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On the Trail of the Peacemakers

Penguin

The Russian Quest for Peace and Democracy, by Metta Spencer, traces the changing orientations toward peace and democracy among Soviet/Russian citizens since 1982, revealing the extreme influence of transnational civil society on Gorbachev's policies and on the social capital democracy requires. This book is indispensable for those studying comparative international affairs, peace and disarmament policies, Russian and military history, and the diffusion of ideas.

Venture Deals Penguin

We live in an era of health hype and nutrition propaganda, and we're suffering for it. Decades of avoiding egg yolks, choosing margarine over butter, and replacing the real foods of our ancestors with low-fat, processed, packaged substitutes have left us with an obesity

epidemic, ever-rising rates of chronic disease, and, above all, total confusion about what to eat and why. This is a tragedy of misinformation, food industry shenanigans, and cheap calories disguised as health food. It turns out that everything we've been told about how to eat is wrong. Fat and cholesterol are harmful to your health? Nope—they are crucial to your health. "Whole grains" are health food? Not even close. Counting calories is the way to lose weight? Not gonna work—nutrients are what matter. Nutrition can come from a box, bag, or capsule? Don't count on it! In *Eat the Yolks*, Liz Wolfe debunks all these myths and more, revealing what's behind the lies and bringing the truth about fat, cholesterol, protein, and carbs to light. You'll be amazed at the tall tales we've been told in the name of "healthy eating." With wit and grace, Wolfe makes a compelling argument for a diet based on Paleo foods. She takes us back to the foods of our ancestors, combining the lessons of history with those of modern science to uncover why real, whole food—the kind humans ate for thousands of years before modern nutrition dogma led us astray—holds the key to amazing health and happy taste buds. In *Eat the Yolks*, Liz Wolfe doesn't just make a case for eating the whole egg. She uncovers the shocking lies we've been told about fat, cholesterol, protein, carbs, and

calories and brings us the truth about which foods are healthy—and which foods are really harming us. You'll learn truths like: - fat and cholesterol are crucial, not harmful . . . and why - "whole grains" are processed foods . . . and what to eat instead - counting calories is a waste of energy . . . and what we actually should be tracking - all animal products are not created equal . . . and which ones we truly need - nutrition doesn't come in a box, bag, or capsule . . . and why there's no substitute for real food!

Monthly Weather Review Harper Collins

Combining rigorous academic research with the latest practical tools and techniques, this book explores the growing area of complexity management in business. Through a range of high quality international cases leading authors help students to understand how to manage organizations in unpredictable and complex business environments.

Mines and Minerals Victory Belt Publishing

The Interior Design Business Handbook John Wiley & Sons

Religious Telescope Wipf and Stock Publishers
The bestselling author of UnSelfie offers 7 teachable traits that will safeguard our kids for the future. We think we have to push our kids to do more, achieve more, BE more. But we 're modeling the wrong traits—like rule-following and caution—and research shows it 's NOT working. This kind of "Striver" mindset isn 't just making kids unhappier, says Dr. Michele Borba...it 's actually the opposite of what it takes to thrive in the uncertain world ahead. Thrivers are different: they flourish in our fast-paced, digital-driven, often uncertain world. Why? Through her in-depth research, Dr. Borba discovered that the difference comes down not to grades or test scores, but to seven character traits that set Thrivers

apart—confidence, empathy, self-control, integrity, curiosity, perseverance, and optimism.

The even better news: these traits can be taught to children at any age...in fact, parents and educators must do so. In Thrivers, Dr. Borba offers practical, actionable ways to develop these traits in children from preschool through high school, showing how to teach kids how to cope today so they can thrive tomorrow.

History of Tulare and Kings Counties,
California Springer

Contemporary American horror literature for children and young adults has two bold messages for readers: adults are untrustworthy, unreliable and often dangerous; and the monster always wins (as it must if there is to be a sequel). Examining the young adult horror series and the religious horror series for children (Left Behind: the Kids) for the first time, and tracing the unstoppable monster to Seuss's Cat in the Hat, the author aims to shed new light on the problematic message produced by the combination of marketing and books for contemporary American young readers.

Basic Books

Thousands of interior design professionals have come to rely on The Interior Design Business Handbook for comprehensive, accessible coverage of the essential procedures, tools, and techniques necessary to manage a successful interior design business. The Fifth Edition of this essential resource has been revised to address the latest trends and changes in the field, with new and updated material on business size and structure, building a brand, client development, social networking and Internet marketing, finances, purchasing, technology and software programs, and other key areas. Complete with more than 75 sample forms and letters, this Fifth Edition is a one-stop resource for all aspects of establishing and running an interior design business—from choosing a location and managing day-to-day operations to growing a business and putting it up for sale. All of the techniques and

procedures in the book are rooted in real-world experience and are used daily in successful design firms throughout the United States. Filled with valuable information for solo practices and small firms as well as larger businesses, this book is an indispensable resource for seasoned professionals as well as interior designers who are at the start of their career.

International Catalogue of Scientific Literature, 1901-1914 Trafford Publishing

Most parents would never consider dispensing deadly addictive street drugs to their children but if a trusted physician writes a prescription for an FDA-approved schedule 2 medication for their two-year old based on some questionable mental health screening, those unwary parents do not question or object. Despite side effect warnings, regularly revealed during TV ads, parents frequently fail to take those warnings seriously, perhaps presuming that the side effects are happenstance or rarely occur. Over the decades, because organized psychiatry, represented by the American Psychiatric Association (APA), convened numerous consensus panels that designed hundreds of non-biologically-based disorders for its Diagnostic and Statistical Manual of Mental Disorders (DSM) especially suitable for the pill-for-every-ill pharmaceutical industry that conceivably already had many profitable solutions for the disorders, in the pre-production process. The consequences have been disastrous with no discernable end in sight some people taking prescription drugs or withdrawing from them have perpetrated school, mall and public shootings. That is in addition to thousands of suicides that the public never hears about, unless the victim is a well-known public figure like Robin Williams. Just the military-related suicide

rate is 8,000 per year untold numbers of these are the result of the psych drug cocktails doled out by psychiatrists working for the VA. The government is big pharma's largest customer. In addition to the homicides and suicides, irreversible brain damage results from drug remedies to temporary problems that might have been easily resolved through compassionate interaction and talk therapy. Despite the claims that drugs were not a factor in the Sandy Hook mass murders, certain circumstances provide a different picture. Adam Lanza, always a unique individual, changed from being a geeky, weird kid to being a mass murderer, not of people his own age, but of beautiful, vulnerable children feeling secure in their classrooms in a sleepy bedroom community in Connecticut.

Multipliers The Interior Design Business Handbook

Are you a genius or a genius maker? We've all had experience with two dramatically different types of leaders. The first type drain intelligence, energy, and capability from the ones around them and always need to be the smartest ones in the room. These are the idea killers, the energy sappers, the diminishers of talent and commitment. On the other side of the spectrum are leaders who use their intelligence to amplify the smarts and capabilities of the people around them. When these leaders walk into a room, lightbulbs go off over people's heads, ideas flow, and problems get solved. These are the leaders who inspire employees to stretch themselves to deliver results that surpass expectations. These are the Multipliers. And the world needs more of them, especially now, when leaders are expected to do more with less. In this engaging and highly

practical book, leadership expert Liz Wiseman and management consultant Greg McKeown explore these two leadership styles, persuasively showing how Multipliers can have a resoundingly positive and profitable effect on organizations—getting more done with fewer resources, developing and attracting talent, and cultivating new ideas and energy to drive organizational change and innovation. In analyzing data from more than 150 leaders, Wiseman and McKeown have identified five disciplines that distinguish Multipliers from Diminishers. These five disciplines are not based on innate talent; indeed, they are skills and practices that everyone can learn to use—even lifelong and recalcitrant Diminishers. Lively, real-world case studies and practical tips and techniques bring to life each of these principles, showing you how to become a Multiplier too, whether you are a new or an experienced manager. Just imagine what you could accomplish if you could harness all the energy and intelligence around you. Multipliers will show you how.

Exploring Management McFarland

“ Exceptional . . . Deeply researched and elegantly written . . . As a description of the politics and pressures under which modern independent central banking has to operate, the book is incomparable. ” —Financial Times The definitive biography of the most important economic statesman of our time Sebastian Mallaby's magisterial biography of Alan Greenspan, the product of over five years of research based on untrammled access to his subject and his closest professional and personal intimates, brings into vivid focus the mysterious point where the government and the economy meet. To understand Greenspan's story is to see the economic and political landscape of our time—and the presidency from Reagan to George W. Bush—in a whole new light. As the most influential economic statesman of his age, Greenspan spent a lifetime grappling with a

momentous shift: the transformation of finance from the fixed and regulated system of the post-war era to the free-for-all of the past quarter century. The story of Greenspan is also the story of the making of modern finance, for good and for ill. Greenspan's life is a quintessential American success story: raised by a single mother in the Jewish é migr é community of Washington Heights, he was a math prodigy who found a niche as a stats-crunching consultant. A master at explaining the economic weather to captains of industry, he translated that skill into advising Richard Nixon in his 1968 campaign. This led to a perch on the White House Council of Economic Advisers, and then to a dazzling array of business and government roles, from which the path to the Fed was relatively clear. A fire-breathing libertarian and disciple of Ayn Rand in his youth who once called the Fed's creation a historic mistake, Mallaby shows how Greenspan reinvented himself as a pragmatist once in power. In his analysis, and in his core mission of keeping inflation in check, he was a maestro indeed, and hailed as such. At his retirement in 2006, he was lauded as the age's necessary man, the veritable God in the machine, the global economy's avatar. His memoirs sold for record sums to publishers around the world. But then came 2008. Mallaby's story lands with both feet on the great crash which did so much to damage Alan Greenspan's reputation. Mallaby argues that the conventional wisdom is off base: Greenspan wasn't a naïve ideologue who believed greater regulation was unnecessary. He had pressed for greater regulation of some key areas of finance over the years, and had gotten nowhere. To argue that he didn't know the risks in irrational markets is to miss the point. He knew more than almost anyone; the question is why he didn't act, and whether anyone else could or would have. A close reading of Greenspan's life provides fascinating answers to these questions, answers whose lessons we would do well to heed. Because perhaps Mallaby's greatest lesson is that economic statesmanship, like political statesmanship, is the art of the possible. *The Man Who Knew* is a searching reckoning with what exactly comprised the art, and the possible, in the career of Alan Greenspan.

Colliery Engineer Lexington Books

Key skills to make sales managers better

developers of salespeople Get out of the firefighting business and into the business of developing the people who develop your profits. Successful salespeople rightfully become sales managers because of superior sales records. Yet too often these sales stars get stuck doing their old sales job while also trying to juggle their manager role, and too often companies neglect to train their sales managers how to excel as managers. That's the "sales management trap," and it's exactly what *The Accidental Sales Manager* addresses and solves. Full of helpful steps you can apply immediately?whether you're training a sales manager, or are one yourself?this practical guide reveals step-by-step methods sales managers can use to both learn their jobs and lead their teams. Get tactics to stop burning time and exhausting yourself, while taking effective actions to use time better as a leader Discover how to integrate learning into leading and make sales meetings an active conversation on what works and what doesn't Author has a previous bestseller, *The Accidental Salesperson* Don't get caught in the "sales management trap" or, if you're in it, get the tools you need to escape it. Get *The Accidental Sales Manager* and lead your team to do what you do best: make sales, drive profits, and get winning results.

Journal of Jewish Lore and Philosophy
Milkweed Editions

Seeking clarity about the conflict in Ukraine and responding to the urgent need to analyze Europe's energy prospects outside of Russia, Kandiyoti links analysis of real energy infrastructure with analysis of the political and economic dynamics unfolding at local, national, regional, and global levels.

The Man Who Knew Vintage

Exploring Management supports teaching and learning of core management concepts by presenting material in a straightforward, conversational style with a strong emphasis on application. With a focus on currency, high-interest examples and pedagogy that encourages critical thinking and personal reflection, *Exploring*

Management is the perfect balance between what students need and what instructors want.

Official Gazette of the United States Patent Office
Wiley

Gutenberg 's invention of movable type in the fifteenth century introduced an era of mass communication that permanently altered the structure of society. While publishing has been buffeted by persistent upheaval and transformation ever since, the current combination of technological developments, market pressures, and changing reading habits has led to an unprecedented paradigm shift in the world of books. Bringing together a wide range of perspectives — industry veterans and provocateurs, writers, editors, and digital mavericks — this invaluable collection reflects on the current situation of literary publishing, and provides a road map for the shifting geography of its future: How do editors and publishers adapt to this rapidly changing world? How are vibrant public communities in the Digital Age created and engaged? How can an industry traditionally dominated by white men become more diverse and inclusive? Mindful of the stakes of the ongoing transformation, *Literary Publishing in the 21st Century* goes beyond the usual discussion of 'print vs. digital' to uncover the complex, contradictory, and increasingly vibrant personalities that will define the future of the book.

The Brown Swiss Bulletin John Wiley & Sons

New Scientist magazine was launched in 1956 "for all those men and women who are interested in scientific discovery, and in its industrial, commercial and social consequences". The brand's mission is no different today - for its consumers, *New Scientist* reports, explores and interprets the results of human endeavour set in the context of society and culture.

Powering Europe: Russia, Ukraine, and the Energy Squeeze John Wiley & Sons

First Corinthians is one of the most relevant NT documents for both younger churches seeking maturity in the majority world and older churches seeking renewal in the Western world in the twenty-first century. The reason

this epistle is so relevant is that it focuses on renewing the church through believing and living out the good news that because of Jesus ' s death and resurrection God has begun his new creation agenda amid the broken world of today. This is not just another commentary (there are many very good ones) but rather we present a biblical theology of church renewal, based on solid exegesis, and our experience as teachers and pastors in both Africa and North America. This book will pull out the essential teaching of Paul on renewal in ten manageable principles, or " great ideas. " Church renewal is not just following certain steps but results from nurturing a culture that practices both cross power and a life of new creation hope. When churches make the shift from traditionalism to radical community and evangelical activism through a new experience of the gospel seen as both personal liberation and the transformation of all things, the church begins to move, and the world begins to change.

The Accidental Sales Manager Springer
This harrowing tale of British explorer Ernest Shackleton's 1914 attempt to reach the South Pole, one of the greatest adventure stories of the modern age. In August 1914, polar explorer Ernest Shackleton boarded the Endurance and set sail for Antarctica, where he planned to cross the last uncharted continent on foot. In January 1915, after battling its way through a thousand miles of pack ice and only a day's sail short of its destination, the Endurance became locked in an island of ice. Thus began the legendary ordeal of Shackleton and his crew of twenty-seven men. For ten months the ice-moored Endurance drifted northwest before it was finally crushed between two ice floes. With no options left, Shackleton and a skeleton crew attempted a near-impossible journey over 850 miles of the South Atlantic's heaviest seas to the closest outpost of civilization. Their survival, and the survival of the men they left behind, depended on their small lifeboat successfully finding the island of South Georgia--a tiny dot of land in a vast and hostile ocean. In Endurance, the definitive account of Ernest Shackleton's fateful trip, Alfred Lansing brilliantly narrates the harrowing and miraculous

voyage that has defined heroism for the modern age. Literary Publishing in the Twenty-First Century Wiley
Includes section: "Reviews and notes."
Journals of the House of Lords Routledge
The 2012-2013 economic crisis in the Republic of Cyprus is commonly attributed to a number of factors, including the exposure of Cypriot banks to over leveraged local property companies; the knock-on effect of the Greek government debt crisis; and international credit rating agencies downgrading the Cypriot government's bond credit status. What followed was unexpected and controversial: a bailout on condition of a one-time bank deposit levy on all uninsured deposits in the country's second-largest bank, the Cyprus Popular Bank; and on the uninsured deposits of large proportion of the island's largest commercial bank, the Bank of Cyprus. Many have questioned the implications of Cyprus' ties with the Russian financial system, as well as the draconian and unprecedented bailout terms imposed on the Cypriot population by the Eurozone. There has been little written from the Cypriot perspective on these events. This book presents a study of the events surrounding the recent Cypriot Financial Crisis and its impact on the Eurozone. It incorporates insights from leading protagonists in the Cypriot government and banking sectors and focuses on qualitative research to assess the events that formed the backdrop of the crisis. The book analyzes the policies of many public and private institutions and presents the crisis alongside other Eurozone bailouts to compare and contextualize the ongoing issues. Cyprus and the Financial Crisis also explains the political and historical backdrop of the

events, including the wider Cypriot experience since the 1974 invasion, and the unravelling financial relationship between Cyprus, Greece and Russia. It incorporates the views of Cypriots from a wide and diverse spectrum, and presents the resilience of the island in fighting back to beat forecasts for recovery, helped by the Eldorado of gas finds off its southern shores.

My Own Country

Intersectionality, the attempt to bring theories on race, gender, disability and sexuality together, has existed for decades as a theoretical framework. The essays in this volume explore how intersectionality can be applied to modern philosophy, as well as looking at other disciplines.