
The Lives And Liberation Of Princess Mandarava The Indian Consort Of Padmasambhava

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Liberation in the Palm
of Your Hand Oxford
University Press
Jeff Foster invites you
to forget everything
you know, everything

you ' ve been taught,
and everything
you ' ve ever read
about spiritual
awakening, Oneness,
enlightenment, non-
duality, and Advaita,
and to consider a new
possibility: the
possibility of absolute
freedom, right now,
right here, in the midst
of this very ordinary
life. Using everyday
language and drawing
on both personal
experience and age-old
wisdom, Foster shares
the possibility that all
the seeking and
longing of the mind
can come to an
absolute end with the
falling away of the
sense of being a
separate individual,

and a plunge into unconditional love. And in that plunge—which is totally beyond anything you have ever imagined—this so-called ordinary life reveals its great Secret. Written with stunning clarity and aliveness, this book is a love letter to the exhausted spiritual seeker who is simply longing to come Home.

Ornament of Precious Liberation

Simon and Schuster

"The Lives of Dwarfs is extraordinary in its range and vision. Beautifully written. Totally absorbing."--Ursula Hegi, author of *Stones from the River* "As a little person, husband, and father of a little

person, I dream of the day when dwarfs attain full acceptance in society. The *Lives of Dwarfs* provides a giant step in that direction."--Rick Spiegel, former president of Little People of America "This important book makes it possible for both average- and short-statured people to challenge our collective understanding of dwarfism as a synonym for diminishment or as an array of cute and evil fairy-tale figures. The liberatory work of this book is to invite us all to reimagine dwarfism as a livable experience

and tenable way of being in the world."--Rosemarie Garland Thomson, author of *Extraordinary Bodies: Figuring Physical Disability in American Culture and Literature* "A work of compassionate scholarship. A unique contribution to the literature of physical deformity and social isolation and a gift to the individuals whose personal struggle this is."--Linda Hunt, actor "Historically, they have borne the labels 'freaks' and 'oddities'; they have been collected as pets, displayed as spectacles, and treated as comic

relief. Now, for the first time, in this elegant and comprehensive volume, the lives of dwarfs are explored in all their fullness and humanity. Spanning the centuries from ancient Egypt to the present, this unique social history chronicles the various ways this population has been exploited, describes their strategies for coping, and notes the persistent influence of mythology upon perceptions of them by others. The narrative also highlights the lives of eminent individuals and contains a thought-provoking account of the representation and participation of dwarfs in the arts, enhanced by outstanding color photographs. Betty M. Adelson, the mother of a daughter with dwarfism, brings special insight and sensitivity to the research. She traces the widespread mistreatment of dwarfs over the centuries, engendered by their being viewed as curiosities rather than as human beings capable of the same accomplishments as people of average height, and deserving of the same pleasures. For much of their history, dwarfs have resorted to exhibiting themselves: because of social stigma no other employment was available. Only in recent years have short-statured individuals begun to challenge their position in society. Medical advances, new economic opportunities, and disability legislation have led to progress, mainly in Western nations. Advocacy groups have also formed in countries as diverse as Chile, South Korea, and Nigeria. Adelson compares what she refers to as the "small revolution" to similar social and cultural awakenings that women, African Americans, gays and lesbians, and

persons with disabilities experienced when they identified themselves as a community with shared goals and obstacles. Written with passion, grace, and the dignity that the subject deserves, *The Lives of Dwarfs* will not only revolutionize current perceptions about the historically misrepresented dwarf population, but also offer pause for thought on issues of disability, medical treatment, height, beauty, and identity.

The Lives and Liberation of Princess Mandarava
InterVarsity Press
Love and Liberation

reads the autobiographical and biographical writings of one of the few Tibetan Buddhist women to record the story of her life. Sera Khandro K ü nzang Dekyong Ch ö nyi Wangmo (also called Dew é Dorj é , 1892 – 1940) was extraordinary not only for achieving religious mastery as a Tibetan Buddhist visionary and guru to many lamas, monastics, and laity in the Golok region of eastern Tibet, but also for her candor. This book listens to Sera Khandro's conversations with land deities, dakinis, bodhisattvas, lamas, and fellow religious community members whose voices interweave with her own to narrate what is a story of both love

between Sera Khandro and her guru, Drim é Özer, and spiritual liberation. Sarah H. Jacoby's analysis focuses on the status of the female body in Sera Khandro's texts, the virtue of celibacy versus the expediency of sexuality for religious purposes, and the difference between profane lust and sacred love between male and female tantric partners. Her findings add new dimensions to our understanding of Tibetan Buddhist consort practices, complicating standard scriptural presentations of male subject and female aide. Sera Khandro depicts herself and Drim é Özer as inseparable embodiments of insight and method

<p>that together form the Vajrayana Buddhist vision of complete buddhahood. By advancing this complementary sacred partnership, Sera Khandro carved a place for herself as a female virtuoso in the male-dominated sphere of early twentieth-century Tibetan religion. An Extraordinary Absence Harper Collins The Tibetan Book of the Great Liberation, which was unknown to the Western world until its first publication in 1954, speaks to the quintessence</p>	<p>of the Supreme Path, or Mah=ay=ana, and fully reveals the yogic method of attaining Enlightenment. Such attainment can happen, as shown here, by means of knowing the One Mind, the cosmic All-Consciousness, without recourse to the postures, breathings, and other techniques associated with the lower yogas. The original text for this volume</p>	<p>belongs to the Bardo Thö dol series of treatises concerning various ways of achieving transcendence, a series that figures into the Tantric school of the Mah=ay=ana. Authorship of this particular volume is attributed to the legendary Padma-</p>
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Sambhava's text per se is preceded by an account of the great guru's own life and secret doctrines. It is followed by the testamentary teachings of the Guru Phadampa Sangay, which are meant to augment the thought of the other gurus discussed herein. Still more useful supplementary material will be found in the book's introductory remarks, by its editor Evans-

Wentz and by the eminent psychoanalyst C. G. Jung. The former presents a 100-page General Introduction that explains several key names and notions (such as Nirv=ana, for starters) with the lucidity, ease, and sagacity that are this scholar's hallmark; the latter offers a Psychological Commentary that weighs the differences between Eastern and

Western modes of thought before equating the "collective unconscious" with the Enlightened Mind of the Buddhist. As with the other three volumes in the late Evans-Wentz's critically acclaimed Tibetan series, all four of which are being published by Oxford in new editions, this book also features a new Foreword by Donald S. Lopez. [The Lives and Liberation of](#)

<u>Princess</u>	Liberation	about the
<u>Mandarava</u>	Rutgers	liberation of
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A translation	A Tibetan Man	non-humans
of the Padma	and woman	alike from
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ultidimension	liberation of	tradition of
al nature of	the concept	writings
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Guru's life.	of life ever	rejects the
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dominant in the Western world and develops an alternative 'ecological model' which is applicable to the life of the cell and the life of the human community. For the first time it brings together in one work the insights of modern biology with those of a modern holistic philosophy and a liberal theology in a way which challenges conventional

approaches to science, agriculture, sociology, politics, economics, development and liberation movements. **The Life and Liberation of Padmasambhava** University of North Texas This book tells the history of the changing gendered landscapes of northern Mozambique from the perspective of women who fought in the armed struggle for national independence, diverting from the often-told

narrative of women in nationalist wars that emphasizes a linear plot of liberation. Taking a novel approach in focusing on the body, senses, and landscape, Jonna Katto, through a study of the women ex-combatants' lived landscapes, shows how their life trajectories unfold as nonlinear spatial histories. This brings into focus the women's shifting and multilayered negotiations for personal space and

belonging. This the book does scholars of
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 the life the history of history,
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Rod Owens,	spirituality	practical
coauthor of	to transform	meditation
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Milarepa narratives author,

theologian, and well- respected Tibetan Buddhist scholar, Francis V. Tiso, describes the historical context of the tradition of hagiography (biography) in Buddhism and other spiritual traditions, and provides a history of Milarepa's influence in Tibet. Part One explains the tradition of composing stories about Milarepa's life and	teachings (there have been many throughout the centuries) and includes outlines of the contents of some of them as well as an explanation of the oral versions that have been transmitted via oral epic songs and poems that Milarepa composed. Describing the spiritual components of Bka'-brgyud- pa, Part Two includes tantric practices, an	outline for the path of liberation, definitions of "voidness," and the chara- cteristics of fully enlightened Buddhahood. Part Three includes translated biographies and oral teachings of Milarepa (in poetic form) that are considered sacred texts. The book also includes a foreword by Roberto Vitali, a prominent Tibetan Buddhist
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scholar as well as an extensive bibliography of primary and secondary sources.

Liberation Is Here

Harvest House Publishers
Valmiki's Ramayana is the story of Rama's exile and return to Ayodhya, of a triumphant king who will always do right by his subjects. In Volga's retelling, it is Sita who, after being abandoned by Purushottam Rama, embarks on an arduous journey towards self-

realization.

Along the way, she meets extraordinary women who have broken free from all that held them back: husbands, sons, and their notions of desire, beauty and chastity. The minor women characters of the epic as we know it -- Surpanakha, Renuka, Urmila and Ahalya -- steer Sita towards an unexpected resolution. Meanwhile, Rama too must reconsider and weigh his roles as the king of Ayodhya and as a man deeply in love with his wife. A

powerful

subversion of India's most popular tale of morality, choice and sacrifice, The Liberation of Sita opens up new spaces within the old discourse, enabling women to review their lives and experiences afresh. This is Volga at her feminist best. Love and Liberation Simon and Schuster
Liberation through Hearing, or more fully, The Great Liberation through Hearing in the Intermediate States (bar-do

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widely known by grown around story of
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<p>who read this book will gain inspiration and encouragement on the path to liberation.</p> <p><u>A Strange Liberation</u> Cambridge University Press</p> <p>"Buddhism and western psychotherapy seek to provide freedom from suffering, yet each offers a completely different approach for reaching this goal. How can we know which one will help us most? With <i>Already Free</i>, Bruce Tift</p>	<p>presents an insightful and practical investigation into two profound perspectives on the human condition -- and how we can use both together to help us open to the richness, disturbances, and inherent completeness of our lives"--Page 4 of cover.</p> <p><u>The Liberation of Life</u> Routledge</p> <p>The author of <i>Race for Profit</i> carries out</p>	<p>"[a] searching examination of the social, political and economic dimensions of the prevailing racial order"</p> <p>(Michelle Alexander, author of <i>The New Jim Crow</i>). In this winner of the Lannan Cultural Freedom Prize for an Especially Notable Book, Keeang a-Yamahtta Taylor "not</p>
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only exposes the canard of color-blindness but reveals how structural racism and class oppression are joined at the hip" (Robin D. G. Kelley, author of *Freedom Dreams*). The eruption of mass protests in the wake of the police murders of Michael Brown in Ferguson, Missouri, and Eric Garner in New York City have challenged the impunity with which officers of the law carry out violence against black people and punctured the illusion of a post-racial America. The Black Lives Matter movement has awakened a new generation of activists. In this stirring and insightful analysis, activist and scholar Keegan-Yamahtta Taylor surveys the historical and contemporary ravages of racism and the persistence of structural inequality, such as mass incarceration and black unemployment. In this context, she argues that this new struggle against police

violence	intellectual	class at this
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potential to	generation."	moment in
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atter moment	freedom."	Jr.'s Dream
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struggle for	Ransby,	Macmillan
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Taylor has	Freedom	career
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radical	race and	people around
		the world.

But when confronted with the prevalence of sexual violence in Kenyan and Zambian communities, she commits to advocating alongside the courageous survivors whose lives have intersected with hers. These women's powerful stories inspire her to embark on a new vocation, partnering with survivors of sexual violence to	launch a nonprofit organization that equips women to lead through the rewritten stories of their lives. But as Lim seeks to help her friends experience healing and liberation, her perspective is altered. Spiritually depleted, she finds herself ministered to by the women she came to serve—the once oppressed become her liberators. Illustrated	with dramatic full-color photography from Lim's own camera, Liberation Is Here transports us to forgotten corners of the world. From the slums of Nairobi, hospitals of Lusaka, killing fields of Kigali, and the back alleys of Barcelona, Lim weaves together a narrative of God's grace and healing amid fear and trauma. Her journey
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resulting explorations display not only the promise of Buddhist teachings to empower those facing racial discr imination but also the way that Black Buddhist voices are enriching the Dharma for all prac titioners. As the first anthology comprised solely of writings by African- descended Buddhist pra	ctitioners, this book is an important contribution to the development of the Dharma in the West. <u>The Lives of Dwarfs</u> SUNY Press Burmese meditation master Sayadaw U Pandita shows us that freedom is as immediate as breathing, as fundamental as a footstep. In this book he describes the path of the Buddha and calls all of	us to that heroic journey of liberation. Enlivened by numerous case histories and anecdotes, In This Very Life is a matchless guide to the inner territory of meditation - as described by the Buddha. Engaged Buddhism Simon and Schuster A perfect companion to the well- known Tibetan Book of the Dead. In life and in death, in meditation
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movement, many
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made--but there
is still far to
go to win
genuine change.
Here is a badly
needed primer
on the history
and future of
the struggle
against racism.
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