
The Kindness Diaries One Mans Quest To Ignite Goodwill And Transform Lives Around World Leon Logothetis

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The Giving Tree Random House

A compelling look at animal welfare and factory farming in the United States from Mercy For Animals, the leading international force in preventing cruelty to farmed animals and promoting compassionate food choices and policies. Nathan Runkle would

have been a fifth-generation farmer in his small midwestern town. Instead, he founded our nation's leading nonprofit organization for protecting factory farmed animals. In Mercy For Animals, Nathan brings us into the trenches of his organization's work; from MFA's early days in grassroots activism, to dangerous and dramatic experiences doing undercover investigations, to the organization's current large-scale efforts at making sweeping legislative change to protect factory farmed animals and encourage compassionate food choices. But this isn't just Nathan's story. Mercy For Animals examines how our country moved from a

network of small, local farms with more than 50 percent of Americans involved in agriculture to a massive coast-to-coast industrial complex controlled by a mere 1 percent of our population—and the consequences of this drastic change on animals as well as our global and local environments. We also learn how MFA strives to protect farmed animals in behind-the-scenes negotiations with companies like Nestlé and other brand names—conglomerates whose policy changes can save countless lives and strengthen our planet. Alongside this unflinching snapshot of our current food system, readers are also offered hope and solutions—big and small—for ending mistreatment of factory farmed animals. From simple diet modifications to a clear explanation of how to contact corporations and legislators efficiently, *Mercy For Animals* proves that you don't have to be a hardcore vegan or an animal-rights activist to make a powerful difference in the lives of animals.

Kindness is a Kite String Penguin

An incredibly moving story of hope and redemption.

[Go Be Brave](#) Trusted Media Brands

From bestselling author David Downing, master of historical

espionage, comes a heart-wrenching depiction of Germany in the days leading up to World War II and the difficult choices of one man of conviction. In April 1938, a man calling himself Josef Hofmann arrives at a boarding house in Hamm, Germany, and lets a room from the widow who owns it. Fifty years later, Walter Gersdorff, the widow's son, who was eleven years old in the spring of 1938, discovers the carefully hidden diary the boarder had kept during his stay, even though he never should have written any of its contents down. What Walter finds is a chronicle of one the most tumultuous years in German history, narrated by a secret agent on a deadly mission. Josef Hofmann was not the returned Argentinian immigrant he'd said he was—he was a communist spy under Moscow's command trying to reconnect with remaining members of Germany's suppressed communist party. Hofmann's bosses believe the common workers are the only way to stop the German war machine from within. Posing as a railroad man, Hofmann sets out on his game of "Russian roulette," approaching Hamm's ex-party members one at a time and delicately feeling out their allegiances. He always knew his mission would most likely end in his death, and he was satisfied to make that sacrifice for the revolution if it could help stop Hitler and his abominable ideology. But as he grows close to the Gersdorffs, accidentally stepping into the role of the father Walter never had, Hofmann begins to wish for another kind of hope in his life.

Unblinded Wings Press

Leon Logothetis, host of the popular discovery+ series *The Kindness Diaries* and author of *Go Be Kind*, returns with a brand-new set of adventures and a brand-new call to action: *Go Be Brave!* Bravery goes far beyond running into burning buildings. It's what makes us human and what allows us to connect with others. It's the foundation of a truly magnificent life—if only we're vulnerable enough to embrace it. In his

travels across the world, Leon Logothetis— “ The Kindness Guy ” —has met some of the kindest people around. What he discovered along the way was that bravery wasn ’ t what he thought it was. True bravery means being kind, making connections, and tapping into the deep fearlessness that defines us as human beings. Now, in *Go Be Brave*, Leon shares 24 (and $\frac{3}{4}$) new adventures for a fearless, wiser, and truly magnificent life. Bravery is a choice—the choice to reconnect to our humanity—and it ’ s one we can make every single day. *Go Be Brave* is a simple concept and a simple journal that will strengthen your being-human muscle and remind you how brave you truly are. With Leon cheering you on, you will: Go on a treasure hunt to find your very own Bravery Buddy Build a strategy for love—to both offer and accept more of it Learn to say "yes" to adventure, and embrace saying "no" to things that don't serve you. Tackle your biggest fear—whether it ’ s spiders or having a difficult conversation with a loved one Bravely share your greatest dream with the world (or email it to Leon) Some of the adventures will be fun (ice cream sold separately), some will be serious, some will be hard, and a few will crack you up. But all of them will have the power to change your life, and the lives of those around you. So go out there, and #GoBeBrave.

The Kindness Diaries BenBella Books

Discover the nationally bestselling, true story of a life-changing friendship between a man and his rescue cat, Nala, as they adventure together on a bike journey around the world -- from the Instagram phenomenon @1bike1world. When 30-year-old Dean Nicholson set off from Scotland to cycle around the world, his aim was to learn as much as he could about our troubled planet. But he hadn't bargained on the lessons he'd learn from his unlikely companion. Three months after leaving home, on a remote road in the mountains between Montenegro and Bosnia, he came

across an abandoned kitten. Something about the piercing eyes and plaintive meowing of the bedraggled little cat proved irresistible. He couldn't leave her to her fate, so he put her on his bike and then, with the help of local vets, nursed her back to health. Soon on his travels with the cat he named Nala, they forged an unbreakable bond -- both curious, independent, resilient and adventurous. The video of how they met has had 20 million views and their Instagram has grown to almost 750k followers -- and still counting! Experiencing the kindness of strangers, visiting refugee camps, rescuing animals through Europe and Asia, Dean and Nala have already learned that the unexpected can be pretty amazing. Together with Garry Jenkins, writer with James Bowen of the bestselling *A Street Cat Named Bob*, Dean shares the extraordinary tale of his and Nala's inspiring and heart-warming adventure together.

Tales of a Fourth Grade Nothing Orbit

Over 16 million copies sold worldwide 'Every human being should read this book' Simon Sinek One of the outstanding classics to emerge from the Holocaust, *Man's Search for Meaning* is Viktor Frankl's story of his struggle for survival in Auschwitz and other Nazi concentration camps. Today, this remarkable tribute to hope offers us an avenue to finding greater meaning and purpose in our own lives.

The *Autobiography of an Ex-Colored Man* Simon and Schuster This new hardcover edition of Odd Nansen's diary, the first in over sixty-five years, contains extensive annotations and other material not found in any other hardcover or paperback versions. Nansen, a Norwegian, was arrested in 1942 by the Nazis, and spent the remainder of World War II in concentration camps--Grini in Oslo, Veidal above the Arctic Circle, and Sachsenhausen in Germany. For three and a half years, Nansen kept a secret diary on tissue-paper-

thin pages later smuggled out by various means, including inside the prisoners' hollowed-out breadboards. Unlike writers of retrospective Holocaust memoirs, Nansen recorded the mundane and horrific details of camp life as they happened, "from day to day." With an unsparing eye, Nansen described the casual brutality and random terror that was the fate of a camp prisoner. His entries reveal his constantly frustrated hopes for an early end to the war, his longing for his wife and children, his horror at the especially barbaric treatment reserved for Jews, and his disgust at the anti-Semitism of some of his fellow Norwegians. Nansen often confronted his German jailors with unusual outspokenness and sometimes with a sense of humor and absurdity that was not appreciated by his captors. After the Putnam's edition received rave reviews in 1949, the book fell into obscurity. In 1956, in response to a poll about the "most undeservedly neglected" book of the preceding quarter-century, Carl Sandburg singled out *From Day to Day*, calling it "an epic narrative," which took "its place among the great affirmations of the power of the human spirit to rise above terror, torture, and death." Indeed, Nansen witnessed all the horrors of the camps, yet still saw hope for the future. He sought reconciliation with the German people, even donating the proceeds of the German edition of his book to German refugee relief work. Nansen was following in the footsteps of his father, Fridtjof, an Arctic explorer and humanitarian who was awarded the Nobel Peace Prize in 1922 for his work on behalf of World War I refugees. (Fridtjof also created the "Nansen passport" for stateless persons.) Forty sketches of camp life and death by Nansen, an architect and talented draftsman, provide a sense of immediacy and acute observation matched by the diary entries. The preface is written by Thomas Buergenthal, who was

"Tommy," the ten-year-old survivor of the Auschwitz Death March, whom Nansen met at Sachsenhausen and saved using his extra food rations. Buergenthal, author of *A Lucky Child*, formerly served as a judge on the International Court of Justice at The Hague and is a recipient of the 2015 Elie Wiesel Award from the US Holocaust Memorial Museum.

Black Like Me Vintage

A compassionate counting book that captures the power of a welcoming community. Teach children about refugees and how each kindness can help them find a new home. More than half of the world's refugees are children fleeing scary situations in search of a safe place to live. Arriving in a new place is stressful for newcomers, especially when the newcomers are little ones. But this beautiful counting book helps readers see the journey of finding a new home and the joys of being welcomed into a new community. From playing to sleeping, eating to reading, celebrating to learning, *Counting Kindness* proves we can lift the heaviest hearts when we come together. Endorsed by Amnesty International.

Eva Sees a Ghost: A Branches Book (Owl Diaries #2) New York Review of Books

As *The Giving Tree* turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a classic that will now reach an even wider audience. "Once there was a tree...and she loved a little boy." So begins a story of unforgettable perception, beautifully written and illustrated by the gifted and versatile Shel Silverstein. This moving parable for all ages offers a touching interpretation of the gift of giving and a serene acceptance

of another's capacity to love in return. Every day the boy would come to the tree to eat her apples, swing from her branches, or slide down her trunk...and the tree was happy. But as the boy grew older he began to want more from the tree, and the tree gave and gave and gave. This is a tender story, touched with sadness, aglow with consolation. Shel Silverstein's incomparable career as a bestselling children's book author and illustrator began with *Lafcadio, the Lion Who Shot Back*. He is also the creator of picture books including *A Giraffe and a Half*, *Who Wants a Cheap Rhinoceros?*, *The Missing Piece*, *The Missing Piece Meets the Big O*, and the perennial favorite *The Giving Tree*, and of classic poetry collections such as *Where the Sidewalk Ends*, *A Light in the Attic*, *Falling Up*, *Every Thing On It*, *Don't Bump the Glump!*, and *Runny Babbit*. And don't miss the other Shel Silverstein ebooks, *Where the Sidewalk Ends* and *A Light in the Attic!*

[A Capitol Crime](#) Grand Central Publishing

New York Times Bestseller Winner of the Women's Prize for Fiction World Fantasy Awards Finalist From the New York Times bestselling author of *Jonathan Strange & Mr Norrell*, an intoxicating, hypnotic new novel set in a dreamlike alternative reality. Piranesi's house is no ordinary building: its rooms are infinite, its corridors endless, its walls are lined with thousands upon thousands of statues, each one different from all the others. Within the labyrinth of halls an ocean is imprisoned; waves thunder up staircases, rooms are flooded in an instant. But Piranesi is not afraid; he understands the tides as he understands the pattern of the labyrinth itself. He lives to explore the house. There is one other person in the house—a man called *The Other*, who visits Piranesi twice a week and asks for help with research into *A Great and Secret Knowledge*. But as Piranesi explores, evidence emerges of another person, and a terrible truth

begins to unravel, revealing a world beyond the one Piranesi has always known. For readers of Neil Gaiman's *The Ocean at the End of the Lane* and fans of Madeline Miller's *Circe*, Piranesi introduces an astonishing new world, an infinite labyrinth, full of startling images and surreal beauty, haunted by the tides and the clouds.

[The Language of Kindness](#) Simon and Schuster

Follow the inspirational journey of a former stockbroker who leaves his unfulfilling desk job in search of a meaningful life. He sets out from Los Angeles on a vintage motorbike, determined to circumnavigate the globe surviving only on the kindness of strangers. Incredibly, he makes his way across the U.S., through Europe, India, Cambodia, and Vietnam, and finally to Canada and back to the Hollywood sign, by asking strangers for shelter, food, and gas. Again and again, he's won over by the generosity of humanity, from the homeless man who shares his blanket to the poor farmer who helps him with his broken down bike, and the HIV-positive mother who takes him in and feeds him. At each stop, he finds a way to give back to these unsuspecting Good Samaritans in life-changing ways, by rebuilding their homes, paying for their schooling, and leaving behind gifts big and small. The *Kindness Diaries* will introduce you to a world of adventure, renew your faith in the bonds that connect people, and inspire you to accept and generate kindness in your own life.

[Deep Kindness](#) Bloomsbury Publishing USA

During the summer of 1998, Peter Mortimer set off on the 500-mile journey from Plymouth to Edinburgh, accompanied only by his King Charles spaniel. He took no money and had no transport or pre-arranged accommodation. Bereft of the basics necessary for human existence, such as food and shelter, he was dependent for his survival on his own wits, the generosity of others and good fortune.

[A Fortunate Man](#) Random House

Tired of his disconnected life and uninspiring job, Leon Logothetis leaves it all behind - job, money, home, even his cell phone - and hits the road with nothing but the clothes on his back and five dollars in his pocket, relying on the kindness of strangers and the serendipity of the open road for his daily keep. Along the

way, Leon offers up the intriguing and charming tales gathered along his one - of - immigrant origins from U.S. officials-that help explain why he felt such a strong affinity to strangers in need. Drawing on his unique find and his award-winning reportorial gifts, Ted Gup solves a singular family mystery even while he pulls away the veil of eight decades that separate us from the hardships that united America during the Depression. In *A Secret Gift*, he weaves these revelations seamlessly into a tapestry of Depression-era America, which will fascinate and inspire in equal measure. Watch a Video [Counting Kindness](#) Courier Corporation

You only have to change one life in order to change the world. The question is: Are you ready? *Go Be Kind* isn't just a journal or another how-to guide to creating the life you want. It's a series of daily adventures that will help you rediscover the greatest human gift—kindness, which inspires interpersonal connection and is the most rewarding way to lead a more magnificent life. Created by Leon Logothetis, host of *The Kindness Diaries* on Netflix, this life-changing book is filled with highly classified missions, treasure hunts, dream dates, awkward moments, and daily adventures that are guaranteed to change your life. You will step outside of your comfort zone. You will become best friends with total strangers. Some of the adventures can be done while you're falling asleep at night. Some of them will open your eyes to things you've never seen before. And all of them are really easy. It might take 28 ½ days. It might take 11. Or you can take all the time you need (the adventure is up to you). This adventure is about to change your life. And someone else's, too . . . Because once we start being kind, we realize that there is no faster way to happiness. It will change how you see the world, how you connect with other people, and how you connect with yourself. And it starts with you. Let's do it. #gobekind This Close to Okay Charlesbridge Publishing

Cultivating kindness is easy when you try. Spread a little kindness and watch empathy ripple through the community... spreading happiness like sunshine, connecting diverse groups like a footbridge and lifting hope like a kite string. How can YOU lift others with kindness? This compelling book illustrates simple, yet impactful ways, to spread kindness and brighten the lives of others. Through poetry, the inspiring words uplift young readers, planting seeds of

The Kindness of Strangers Simon and Schuster

An inspiring account of America at its worst-and Americans at their best-woven from the stories of Depression-era families who were helped by gifts from the author's generous and secretive grandfather. Shortly before Christmas 1933 in Depression-scarred Canton, Ohio, a small newspaper ad offered \$10, no strings attached, to 75 families in distress. Interested readers were asked to submit letters describing their hardships to a benefactor calling himself Mr. B. Virdot. The author's grandfather Sam Stone was inspired to place this ad and assist his fellow Cantonians as they prepared for the cruelest Christmas most of them would ever witness. Moved by the tales of suffering and expressions of hope contained in the letters, which he discovered in a suitcase 75 years later, Ted Gup initially set out to unveil the lives behind them, searching for records and relatives all over the country who could help him flesh out the family sagas hinted at in those letters. From these sources, Gup has re-created the impact that Mr B. Virdot's gift had on each family. Many people yearned for bread, coal, or other necessities, but many others received money from B. Virdot for more fanciful items-a toy horse, say, or a set of encyclopedias. As Gup's investigations revealed, all these things had the power to turn people's lives around- even to save them. But as he uncovered the suffering and triumphs of dozens of strangers, Gup also learned that Sam Stone was far more complex than the lovable- retiree persona he'd always shown his grandson. Gup unearths deeply buried details about Sam's life- from his impoverished, abusive upbringing to felonious efforts to hide his

empathy, kindness and community support. The best book for positively teaching kindness. Kindness is a Kite by Michelle Schaub carries the key message of kindness as well as how to teach similes and metaphors supported by the many advocates of positive parenting solutions. It'll sit comfortably on your shelf alongside other books that focus on the power of kindness. Like the work of Diane Alber (Scribble Stones) and Brandon Walden (Trees) This book comes with a free Reader's Guide for children. The guide is available for free download from the publisher website. Lesson plans, activities and discussion questions to allow parents, teachers and caregivers to explore the topic further and deepen comprehension.

Senlin Ascends Grand Central Publishing

In this quietly revolutionary work of social observation and medical philosophy, Booker Prize-winning writer John Berger and the photographer Jean Mohr train their gaze on an English country doctor and find a universal man--one who has taken it upon himself to recognize his patient's humanity when illness and the fear of death have made them unrecognizable to themselves. In the impoverished rural community in which he works, John Sassall tend the maimed, the dying, and the lonely. He is not only the dispenser of cures but the repository of memories. And as Berger and Mohr follow Sassall about his rounds, they produce a book whose careful detail broadens into a meditation on the value we assign a human life. First published thirty years ago, A Fortunate Man remains moving and deeply relevant--no other book has offered such a close and passionate investigation of the roles doctors play in their society. "In contemporary letters John Berger seems to me peerless; not since Lawrence has there been a writer who offers such attentiveness to the sensual world with responsiveness to the imperatives of conscience."

--Susan Sontag

Amazing Adventures of A Nobody Penguin

A work by the Italian-Jewish writer, Primo Levi. It describes his arrest as a member of the Italian anti-fascist resistance during the Second World War, and his incarceration in the Auschwitz concentration camp from February 1944 until the camp was liberated on 27 January 1945.

Jupiter's Travels Simon and Schuster

The USA Today – bestselling biography of a man who lost his sight as an adult and regained it twenty years later without any medical intervention. Unblinded is the true story of New Yorker Kevin Coughlin, who became blind at age thirty-six due to a rare genetic disorder known as Leber ' s Hereditary Optic Neuropathy. Twenty years later, without medical intervention, Kevin ' s sight miraculously started to return. He is the only known person in the world who has experienced a spontaneous, non-medically assisted, regeneration of the optic nerve. Unblinded follows Kevin ' s descent into darkness, and his unexplained reemergence to sight. Praise for Unblinded “ A remarkable story of sudden blindness, new vision, and sight regained. It offers great insight into the nature of reality—that which we perceive and that which we create for ourselves. ” —Isaac Lidsky, New York Times – bestselling author of Eyes Wide Open “ Its pages take us, at once, on a remarkable true adventure and into the heart and mind of a most extraordinary individual. A beautifully written and inspiring tale, and a reminder to us all about what really matters. ” —Robert Kurson, New York Times – bestselling author of Rocket Men “ Unblinded provides honest, profound insight into the emotional trauma that occurs when vision is lost and the path forward in life cannot be

seen. ” —Lissa Poincenot, National Leber ’ s Hereditary Optic Neuropathy Advocate “ A fascinating, behind-the-scenes tour of what went on during those years of darkness and how Kevin Coughlin, after battling alcoholism, loneliness, prejudice, and perhaps most of all himself, emerges as a man of wisdom and sight. ” —Ann Campanella, award-winning and bestselling author of

Motherhood: Lost and Found

Nala's World Simon and Schuster

Nancy, Bess, and George look for Nancy ’ s missing father in the twenty-second book in the Nancy Drew Diaries series, a fresh approach to a classic series. While Nancy ’ s dad is away at a conference in Washington, DC, she invites Bess and George over for a slumber party. The girls are having a great time until Nancy gets a call from a number she doesn ’ t recognize. Her dad never showed up for his panel and he isn ’ t in his room. No one ’ s seen him since the night before, and he isn ’ t answering his phone. Worried, Nancy and the gang hop the next flight to DC to investigate. The girls scour the hotel for clues with little luck until Nancy finds her dad ’ s cell phone in the hotel basement. She ’ s pretty sure he left her a message on the home screen, if only she could figure out what it means. The hunt takes them across the US capital, retracing Mr. Drew ’ s steps to figure out what went wrong or who might be out to do him harm. If they don ’ t solve this mystery, it may cost Mr. Drew his life.