

# The High Blood Pressure Hoax

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*Is high blood pressure always bad? - Medical News Today*

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~~High Blood pressure: Why we shouldn't worry about the number~~ ~~Natural Ways to Lower Blood Pressure~~ ~~What you need to know about high blood pressure | Women's Health Advice~~ ~~Lowering Blood Pressure Naturally with Dr. David DeRose~~ ~~The High Blood Pressure Hoax~~

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~~The High Blood Pressure Hoax | Hypertension Professor~~

Untreated sustained high blood pressure leads to increased risk of heart disease and stroke. There are clear risk factors that are easily managed if the patient makes some simple lifestyle changes. In the case of hypertension, a simple 20 minute walk will reduce blood pressure by 5-10 points. I learned this from a doctor who would measure a ...

**High Blood Pressure Myths and Lies**

Based on the title, I was expecting a book that delved into how

the pharmaceutical companies, doctors, and politicians are pushing the "high blood pressure hoax." I was really hoping she would give plenty of examples of how high blood pressure really isn't the "silent killer" as so many doctors claim.

Is There a New High Blood Pressure Hoax?

The first thing to understand about The High Blood Pressure Hoax is that author Sherry Rogers considers hypertension itself to be no hoax at all, but a very real and serious symptom of vascular dysfunction that can be associated with numerous illnesses such as diabetes, heart disease and Alzheimer ' s. As a marker of something out of balance in the body, high blood pressure is not to be ignored, Dr. Rogers emphasizes, and in fact she completely endorses, the recently recalibrated " normal ...

~~The Great Blood Pressure Scam - Institute for Natural Healing~~

I ' m not saying high blood pressure isn ' t a problem. Other than smoking, high blood pressure is the leading PREVENTABLE cause of heart attacks and strokes. Good blood pressure should be below 120/80—like mine is. But the reason it goes up is NEVER due to a drug deficiency. Remember, high blood pressure is a symptom, not a disease.

~~THE HIGH BLOOD PRESSURE HOAX | Louisa Enright's Blog~~

High blood pressure, or hypertension, rarely has noticeable symptoms. But if untreated, it increases your risk of serious problems such as heart attacks and strokes. Around a third of adults in the UK have high blood pressure, although many will not realise it.

~~The High Blood Pressure Hoax by Rogers, Sherry A. (2008 ...~~

Sherry A. Rogers, MD, an environmental doctor who has been a fairly prolific writer, has a book called THE HIGH BLOOD PRESSURE HOAX. She quite seriously supports the more modern BP figure of 120 over 70. BUT she advocates trying to figure out why the BP is high and counsels treating with diet and other lifestyle changes.

~~High Blood Pressure Hoax by Sherry A. Rogers - The Weston ...~~

Buy The High Blood Pressure Hoax by Rogers, Sherry A. (2008) Paperback by (ISBN: ) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

~~Is Your Hypertension Real or a Money Maker for Pharma?~~

The High Blood Pressure Hoax will show you that for every ailment even one as simple as high blood pressure, there are multiple causes and multiple cures. You have a lot to choose from. In fact, I would suggest you read the entire book before you

chose your program.

### Blood Pressure Guidelines Are a Big Pharma SCAM - Living ...

High blood pressure (hypertension) is a major risk factor for cardiovascular disease, and treating it prevents serious cardiovascular consequences.

The High Blood Pressure Hoax

The High Blood Pressure Hoax. Prefer text? welcome and thank you for tuning in you 're listening to the beyond 50 radio program I 'm Daniel Davis we 're going to be talking about health today and approaching something that many of us usually try to consider and keep in check as we approach midlife and that is high blood pressure after all who wants to lead to things like hypertension heart ...

The High Blood Pressure Hoax! / Sherry A. Rogers M.D ...

High blood pressure is medically known as hypertension. It means your blood pressure is consistently too high and means that your heart has to work harder to pump blood around your body. High blood pressure is serious. If you ignore it, it can lead to heart and circulatory diseases like heart attack or stroke.

### The Fake Hypertension War | MedPage Today

Hypertension, or high blood pressure, is a risk factor for several health conditions, including cardiovascular problems, diabetes, and other metabolic issues.

The High Blood Pressure Hoax by Sherry A. Rogers

Myth: Your numbers are too high.... Blood pressure naturally rises when we are stressed, in motion, tense or angry. The correct way to take your blood pressure is to sit without talking for 3 to 5 minutes, apply the correctly sized cuff to your arm, hold your arm across heart level and keep your body limp like a Raggedy Anne doll.

High blood pressure (hypertension) - NHS

Buy The High Blood Pressure Hoax! / Sherry A. Rogers M.D., Oxfam, Sherry A. Rogers M.D., 9781887202053, Books, Health Family Lifestyle

The High Blood Pressure Hoax: Amazon.co.uk: Rogers, Sherry ...

The High Blood Pressure Hoax: Rogers, Sherry A ...

Yes the High Blood Pressure bs is a hoax. The meds are poison & this book guides you through herbs, specific vitamins & other natural supplements the body needs to heal the problem. It's all about giving the body what it needs to correct the problem.

The pressures of high blood pressure ~~Blood Pressure Myths~~ **THE NEW CURE FOR HIGH BLOOD PRESSURE??** Dispelling common blood pressure myths

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### We Need to Know

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Functional Manual Therapy for High Blood Pressure with Justin Lin and Gregg Johnson Practical Tips For Lowering Blood Pressure | Andrew Weil, M.D. High Blood Pressure: the Role of Insulin and Why Keto Helps

Vitamin C: There are scientists who speculate that high blood pressure is actually scurvy (extremely low vitamin C). While that is not true, it is certain that your blood vessels need vitamin C to be healthy. CoQ10: This antioxidant/enzyme is found throughout our bodies and is used for energy production.

The team studied the 10-year chances of death from heart disease among people with various levels of high blood pressure. They found that people with blood pressure in the range of 130-139/80-89 have no higher mortality risk than those with lower blood pressure. This is true even though the new guidelines say they should be taking hypertension ...