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The Essential Epicurus Independently Published

For over 2000 years, philosophy has been our best guide to the experience of being human, and the true nature of reality. From Aristotle, Plato, Epicurus, Confucius, Cicero and Heraclitus in ancient times to 17th century rationalists Descartes, Leibniz and Spinoza, from 20th-century greats Jean-Paul Sartre, Jean Baudrillard and Simone de Beauvoir to contemporary thinkers Michael Sandel, Peter Singer and Slavoj Zizek, 50 Philosophy Classics explores key writings that have shaped the discipline and had an impact on the real world. Philosophy can no longer be confined to academia, and 50 Philosophy Classics shows how powerful it can be as a tool for opening our minds and helping us think. Whether you are fascinated or daunted by the big questions of how to think, how to be, how to act and how to see, this is the perfect introduction to some of humanity's greatest minds and their landmark books.

The Cambridge Companion to Ancient Ethics Routledge

Both in antiquity and ever since the Renaissance Lucretius' *De Rerum Natura* has been admired – and condemned – for its startling poetry, its evangelical faith in materialist causation, and its seductive advocacy of the Epicurean good life. *Approaches to Lucretius* assembles an international team of classicists and philosophers to take stock of a range of critical approaches to which this influential poem has given rise and which in turn have shaped its interpretation, including textual criticism, the text's strategies for engaging the reader with its author and his message, the 'atomology' that posits a correlation of the letters of the poem with the atoms of the universe, the literary and philosophical intertexts that mediate the poem, and the political and ideological questions that it raises. Thirteen essays take up a variety of positions within these traditions of interpretation, innovating within them and advancing beyond them in new directions.

Epicurus in Rome Cambridge University Press

What do we really need in order to live a happy life? An Epicurean antidote to anxiety Over two thousand years ago the Greek philosopher Epicurus offered a seemingly simple answer: all we really want is pleasure. Today we tend to associate the word 'Epicurean' with the enjoyment of fine food and wine and decadent self-indulgence. But, as philosopher John Sellars shows, these things are a world away from the vision of a pleasant life developed by Epicurus and his followers who were more concerned with mental pleasures and avoiding pain. Their goal, in short, was a life of tranquillity. In this uplifting and elegant book, Sellars walks us through the history of Epicureanism from a private garden on the edge of ancient Athens to the streets of Rome, showing us how it can help us think anew about joy, friendship, nature and being alive in the world.

The Essential Plotinus Bloomsbury Publishing

This volume offers authoritative discussions of all aspects of the philosophy of Epicurus (340-271 BCE) and then traces Epicurean influences throughout the

Western tradition. It is an unmatched resource for those wishing to deepen their knowledge of Epicureanism's powerful arguments about death, happiness, and the nature of the material world.

The Swerve Independently Published

Advice on achieving a fulfilling old age from one of the bestselling authors of *Plato and a Platypus Walk into a Bar* . . . After being advised by his dentist to get tooth implants, Daniel Klein decides to stick with his dentures and instead use the money to make a trip to the Greek island Hydra and discover the secrets of aging happily. Drawing on the inspiring lives of his Greek friends and philosophers ranging from Epicurus to Sartre, Klein uncovers the simple pleasures that are available late in life, as well as the refined pleasures that only a mature mind can fully appreciate. A travel book, a witty and accessible meditation, and an optimistic guide to living well, *Travels with Epicurus* is a delightful jaunt to the Aegean and through the terrain of old age that only a free spirit like Klein could lead.

Oxford Handbook of Epicurus and Epicureanism Cambridge University Press

A comprehensive and up-to-date exploration of ancient Greek ethical thought, investigating the figures, movements, and themes of this branch of philosophy.

The Five Great Philosophies of Life DigiCat

"No one is too young or too old to know what happiness is." This is how the way to happiness begins according to Epicurus, the famous founder of one of the most important schools of thought of the Hellenistic and Roman age. Happiness, which individuals yearn so much for, becomes something really easy to get. In this "Letter on happiness" Epicurus reflects on the real meaning of happiness and then reveals you how you can achieve it . You can read and read to it again, with a smile on your face ! Translated by Alessandra Bottacin

Epicurus on the Self University of Chicago Press

Contains *The Discourses/Fragments/Enchiridion* 'I must die. But must I die bawling?' Epictetus, a Greek Stoic and freed slave, ran a thriving philosophy school in Nicopolis in the early second century AD. His animated discussions were celebrated for their rhetorical wizardry and were written down by Arrian, his most famous pupil. The *Discourses* argue that happiness lies in learning to perceive exactly what is in our power to change and what is not, and in embracing our fate to live in harmony with god and nature. In this personal, practical guide to the ethics of Stoicism and moral self-improvement, Epictetus tackles questions of freedom and imprisonment, illness and fear, family, friendship and love. Translated and Edited with an Introduction by Robert Dobbin

Epicurus Penguin

Lucretius' didactic poem *De rerum natura* ('On the Nature of Things') is an impassioned and visionary presentation of the materialist philosophy of Epicurus, and one of the

most powerful poetic texts of antiquity. After its rediscovery in 1417 it became a controversial and seminal work in successive phases of literary history, the history of science, and the Enlightenment. In this 2007 Cambridge Companion experts in the history of literature, philosophy and science discuss the poem in its ancient contexts and in its reception both as a literary text and as a vehicle for progressive ideas. The Companion is designed both as an accessible handbook for the general reader who wishes to learn about Lucretius, and as a series of stimulating essays for students of classical antiquity and its reception. It is completely accessible to the reader who has only read Lucretius in translation.

Travels with Epicurus Taylor & Francis

In this 2005 book, Tim O'Keefe reconstructs the theory of freedom of the ancient Greek philosopher Epicurus (341 – 271/0 BCE). Epicurus' theory has attracted much interest, but our attempts to understand it have been hampered by reading it anachronistically as the discovery of the modern problem of free will and determinism.

O'Keefe argues that the sort of freedom which Epicurus wanted to preserve is significantly different from the 'free will' which philosophers debate today, and that in its emphasis on rational action it has much closer affinities with Aristotle's thought than with current preoccupations. His original and provocative book will be of interest to a wide range of readers in Hellenistic philosophy.

Nietzsche and Epicurus Courier Corporation

Epicurus posited a materialistic physics, in which pleasure, by which he meant freedom from pain, is the highest good. Serenity, the harmony of mind and body, is best achieved, through virtue and simple living.

Epicurus And The Pleasant Life Classics Cave

Arranged in chronological order, from the Ancient Greeks to the present day, A History of Western Philosophy in 500 Quotations features the most important quotations from over two and a half thousand years of Western philosophy, including:

-Socrates' affirmation that "The unexamined life is not worth living."-Descartes' famous conclusion "I think, therefore I exist."-Rousseau's claim that "Man is born free, and everywhere he is in chains."-Nietzsche's declaration that "God is dead."-And Sartre's assertion that "Existence precedes essence."However, this more than a collection of witty aphorisms and pithy one-liners. This collection also features subtle philosophical arguments on morality, the nature of knowledge, the existence of God, and many other topics. An essential collection for anyone looking to quickly familiarize themselves with the most important ideas in the history of Western philosophy.

Health and Hedonism in Plato and Epicurus Oxford University Press

The brilliant writings of a highly influential Greek philosopher, with a foreword by Daniel Klein, author of *Travels with Epicurus* The teachings of Epicurus—about life and death, religion and science, physical sensation, happiness, morality, and friendship—attracted legions of adherents throughout the ancient Mediterranean world and deeply influenced later European thought. Though Epicurus faced hostile opposition for centuries after his death, he counts among his many admirers Thomas Hobbes, Thomas Jefferson, Karl Marx, and Isaac Newton. This volume includes all of his extant writings—his letters, doctrines, and Vatican sayings—alongside parallel passages from the greatest exponent of his philosophy, Lucretius, extracts from Diogenes Laertius' *Life of Epicurus*, a

lucid introductory essay about Epicurean philosophy, and a foreword by Daniel Klein, author of *Travels with Epicurus* and coauthor of the New York Times bestseller *Plato and a Platypus Walk into a Bar*. For more than sixty-five years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,500 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

Epicureanism GOODmood

'The Essential Plotinus is a lifesaver. For many years my students in Greek and Roman Religion have depended on it to understand the transition from antiquity to the Middle Ages. The translation is crisp and clear, and the excerpts are just right for an introduction to Plotinus's many-layered view of the world and humankind's place in it' - F. E. Romer, University of Arizona

Epicurean Simplicity Routledge

One of the main philosophers of all time, Epicurus (341-270 BC) was an ancient Greek philosopher and sage who founded Epicureanism, a highly influential school of philosophy. Epicurus is said to have originally written over 300 works on various subjects, but the vast majority of these writings have been lost. Only three letters written by him—the letters to Menoeceus, Pythocles, and Herodotus—and two collections of quotes—the *Principal Doctrines* and the *Vatican Sayings*—have survived intact. This book brings the *Principal Doctrines* and the letters of Epicurus translated by Robert Drew Hicks (1900) and the version of *Vatican Sayings*, made by R. Medeiros (2021).

The Fourfold Remedy Basic Books

Epicureanism is commonly regarded as the refined satisfaction of physical desires. As a philosophy, however, it also denoted the striving after an independent state of mind and body, imperturbability, and reliance on sensory data as the true basis of knowledge. Epicurus (ca. 341-271 B.C.) founded one of the most famous and influential philosophical schools of antiquity. In these remains of his vast output of scientific and ethical writings, we can trace Epicurus' views on atomism, physical sensation, duty, morality, the soul, and the nature of the gods.

The Garden of Epicurus Humanist Press

"The Five Great Philosophies of Life" is a book by then President of Bowdoin College, William de Witt Hyde. He writes, "When asked why some men with moderate talents and meagre technical equipment succeed, where others with greater ability and better preparation fail; why some women with plain features and few accomplishments charm, while others with all the advantages of beauty and cultivation repel, we are wont to conceal our ignorance behind the vague term personality. Undoubtedly the deeper springs of personality are below the threshold of consciousness, in hereditary traits and early training. Still some of the higher elements of personality rise above this threshold, are reducible to philosophical principles, and amenable to rational control. The purpose of this book is to let the masters of these sane and wholesome principles of personality talk to us in their own words; with just enough of comment and interpretation to bring us to their points of view, and make us welcome their friendly assistance in the philosophical guidance of life."

Epicurus on Freedom RIT Cary Graphic Arts Press

This volume explores Nietzsche's decisive encounter with

the ancient philosopher, Epicurus. The collected essays examine many previously unexplored and underappreciated convergences, and investigate how essential Epicurus was to Nietzsche's philosophical project through two interrelated overarching themes: nature and ethics. Uncovering the nature of Nietzsche's reception of, relation to, and movement beyond Epicurus, contributors provide insights into the relationship between suffering, health and philosophy in both thinkers; Nietzsche's stylistic analysis of Epicurus; the ethics of self-cultivation in Nietzsche's Epicureanism; practices of eating and thinking in Nietzsche and Epicurus; the temporality of Epicurean pleasure; the practice of the gay science, and Epicureanism and politics. The essays also provide creative comparisons with the Stoics, Hobbes, Mill, Guyau, Buddhism, and more. Nietzsche and Epicurus offers original and illuminating perspectives on Nietzsche's relation to the Hellenistic thinker, in whom Nietzsche saw the embodiment of the practice of philosophy as an art of existing.

Discourses and Selected Writings Bloomsbury Publishing

Epicurus on the Self reconstructs a part of Epicurean ethics which only survives on the fragmentary papyrus rolls excavated from an ancient library in Herculaneum, On Nature XXV. The aim of this book is to contribute to a deeper understanding of Epicurus' moral psychology, ethics and of its robust epistemological framework. The book also explores how the notion of the self emerges in Epicurus' struggle to express the individual perspective of oneself in the process of one's holistic self-reflection as an individual psychophysical being.

The Cambridge Companion to Lucretius Oxford

Handbooks

"We tend to associate the term 'Epicurean' with the enjoyment of fine food and wine. But these things are a world away from the vision of a simple but pleasurable life conceived by Epicurus and his followers, who were primarily concerned with mental pleasure and with avoiding pain. Their goal, in short, was a life of tranquility. In a charming essay of 15,000 words, Sellars walks us through the history of Epicureanism. We explore a constructive way of thinking about the pleasures of friendship, our place in the world, and, perhaps most importantly, the meaning of death and why we should not fear it. The Pocket Epicurean draws on ancient wisdom in a way that feels relevant today, offering a wise way of thinking about what truly matters in our lives. It will be an excellent companion to The Pocket Stoic: both titles will appeal to contemporary readers who are looking for intelligent self-help and practical philosophical reflections on how to live a good life"--