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# The Kabir Book Forty Four Of Ecstatic Poems

## Robert Bly

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Kill the Documentary

Beacon Press (MA)

Fairacres Publication

61 Kabir, a fifteenth-

century Indian poet

and guru, was

critical of

hypocrisy, greed and

violence, denounced

the caste system and

proclaimed the

equality of all.

The Sants Penguin

Kabir was an extraordinary

oral poet whose works have

been sung and recited by

millions throughout North

India for half a millennium.

He may have been illiterate and he preached an abrasive, sometimes shocking, always uncompromising message that exhorted his audience to shed their delusions, pretensions, and empty orthodoxies in favor of an intense, direct, and personal confrontation with the truth.

Thousands of poems are popularly attributed to Kabir, but only a few written collections have survived over the centuries. The Bijak is one of the most important, and is the sacred book of those who follow Kabir.

Wherever You Go, There You Are iUniverse

Organized chronologically, starting with Buddha and ending with contemporary seekers, this book focuses on the moment of enlightenment in the lives of saints and masters that led to their witnessing divine reality.

Four Wise Men The Wessex

Astrologer

A guidebook for

communicating with the

departed and gaining first-hand knowledge of life beyond death

- Reveals that the easiest way to communicate with the departed is through dreams
- Offers methods for helpful and timely communication with deceased loved ones
- Provides powerful

Active Dreaming practices from ancient and indigenous cultures for journeying beyond the gates of death for wisdom and healing

We yearn for contact with departed loved ones. We miss them, ache for forgiveness or closure, and long for confirmation that there is life beyond physical death. In *The Dreamer's Book of the Dead*, Robert Moss explains that we have entirely natural contact with the departed in our dreams, when they come visiting and we may travel into their realms. As

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we become active dreamers, we can heal our relationship with the departed and move beyond the fear of death. We also can develop the skills to function as soul guides for others, helping the dying to approach the last stage of life with courage and grace, opening gates for their journeys beyond death, and even escorting them to the Other Side. Drawing on a wealth of personal experience as well as many ancient and indigenous traditions, Moss offers stories to inspire us and guide us. He shares his extraordinary visionary relationship with the poet W. B. Yeats, whose greatest ambition was to create a Western Book of the Dead, to feed the soul hunger of our times. Moss teaches us the truth of Chief Seattle's statement that "there is no death; we just change worlds." *Love and The Turning Seasons* University of Chicago Press

We call attention to the harsh reality that we are living in troubled times. We are especially conscious of climate change and COVID-19. We underline that these challenges impact all people. In light of this reality, we use ten primary questions that all human beings ask, consciously or unconsciously, and then amplify each of the ten primary questions with nine additional sub-questions. We then draw upon one of the great teachers of spiritual wisdom (Buddha, Moses, Jesus, Muhammad, etc.) with a brief quote and then write a

short "wisdom" response to the question. By "wisdom" we mean a body of accumulated reflection about the character and meaning of life. Spiritual wisdom suggests an outlook or attitude that enables us to cope, a deeper way of knowing and learning the art of living in rhythm with the soul. We use the life experience of three authors, coming from different religious and cultural outlooks. *Kabir* Conari Press

A passionate and deep exploration of how love is essential to our spiritual growth and development, from beloved author and teacher A. H. Almaas. Love is a universal energy--and a primary force that powers our movement toward spiritual illumination. All the ways we need love are simply reflections of our need for spiritual growth. In *Love Unveiled*, A. H. Almaas explores three dimensions of love: appreciative love--the true liking of somebody or something; merging or connecting love--a force that melts away separateness; and passionate, ecstatic love--capable of consuming us from inside. In their own way, each reveals the beauty and exquisiteness of our spiritual heart, which is the heart of the divine. However, the path of spiritual love is not without challenges. Almaas explores the barriers that

tend to block our experience of loving awakening and provides experiential exercises throughout the book to help readers along their path. The exercises focus on the obstacles or misunderstandings that commonly arise for each quality or dimension of love. Presented in the form of writing or monologuing prompts, readers can work independently or in small groups to confront the emotional obstacles on their spiritual path. Regardless of where you are on your path, *Love Unveiled* will help you explore love in three essential dimensions and gain a deeper connection to yourself. *Mirabai* Shambhala Publications

Johnson explores the concept of the Beloved — the elusive, alluring force that beckons us forth to passionate engagement with the world — and shows how our sense of love is often linked to something far greater than ourselves. She explains that mistaking a human lover for the inner, eternal Beloved is the first step in any romance, yet the ability to distinguish between the two ultimately holds the key to our quest for personal freedom and fulfillment. Steeped in Western and Eastern myth and romantic imagery, *The*

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World is a Waiting Lover guides us through story and thought in order to discover passion, Eros, and our authentic selves. It is a personal story and, at the same time, an invitation to explore our individual yearnings to live with fearless authenticity as we find more passion and meaning in our work, relationships, and view of the future.

#### The Incorporative

#### Consciousness of Robert Bly

Univ of California Press

Originally published in 1976, with more than 75,000 copies in print, this collection of poems by fifteenth-century ecstatic poet Kabir is full of fun and full of thought. Columbia University professor of religion John Stratton Hawley has contributed an introduction that makes clear Kabir's immense importance to the contemporary reader and praises Bly's intuitive translations. By making every reader consider anew their religious thinking, the poems of Kabir seem as relevant today as when they were first written.

#### I Heard God Laughing

New World Library

This collection of timeless poetry celebrates the eternal spiritual truth within each heart. Since ancient times, this hidden essence has been symbolized by the number 108. There are 108

earthly desires, 108 human feelings, 108 delusions, 108 beads in the traditional meditation mala, and 108 sacred poems in this anthology. Filled with crystalline wisdom from the great poets, sages, saints, and mystics, this selection of poems is a collective expression of universal heart-filled wisdom. The poems span a wide range of cultures and civilizations — from India to Europe, Japan, and the Middle East — and each one offers a unique perspective about the path to awakening. Some of the poems express belief in a higher being. Some convey instantaneous awakening. Others lead the reader down a disciplined path of contemplation. Ordered according to a broad interpretation of the heart-centered chakra model, these remarkable poems guide the reader toward realization and offer timeless jewels of insight to spark awakening and enrich spiritual practice.

**Mystics, Masters, Saints, and Sages** SLG Press

Find quiet reflective moments in your life—and

reduce your stress levels drastically—with this classic bestselling guide updated and featuring a new introduction and afterword. When *Wherever You Go, There You Are* was first published in 1994, no one could have predicted that the book would launch itself onto bestseller lists nationwide and sell over 1 million copies to date.

Thirty years later, *Wherever You Go, There You Are* remains a foundational guide to mindfulness and meditation, introducing readers to the practice and guiding them through the process. The author of over half a dozen books on mindfulness, Jon Kabat-Zinn combines his research and medical background with his spiritual knowledge to help readers find peace and change their lives. In this new edition, readers will find a new introduction and afterword from Kabat-Zinn, as well as factual updates throughout to address changes in research and knowledge since it was originally published. After the special tumult of the last few years, as well as the promise of more unrest in

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the future, *Wherever You Go, There You Are* serves as an anchor for a whole new generation of readers looking to find their center and achieve their true self. *The Second Jungle Book*  
Penguin

For thousands of years, India has excelled at erotic love poetry, and the genius of its devotional poetry often harnesses great energy and mystical insight. It is in fact often hard to tell whether the poets are offering poems of spiritual longing using the garment of love poetry, or writing erotic poems in the guise of devotion. Perhaps, in a country where erotic sculpture routinely ornaments its many temples and the gods are known for their explosive sexuality, this question has little meaning to these remarkable writers. In their devotional traditions, eroticism and mysticism seem inseparable. This wonderful selection spans 2,500 years, and includes work originally sung or recited by their well-known bards: Kabir, Mirabai, Lal Ded, Vidyapati and Tagore. There are also poems from the Upanishad, from ancient Sanskrit poetry and Punjab folk lyrics. The poets have largely emerged from the ranks of the dispossessed: leather workers, refuse

collectors, maidservants, women, & orphans. Their vision is of a democratic society in which all voices count, much like American gospel and blues, Shaker songs, or the grand vision of Walt Whitman. Often they faced persecution for speaking candidly, or daring to speak of spiritual matters at all. The notes include profiles of these legendary lives. Several of these poets simply vanished, absorbed into a deity, or disappeared in a flash of purple lightning. A few produced miracles—most of them have clouds of mystery around them. Andrew Schelling has drawn on the work of 24 other translators, including Ezra Pound, Robert Bly, W. S. Merwin, Jane Hirschfield and Denise Levertov, to build what will be the finest anthology of India's erotic and spiritual poetry for the general read ever assembled.

*Listening in the Silence, Seeing in the Dark* Little Simon

From bestselling poet Daniel Ladinsky, a rich collection that brings the great Sufi poet Hafiz to Western readers. To Persians, the poems of Hafiz are not “classical literature” from a remote past but cherished wisdom from a dear and intimate friend that continues to be quoted in daily life. With uncanny insight, Hafiz captures the many forms

and stages of love. His poetry outlines the stages of the mystic's “path of love”—a journey in which love dissolves personal boundaries and limitations to join larger processes of growth and transformation. With this stunning collection, Ladinsky has succeeded brilliantly in capturing the essence of one of Islam's greatest poetic and spiritual voices. “If you haven't yet had the delight of dining with Daniel Ladinsky's sweet, playful renderings of the musings of the great saints, *I Heard God Laughing* is a perfect appetizer. . . . This newly released edition of his first playful foray into Hafiz's divinely inspired poetry is essential reading. . . . Ladinsky is a master who will be remembered for finally bringing Hafiz alive in the West.”

—Alexandra Marks, *The Christian Science Monitor*  
*The Book of Lalla Ded (Lalleshwari)* Motilal Banarsidass Publ.

Victoria Frenkel Harris traces the aesthetic journey of poet Robert Bly from his early structured works of mystical imagery and lyrical landscapes to his recent explorations of intimate relationships and male socialization. Examining the various ways Bly's prose poems articulate his opposition to the Vietnam War and his recent writings manipulate more formal patterns in detailing the intricacies of human relationships, Harris labels this evolution in form, subject, and imagery the incorporative

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consciousness, incorporative because it assimilates Jungian psychological categories, international poetic traditions, and a compelling breadth of topics. Harris relies in part on contemporary feminist theory to throw revealing new light on Bly's recent works. Though sympathetic to Bly, Harris finds that—in spite of his affirmation of the interaction of psychic, creative, and intellectual energies in both sexes—the poet's later, erotic poems tend to objectify women in counterproductive ways. Bly's idealization of woman as a Jungian universal, Harris contends, can blind him toward actual women. Harris is at her best as she delimits with balance and precision the full complexity of the poet's work.

**Kabir The Weaver-Poet**  
Beacon Press

Refine your heart and mind with the wisdom of Islamic spirituality "To live a meaningful life—one that brings us joy, contentment and fulfillment—we have to do the inner spiritual work of becoming a more complete human being." —from the Introduction  
Over the centuries, Islamic sages have gleaned timeless spiritual insights and practices from sacred texts, meditation and knowledge of the heart—gems that have been passed down from generation to

generation. This book invites you—no matter what your practice may be—to access the treasure chest of Islamic spirituality, particularly Sufism, and use its wealth to strengthen your own journey. The riches include guidance drawn from the Qur'an, sayings of the Prophet Muhammad and Sufi poets such as the thirteenth-century Rumi on cultivating awareness, intentionality and compassion for self and others. This book also features entertaining wisdom teaching stories, especially those of Mulla Nasruddin, Islam's great comic foil, to expand the mind and heart. It breaks down barriers to accessing this ancient tradition for modern seekers by dispelling myths about the Muslim faith concerning gender bias, inclusivity and appreciation for diversity. Regardless of where you are on your spiritual journey, you will find these gems worthy additions to your own treasure chest within.

**The World Is a Waiting Lover** Catapult

Presents the further adventures of Mowgli, a boy reared by a pack of

wolves, and the wild animals of the jungle. Also includes other short stories set in India.

*The Kabir Book* SIU Press  
Zen and the art of falling in love . . . At once practical, playful, and spiritually sound, this book is about creating a new love story in your life.

Drawing from Christian, Buddhist, Sufi and other spiritual traditions, *If the Buddha Dated* shows how to find a partner without losing yourself. Kasl, a practicing psychotherapist, workshop leader, and Reiki healer for thirty years, offers practical wisdom on using the path to love as a means of awakening. *If the Buddha Dated* teaches that when you stay loyal to your spiritual journey, you will bring curiosity, fascination, and a light heart to the dating process.

**Al-Fawz al-Kabir fi Usul al-Tafsir** Harmony

In 2012, to celebrate the centennial of Poetry, the Press published *The Open Door: 100 Poems, 100 Years of Poetry Magazine*, edited by Share and Wiman; that is the model for this new anthology of fifty essays about reading poetry. All

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were commissioned by Poetry for a column called The View From Here, in which people "from outside the world of poetry" are invited to describe when and why they read poetry. The editors sought contributions from philosophers and journalists, musicians and artists, doctors and soldiers, an iron-worker, a lawyer, anthropologist, economist, and politician. Contributors include Neko Case, Roger Ebert, Richard Rorty, Rhymefest, Lynda Barry, Daniel Handler, and Alex Ross. They have arranged the essays in groups and pulled out quotes to open each of the eight sections as a way to suggest themes without trying to prescribe how the pieces should be read. Each essay retains its own voice, and many are surprising, provocative, touching, or funny.

*The Aaron/Q'uo Dialogues*  
Columbia University Press  
"Few major achievements of world literature are as little known to Americans as the great ecstatic poetry of the Hindus and Sufis, as exemplified by the work of the 15th century master, Kabir. Irreverent while being intensely religious, Kabir seems incredibly playful in his taunting of the sacred dogmas of his time--to readers accustomed to the solemnity and ideological

fidelity of most Western religious poems. Kabir has been translated into English only once before, by Rabindranath Tagore and Evelyn Underhill. Unfortunately, Tagore's Victorian English was simply not equal to Kabir's directness, spontaneity, and irreverent humor. Working from the Tagore-Underhill translation, Bly has done much more than retranslate into American diction. A noted poet himself, he has breathed new life into the work of a fascinating poet"--From back cover.

**Love Unveiled** Tulika Books  
Milner Ball takes an experimental journey into the inner life of law and the careers of men and women who use it to help disadvantaged people and to strengthen the fabric of the communities in which they live. At the center of this book are portraits of seven contemporary legal practitioners—lawyers, judges, and advocates—who have devoted their lives to an unconventional vision of the law. In their work, in areas from New York City housing court to the Warm Springs reservation in Oregon, the law exemplifies fundamental human values, manifestations of what Ball calls the "Word," the presence of God in life. To develop this concept of the Word, Ball explores its workings in familiar literary and biblical texts, primarily

William Faulkner's *The Sound and the Fury*, Toni Morrison's *Beloved*, the Book of Isaiah, and the Gospel of Mark.  
*Mala of the Heart* Beacon Press  
The author chronicles the experiences of her fifteen-year-old son as he struggles to regain his memory and his cognitive abilities in the wake of massive brain injuries.