
The Spirit Level Why More Equal Societies Almost Always Do Better

Richard G Wilkinson

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**Anatomy of the Spirit
Image**



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Now a Netflix Original Documentary America was once celebrated for and defined by its large and prosperous middle class. Now, this middle class is shrinking, a new oligarchy is rising, and the country faces its greatest wealth disparity in eighty years. Why is the economic system that made America strong suddenly failing us, and how can it be fixed? Leading political economist and bestselling author Robert B. Reich

presents a paradigm-shifting, clear-eyed examination of a political and economic status quo that no longer serves the people, exposing one of the most pernicious obstructions to progress today: the enduring myth of the “free market” when, behind the curtain, it is the powerful alliances between Washington and Wall Street that control the invisible hand. Laying to rest the specious dichotomy between a free market and “big

government,” Reich shows that the truly critical choice ahead is between a market organized for broad-based prosperity and one designed to deliver ever more gains to the top. Visionary and acute, *Saving Capitalism* illuminates the path toward restoring America’s fundamental promise of opportunity and advancement. *The Inner Level Penguin UK* A wide-ranging exploration of why inequality persists and what can be done about it.

**In the Spirit of a
Dream (Digital Read
Along Edition)**

Multnomah

Winner of the Bruno
Kreisky Prize, Karl

Renner Institut A

Financial Times Best
Economics Book of the
Year An Economist

Best Book of the Year

A Livemint Best Book
of the Year One of

the world's leading
economists of

inequality, Branko

Milanovic presents a

bold new account of

the dynamics that

drive inequality on a provides offer a
global scale. Drawing clearer picture of
on vast data sets and great economic

cutting-edge

research, he explains theorizing chips away
the benign and malign at tired economic

forces that make

inequality rise and
fall within and among

nations. He also

reveals who has been

helped the most by
globalization, who

has been held back,
and what policies

might tilt the

balance toward

economic justice.

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globalization, who

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and what policies

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balance toward

economic justice.

"The data [Milanovic] this topic, Milanovic

has added significantly to important recent works by Thomas Piketty, Anthony Atkinson and François Bourguignon...Ever-rising inequality looks a highly unlikely combination with any genuine democracy. It is to the credit of Milanovic's book that it brings out these dangers so clearly, along with the important global successes of the past

few decades. —Martin Wolf, Financial Times
Whisperers Zondervan
Why do we mistrust people more in the UK than in Japan? Why do Americans have higher rates of teenage pregnancy than the French? What makes the Swedish thinner than the Greeks? The answer: inequality. This groundbreaking book, based on years of research, provides hard evidence to show: - How almost everything - from life expectancy to

depression levels, violence to illiteracy - is affected not by how wealthy a society is, but how equal it is - That societies with a bigger gap between rich and poor are bad for everyone in them - including the well-off - How we can find positive solutions and move towards a happier, fairer future Urgent, provocative and genuinely uplifting, The Spirit Level has been heralded as providing a new way of thinking about ourselves and our communities, and

could change the way you see the world.

Our Kids ABRAMS

Liberals worldwide invoke Scandinavia as a promised land of equality, while most conservatives fear it as a hotbed of liberty-threatening socialism. But the left and right can usually agree on one thing: that the Nordic system is impossible to replicate elsewhere. The US and UK are too big, or too individualistic, or too . . . something. In *Viking Economics*—perhaps the most fun economics book you’ve ever read—George Lakey dispels these myths. He explores the inner-workings of the Nordic economies that boast the world’s

happiest, most productive workers, and explains how, if we can enact some of the changes the Scandinavians fought for surprisingly recently, we, too, can embrace equality in our economic policy.

The Spirit Level Bloomsbury Publishing USA

Insightful and heart-warming, this classic book is written for those who seek to know God better. It unfolds life-impacting, biblical truths and has been called a "soul-stirring celebration of the pleasures of knowing God."

Of Water and the Spirit Harmony

Thom Hartmann, the most

popular progressive radio host in America and a New York Times bestselling author, looks at the history of the battle against oligarchy in America—and how we can win the latest round. Billionaire oligarchs want to own our republic, and they're nearly there thanks to legislation and Supreme Court decisions that they have essentially bought. They put Trump and his political allies into office and support a vast network of think tanks, publications, and social media that every day push our nation closer and closer to police-state tyranny. The

United States was born in a struggle against the oligarchs of the British aristocracy, and ever since then the history of America has been one of dynamic tension between democracy and oligarchy. And much like the shock of the 1929 crash woke America up to glaring inequality and the ongoing theft of democracy by that generation's oligarchs, the coronavirus pandemic of 2020 has laid bare how extensively oligarchs have looted our nation's economic system, gutted governmental institutions, and stolen the wealth of the former middle class. Thom Hartmann traces the history of this struggle against oligarchy from America's founding to the United States' war with the feudal Confederacy to President Franklin Roosevelt's struggle against "economic royalists," who wanted to block the New Deal. In each of those cases, the oligarchs lost the battle. But with increasing right-wing control of the media, unlimited campaign contributions, and a conservative takeover of the judicial system, we're at a crisis point. Now is the time for action, before we flip into tyranny. We've beaten the oligarchs before, and we can do it again. Hartmann lays out practical measures we can take to break up media monopolies, limit the influence of money in politics, reclaim the wealth stolen over decades by the oligarchy, and build a movement that will return control of America to We the People.

What Do We Do about Inequality? Picador

In contemporary India, 12-year-old Asha will journey across the dangerous Himalayas to find her missing father and save her family's home -- guided by a mythical bird and

a green-eyed tiger who she believes to be the spirits of her ancestors. This is an incredibly unique debut about loss, family, buried treasure, and hope. Asha lives on a family farm with her mother in rural India in the foothills of the Himalayas. Life would be perfect if her father were with them instead of working at the factory in the faraway city. But she knows they wouldn't be able to afford their home without the money he sends home. When four months go by without a single letter, a ruthless debt collector arrives with a warning, and soon the entire world that Asha

has known is threatened. Determined to save her home, Asha and her best friend must swallow their fears and set out on a dangerous journey across the Himalayas to find her father. As desperation turns to peril, Asha will face law enforcement, natural disaster, and the wild dangers of the Himalayas. But with a majestic bird and a green-eyed tiger as her guides, who she believes to be the spirits of her ancestors, she's determined to keep faith in order to save her family.

Daily Five Minute Journal
Verso Books
Looks at rampant and

growing disparities in various forms and looks to help the reader understand these problem from new perspectives, while also offering ideas towards creating outcomes that are more just than those that are currently endured.

Closing of the American Mind
Simon and Schuster

"The bestselling author of *Bowling Alone* offers [an] ... examination of the American Dream in crisis--how and why opportunities for upward mobility are diminishing, jeopardizing the prospects of an ever larger segment of Americans"--

Asha and the Spirit Bird Jaico Publishing House
The perfect gift! A specially priced, beautifully designed hardcover edition of *The Joy of the Gospel* with a foreword by Robert Barron and an afterword by James Martin, SJ. “The joy of the gospel fills the hearts and lives of all who encounter Jesus... In this Exhortation I wish to encourage the Christian faithful to embark upon a new chapter of evangelization marked by this joy, while pointing out new paths for the Church’s journey in years to come.” – Pope Francis This special edition of Pope Francis's popular message of hope explores themes that are important for believers in the 21st century.

Examining the many obstacles to faith and what can be done to overcome those hurdles, he emphasizes the importance of service to God and all his creation. Advocating for “the homeless, the addicted, refugees, indigenous peoples, the elderly who are increasingly isolated and abandoned,” the Holy Father shows us how to respond to poverty and current economic challenges that affect us locally and globally. Ultimately, Pope Francis demonstrates how to develop a more personal relationship with Jesus Christ, “to recognize the traces of God’s Spirit in events great and small.” Profound in its insight, yet warm and accessible in its tone, *The Joy*

of the Gospel is a call to action to live a life motivated by divine love and, in turn, to experience heaven on earth. Includes a foreword by Robert Barron, author of *Catholicism: A Journey to the Heart of the Faith* and James Martin, SJ, author of *Jesus: A Pilgrimage*
The Inner Level Simon and Schuster
It is common knowledge that, in rich societies, the poor have worse health and suffer more from almost every social problem. This book explains why inequality is the most serious problem societies face today.
Social Class in the 21st Century

Bloomsbury Publishing

With this five minute journal, you can become the best version of yourself by just sparing 5 minutes each day. Your goals will become more attainable and your happiness will rise. So boost your happiness and become successful....

The Almost Nearly Perfect People

The Spirit Level

In the Age of Revolution, how did American women conceive their lives and marital obligations? By examining the attitudes and behaviors surrounding the contentious issues of family, contraception, abortion, sexuality, beauty, and identity, Susan E. Klepp demonstrates that many

women--rural and urban, free and enslaved--began to radically redefine motherhood. They asserted, or attempted to assert, control over their bodies, their marriages, and their daughters' opportunities. Late-eighteenth-century American women were among the first in the world to disavow the continual childbearing and large families that had long been considered ideal. Liberty, equality, and heartfelt religion led to new conceptions of virtuous, rational womanhood and responsible parenthood. These changes can be seen in falling birthrates, in advice to friends and kin, in portraits, and in a gradual, even reluctant, shift in men's opinions. Revolutionary-

era women redefined femininity, fertility, family, and their futures by limiting births. Women might not have won the vote in the new Republic, they might not have gained formal rights in other spheres, but, Klepp argues, there was a women's revolution nonetheless.

The Health Gap The New Press

The Spirit Level Bloomsbury Publishing USA

Global Inequality

Balboa Press

A “powerful and provocative” inquiry into the relationship between societies’ inequality and

their citizens' health, happiness and well-being (Lisa Berkman, Harvard School of Public Health). Comparing the United States with other market democracies, and one American state with another, this book presents irrefutable evidence that inequality is a driver of poor health, social conflict, and violence. Pioneering social scientist Richard Wilkinson addresses the growing feeling—so common in the United States—that modern societies, despite their material success,

are social failures. The Impact of Inequality explains why inequality has such devastating effects on the quality and length of our lives. Wilkinson shows that inequality leads to stress, which in turn creates sickness on the individual and mass level. As a consequence, society suffers widespread unhappiness and high levels of violence, depression, and mistrust across the social spectrum. With persuasive evidence and fascinating analysis, the diagnosis is clear: Social and political

inequality are essential to improving life for everyone. Wilkinson argues that even small reductions in inequality can make an important difference—for, as this book explains, social relations are always built on material foundations. “This new book, a wonderful work of synthesis, brings insight into how conditions of society impact on people’s daily lives. . . . It is a stimulating and exciting book.” —Sir Michael Marmot, author of *The Status Syndrome* and *The Spirit Within* Createspace

Independent Publishing Platform

“From the hair-raising to the eyebrow-raising, this is a scintillating account of meetings with spirits through history” (Mark Booth, New York Times–bestselling author). It may seem incredible, but as bestselling novelist and occult expert J.H. Brennan reveals in this eye-opening new history, there is a wealth of evidence to suggest that the disembodied voices of spirits may have subtly directed the course of human events. In *Whisperers*, Brennan explores how the “spirit

world”—whether we believe in it or not—has influenced our own since the dawn of civilization. With a novelist’s flair and a scholar’s keen eye, Brennan details the supernatural affinities of world leaders from King Nebuchadnezzar to Adolf Hitler, showing how the decisions and policies of each have been shaped by their supernatural beliefs and encounters. Brennan also examines the impact of visions, from shamanism in native cultures to prophets such as Joan of Arc. Chronicling millennia of contact between the spirit world and our own,

Whisperers presents an entirely new and different way to look at history. “Prolific Irish author and lecturer Brennan’s lifelong fascination with psychic phenomena fuels this comprehensive analysis of potential supernatural influences on history. . . . Certain hokum for skeptics, but the more open-minded will savor this chillingly convincing testimonial.” —Kirkus Reviews “J.H. Brennan is an expert storyteller who paints an often terrifying picture of how human destiny has regularly been changed forever by individuals convinced they were in

communication with intelligences from beyond. In *Whisperers*, Brennan has created a unique and timely history of spirit voices that is both brilliant and utterly chilling.” —Andrew Donkin, coauthor of *Illegal*

The Spirit of Revelation Penguin
A study in the collision between Western medicine and the beliefs of a traditional culture focuses on a hospitalized child of Laotian immigrants whose belief that illness is a spiritual matter comes into conflict with doctors' methods.

The Spirit of the Disciplines -
Reissue Scholastic Inc.
Do Cubans live longer than

Americans? Are Scandinavians happier than the British? Do Oscar winners live longer than other actors? Does capitalism cause mental illness? Does inequality lead to murder? Would higher taxes make us slimmer, more trusting and more charitable? *The Spirit Level Delusion* shines the light of reason on some of the extraordinary claims made in favour of big government in the twenty-first century. Several books (*The Spirit Level*, *Happiness and Affluence* amongst others) have called for a radical shift in power from the individual to the state based on the supposedly devastating effects of wealth, economic growth and inequality. By examining all the

available evidence, Christopher Snowdon tests the theory that 'more equal' countries are healthier, happier and more successful. Through a sober assessment of the facts-including some inconvenient truths-*The Spirit Level Delusion* shows that the theory not only lacks empirical support but also fails the basic test of believability. "If you haven't read a book that made you laugh out loud on the bus or the Tube in a while, try Christopher Snowdon's superb release, *The Spirit Level Delusion*. But the book's subtle humour is not the reason I am recommending it. *The Spirit Level Delusion* is, above all, a book that delivers and goes well beyond the promise of its subtitle 'fact-

checking the left's new theory of everything'... It may well be that the next big battle for a free society will be fought against the new anti-wealth egalitarianism. Christopher Snowden has provided defenders of freedom with powerful ammunition." Kristian Niemietz, Institute of Economic Affairs "Snowden picks so many holes in the theory that were it a building it wouldn't be passed as structurally sound by the most crooked of third world local government surveyors... I wish that everyone who espoused The Spirit Level would read The Spirit Level Delusion, which explains just how dubious the science behind this grand theory is." Ed West, The Telegraph "The Spirit

Level Delusion not only successfully and dramatically undermines much of the evidence in The Spirit Level, but also takes on the other fashionable opponents of economic growth... His engaging discussion unpicks the evidence of the anti-growth brigade and demonstrates that it is selective and partial. This book is excellent tube reading . Philip Booth, City AM

**Living Beyond Yourself -
Leader Kit: Exploring the
Fruit of the Spirit**

Zondervan
A groundbreaking investigation of how inequality infects our minds and gets under our skin Why

are people more relaxed and at ease with each other in some countries than others? Why do we worry so much about what others think of us and often feel social life is a stressful performance? Why is mental illness three times as common in the USA as in Germany? Why is the American dream more of a reality in Denmark than the USA? What makes child well-being so much worse in some countries than others? As The Inner Level demonstrates, the answer to all these is inequality. In The Spirit

Level Richard Wilkinson and increases, so does the of inequality on us are so
Kate Pickett put inequality at tendency to define and value severe. In doing so, they
the center of public debate by ourselves and others in terms challenge the conception that
showing conclusively that of superiority and inferiority. humans are inescapably
less equal societies fare A deep well of data and competitive and self-
worse than more equal ones analysis is drawn upon to interested. They undermine,
across everything from empirically show, for too, the idea that inequality is
education to life expectancy. example, that low social the product of "natural"
The Inner Level now status leads to elevated levels differences in individual
explains how inequality of stress hormones, and how ability. This book draws
affects us individually, rates of anxiety, depression together many of the most
altering how we think, feel and addictions are intimately urgent problems facing
and behave. It sets out the related to the inequality societies today, but it is not
overwhelming evidence that which makes that status just an index of our ills. It
material inequities have paramount. Wilkinson and demonstrates that societies
powerful psychological Pickett describe how these based on fundamental
effects: when the gap responses to hierarchies equalities, sharing and
between rich and poor evolved, and why the impacts reciprocity generate much

higher levels of well-being,
and lays out the path towards
them.