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# The Essential Epicurus Great Books In Philosophy

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Oxford

Handbook of  
Epicurus and  
Epicureanism  
Open Road  
Media  
Throughout  
history, some  
books have

changed the  
world. They  
have  
transformed the  
way we see  
ourselves - and  
each other.  
They have

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inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them. Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are. Elegant, insightful and startlingly modern, the philosophy of Lucretius deeply influenced the

course of European thought; here, he provides one of the first accounts of atomic theory, argues that there can be no life of the soul after death, and explores the sickness that we call love.

Nietzsche and

Epicurus Penguin

A short, smart guide to living the good life through the teachings of Epicurus. As long as there has been human life, we've searched for what it means to be happy. More than two thousand years ago, the Greek philosopher Epicurus came to his own conclusion: all we really want in life is

pleasure. Though today we tend to associate the word "Epicurean" with indulgence in the form of food and wine, the philosophy of Epicurus was about a life well lived even in the hardest of times. As John Sellars shows in this concise, approachable guide, the ideal life envisioned by Epicurus and his followers was a life much more concerned with mental pleasures and the avoidance of pain. Their goal, in short, was a life of tranquility or contentment. In *The Pocket Epicurean* Sellars walks us through the history of Epicureanism, starting with the private garden on the edge of ancient Athens where Epicurus and his students lived in the

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fourth century BC, and where women were as welcome as men. Sellars then moves on to ancient Rome, where Epicurean influence flourished thanks to the poet Lucretius and his cohort. Throughout the book, Sellars draws on the ideas of Epicurus to offer a constructive way of thinking about the pleasures of friendship and our place in the world.

Phaedrus  
Hachette UK

This is the first English translation of a compelling and highly original reading of Epicurus by Jean-Marie Guyau. This book has long been recognized as one of the best and most concerted attempts to explore one of the most important, yet controversial ancient philosophers whose thought, Guyau claims, remains vital to modern and contemporary culture. Throughout the text we are introduced to the origins of the philosophy of pleasure in Ancient Greece, with Guyau clearly demonstrating how this idea persists through the history of philosophy and how it is an essential trait in the Western tradition. With an introduction by Keith Ansell-Pearson and Federico Testa, which contextualizes the work of Guyau within the canon of French thought, and notes on both further reading and on Epicurean scholarship more generally, this translation also acts as a critical introduction to the philosophy of Guyau and

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## Epicurus.

### Travels with Epicurus

Bloomsbury

Publishing

This volume explores

Nietzsche's decisive

encounter with the

ancient philosopher,

Epicurus. The

collected essays

examine many

previously

unexplored and

underappreciated

convergences, and

investigate how

essential Epicurus

was to Nietzsche's

philosophical project

through two

interrelated

overarching themes:

nature and ethics.

Uncovering the

nature of Nietzsche's

reception of, relation

to, and movement

beyond Epicurus,

contributors provide

insights into the

relationship between

suffering, health and

philosophy in both

thinkers; Nietzsche's

stylistic analysis of

Epicurus; the ethics of

self-cultivation in

Nietzsche's

Epicureanism;

practices of eating and

thinking in Nietzsche

and Epicurus; the

temporality of

Epicurean pleasure;

the practice of the gay

science, and

Epicureanism and

politics. The essays

also provide creative

comparisons with the

Stoics, Hobbes, Mill,

Guyau, Buddhism,

and more. Nietzsche

and Epicurus offers

original and

illuminating

perspectives on

Nietzsche's relation to

the Hellenistic

thinker, in whom

Nietzsche saw the

embodiment of the

practice of philosophy

as an art of existing.

How to Be an

Epicurean Lulu.com

'It is impossible to

live the pleasant life

without also living

sensibly, nobly and

justly' The ancient

Greek philosopher

and teacher

Epicurus argued that

pleasure - not

sensual hedonism,

but the absence of

pain or fear - is the

highest goal of life.

His hugely

influential lessons on

happiness are a call

to appreciate the joy

of being alive. One

of twenty new books

in the bestselling

Penguin Great Ideas

series. This new

selection showcases

a diverse list of

thinkers who have

helped shape our

world today, from

anarchists to stoics,

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feminists to prophets, and eternal; and satirists to Zen Buddhists. The Discourses of Epictetus BoD – Books on Demand For Epicurus, the purpose of philosophy was to attain the happy, tranquil life, characterized by peace and freedom from fear, the absence of pain, and by living a self-sufficient life surrounded by friends. He taught that pleasure and pain are the measures of what is good and evil; death is the end of both body and soul and should therefore not be feared; the gods neither reward nor punish humans; the universe is infinite

events in the world are ultimately based on the motions and interactions of atoms. Although much of Epicurus' written work has been lost, the remaining principle doctrines and his letters featured in this book provide an insight into the Epicurean school of thought, which was originally based in the garden of his house and thus called The Garden. Epicurus in Rome Cambridge University Press Vivid, enjoyable and comprehensible, the poet and pre-eminent translator Stephen Mitchell makes the oldest epic poem in the world accessible for

the first time. Gilgamesh is a born leader, but in an attempt to control his growing arrogance, the Gods create Enkidu, a wild man, his equal in strength and courage. Enkidu is trapped by a temple prostitute, civilised through sexual experience and brought to Gilgamesh. They become best friends and battle evil together. After Enkidu's death the distraught Gilgamesh sets out on a journey to find Utnapishtim, the survivor of the Great Flood, made immortal by the Gods to ask him the secret of life and death. Gilgamesh is the first and remains one of the most

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important works of world literature. Written in ancient Mesopotamia in the second millennium B.C., it predates the Iliad by roughly 1,000 years. Gilgamesh is extraordinarily modern in its emotional power but also provides an insight into the values of an ancient culture and civilisation. The Five Great Philosophies of Life Lulu.com This Companion presents both an introduction to the history of the ancient philosophical school of Epicureanism and also a critical account of the major areas of its philosophical interest. Chapters

span the school's history from the early Hellenistic Garden to the Roman Empire and its later reception in the Early Modern period, introducing the reader to the Epicureans' contributions in physics, metaphysics, epistemology, psychology, ethics and politics. The international team of contributors includes scholars who have produced innovative and original research in various areas of Epicurean thought and they have produced essays which are accessible and of interest to philosophers, classicists, and anyone concerned with the diversity and preoccupations of

Epicurean philosophy and the state of academic research in this field. The volume emphasises the interrelation of the different areas of the Epicureans' philosophical interests while also drawing attention to points of interpretative difficulty and controversy. Sensation and Sex Cambridge University Press A comprehensive and up-to-date exploration of ancient Greek ethical thought, investigating the figures, movements, and themes of this branch of philosophy.

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<u>Epicurea</u> Clarendon Press	Plato and Confucius to modern thinkers	the soul, class struggle, moral
What existed before the Universe was created?	such as Chomsky and Derrida and follow charts and timelines that	purpose, and good and evil. If you're curious about the deeper questions in
Where does self-worth come from?	graphically show the progression of ideas and logic.	life, The Philosophy Book is both an
Do the ends always justify the means?	Written in plain English, with concise	invaluable reference and illuminating
The Philosophy Book answers the most profound questions we all have. It is your visual guide to the fundamental nature of existence, society, and how we think. Discover what it means to be free, whether science can predict the future, or how language shapes our thoughts. Learn about the world's greatest philosophers, from	explanations of branches of philosophy such as metaphysics and ethics, it untangles complicated theories and makes sense of abstract concepts. It is an ideal reference whether you're a student or a general reader, with simple explanations of big ideas, including the four noble truths,	read. <u>Being Happy</u> Good Press Contains The Discourses/Fragments/Enchiridion 'I must die. But must I die bawling?' Epictetus, a Greek Stoic and freed slave, ran a thriving philosophy school in Nicopolis in the early second century AD. His animated discussions were celebrated for their

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rhetorical wizardry and were written down by Arrian, his most famous pupil. The Discourses argue that happiness lies in learning to perceive exactly what is in our power to change and what is not, and in embracing our fate to live in harmony with god and nature. In this personal, practical guide to the ethics of Stoicism and moral self-improvement, Epictetus tackles questions of freedom and imprisonment, illness and fear, family, friendship and love.

Translated and Edited with an Introduction by Robert Dobbin  
Epicureanism: A Very Short Introduction  
Createspace Independent Publishing Platform  
The New York Times bestselling author of The Geography of Bliss embarks on a rollicking intellectual journey, following in the footsteps of history ' s greatest thinkers and showing us how each—from Epicurus to Gandhi, Thoreau to Beauvoir—offers

practical and spiritual lessons for today ' s unsettled times. We turn to philosophy for the same reasons we travel: to see the world from a different perspective, to unearth hidden beauty, and to find new ways of being. We want to learn how to embrace wonder. Face regrets. Sustain hope. Eric Weiner combines his twin passions for philosophy and travel in a globe-trotting pilgrimage that uncovers surprising life lessons from great thinkers around the world, from Rousseau to



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Nietzsche, Confucius to Simone Weil. Traveling by train (the most thoughtful mode of transport), he journeys thousands of miles, making stops in Athens, Delhi, Wyoming, Coney Island, Frankfurt, and points in between to reconnect with philosophy's original purpose: teaching us how to lead wiser, more meaningful lives. From Socrates and ancient Athens to Beauvoir and 20th-century Paris, Weiner's chosen philosophers and places provide important practical and spiritual lessons as we navigate today's chaotic times. In a "delightful" odyssey that "will take you places intellectually and humorously" (San Francisco Book Review), Weiner invites us to voyage alongside him on his life-changing pursuit of wisdom and discovery as he attempts to find answers to our most vital questions. The Socrates Express is "full of valuable lessons...a fun, sharp book that draws readers in with its apparent simplicity and bubble-gum philosophy approach and gradually pulls them in deeper and deeper" (NPR). The Philosophy of Epicurus Farrar, Straus and Giroux This volume offers authoritative discussions of all aspects of the philosophy of Epicurus (340-271 BCE) and then traces Epicurean influences throughout the Western tradition. It is an unmatched resource for those wishing to deepen their knowledge of Epicureanism's powerful arguments about death, happiness, and the nature of the material world.

[Principal Doctrines & Letter to](#)

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Menoceus Great  
Books in Philosophy  
The Essential  
Epicurus Great  
Books in Philosophy  
Principal Doctrines  
Penguin UK  
Advice on achieving  
a fulfilling old age  
from one of the  
bestselling authors of  
Plato and a Platypus  
Walk into a Bar . . .  
After being advised  
by his dentist to get  
tooth implants,  
Daniel Klein decides  
to stick with his  
dentures and instead  
use the money to  
make a trip to the  
Greek island Hydra  
and discover the  
secrets of aging  
happily. Drawing on  
the inspiring lives of  
his Greek friends  
and philosophers  
ranging from  
Epicurus to Sartre,

Klein uncovers the  
simple pleasures that  
are available late in  
life, as well as the  
refined pleasures that  
only a mature mind  
can fully appreciate.  
A travel book, a witty  
and accessible  
meditation, and an  
optimistic guide to  
living well, *Travels  
with Epicurus* is a  
delightful jaunt to the  
Aegean and through  
the terrain of old age  
that only a free spirit  
like Klein could lead.  
*The Birth of  
Hedonism* Simon  
and Schuster  
Epicurus's  
Principal Doctrines  
and his Letter to  
Menoceus are  
presented in this  
excellent edition  
which includes  
multiple

translations, the  
original Greek, plus  
supplementary  
essays on  
Epicureanism by  
respected scholars.  
In the 3rd century  
B.C. Epicurus  
became renowned  
for developing a  
system of moral  
and social  
philosophy which  
was popular during  
ancient times.  
Epicureanism  
underwent a  
resurgence among  
intellectuals,  
scholars and  
Christian believers  
during the  
Enlightenment era.  
A prodigious  
author during his  
lifetime, tragically  
most of the works  
Epicurus wrote are

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lost, with only a handful of texts remaining extant for study in the present day. Epicurus advocated a peaceful existence defined by modest living; cultivation of inner peace and fearlessness; surrounding oneself in personal tranquility with worthy friends and family members as good company; and the observation of justice. The Principal Doctrines list forty core beliefs of Epicureanism; each tenet ranges between a single sentence and a single paragraph in length, and explains or instructs a given	subject from the Epicurean point of view. Personal conduct and concepts such as just laws are among the subjects present. Letter to Menoeceus is a surviving personal correspondence famous for succinctly expressing many of the ethical traits of Epicureanism. Epicurus proscribes advice to his friend, and by extension other individuals wishing to follow his philosophy; the pursuit of knowledge; pleasure defined as an absence of bodily pain or mental anguish;	and a modest lifestyle. This edition of Epicurus's writings is perfect for scholarly study and contemplation. The original Greek of both texts is present, while three contrasting interpretations of the Principle Doctrines are offered. To further stimulate the reader's interests, three lengthy essays by scholars of the 17th and 19th centuries shed insight both on the philosophy itself, and how it came to renewed regard in the eyes of Enlightenment-era scholars.
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Epicurus And The Pleasant Life  
Penguin  
The Roman statesman, philosopher and playwright Lucius Annaeus Seneca dramatically influenced the progression of Western thought. His works have had an unparalleled impact on the development of ethical theory, shaping a code of behavior for dealing with tyranny in his own age that endures today. This Companion thoroughly examines the complete Senecan

corpus, with special emphasis on the aspects of his writings that have challenged interpretation. The authors place Seneca in the context of the ancient world and trace his impressive legacy in literature, art, religion, and politics from Neronian Rome to the early modern period. Through critical discussion of the recent proliferation of Senecan studies, this volume compellingly illustrates how the perception of Seneca and his particular type of Stoicism has

evolved over time. It provides a comprehensive overview that will benefit students and scholars in classics, comparative literature, history, philosophy and political theory, as well as general readers.

Tending the Epicurean Garden  
Courier Corporation  
TABLE OF CONTENTS:  
Introduction The ancient biography of Epicurus The extant letters Ancient collections of maxims Doxographical reports The testimony of Cicero The testimony of Lucretius The polemic of Plutarch Short fragments and testimonia from known works: \* From On Nature \* From the

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<p>Puzzles * From On the Goal * From the Symposium * From Against Theophrastus * Fragments of Epicurus' letters Short fragments and testimonia from uncertain works: * Logic and epistemology * Physics and theology * Ethics Index</p> <p>The Essential Epicurus Penguin UK</p> <p>A leading philosopher shows that if the pursuit of happiness is the question, Epicureanism is the answer</p> <p>Epicureanism has a reputation problem, bringing to mind gluttons with gout or an admonition to eat, drink, and be</p>	<p>merry. In How to Be an Epicurean, philosopher Catherine Wilson shows that Epicureanism isn't an excuse for having a good time: it's a means to live a good life. Although modern conveniences and scientific progress have significantly improved our quality of life, many of the problems faced by ancient Greeks -- love, money, family, politics -- remain with us in new forms. To overcome these obstacles, the Epicureans adopted a philosophy that promoted reason,</p>	<p>respect for the natural world, and reverence for our fellow humans. By applying this ancient wisdom to a range of modern problems, from self-care routines and romantic entanglements to issues of public policy and social justice, Wilson shows us how we can all fill our lives with purpose and pleasure.</p> <p>Epicurus on the Self Profile Books</p> <p>The brilliant writings of a highly influential Greek philosopher, with a foreword by Daniel Klein, author of Travels with Epicurus The</p>
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teachings of Epicurus—about life and death, religion and science, physical sensation, happiness, morality, and friendship—attracted legions of adherents throughout the ancient Mediterranean world and deeply influenced later European thought. Though Epicurus faced hostile opposition for centuries after his death, he counts among his many admirers Thomas Hobbes, Thomas Jefferson, Karl Marx, and Isaac Newton. This volume includes all

of his extant writings—his letters, doctrines, and Vatican sayings—alongside parallel passages from the greatest exponent of his philosophy, Lucretius, extracts from Diogenes Laertius' *Life of Epicurus*, a lucid introductory essay about Epicurean philosophy, and a foreword by Daniel Klein, author of *Travels with Epicurus* and coauthor of the *New York Times* bestseller *Plato and a Platypus Walk into a Bar*. For more than sixty-five years, Penguin has been the leading

publisher of classic literature in the English-speaking world. With more than 1,500 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.