

The Mind Readers 1 Lori Brighton

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Stronger Than You Know Kensington Books

This book is not just about what to eat and what not to eat. It's about real mind shifts (pivots) to create new lasting results. We wanted to design a program that took the guesswork out, something you can do for the rest of your life with room to enjoy the things you love. After years of practice, we believe we've found an answer. A series of small changes in your lifestyle will build the foundation for the rest of your life and real success. Almost six years ago, we were two women in the same field, at the same pivot in the road, at the same stage of motherhood. Somehow we found each other. At the time we didn't know our friendship would grow into more, but eventually it became a partnership. We had different personalities and different strengths, but we had the same driving desire to help people change their lives. That is what made us a perfect team and led us to create Clean Cut Fitness & Nutrition. Together we built our friendship through running programs and helping moms. We took our clients from some of their first 5K races all the way to half marathons. In fact, we continue to work so well together today due to the success we've had in guiding others to identify and reach their goals and in inspiring them to create new ones. When a group of our clients approached us and asked if we could hold a weight loss challenge, yup, another new path opened for us. Excited by this idea, we sat down and put our methods, past fitness experiences, new education, and life experiences together to design a simple but effective weight loss challenge. We decided six weeks was the ideal time to break apart some old habits and create new ones. We also knew six weeks wasn't the final answer, and a lifetime of work was needed, but we knew it was a great foundation. Clean Cut was born. This simple, one-time challenge designed for this group, worked, and as you can imagine, people started asking, "What did you do? You look great!" Word got out, and interest grew, so we went with it and ran another challenge. We tweaked things along the way, building on our foundation. When things worked, we made them better. Things that had become roadblocks, we changed. We are always evolving and learning, which is the greatest part of Clean Cut. After our first small challenge gained momentum, we decided to create something for our clients and so many others. Over the years, Clean Cut has gone from a few challenges a year, to a national program that holds multiple core challenges along with holiday handhold programs, summer slam events and other pop-up programs that help people learn and succeed in the world of weight loss and management.

Penguin

"This might well be my favorite Rader-Day so far: a brilliant premise intriguingly developed, totally believable characters and a climax that took my breath away." — Ann Cleeves, New York Times bestselling author of The Shetland and Vera Series From the author of the Edgar Award®-nominated Under A Dark Sky comes an unforgettable, chilling novel about a young woman who recognizes the man who kidnapped her as a child, setting off a search for justice, and into danger. Most people who go missing are never found. But Alice was the lucky one... As a child, Alice was stolen from her backyard in a tiny Indiana community, but against the odds, her policeman father tracked her down within twenty-four hours and rescued her from harm. In the aftermath of the crime, her family decided to move to Chicago and close the door on that horrible day. Yet Alice hasn't forgotten. She devotes her spare time volunteering for a website called The Doe Pages scrolling through pages upon pages of unidentified people, searching for clues that could help reunite families with their missing loved ones. When a face appears on Alice's screen that she recognizes, she's stunned to realize it's the same man who kidnapped her decades ago. The post is deleted as quickly as it appeared, leaving Alice with more questions than answers. Embarking on a search for the truth, she enlists the help of friends from The Doe Pages to connect the dots and find her kidnapper before he hurts someone else. Then Alice crosses paths with Merrily Cruz, another woman who's been hunting for answers of her own. Together, they begin to unravel a dark, painful web of lies that will change what they thought they knew—and could cost them everything. Twisting and compulsively readable, *The Lucky One* explores the lies we tell ourselves to feel safe.

Maple HQN Books

A triumphant tale of a young woman and her difficult childhood, *The Glass Castle* is a remarkable memoir of resilience, redemption, and a revelatory look into a family at once deeply dysfunctional and wonderfully vibrant. Jeannette Walls was the second of four children raised by anti-institutional parents in a household of extremes.

Jumping from Helicopters Penguin

Grace Brisbane will do anything to save her family from poverty, even marry for money. But to catch the eye of a worldly noble, inexperienced Grace will need to learn the secrets of seduction. And who better to teach her than a man whose life is devoted to pleasure? Alex Weston is the top attraction at Lavender Hills, the all-male brothel that caters to the desires of London's most fashionable women. His beauty and sexual prowess are legendary, yet his seemingly charmed life masks an ugly truth. Alex is a prisoner in a gilded cage, blackmailed into service. He wants only freedom - until the night Grace Brisbane walks through his door. With a single kiss, what was supposed to be a business arrangement explodes into a passion unlike any Alex has ever known...or Grace dreamed possible. But love between a lady and a whore can never be - can it? Brighton provides an original story line, well-developed characters, and a plot-full of perfect amounts of sexual intrigue, twists, and lulls that allow the atmosphere of 1860s England to develop." - Library Journal

Servant: The Awakening Simon and Schuster

The debut novel from award-winning author Lori Ostlund—"smart, resonant, and imbued with

beauty" (Publishers Weekly) that "provides considerable pleasure and emotional power" (The New York Times Book Review)—about a man who leaves his longtime partner in New Mexico for a tragicomic road trip deep into the mysteries of his own Midwestern childhood. Sensitive, bighearted, and achingly self-conscious, forty-year-old Aaron Englund long ago escaped the confinements of his Midwestern hometown, but he still feels like an outcast. After twenty years under the Pygmalion-like care of his older partner, Walter, Aaron at last decides it is time to take control of his own fate. But soon after establishing himself in San Francisco, Aaron sees that real freedom will not come until he has made peace with his memories of Mortonville, Minnesota: a cramped town whose four hundred souls form a constellation of Aaron's childhood heartbreaks and hopes. After Aaron's father died in the town parade, it was the larger-than-life misfits of his childhood who helped Aaron find his place in a world hostile to difference. But Aaron's sense of rejection runs deep: when Aaron was seventeen, Dolores—his loving yet selfish and enigmatic mother—vanished one night. And when, all these years later, a new friend in San Francisco offers Aaron a way to locate his mother, his past and present collide, forcing Aaron to rethink his place in the world. "Touching and often hilarious...Ostlund writes with acuity and refreshing honesty about the messy complexity of being a social animal in today's world..." (Booklist, starred review). "Everything here aches, from the lucid prose to the sensitively treated characters to their beautiful and heartbreaking stories...An example of realism in its most potent iteration: not a nearly arranged plot orchestrated by an authorial god but an authentic, empathetic representation of life as it truly is" (Kirkus Reviews, starred review). After the Parade is a glorious anthem for the outsider.

Double the Heat Page Street Kids

She's a romantic at heart, living in the most unromantic of worlds . . . Nicknamed Sweet Abelli for her docile nature, Elena smiles on cue and has a charming response for everything. She's the favored daughter, the perfect mafia principessa . . . or was. Now, all she can see in the mirror's reflection is blood staining her hands like crimson paint. They say first impressions are everything . . . In the murky waters of New York's underworld, Elena's sister is arranged to marry Nicolas Russo. A Made Man, a boss, a cheat—even measured against mafia standards. His reputation stretches far and wide and is darker than his black suits and ties. After his and Elena's first encounter ends with an accidental glare on her part, she realizes he's just as rude as he is handsome. She doesn't like the man or anything he stands for, though that doesn't stop her heart from pattering like rain against glass when he's near, nor the shiver that ghosts down her spine at the sound of his voice. And he's always near. Telling her what to do. Making her feel hotter than any future brother-in-law should. Elena may be the Sweet Abelli on the outside, but she's beginning to learn she has a taste for the darkness, for rough hands, cigarettes, and whiskey-colored eyes. Having already escaped one scandal, however, she can hardly afford to be swept up in another. Besides, even if he were hers, everyone knows you don't fall in love with a Made Man . . . right? This is a standalone forbidden romance.

Let Me Die in His Footsteps Orenda Books

A passion-filled Winston novella from New York Times bestselling author Lori Foster. Hart Winston's switch with his identically hot twin brother has landed him in some serious foul play, it's a safe bet that in the game of love no one is going to follow the rules.

The Maddest Obsession Simon and Schuster

A sympathetic illustrated guide to learning to live with your mind—even when it tries to trick you. Most of us spend our lives trailing after our minds, allowing our brains to take us in directions that are safe and secure, controlled and conformed. Your mind doesn't want you to take that new job, sign up for that pottery class, or ask someone out. It wants you to stay unemployed, unfulfilled, and single because it enjoys routine and is resistant to change, no matter how positive the change may be. But more often than not, that's not what you want. *Whose Mind Is It Anyway?* will help you learn how to separate what you want from what your brain wants and how to do less when your mind is trying to trick you into doing more. In a colorful, funny, and nonthreatening way, it answers the difficult question of how we can take control of our self-defeating behaviors. Filled with charming illustrations, this book will be the friendly voice in your head to counter your negative thoughts,

and it will teach you how to finally be at peace with all that you are.

The Mind Readers Createspace Independent Publishing Platform

Danger lurks within the roots of Forest of Souls, an epic, unrelenting tale of destiny and sisterhood, perfect for fans of Naomi Novik and Susan Dennard. "A tantalizing beginning to a rich new fantasy series." –Traci Chee, NYT bestselling author of The Reader trilogy "Absolutely enchanting." – Natalie C. Parker, author of Seafire "You won't want to escape." – Sarah Henning, author of the Sea Witch "Will leave you shouting sisters unite!" – Mindee Arnett, author of Onyx & Ivory and Avalon Sirscha Ashwyn comes from nothing, but she's intent on becoming something. After years of training to become the queen's next royal spy, her plans are derailed when shamans attack and kill her best friend Saengo. And then Sirscha, somehow, restores Saengo to life. Unveiled as the first soulguide in living memory, Sirscha is summoned to the domain of the Spider King. For centuries, he has used his influence over the Dead Wood—an ancient forest possessed by souls—to enforce peace between the kingdoms. Now, with the trees growing wild and untamed, only a soulguide can restrain them. As war looms, Sirscha must master her newly awakened abilities before the trees shatter the brittle peace, or worse, claim Saengo, the friend she would die for.

Come Back Strong Zebra Books

Lori Nichols' enchanting debut features an irresistible, free-spirited, nature-loving little girl who greets the changing seasons and a new sibling with arms wide open. When Maple is tiny, her parents plant a maple tree in her honor. She and her tree grow up together, and even though a tree doesn't always make an ideal playmate, it doesn't mind when Maple is in the mood to be loud—which is often. Then Maple becomes a big sister, and finds that babies have their loud days, too. Fortunately, Maple and her beloved tree know just what the baby needs.

A Tribe Called Bliss Farrar, Straus and Giroux (BYR)

"[A] satisfying page-turner, complete with adorable animals and an idyllic summer setting."—Publishers Weekly on *The Summer of No Attachments* Summer flings with no strings mean nobody gets hurt. At least, that was the plan... After putting the brakes on her dead-end relationship, local veterinarian Ivey Anders is ready to soak up this summer on her own terms. The way she sees it, no dating means no disappointment. Why complicate life with anything long-term? But when she meets Corbin Meyer—and his troubled young son, Justin—Ivey's no-strings strategy threatens to unravel before she can put it into practice. Trust doesn't come easy for Ivey's best friend, Hope Mage, a veterinary-clinic assistant who's affected by an incident that's colored every relationship she's had. Though Hope's happy for Ivey, she can't quite open her own heart to the possibility of love. Not just yet... Maybe not ever. Soon, however, she's faced with a dilemma—Corbin's older brother, Lang. He's charming, he's kind...and he may just be the reason Hope needs to finally tear down her walls. And as the sweet summer months unspool, the two friends discover love won't give up on them so easily. Don't miss *The Honeymoon Cottage*, an all-new romantic family saga by Lori Foster where locals of a quirky small town help an on-the-shelf wedding planner find her own happily-ever-after.

Shrink Your Body, Grow Your Mind (b&w) Random House Books for Young Readers

As the blood settles into the snow, Rebaa's life will never be the same again. Lost, alone and damingly burdened with her murdered lover's Forbidden offspring, Rebaa must learn to survive in a freezing and hostile world. Hunted by a murderous chieftain, a man hell-bent on possessing her mysterious powers for his own, Rebaa calls upon all of her cunning and extraordinary gifts to evade capture. Facing relentless danger, Rebaa must attempt to reach the one place that surely promises salvation; she can only hope that her ancestral home is the haven she needs it to be... But can any haven truly exist for one who bears...*The Forbidden?*

Forest of Souls Penguin

The first Navajo woman surgeon combines western medicine and traditional healing. A spellbinding journey between two worlds, this remarkable book describes surgeon Lori Arviso Alvord's struggles to bring modern medicine to the Navajo reservation in Gallup, New Mexico—and to bring the values of her people to a medical care system in danger of losing its heart. Dr. Alvord left a dusty reservation in New Mexico for Stanford University Medical School, becoming the first Navajo woman surgeon. Rising above the odds presented by her own culture and the male-dominated world of surgeons, she returned to the reservation to find a new challenge. In dramatic encounters, Dr. Alvord witnessed the power of belief to influence health, for good or for ill. She came to merge the latest breakthroughs of medical science with the ancient tribal paths to recovery and wellness, following the Navajo philosophy of a balanced and harmonious life, called Walking in Beauty. And now, in bringing these principles to the world of medicine, *The Scalpel and the Silver Bear* joins those few rare works, such as *Healing and the Mind*, whose ideas have changed medical practices—and our understanding of the world.

My Man Michael Bantam

He's tantalizing trouble she can't resist... Charlotte Parrish has always wanted a certain kind of man: someone responsible, settled, boring. Bad boys need not apply. But when her car leaves her stranded and a mysterious stranger with brooding eyes and a protective streak comes to her rescue, she can't deny how drawn she is to him. In town searching for family he's never met, Mitch is everything she

never thought she wanted—and suddenly everything she craves. Finding his half brothers after all these years is more than Mitch Crews has allowed himself to wish for. Finding love never even crossed his mind...until he meets Charlotte. She's sweet, warmhearted, sexier than she knows—and too damn good for an ex-con like him. But when his past comes back to haunt him, putting Charlotte—and the family he's come to care for—in danger, Mitch isn't playing by the rules. He's already surrendered his heart, but now he'll risk his life.

The Glass Castle The Mind Readers

Lori Ann King guides women from preparation for hysterectomy surgery through recovery from sudden surgical menopause. Learn tips for nutrition, mindset, managing expectations, and more. As you make lifestyle changes, you'll create habits that strengthen your mind, body, and emotions, find hope and feel empowered like never before.

The Forbidden Zondervan

A Gulf War veteran and ten-year leader of the CIA's psychic research program reveals how its operatives developed the ability to locate objects and people over considerable distances, recounting how the program was used to find missing soldiers, hidden weapons, and lost aircraft before it was shut down. Reprint.

Reading the Enemy's Mind HarperCollins

Self-love expert and creator of the Earn Your Happy podcast shares the methods she used to build her own tribe and grow from an anxiety-ridden, unhealthy, introverted underachiever to a confident woman who takes risks and leaps out of her comfort zone—complete with a foreword from #1 New York Times bestselling author Gabrielle Bernstein. Today, we live in an uber-connected era, where anyone is able to make thousands of friends and participate in their lives with the swipe of a finger. Why then, in such a connected time in history, do so many women feel disconnected, confined, misunderstood, defeated, or think that success is a solo project? The benefits of a having a tribe are undeniable. Women who have strong social circles are living longer, happier, healthier lives in comparison to those who lack connections and are exhausting themselves trying to quench external desires in isolation. In *A Tribe Called Bliss* Lori Harder bridges the gap between inspiration and action, providing a lasting resource for positive change and a guidebook for establishing a support tribe. With crucial and fascinating lessons and contextual self-work exercises, this is the ultimate guidebook to discover the key to a lifetime of blissful happiness.

After the Parade Penguin

Urban paranormal fantasy featuring Gabrielle Cody: Servant. Slayer. Seducer. Gabrielle Cody has the ability to see the demons among us as they really are—and the responsibility to destroy them. She can't allow anyone to get in her way, even the magnetic Detective Luther Cross. Sensing a malevolent presence watching and stalking her, Gaby is drawn again and again to an abandoned hospital surrounded by an aura of sickness and suffering—and unimaginable evil.

All Fired Up Penguin

This novel dramatizes an incident that took place in a California school in 1969. A teacher creates an experimental movement in his class to help students understand how people could have followed Hitler. The results are astounding. The highly disciplined group, modeled on the principles of the Hitler Youth, has its own salute, chants, and special ways of acting as a unit and sweeps beyond the class and throughout the school, evolving into a society willing to give up freedom for regimentation and blind obedience to their leader. All will learn a lesson that will never be forgotten.

Twice Loved Penguin

Shortlisted for: **The Kathy Reichs Award for Fearless Female Character** **The Cat Amongst the Pigeons Award for Most Exceptional Debut** **FINALIST IN THE INTERNATIONAL THRILLER WRITERS AWARDS FOR BEST FIRST NOVEL** Part-time Florida bounty-hunter Lori Anderson isn't a superhero ... she's a single mum with a lot on her plate. But when her family is threatened, she'll stop at nothing to seek justice, and keep them safe... 'A real cracker' Mark Billingham 'My kind of book' Lee Child 'Like *Midnight Run*, but much darker ... really, really good' Ian Rankin ----- Six states. Three days. One chance to save her child... Lori Anderson is as tough as they come, managing to keep her career as a fearless Florida bounty hunter separate from her role as single mother to nine-year-old Dakota, who suffers from leukaemia. But when the hospital bills start to rack up, she has no choice but to take her daughter along on a job that will make her a fast buck. And that's when things start to go wrong. The fugitive she's assigned to haul back to court is none other than JT, Lori's former mentor – the man who taught her everything she knows ... the man who also knows the secrets of her murky past. Not only is JT fighting a child exploitation racket operating out of one of Florida's biggest amusement parks, Winter Wonderland, a place where 'bad things never happen', but he's also mixed up with the powerful Miami Mob. With two fearsome foes on their tails, just three days to get JT back to Florida, and her daughter to protect, Lori has her work cut out for her. When they're ambushed at a gas station, the stakes go from high to stratospheric, and things become personal. *DIV*Breathtakingly fast-paced, both hard-boiled and heart-breaking, *Deep Down Dead* is a simply stunning debut from one of the most exciting new voices in crime fiction. Praise for the Lori Anderson Series 'This is romping entertainment that moves faster than a bullet' Jake Kerridge, *Sunday Express* 'If you like your action to race away at full tilt, then this whirlwind of a thriller is a must' Deirdre O'Brien, *Sunday People* 'With convincing, gritty local detail, unflinching violence, and a subplot of red-hot romance, all narrated by a likeable, fast-talking heroine, this punchy and powerful adventure will leave you wanting more' *Sunday Mirror* 'Stripper-turned-bounty hunter Lori, with her sickly young daughter in tow, gets into high-octane escapes when she sets out to bring her former lover and mentor to justice. Lively' *Sunday Times* 'The non-stop twists and turns – plus Lori's constant dilemma as she is torn between the instincts of motherhood and the need to stay focused on her

perilous mission - draw in readers like a magnet and keep them hooked to the action right up to the emotional conclusion' Burnley Gazette 'Deep Down Dead is an impressive thriller, the kind of book that comfortably sits alongside seasoned pros at the top of