perfect Recipe shares the secrets of fine entertaining while presenting two hundred of her favorite recipes, all adapted for large numbers of guests, along with a selection of more than one hundred mix and match accompaniments, from appetizers to desserts, helpful shortcuts, make ahead preparation, serving suggestions, and variations.

Perfect Recipes for Having People Over Springer

There is a movement of women stepping into their God-given gifts to make money doing what they love. If you're ready to join them, this is your handbook that will take the ideas in your head and the dream in your heart and turn them into action. *Help you create a step-by-step, customized plan to start and grow your business. *Show you how to manage your time so you can have a business- and life- that you love. *Explain overwhelming business stuff like pricing, taxes, and budgeting in simple terms. *Teach you how to use marketing to reach the right people in the right way.

The Next Best Thing epubli
A near-future America tips
toward civil war. Border
states degenerate into lawless
territories led by
demagogues. Can one
woman stop them?
Girlfriends Simon and
Schuster
Most startups fail. But many
of those failures are
preventable. The Lean
Startup is a new approach
being adopted across the
globe, changing the way
companies are built and new
products are launched. Eric
Ries defines a startup as an

organization dedicated to
creating something new
under conditions of extreme
uncertainty. This is just as
true for one person in a
garage or a group of
seasoned professionals in a
Fortune 500 boardroom.
What they have in common
is a mission to penetrate that
fog of uncertainty to discover
a successful path to a
sustainable business. The
Lean Startup approach
fosters companies that are
both more capital efficient
and that leverage human
creativity more effectively.

Inspired by lessons from lean
manufacturing, it relies on
“ validated learning, ” rapid
scientific experimentation, as
well as a number of counter-
intuitive practices that
shorten product development
cycles, measure actual
progress without resorting to
vanity metrics, and learn
what customers really want.
It enables a company to shift
directions with agility,
altering plans inch by inch,
minute by minute. Rather
than wasting time creating
elaborate business plans, The
Lean Startup offers

entrepreneurs—in companies of all sizes—a way to test their vision continuously, to adapt and adjust before it's too late. Ries provides a scientific approach to creating and managing successful startups in a age when companies need to innovate more than ever.

The Perfect Life Bridge Logos Inc Discover proven, "over-the-top" strategies and techniques to take you and your business to an entirely new level of success and profitability. Read this book with an open mind, and you'll find the ideas and wisdom you need to truly transform your business.

The Interstitial Cystitis Solution
Ninestar Press

Whether you're newly together and eager to make it work or a longtime couple looking to strengthen and deepen your bond, Eight Dates offers a program of how, why, and when to have eight basic conversations with your partner that can result in a lifetime of love. "Happily ever after" is not by chance, it's by choice – the choice each person in a relationship makes to remain open, remain curious, and, most of all, to keep talking to one another. From award-winning marriage

researcher and bestselling author Dr. John Gottman and fellow researcher Julie Gottman, Eight Dates offers an ingenious and simple-to-implement approach to effective relationship communication. Here are the subjects that every serious couple should discuss: Trust. Family. Sex and intimacy. Dealing with conflict. Work and money. Dreams, and more. And here is how to talk about them—how to broach subjects that are difficult or embarrassing, how to be brave enough to say what you really feel. There are also suggestions

for where and when to go on each date—book your favorite romantic restaurant for the Sex & Intimacy conversation (and maybe go to a yoga or dance class beforehand). There are questionnaires, innovative exercises, real-life case studies, and skills to master, including the Four Skills of Intimate Conversation and the Art of Listening. Because making love last is not about having a certain feeling—it ' s about both of you being active and involved.

Bobby Flay's Throwdown!
Wildcat Canyon
"How to Win Friends and Influence People" is one of the

first best-selling self-help books ever published. It can enable you to make friends quickly and easily, help you to win people to your way of thinking, increase your influence, your prestige, your ability to get things done, as well as enable you to win new clients, new customers. *Twelve Things This Book Will Do For You:* Get you out of a mental rut, give you new thoughts, new visions, new ambitions. Enable you to make friends quickly and easily. Increase your popularity. Help you to win people to your way of thinking. Increase your influence, your prestige, your ability to get things done.

Enable you to win new clients, new customers. Increase your earning power. Make you a better salesman, a better executive. Help you to handle complaints, avoid arguments, keep your human contacts smooth and pleasant. Make you a better speaker, a more entertaining conversationalist. Make the principles of psychology easy for you to apply in your daily contacts. Help you to arouse enthusiasm among your associates. Dale Carnegie (1888-1955) was an American writer and lecturer and the developer of famous courses in self-improvement, salesmanship,

corporate training, public speaking, and interpersonal skills. Born into poverty on a farm in Missouri, he was the author of *How to Win Friends and Influence People* (1936), a massive bestseller that remains popular today.

Hooked on the Book Currency

Today's kids have adopted sedentary lifestyles filled with television, video games, and computer screens. But more and more, studies show that children need rough and tumble outdoor play in order to develop their sensory, motor, and executive

functions. In this important book, a pediatric occupational therapist explains why unrestrained movement and outdoor play are "vital" for children's cognitive development, and offers fun, engaging activities to help ensure that kids grow into healthy, balanced, and resilient adults."