
The Ten Year Nap Meg Wolitzer

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Equity-Centered Trauma-Informed Education National Academies Press
The early novel that established Meg Wolitzer ' s career, later made into Nora Ephron ' s first film as a director. The third book by New York Times-bestselling author Meg Wolitzer (originally published as This Is Your Life), a smart, witty and perceptive novel about the daughters of a

female stand-up comic who watch as their mother struggles to balance her career with the needs of her children. Dottie Engels, comedienne extraordinaire, performs her act in Vegas and on late-night TV. Her two daughters, Opal and Erica, live on the periphery of her glittering life, seeing her on the television screen more often than they do at home. But when Dottie ' s ratings begin to slide, it takes both her daughters to save Dottie from herself. Displaying Wolitzer ' s signature style that combines keen observations, compassion for her characters, sharp humor, and a strong social hook, This Is My Life expertly captures the uncertainties of adolescence and the trials of growing up in the shadow of a mother who is caught between the conflicting pulls of fame and family.

The Defining Decade Penguin

NATIONAL BESTSELLER • In this moving, poignant novel by the bestselling author of *Birds of America*—and a master of American

fiction—we share a grown woman’s bittersweet nostalgia for the wildness of her youth. "An enchanting novel." —The New York Times

The summer Berie was fifteen, she and her best friend Sils had jobs at Storyland in upstate New York where Berie sold tickets to see the beautiful Sils portray Cinderella in a strapless evening gown. They spent their breaks smoking, joking, and gossiping. After work they followed their own reckless rules, teasing the fun out of small town life, sleeping in the family station wagon, and drinking borrowed liquor from old mayonnaise jars. But no matter how wild, they always managed to escape any real danger—until the adoring Berie sees that Sils really does need her help—and then everything changes.

The Dream Book Vintage

“Remarkable . . . With this book [Wolitzer] has surpassed herself.”—The New York Times Book Review "A victory . . . The Interestings secures Wolitzer's place among the best novelists of her generation. . . . She's every bit as literary as Franzen or Eugenides. But the very human moments in her work hit you harder than the big ideas. This isn't women's fiction. It's everyone's."—Entertainment Weekly (A) The New York Times—bestselling novel by Meg Wolitzer that has been called "genius" (The Chicago Tribune), "wonderful" (Vanity Fair), "ambitious" (San Francisco Chronicle), and a "page-turner" (Cosmopolitan), which The New York Times Book Review says is "among the ranks of books like Jonathan Franzen’s Freedom and Jeffrey Eugenides The Marriage Plot." The summer that Nixon resigns, six teenagers at a summer camp for the arts become inseparable. Decades later the bond remains powerful, but so much else has changed. In *The Interestings*, Wolitzer follows these characters from the height of youth through middle age, as their talents, fortunes, and degrees of satisfaction

diverge. The kind of creativity that is rewarded at age fifteen is not always enough to propel someone through life at age thirty; not everyone can sustain, in adulthood, what seemed so special in adolescence. Jules Jacobson, an aspiring comic actress, eventually resigns herself to a more practical occupation and lifestyle. Her friend Jonah, a gifted musician, stops playing the guitar and becomes an engineer. But Ethan and Ash, Jules’s now-married best friends, become shockingly successful—true to their initial artistic dreams, with the wealth and access that allow those dreams to keep expanding. The friendships endure and even prosper, but also underscore the differences in their fates, in what their talents have become and the shapes their lives have taken. Wide in scope, ambitious, and populated by complex characters who come together and apart in a changing New York City, *The Interestings* explores the meaning of talent; the nature of envy; the roles of class, art, money, and power; and how all of it can shift and tilt precipitously over the course of a friendship and a life.

A Tree Is Nice Vintage

"Unflinching, rich and revelatory."—MEGAN ABBOTT "Gorgeous, moody, and evocative . . . half coming-of-age story and half exhaustively researched true crime." —VANITY FAIR "Bracingly honest and extremely discomfiting, this book is like a riveting episode of *Law & Order: SVU* set at a Manhattan prep school with the U.S. Open as a backdrop." —MARIE CLAIRE A riveting blend of true crime and coming-of-age memoir— *The Stranger Beside Me* meets *Prep*—that presents an intimate and thought-provoking portrait of girlhood within Manhattan’s exclusive private-school scene in the early 1990s, and a thoughtful meditation on adolescent obsession and the vulnerability of youth. Piper Weiss was fourteen years old when her middle-aged tennis coach, Gary Wilensky, one of New York City’s most prestigious private instructors, killed himself after

a failed attempt to kidnap one of his teenage students. In the aftermath, authorities discovered that this well-known figure among the Upper East Side tennis crowd was actually a frightening child predator who had built a secret torture chamber—a "Cabin of Horrors"—in his secluded rental in the Adirondacks. Before the shocking scandal broke, Piper had been thrilled to be one of "Gary's Girls." "Grandpa Gary," as he was known among his students, was different from other adults—he treated Piper like a grown-up, taking her to dinners, engaging in long intimate conversations with her, and sending her special valentines. As reporters swarmed her private community in the wake of Wilensky's death, Piper learned that her mentor was a predator with a sordid history of child stalking and sexual fetish. But why did she still feel protective of Gary, and why was she disappointed that he hadn't chosen her? Now, twenty years later, Piper examines the event as both a teenage eyewitness and a dispassionate investigative reporter, hoping to understand and exorcise the childhood memories that haunt her to this day. Combining research, interviews, and personal records, *You All Grow Up and Leave Me* explores the psychological manipulation by child predators—their ability to charm their way into seemingly protected worlds—and the far-reaching effects their actions have on those who trust them most.

Belzhar Simon and Schuster

The cast of Donna Andrews' New York Times bestselling Meg Langslow mystery series is back for an unforgettable holiday story in *The Twelve Jays of Christmas*. Meg and Michael's annual holiday celebration is well underway, with a throng of out-of-town relatives staying at their house. Hosting these festivities is a little harder than usual—they have to relocate all the events normally held in their library, currently occupied by Roderick Castlemayne, the irascible wildlife artist who's creating twelve

paintings of birds to illustrate Meg's grandfather's latest nature book. Still, the celebrations continue—and the entire family rejoices to learn that Meg's brother Rob and his longtime fiancée Delaney have finally decided to tie the knot. Unfortunately, they decide to do this in the middle of Meg and Michael's annual New Year's bash, dashing their mothers' hopes of planning the wedding to end all weddings. Delaney's mother sneaks into town so she and Meg's mother can secretly plot a way to talk the happy couple into having a big bash. Hiding her only adds to Meg's holiday stress—it's almost a full-time job fending all the visitors who want to confront

Castlemayne—reporters, bill collectors, process servers, and several ex-wives in search of unpaid alimony. Then someone murders Castlemayne in the middle of a blizzard and sets loose the birds he was painting. Can Meg help the police crack the case before the killer strikes again? Can she keep Christmas merry in spite of the body in the library? Can she negotiate a compromise between Rob and Delaney and their disappointed mothers? And can she recapture the twelve escaped jays before they begin nesting in the Christmas tree? This intrigue-filled Christmas mystery takes readers home to Caerphilly to join in Meg's family's holiday celebration—including, of course, another baffling mystery.

The Fingertips of Duncan Dorfman Penguin

“ Learn a simple prayer that will help you find your sweet spot in life. ” —Josh McDowell, author of *More Than a Carpenter* “ Give me neither poverty nor riches, but give me only my daily bread. ” Proverbs 30:8 This simple, unexpected request from a little-known biblical author named Agur is the only prayer in all of Proverbs, and it offers life-changing potential. Imagine finding new purpose and contentment in your work, personal ministry, and relationships. Open your heart to Agur ’ s wit and wisdom, and you can learn to • escape imbalance • overcome fear of failure and eliminate envy • joyfully pursue your passions • reap the eternal rewards of trusting God • find your personal sweet spot In our modern, busy lives, embracing balance leads us away from bad decision-making and the emotional cost of trying to do too much or survive with too little. This engaging and practical book faithfully unpacks Agur ’ s humble prayer. Read it in an evening. Affirm it for a lifetime. Share it with those you love.

The Interestings William Morrow & Company

From scream queens to femmes fatale, horror isn ’ t just for the boys. Gothic media moguls Meg Hafdahl and Kelly Florence, authors of *The Science of Monsters*, and co-hosts of the Horror Rewind podcast called “ the best horror film podcast out there ” by Film Daddy, present a guide to the feminist horror movies, TV shows, and characters we all know and love.

Through interviews, film analysis, and bone-chilling discoveries, *The Science of Women in Horror* uncovers the theories behind women ’ s most iconic roles of the genre. Explore age-old tropes such as “ The Innocent ” like Lydia in *Beetlejuice*, “ The Gorgon ” like Pamela Voorhees in *Friday the*

13th, and “ The Mother ” like Norma Bates in *Pyscho* and *Bates Motel*, and delve deeper into female-forward film and TV including: *The Haunting of Hill House* *Teeth* *Chilling Adventures of Sabrina* *Buffy the Vampire Slayer* And so much more! Join Kelly and Meg in *The Science of Women in Horror* as they flip the script and prove that every girl is a “ final girl. ”

[Sleep Sense](#) Little, Brown

Are you suffering from sleep deprivation because your baby will just not sleep through the night? Have you tried everything and reached the end of your tether? Then this is the book you have been waiting for. It offers the same simple, sensible solutions to ensure you and your baby will get a good night's sleep by establishing healthy sleeping habits. Learn to set the stage for sleep with: realistic expectations; appropriate sensory experiences during the day; the right sleep zone; the elimination of hunger or medical reasons for night wakings; healthy and sufficient day sleeps; good sleep associations to prime your baby for independent night soothing and teach him to re-settle by himself; solutions for separation issues. In addition the book offers an age-related trouble shooting section where desperate parents will find quick fixes. The Sleep sense approach to sleep coaching is gentle and based on the natural and age-appropriate capacity your baby has for self-calming or soothing, and for separation from you.

No Words Penguin

Jill Winger, creator of the award-winning blog *The Prairie Homestead*, introduces her debut *The Prairie Homestead Cookbook*, including 100+ delicious,

wholesome recipes made with fresh ingredients to bring the flavors and spirit of homestead cooking to any kitchen table. With a foreword by bestselling author Joel Salatin *The Pioneer Woman Cooks* meets *100 Days of Real Food*, on the Wyoming prairie. While Jill produces much of her own food on her Wyoming ranch, you don't have to grow all—or even any—of your own food to cook and eat like a homesteader. Jill teaches people how to make delicious traditional American comfort food recipes with whole ingredients and shows that you don't have to use obscure items to enjoy this lifestyle. And as a busy mother of three, Jill knows how to make recipes easy and delicious for all ages. "Jill takes you on an insightful and delicious journey of becoming a homesteader. This book is packed with so much easy to follow, practical, hands-on information about steps you can take towards integrating homesteading into your life. It is packed full of exciting and mouth-watering recipes and heartwarming stories of her unique adventure into homesteading. These recipes are ones I know I will be using regularly in my kitchen." - Eve Kilcher *These 109 recipes* include her family's favorites, with maple-glazed pork chops, butternut Alfredo pasta, and browned butter skillet corn. Jill also shares 17 bonus recipes for homemade sauces, salt rubs, sour cream, and the like—staples that many people are surprised to learn you can make yourself. Beyond these recipes,

The Prairie Homestead Cookbook shares the tools and tips Jill has learned from life on the homestead, like how to churn your own butter, feed a family on a budget, and experience all the fulfilling satisfaction of a DIY lifestyle.

The Uncoupling HarperCollins

A heartfelt, witty, and thought-provoking YA love story about two teens who fall for each other while forced apart during quarantine, written by two New York Times bestselling authors, and for fans of *Five Feet Apart*, *Anna and the French Kiss*, and *My Life Next Door* Maxine and Jonah meet in the canned goods aisle just as California is going into lockdown. Max's part-time job as a personal grocery shopper is about to transform into a hellish gauntlet. Jonah's preexisting anxiety is about to become an epic daily struggle. As Max and Jonah get to know each other through FaceTime dates, socially distanced playground hangs, and the escalating heartbreaks of the pandemic, they're pushed apart by what they don't share and pulled closer by what they do. As thoughtful, probing, and informed as it is buoyant, romantic, and funny, *Hello (From Here)* cuts across differences in class, privilege, and mental health, all thrown into stark relief by the COVID-19 pandemic. Here's a novel that looks at the first two months of the quarantine, and adds falling in love to the mess. "Hello (From Here) isn't just a book about the pandemic." —PopSugar "It's also a funny, poignant romcom about the unpredictability of love in chaotic times. . . . Excellent." —BCCB * "Satisfyingly banter-filled." —PW, starred review "Sweet . . . Effectively rendered." —Kirkus

"Realistic." —SLJ "Not your typical romantic comedy, [it's] a timely update of the genre." —Booklist "Witty, entertaining . . . endearing and relatable." —Common Sense Media "An unputdownable story that YA readers will adore." —Brightly " Funny, romantic, and eerily familiar." —author Kelly Loy Gilbert " Witty, hilarious, heart-filled, and romantic. " —author Jeff Zentner "In a category of its own. . . . Wonderful. " —Postmedia

The Cranes Dance Penguin

Skillfully combining the humorous with the somber, the author shows readers what happens as a young woman's friends are forced to rethink their notions of friendship, maturing, and mortality.

The Prayer of Agur Penguin

One of the Best Books of the Year Time * NPR * Washington Post * Bloomberg News * Chicago Tribune * Chicago Public Library * Fortune * Los Angeles Times * E! News * The Telegraph * Apple * Library Journal In this newly updated edition of the "meticulous and devastating" (Associated Press) account of violence and espionage that spent months on the New York Times Bestsellers list, Ronan Farrow exposes serial abusers and a cabal of powerful interests hell-bent on covering up the truth, at any cost - from Hollywood to Washington and beyond. In 2017, a routine network television investigation led to a story only whispered about: one of Hollywood's most powerful producers was a predator, protected by fear, wealth, and a conspiracy of silence. As Farrow drew closer to the truth, shadowy operatives, from high-priced lawyers to elite war-hardened spies, mounted a secret campaign of intimidation, threatening his career, following his every move, and weaponizing an account of abuse in his own family. This is the untold story of the exotic tactics of surveillance and

intimidation deployed by wealthy and connected men to threaten journalists, evade accountability, and silence victims of abuse. And it's the story of the women who risked everything to expose the truth and spark a global movement Los Angeles Times Book Prize Finalist Finalist for the National Book Critics Circle Award in Autobiography Indie Bound #1 Bestseller USA Today Bestseller Wall Street Journal Bestseller

The State of Mental, Emotional, and Behavioral Health of Children and Youth in the United States Twelve

Educators must both respond to the impact of trauma, and prevent trauma at school. Trauma-informed initiatives tend to focus on the challenging behaviors of students and ascribe them to circumstances that students are facing outside of school. This approach ignores the reality that inequity itself causes trauma, and that schools often heighten inequities when implementing trauma-informed practices that are not based in educational equity. In this fresh look at trauma-informed practice, Alex Shevrin Venet urges educators to shift equity to the center as they consider policies and professional development. Using a framework of six principles for equity-centered trauma-informed education, Venet offers practical action steps that teachers and school leaders can take from any starting point, using the resources and influence at their disposal to make shifts in practice, pedagogy, and policy. Overthrowing inequitable systems is a process, not an overnight change. But transformation is possible when educators work

together, and teachers can do more than they realize from within their own classrooms.

Surrender, Dorothy Harper Collins

From the bestselling author of *The Wife*—Meg Wolitzer's

"hilariously moving, sharply written novel" (USA TODAY), hailed by critics and loved by readers worldwide, with its

"dead-on observations about sex, marriage, and the family ties that strangle and bind" (Cleveland Plain Dealer). Crackling with intelligence and humor, *The Position* is the masterful story of one extraordinary family at the hilarious height of the sexual revolution—and through the thirty-year hangover that followed.

In 1975, Paul and Roz Mellow write a bestselling *Joy of Sex*-type book that mortifies their four school-aged children and ultimately changes the shape of the family forever. Thirty years later, as the now dispersed family members argue over whether to reissue the book, we follow the complicated lives of each of the grown children and their conflicts in love, work, marriage, parenting, and, of course, sex—all shadowed by the indelible specter of their highly sexualized parents. Insightful, panoramic, and compulsively readable, *The Position* is an American original.

Ten Penguin

The *Defining Decade* has changed the way millions of twentysomethings think about their twenties—and themselves. Revised and reissued for a new generation, let it change how you think about you and yours. Our "thirty-is-the-new-twenty" culture tells us the twentysomething years don't matter. Some say they are an extended adolescence. Others call them an emerging adulthood. In *The Defining Decade*, Meg Jay argues that twentysomethings have been caught

in a swirl of hype and misinformation, much of which has trivialized the most transformative time of our lives. Drawing from more than two decades of work with thousands of clients and students, Jay weaves the latest science of the twentysomething years with behind-closed-doors stories from twentysomethings themselves. The result is a provocative read that provides the tools necessary to take the most of your twenties, and shows us how work, relationships, personality, identity and even the brain can change more during this decade than at any other time in adulthood—if we use the time well. Also included in this updated edition: Up-to-date research on work, love, the brain, friendship, technology, and fertility. What a decade of device use has taught us about looking at friends—and looking for love—online. 29 conversations to have with your partner—or to keep in mind as you search for one. A social experiment in which "digital natives" go without their phones. A Reader's Guide for book clubs, classrooms, or further self-reflection.

Who Will Run the Frog Hospital? Penguin

This month, my name is Mary. Every month, Joe tells me a different story, and every month, I listen. He doesn't know that I imagine myself the star of his every one-night stand, and how could I tell him? I'm a married woman, after all. All Joe and I will ever have is imagination. All we will ever be is fiction. I know this is wrong. I know I should stop before it goes too far. What I have learned from love is that you can't

always fix what is broken, but sometimes, you can survive it. I ' m just not sure I can possibly survive knowing Joe.

The Ten-year Nap Harper Collins

Trees are beautiful. They fill up the sky. If you have a tree, you can climb up its trunk, roll in its leaves, or hang a swing from one of its limbs. Cows and babies can nap in the shade of a tree. Birds can make nests in the branches. A tree is good to have around. A tree is nice.

Catch and Kill Penguin

Over the past decade, providers, policy makers, and stakeholders across a range of disciplines have taken various approaches to addressing the rising incidence of mental, emotional, and behavioral (MEB) health concerns in children and adults. With the recent opioid crisis affecting young people and families across race, ethnicity, and socioeconomic level, and thus adding to the national concern, new efforts and interventions have emerged. However, an overarching system is lacking for the collection of data on these efforts and their efficacy. A strong system for evaluating programs and distributing information could create more opportunities to improve efforts and reduce inefficiencies across programs. Additionally, through engagement of an array of stakeholders from all sectors involved with youth and families, more possibilities for solutions can be realized. To bring together some of these relevant stakeholders and to highlight some of these potential solutions, the National Academies of Sciences, Engineering, and Medicine convened a workshop in October 2019. This publication summarizes the presentations and discussions from the workshop.

The Science of Women in Horror Taylor & Francis
NATIONAL BESTSELLER • The New York Times best-selling author of *Maine* brings us a sparkling tale of

friendship and a fascinating portrait of the first generation of women who have all the opportunities in the world, but no clear idea about what to choose. "Inviting ... Strong, warmly believable three-dimensional characters who have fun, have fights and fall into intense love affairs." —The New York Times Assigned to the same dorm their first year at Smith College, Celia, Bree, Sally, and April couldn ' t have less in common. Celia, a lapsed Catholic, arrives with a bottle of vodka in her suitcase; beautiful Bree pines for the fiancé she left behind in Savannah; Sally, preppy and obsessively neat, is reeling from the loss of her mother; and April, a radical, redheaded feminist wearing a " Riot: Don ' t Diet " T-shirt, wants a room transfer immediately. Written with radiant style and a wicked sense of humor, *Commencement* follows these unlikely friends through college and the years beyond, brilliantly capturing the complicated landscape facing young women today.

Clementine HarperCollins

Friendship, family, and high-stakes Scrabble come together in this compelling novel from a bestselling author Duncan Dorfman, April Blunt, and Nate Saviano don't seem to have much in common. Duncan is trying to manage his newfound ability to "read" with his fingers. April is striving to be accepted by her family of jocks. And Nate is struggling to meet his father's high expectations. But when a Scrabble Tournament brings them together, their stories intertwine. Driven by competition, drama, and just a touch of magic, the

story will have readers flying through the pages,
anxious to discover who will be the real winners . . .