

The Thinking Hand Existential And Embodied Wisdom In Architecture Juhani Pallasmaa

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Neuroexistentialism Oxford University Press

Guided by an original analysis of the fundamental idea of emergent property, *Thinking Through Systems* Thinking uncovers the distinct significance, but also incompleteness, of the systems approach as a theory of human epistemological engagement.

World Without Mind Houghton Mifflin Harcourt

An invitation to readers from every walk of life to rediscover the impractical splendors of a life of learning In an overloaded, superficial, technological world, in which almost everything and everybody is judged by its usefulness, where can we turn for escape, lasting pleasure, contemplation, or connection to others? While many forms of leisure meet these needs, Zena Hitz writes, few experiences are so fulfilling as the inner life, whether that of a bookworm, an amateur astronomer, a birdwatcher, or someone who takes a deep interest in one of countless other subjects. Drawing on inspiring examples, from Socrates and Augustine to Malcolm X and Elena Ferrante, and from films to Hitz's own experiences as someone who walked away from elite university life in search of greater fulfillment, *Lost in Thought* is a passionate and timely reminder that a rich life is a life rich in thought. Today, when even the humanities are often defended only for their economic or political usefulness, Hitz says our intellectual lives are valuable not despite but because of their practical uselessness. And while anyone can have an intellectual life, she encourages academics in particular to get back in touch with the desire to learn for its own sake, and calls on universities to return to the person-to-person transmission of the habits of mind and heart that bring out the best in us. Reminding us of who we once were and who we might become, *Lost in Thought* is a moving account of why renewing our inner lives is fundamental to preserving our humanity.

By the Hand of Mormon Penguin

Concise lessons in design, drawing, the creative process, and presentation, from the basics of "How to Draw a Line" to the complexities of color theory. This is a book that students of architecture will want to keep in the studio and in their backpacks. It is also a book they may want to keep out of view of their professors, for it expresses in clear and simple language things that tend to be murky and abstruse in the classroom. These 101 concise lessons in design, drawing, the creative process, and presentation—from the basics of "How to Draw a Line" to the complexities of color theory—provide a much-needed primer in architectural literacy, making concrete what too often is left nebulous or open-ended in the architecture curriculum. Each lesson utilizes a two-page format, with a brief explanation and an illustration that can range from diagrammatic to whimsical. The lesson on "How to Draw a Line" is illustrated by examples of good and bad lines; a lesson on the dangers of awkward floor level changes shows the television actor Dick Van Dyke in the midst of a pratfall; a discussion of the proportional differences between traditional and modern buildings features a drawing of a building split neatly in half between the two. Written by an architect and instructor who remembers well the fog of his own student days, *101 Things I Learned in Architecture School* provides valuable guideposts for navigating the design studio and other classes in the architecture curriculum. Architecture graduates—from young designers to experienced practitioners—will turn to the book as well, for inspiration and a guide back to basics when solving a complex design problem.

The Philosopher's Touch Arsenal Pulp Press

'One can only applaud the bravery of an author who gently send up Kierkegaard's wilful obscurantism and cleans out the acrid smoke of

Gauloises from the room. With welcome clarity and sanity, Mick Cooper efficiently lays out the concepts, techniques and directions adopted by several key figures in the broad field of existentially informed psychotherapy. In an excellent first chapter, Mick Cooper pointed out my 'ontic' from my 'ontological'; and I could see, behind the long-words-with-dashes, the true resonance of these ideas with real human and therapeutic issues, dilemmas and goals' - *Clinical Psychology* 'This book proves to be a real treasure chest: what you always wanted to know about existential psychotherapy but failed to find anywhere else in such a comprehensive, clear and concise manner. In that sense, this publication provides a missing link. One merit of the book is its systematic structure. As extensive, and in part as heterogeneous as existential philosophy and therapy also maybe, Mick Cooper had nevertheless been able to build convincing clusters with, on the one hand, an enormous understanding of details and, on the other, a far-sightedness that, like a map, provides orientation in the diversity of existential therapy. I really appreciate this publication and can recommend it very strongly' - *Person-Centred and Experiential Psychotherapies* 'Existential Therapies will I suspect, suddenly make "existentialism" come alive. The author, Mick Cooper loves his subject, it fascinates and enthralls him, and we get to experience some of that, even though the book is "academic". The connections and overlaps with person-centred psychology are there for us to be, but so are the differences' - *Person-Centred Practice* 'As an overview of a number of different existential therapies the book is extremely welcome and manages in a relatively short space to cover a wide arena. Overall I rate the book highly. To pull together a large and somewhat disparate literature, then make sense of it and finally retains the reader's interest, is difficult' - *Existential Analysis* 'Mick Cooper has done an impressive job in writing a much needed, current and user friendly survey of the field of existential therapies. If I were to teach this course, I would use this book. I applaud Mick Cooper for having admirably achieved the aim he set out to achieve. All this makes Mick Cooper's book a must-read for anyone wishing to explore the topic of existential therapy' - *Society for Laingian Studies Website* 'What makes this book unique is that all the different strands of Existential philosophy are always clearly linked to practice' - *Counselling and Psychotherapy Journal* 'This is a very fresh book, not treading well-worn paths and genuinely informing us about a small but important field. This is really an indispensable book for anyone who wants to understand existentialist approaches to therapy' - *Self and Society* 'This publication marks a milestone providing an excellent, clear and critical overview of the contrasting forms of the approach as it is currently practised' - *Emmy van Deurzen, New School of Psychotherapy and Counselling, Schiller University, London* 'This is a book of superb thoroughness and scholarship - an unprecedented guide to existential therapy's chief positions and controversies' - *Kirk J Schneider, President of the Existential-Humanistic Institute, USA* 'Combines scholarship with a writing style that makes difficult concepts accessible. This book should be required reading on any course where the existential tradition plays a part, and that includes person-centred courses and all sympathetic to the idea that psychotherapy is, in essence, a human encounter where warmth, understanding and a deep respect for the individual are key values' - *Tony Merry, University of East London* 'What does it mean to practice in an existential way? What are the different existential approaches? What are their strengths and limitations?' *Existential Therapies* addresses these key questions, and more, by providing students and practitioners with an invaluable introduction to the diverse and multifaceted world of existential therapeutic practices. Focusing on practical, face-to-face work with clients, the book: - introduces readers to six key existential therapies - discusses key figures and their contributions, including Irvin Yalom, Emmy van Deurzen, Ernesto Spinelli, Viktor Frankl and R D Laing - compares and contrasts the various approaches, highlighting areas of commonality and difference - outlines key debates within the existential therapy field - provides detailed suggestions for further reading *Existential Therapies* offers students and practitioners of all orientations much that they can incorporate into their own therapeutic work, and each approach is vividly brought to life through therapist-client dialogues and case studies. Written in an accessible, warm, and engaging manner, *Existential Therapies* is an essential introduction to this rich, vibrant and stimulating field.

The Thinking Hand MSU Press

In this astonishing and profound work, an irreverent sleuth traces the riddle of existence from the ancient world to modern times. *An Introduction to Existential Coaching* Routledge "We live in a reflective age." That is Soren Kierkegaard's overall conclusion when evaluating the time he lives in. But his appraisal contains both approval and criticism. On the one hand reflection is a necessary category to deal with the dynamics and the qualities of the modern age, on the other hand it bears a great danger. It is Kierkegaard's firm conviction that reflection should always relate to a kind of immediacy that safeguards it from becoming hollow and detached from our existential reality. Throughout the voluminous and complex work of Kierkegaard, the notions of 'immediacy' and 'reflection' play a crucial role. They appear in such an early work as *From the Papers of One Still Living* as well as in the late *Anti-Climacus* writings, and indeed their significance or influence can be felt in all philosophical texts published in between. That is not to say

that the meaning of the notions is unequivocal. After all, Kierkegaard not only uses the terms in very divergent contexts, but his own understanding of them appears to evolve quite strongly in the course of his oeuvre. Moreover, in spite of their clearly philosophical character, the two notions play an unmistakable role in Kierkegaard's understanding of religion. They appear frequently in the religious discourses indeed. In short, Kierkegaard's use of the notions of 'immediacy' and 'reflection' covers a broad array of meanings and interpretations. The dialectics of immediacy and reflection, of reflection killing immediacy and raising the question of the possibility of a new immediacy is the main theme of *Immediacy and Reflection* in Kierkegaard's Thought. The book contains contributions authored by a number of well known Kierkegaard scholars. Kierkegaard's theory of the 'existence spheres of life' provides a first viewpoint on the interplay of immediacy and reflection. Here the philosophical and pseudonymous writings are the main subject of research. If on the other hand one pays a closer look at the significance of a 'second immediacy' for a religious attitude to life, The religious discourses come into play when the possibility of a 'second immediacy' is taken into consideration. In conclusion the theme of immediacy and reflection is connected to some important trends in the modern and contemporary era. On the one hand it is linked to the philosophical influences Kierkegaard underwent (e.g. from Hegel); on the other hand Kierkegaard is confronted with later thinkers (Heidegger in particular).

Thinking Through the Wissenschaftslehre Oxford University Press, USA

In our current global networked culture that puts so much emphasis on the virtual and the visual, the mind and the body have become detached and ultimately disconnected. Though physical appearance is idolised for its sexual appeal and its social identity, the role of the body in developing a full understanding of the physical world and the human condition has become neglected. The potential of the human body as a knowing entity — with all our senses as well as our entire bodily functions being structured to produce and maintain silent knowledge together — fails to be recognised. It is only through the unity of mind and body that craftsmanship and artistic work can be fully realised. Even those endeavours that are generally regarded as solely intellectual, such as writing and thinking, depend on this union of mental and manual skills. In *The Thinking Hand*, Juhani Pallasmaa reveals the miraculous potential of the human hand. He shows how the pencil in the hand of the artist or architect becomes the bridge between the imagining mind and the emerging image. The book surveys the multiple essences of the hand, its biological evolution and its role in the shaping of culture, highlighting how the hand — tool union and eye — hand — mind fusion are essential for dexterity and how ultimately the body and the senses play a crucial role in memory and creative work. Pallasmaa here continues the exploration begun in his classic work *The Eyes of the Skin* by further investigating the interplay of emotion and imagination, intelligence and making, theory and life, once again redefining the task of art and architecture through well-grounded human truths.

The Embodied Image John Wiley & Sons

A frustrated geologist studying global warming becomes obsessed with eating rocks after embarking on his first same-sex relationship in Europe. Back home, his young sister is a high-school girl who suddenly starts to ooze honey through her pores, an affliction that attracts hordes of bees as well as her male classmates but ultimately turns her into a social pariah. Meanwhile, their obsessive Pentecostal mother repeatedly calls on the Holy Spirit to rid her family of demons. The siblings are reunited on a ship bound for Europe where they hope to start a new life, but are unaware that their disguised mother is also on board and plotting to win back their souls, with the help of the Virgin Mary. Told in a lush baroque prose, this intense, extravagant magic-realist novel combines elements of fairy tales, horror movies, and romances to create a comic, hallucinatory celebration of excess and sensuality. Barry Webster's first book, *The Sound of All Flesh*, won the ReLit Award for story collections.

Plant-Thinking John Wiley & Sons

A new edition of the bestselling classic — published with a special introduction to mark its 10th anniversary This pioneering account sets out to understand the structure of the human brain — the place where mind meets matter. Until recently, the left hemisphere of our brain has been seen as the 'rational' side, the superior partner to the right. But is this distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the right side which is the more reliable and insightful. Without it, our world would be mechanistic — stripped of depth, colour and value.

The Eyes of the Skin Anchor

A collection of the writing of the highly influential architect, Juhani Pallasmaa, presented in short, easily accessible, and condensed ideas ideal for students Juhani Pallasmaa is one of Finland's most distinguished architects and architectural thinkers, publishing around 60 books and

several hundred essays and shorter pieces over his career. His influential works have inspired undergraduate and postgraduate students of architecture and related disciplines for decades. In this compilation of excerpts of his writing, readers can discover his key concepts and thoughts in one easily accessible, comprehensive volume. *Inseminations: Seeds for Architectural Thought* is a delightful collection of thoughtful ideas and compositions that float between academic essay and philosophical reflection. Wide in scope, it offers entries covering: atmospheres; biophilic beauty; embodied understanding; imperfection; light and shadow; newness and nowness; nostalgia; phenomenology of architecture; sensory thought; silence; time and eternity; uncertainty, and much more. Makes the wider work of Pallasmaa accessible to students across the globe, introducing them to his key concepts and thoughts Exposes students to a broad range of issues on which Pallasmaa has a view Features an alphabetized structure that makes serendipitous discovery or linking of concepts more likely Presents material in short, condensed manner that can be easily digested by students *Inseminations: Seeds for Architectural Thought* will appeal to undergraduate students in architecture, design, urban studies, and related disciplines worldwide.

The Death of Drawing Leuven University Press

Widely recognized as the finest definition of existentialist philosophy ever written, this book introduced existentialism to America in 1958. Barrett speaks eloquently and directly to concerns of the 1990s: a period when the irrational and the absurd are no better integrated than before and when humankind is in even greater danger of destroying its existence without ever understanding the meaning of its existence. *Irrational Man* begins by discussing the roots of existentialism in the art and thinking of Augustine, Aquinas, Pascal, Baudelaire, Blake, Dostoevski, Tolstoy, Hemingway, Picasso, Joyce, and Beckett. The heart of the book explains the views of the foremost existentialists—Kierkegaard, Nietzsche, Heidegger, and Sartre. The result is a marvelously lucid definition of existentialism and a brilliant interpretation of its impact.

Existential Kink John Wiley & Sons

Contemporary psychology - as well as our own self-understanding - remains largely ego-centric in focus, with the self being seen as the primary source of meaning and value. According to Mark Freeman, this perspective is belied by much of our experience. Working from this basic premise, he proposes that we adopt a more "ex-centric" perspective, one that affirms the priority of the Other in shaping human experience. In doing so, he offers nothing less than a radical reorientation of our most basic ways of making sense of the human condition. In speaking of the "Other," Freeman refers not only to other people, but also to those non-human "others" - for instance, nature, art, God - that take us beyond the ego and bring us closer to the world. In speaking of the Other's priority, he insists that there is much in life that "comes before us." By thinking and living the priority of the Other, we can therefore become better attuned to both the world beyond us and the world within. At the heart of Freeman's perspective are two fundamental ideas. The first is that the Other is the primary source of meaning, inspiration, and existential nourishment. The second is that it is the primary source of our ethical energies, and that being responsive and responsible to the world beyond us is a defining feature of our humanity. There is a tragic side to Freeman's story, however. Enraptured though we may be by the Other, we frequently encounter it in a state of distraction and fail to receive the nourishment and inspiration it can provide. And responsive and responsible though we may be, it is perilously easy to retreat inward, to the needy ego. The challenge, therefore, is to break the spell of the "ordinary oblivion" that characterizes much of everyday life. The Priority of the Other can help us rise to the occasion.

Bergson Standard Ebooks

In *An Introduction to Existential Coaching* Yannick Jacob provides an accessible and practical overview of existential thought and its value for coaches and clients. Jacob begins with an introduction to coaching as a powerful tool for change, growth, understanding and transformation before exploring existential philosophy and how it may be integrated into coaching practice. The book goes on to examine key themes in existentialism and how they show up in the coaching space, including practical models as well as their application to organisations and leadership. Jacob concludes by evaluating ethical dimensions of working existentially and offers guidance on how to establish an existential coaching practice, including how to gain clients and build relationships with strategic partners. With reflective questions, exercises, interventions and activities throughout, *An Introduction to Existential Coaching* will be invaluable for anyone wanting to live and work at greater depth or to succeed as an existential coach. Accessibly written and with a wide selection of references and resources, *An Introduction to Existential Coaching* is a vital guide for coaches in training as well as an inspiring addition to the repertoire of experienced practitioners. It serves academics and students to understand existential philosophy and allows professionals with coaching responsibilities to access more meaningful conversations.

101 Things I Learned in Architecture School Little, Brown

The Embodied Image *The Embodied Image: Imagination and Imagery in Architecture* Juhani Pallasmaa All artistic and architectural effects are evoked, mediated and experienced through poeticised images. These images are embodied and lived experiences that take place in 'the flesh of the world', becoming part of us, at the same time that we unconsciously project aspects of ourselves on to a conceived space, object or event. Artistic images have a life and reality of their own and they develop through unexpected associations rather than rational and causal logic. Images are usually thought of as retinal pictures but profound poetic images are multi-sensory and they address us in an embodied and emotive manner. Architecture is usually analysed and taught as a discipline that articulates space and geometry, but the mental impact of architecture arises significantly from its image quality that integrates the various aspects and dimensions of experience into a singular, internalised and remembered entity. The material

reality is fused with our mental and imaginative realm. The book is organised into five main parts that look at in turn: the image in contemporary culture; language, thought and the image; the many faces of the image; the poetic image; and finally the architectural image. *The Embodied Image* is illustrated with over sixty images in pairs, which are diverse in subject. They range from scientific images to historic artistic and architectural masterpieces. Artworks span Michelangelo and Vermeer to Gordon Matta-Clark and architecture takes in *Modern Masters* such as Mies van der Rohe, Le Corbusier and Alvar Aalto, as well as significant contemporary works by Steven Holl and Daniel Libeskind.

Heidegger Academy Press

This new edition further explores the connection between the cultural analysis provided by the contemporary philosopher Jean Baudrillard and the new 'star' of global culture – architecture. In a world in which images have become a substitute for reality – i.e. simulacra capable of both stimulating and satisfying collective needs – the question arises as to whether architecture could be seen as a 'super-fetish', capable of both mirroring and shaping western society's culture and identity. The aim of this book is thus to provide new methodologies and to suggest new meanings for the comprehension and development of contemporary architecture. In Baudrillard's terms, architecture could be seen as the supreme medium of contemporary visual culture, especially in its potential to influence the individual's perception of reality as a component of the mass-media system. This kind of cultural analysis of the built environment and its effect on everyday life is still a relatively new phenomenon – both in the fields of critical theory and even more so in mainstream architectural criticism. This book, which forms a significant resource on the work of an immensely important writer, should appeal to a wide range of readers. Through highly evocative writing, it provides a theoretical, illuminating pathway for everyone who, either directly or indirectly, is involved or interested in architecture, urbanism and related subjects.

Games Wizards Play Weiser Books

Engaging in existential discourse beyond the European tradition, this book turns to Asian philosophies to reassess vital questions of life's purpose, death's imminence, and our capacity for living meaningfully in conditions of uncertainty. Inspired by the dilemmas of European existentialism, this cross-cultural study seeks concrete techniques for existential practice via the philosophies of East Asia. The investigation begins with the provocative writings of twentieth-century Korean Buddhist nun Kim Iryop, who asserts that meditative concentration conducts a potent energy outward throughout the entire karmic network, enabling the radical transformation of our shared existential conditions. Understanding her claim requires a look at East Asian sources more broadly. Considering practices as diverse as Buddhist merit-making ceremonies, Confucian/Ruist methods for self-cultivation, the ritual memorization and recitation of texts, and Yijing divination, the book concludes by advocating a speculative turn. This 'speculative existentialism' counters the suspicion toward metaphysics characteristic of twentieth-century European existential thought and, at the same time, advances a program for action. It is not a how-to guide for living, but rather a philosophical methodology that takes seriously the power of mental cultivation to transform the meaning of the life that we share.

The Wiley World Handbook of Existential Therapy SAGE

Bringing together leading scholars from Belgium, Canada, France, and the United States, *French Thinking about Animals* makes available for the first time to an Anglophone readership a rich variety of interdisciplinary approaches to the animal question in France. While the work of French thinkers such as Jacques Derrida, Gilles Deleuze, and Felix Guattari has been available in English for many years, *French Thinking about Animals* opens up a much broader cross-cultural dialogue within animal studies. These original essays, many of which have been translated especially for this volume, draw on anthropology, ethology, geography, history, legal studies, phenomenology, and philosophy to interrogate human-animal relationships. They explore the many ways in which animals signify in French history, society, and intellectual history, illustrating the exciting new perspectives being developed about the animal question in the French-speaking world today. Built on the strength and diversity of these contributions, *French Thinking about Animals* demonstrates the interdisciplinary and internationalism that are needed if we hope to transform the interactions of humans and nonhuman animals in contemporary society.

The Lava in My Bones Catapult

A thought-provoking contribution to the renaissance of interest in Bergson, this study brings him to a new generation of readers. Ansell-Pearson contends that there is a Bergsonian revolution, an upheaval in philosophy comparable in significance to those that we are more familiar with, from Kant to Nietzsche and Heidegger, that make up our intellectual modernity. The focus of the text is on Bergson's conception of philosophy as the discipline that seeks to 'think beyond the human condition'. Not that we are caught up in an existential predicament when the appeal is made to think beyond the human condition; rather that restricting philosophy to the human condition fails to appreciate the extent to which we are not simply creatures of habit and automatism, but also organisms involved in a creative evolution of becoming. Ansell-Pearson introduces the work of Bergson and core aspects of his innovative modes of thinking; examines his interest in Epicureanism; explores his interest in the self and in time and memory; presents Bergson on ethics and on religion, and illuminates

Bergson on the art of life.

Narrative Architecture Wiley

In this urgent and "thrillingly written" book, there is a case and solution for humanity's last shot at survival (Sunday Times). Humanity's future is at risk. We face existential catastrophes, climate change, nuclear war, and more. If we do not act fast to reach a place of safety, it will soon be too late. Drawing on over a decade of research, *The Precipice* explores the cutting-edge science behind the risks we face. And it points the way forward, to the actions and strategies that can safeguard humanity. An Oxford philosopher, Toby Ord has advised the US National Intelligence Council, the UK Prime Minister's Office, and the World Bank on the biggest questions facing humanity. In *The Precipice*, he offers a startling reassessment of human history, the future we are failing to protect, and the steps we must take to ensure that our generation is not the last. "A book that seems made for the present moment." —New Yorker

The Master and His Emissary John Wiley & Sons

Starting with the question concerning the discursive formation of architectural history, the chapters compiled in this book attempt to re-read the historiography of early modern architecture from the point of view of the theoretical work produced since the post-war era. Central to the objectives of the argument are the ways in which, firstly, architectural history differs from the traditions of art history, and, secondly, that the historical narrative works its autonomy through theoretical representation, the discursive flow of which is interrupted by the historian's urge to support arguments with references to buildings, texts, drawings, and historical events. The historians discussed in this volume are those regularly addressed by most critics revisiting modern architectural history. Individual chapters are dedicated to N. Pevsner, H. R. Hitchcock, and S. Giedion, an economy of selection that is formative for a critical understanding of the canon established by these historians. Themes such as periodization, autonomy, and time are discussed, and the coda of the final chapter expands on the scope of "critical historiography" popularised by Kenneth Frampton and Manfredo Tafuri.