

The Perfect Mile Three Athletes One Goal And Less Than Four Minutes To Achieve It Neal Bascomb

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The Perfect Mile: Three Athletes, One Goal, and Less Than Four Minutes To Achieve It By Neal Bascomb, Houghton Mifflin Company, 2004 The Perfect Mile is simply the most perfect book that I've ever read.

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~~The total amount of pages for the progressive lowering of the mile record after Bannister takes less space than used to describe 'The Mile of the Century' at the Empire Games in Vancouver, when for the first time ever, 2 athletes broke the 4 minute barrier. This mile race is partly the perfect mile in Bascomb's title.~~

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~~The Perfect Mile is about the conquest of the four-minute mile, which like the ascent of Mt. Everest, stood in the early 50s as one of the last great frontiers of human endeavor. Three runners emerged as candidates to be the first to break through this barrier. One, Roger Bannister, was British.~~

~~Amazon.com: The Perfect Mile: Three Athletes, One Goal ...~~

~~The Perfect Mile: Three Athletes, One Goal, and Less Than Four Minutes to Achieve It by Neal Bascomb is a non-fiction book about three runners and their attempts to become the first man to run a mile under four minutes and their first subsequent head-to-head competition. The runners are Englishman Roger Bannister, American Wes Santee, and Australian John Landy. June 21, 1954: Less than six weeks after Bannister's historic feat, Australian John Landy runs 3:58 at a track meet in Finland ...~~

~~The Perfect Mile - Wikipedia~~

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