
The Unexpected Legacy Of Divorce A 25 Year Landmark Study Judith S Wallerstein

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**Encyclopedia
of Child
Behavior and**

Development
Lcb Publishing
Written from a
psychological
perspective
while integrating
cross-
disciplinary
viewpoints, this
fully updated

Second Edition
takes a parent-
centered
approach to
exploring topics
such as the
reasons behind
parental
behavior, the
effect parents

and children have known and most on one another, powerful is the and social divorce cycle, the policy's ability to transmission of divorce from one help families. generation to the next. This book Including the latest statistics examines how the on family divorce cycle has functioning and transformed family with coverage of life in contemporary issues, George contemporary America by Holden's drawing on two Parenting national data sets. conveys the process of Compared to parenting in all people from intact its complexities. families, the The Life-Saving children of divorce Divorce Random are more likely to House of Canada marry as teenagers, Growing up in a but less likely to divorced family wed overall, more leads to a variety of likely to marry difficulties for adult people from offspring in their divorced families, own partnerships. more likely to One of the best dissolve second and

third marriages, and less likely to marry their live-in partners. Yet some of the adverse consequences of parental divorce have abated even as divorce itself proliferated and became more socially accepted. Taken together, these findings show how parental divorce is a strong force in people's lives and society as a whole. Understanding the Divorce Cycle Canelo Debunking popular wisdom on the devastating psychological and social effects of divorce, eminent psychologist Mavis

Hetherington presents a more nuanced picture. This unprecedented look at our divorce-prone society concludes that the aftermath of divorce need not be a prescribed pathway of dissolution but can be one of healing and ultimate fulfillment.

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Home Will Never Be the Same Again
Simon and Schuster

Seventy now-adult children of divorce give their candid and often heart-wrenching answers to eight questions

(arranged in eight chapters, by question), including: What were the main effects of your parents' divorce on your life? What do you say to those who claim that "children are resilient" and "children are happy when their parents are happy"? What would you like to tell your parents then and now? What do you want adults in our culture to know about divorce? What role has your faith played in your healing? Their simple and poignant

responses are difficult to read and yet not without hope. Most of the contributors--women and men, young and old, single and married--have never spoken of the pain and consequences of their parents' divorce until now. They have often never been asked, and they believe that no one really wants to know. Despite vastly different circumstances and details, the similarities in their testimonies are striking; as the reader will discover, the death of a child's

family impacts
the human heart
in universal
ways.

After the
Divorce New
Harbinger
Publications
"Practical
strategies to
counteract
the newly
discovered
long-term
effects of
divorce on ch
ildren"--Jack
et subtitle.

**The Unexpected
Legacy of
Divorce** Random
House Trade
Paperbacks
Based on the
Children of
Divorce
Project, a
landmark study
of sixty
families
during the

first five
years after
divorce, this
enlightening
and humane
modern classic
altered the
conventional
wisdom on the
short- and long-term effects of
family
dissolution.
Adult Children
of Divorce
Vintage
Depression
spreads like a
contagion
through
families,
affecting
everyone's
lives,
especially
children's.
The spouses of
people with
depression are
several times
more likely to
become
depressed

themselves;
their children
are four to six
times more
likely. Drawing
from a
comprehensive,
long-term study
of resilient
children from
depressed
families, "Out
of the Darkened
Room" outlines
a wide array of
prevention
strategies,
from the family
meeting to open
and sustained
communication
on the subject
of mental
illness. Dr.
Beardslee
weaves together
his own
personal and
clinical
experiences
with the
emerging
scientific

research, the one and a half study of its key theoretical to three times long-term concepts, and more common effects the steps among immediate should both families need family members spark debate to take in than among the and find a order to make general large sense of the population. -- audience. In illness. -- Beardslee's this This is the 20-year compelling, t first book to longitudinal hought- look at study has provoking depression as established the book, Judith an illness that accepted Wallerstein affects the protocol for explains entire family, treating that, while not just the families children do individual. -- struggling with learn to cope Just as The a parent who is with divorce, Unexpected depressed. it in fact Legacy of **The Wild Book** takes its Divorce tracked Simon and greatest toll the impact of Schuster in adulthood, divorce on Divorce is at when the sons children, "Out once a and daughters of the Darkened widespread of divorced Room" examines reality and a parents the long-term painful embark on effects of decision, so romantic parental it is no relationships depression. -- surprise that Major this landmark depression is this landmark

of their own. more than
Wallerstein twenty-five
sensitively years ago,
illustrates she finds
how children that their
of divorce experiences
often feel mesh with
that their those of the
relationships millions of
are doomed, other
seek to avoid children of
conflict, and divorce, who
fear will find
commitment. themselves on
Failure in every page.
their loving With more
relationships than 100,000
often seems copies in
to them print, The
preordained, Unexpected
even when Legacy of
things are Divorce spent
going three weeks
smoothly. As on the New
Wallerstein York Times,
checks in on San Francisco
the adults Chronicle,
she first and Denver
encountered Post
as youngsters bestseller

lists. The
book was also
featured on
two episodes
of Oprah as
well as on
the front
cover of Time
and the New
York Times
Book Review.
*The
Unexpected
Legacy of
Divorce*
Basic Books
This unique
and highly
practical
workbook
will guide
the
estimated 20
million
Adult
Children of
Divorce
(ACDs)
through the

pain and confusion specific to their own past. Topics included are how divorce affects children at various ages, difficulty of stepping into adult roles as children, problems with siblings, long-term effects of divorce, and more.

The Love They Lost Hachette

UK

This guide seeks to lay

out a map with perspective of broad paths "us", "we", and "our" to healing. because I am going through these steps myself and have been for the last five years. I believe that five years of lived experience is the perfect amount of time to reflect and share, because everything is still raw and real. The lessons of divorce are personal, not distant or professional. While the flow of this

The primary audience of this guide is adult children who have had their parents' divorce while they are in their teens, 20s, 30s, or 40s. Family and friends of those going through this struggle will also find this content beneficial in learning how to provide support. The guide is written from the

guide is open phases offer a meaning. Moving and cyclical, sequence in through the it is also time. Within three phases structured each phase, in the guide clearly. Like there are allows for a posts along a three steps, continual mountain and each step cycle of trail, the is within a healing. It structure particular is difficult, below is to healing area: but it is ensure that Boundaries, rewarding. I we: do not Physical, and promise we get lost or Emotional. will be okay wander too The as long as we far off the Boundaries keep moving, path of area set our healing. describes how sights to a Phase 1: Fall we relate to better Apart - others. The future, Escape, Physical area grieve, and Grieve, focuses on forgive. Defensive the living, **Surviving The** Phase 2: Flow breathing **Breakup** SAGE - Move, person we Publications Process, are. The "We walked Normalize Emotional toward the Phase 3: Grow area is our part of the - Attack, complex inner library where Forgive, world the air Thrive The searching for smelled as if

it had been interred for years.... Finally, we got to the hallway where the wooden floor was the creakiest, and we sensed a strange whiff of excitement and fear. It smelled like a creature from a bygone time. It smelled like a dragon." Th irteen-year- old Juan's favorite things in the world are koalas, eating roast chicken, and the summer- time. This	summer, though, is off to a terrible start. First, Juan's parents separate and his dad goes to Paris. Then, as if that wasn't horrible enough, Juan is sent away to his strange Uncle Tito's house for the entire break! Uncle Tito is really odd: he has zigzag eyebrows; drinks ten cups of smoky tea a day; and lives inside a huge,	mysterious library. One day, while Juan is exploring the library, he notices something inexplicable and rushes to tell Uncle Tito. "The books moved!" His uncle drinks all his tea in one gulp and, sputtering, lets his nephew in on a secret: Juan is a Princeps Reader--which means books respond magically to him--and he's the only person
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capable of finding the elusive, never-before-read Wild Book.

Juan teams up with his new friend

Catalina and his little sister, and together they delve through books that scuttle from one shelf to the next, topple over unexpectedly, or even

disappear altogether to find The Wild Book and discover its secret. But will they find it before the wicked, story-

stealing Pirate Book does?

The Divorce Culture

Harvard University Press

the author's Atlantic Monthly article "Dan Quayle Was Right" ignited a media debate on the effects of divorce that rages still. In this book she expands her argument, making it clear

Americans need to strengthen their resolve with regard to divorce prevention, new ways of thinking about

marriage, and a new consciousness about the meaning of commitment. 240 pp. Author tour. Radio satellite tour. 60,000 print.

The Adult Children of Divorce

Workbook

Cambridge University Press

Restore your faith in love and build healthy, successful relationships with this essential guide for every woman haunted by her parents' divorce.

Silver Medal

Independent Publisher's Award Winner of the Best Book Award in "Self-Help: Relationships " Over 40 percent of Americans ages eighteen to forty are children of divorce. Yet women with divorced parents are more than twice as likely than men to get divorced themselves and struggle in romantic relationships . In this powerful, uplifting guide, mother-	daughter team Terry and Tracy draws on thirty years of clinical practice and interviews with over 320 daughters of divorce to help you recognize and overcome the unique emotional issues that parental separation creates so you can build the happy, long-lasting relationships you deserve. Learn how to: Examine your parents' breakup from an adult	perspective Heal the wounds of the past Recognize destructive dynamics in intimate relationships and take steps to change them Trust yourself and others by embracing vulnerability Create strong partnerships with their proven Seven Steps to a Successful Relationship Break the divorce legacy once and for all! <u>Growing Up with a Single</u>
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<u>Parent</u>	their divorce	Hollywood
National	was	divorcees are
Geographic	finalized.	actually
Books	One part tell-	thinking when
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platinum.	part guide to	their ex walk
Take down the	get readers	the red
vacation	on their feet	carpet with a
photos.	after a	millionairess
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joint	breakup, this	horrifying,
checking	hilarious	sometimes
account.	addition to	gratifying,
There's no	the	and never
question . .	bestselling	merciful,
. Divorce	Sucks series	this book
Sucks. And	tells	will give
perhaps no	everything	readers an
one knows	readers don't	inside look
that better	want to know	at one of
than author	about divorce	today's most
Mary Jo	- from what a	public
Eustace,	phone call	divorces
whose ex-	with a lawyer	while
husband Dean	will cost; to	reminding
McDermott	how to handle	them - hey,
married Tori	your newer,	it could
Spelling a	younger	always be
mere thirty	replacement;	worse.
days after	to what	<u>The</u>

<u>Unexpected</u>	Dreaming of a mother would	
<u>Legacy of</u>	"year in	become
<u>Divorce</u>	Provence"	friends, and
Restless	with her	that Helen
Books	mother, Katie	would grow
The complex,	urges Helen	close to her
deeply	to move to	exceptional
binding	San Francisco	granddaughter
relationship	to live with	, Katie
between	her and Zoë,	embarked on
mothers and	Katie's	an experiment
daughters is	teenage	in intergener
brought	daughter.	ational
vividly to	Katie and Zoë	living that
life in Katie	had become a	she would
Hafner's	mother-	soon discover
remarkable	daughter	was filled
memoir, an	team, strong	with land
exploration	enough, Katie	mines:
of the year	thought, to	memories of
she and her	absorb the	her parents'
mother,	arrival of a	painful
Helen, spent	seventy-seven-	divorce, of
working	year-old	her mother's
through, and	woman set in	drinking, of
triumphing	her ways.	dislocating
over, a	Filled with	moves back
lifetime of	fairy-tale	and forth
unresolved	hope that she	across the
emotions.	and her	country, and

of Katie's own and funny—and poignant, and widowhood and always in such a wrenching bumpy truthful—Katie story of recovery. Hafner's three Helen, for brave and generations her part, was loving book under one also holding answers roof, unlike difficult questions anything I issues at about the have ever bay. How universal read."—Abraham these three truths of m Verghese, women from family that author of such are central Cutting for different to the lives Stone generations of so many. "Weaving past learn to Praise for with present, navigate Mother anecdote with their Daughter Me analysis, challenging, "The most [Katie] turbulent, raw, honest Hafner's and engaging riveting ultimately memoir I've account of multigenerational healing read in a al living and journey long mother- together time."—KJ daughter makes for Dell'Antonia, frictions, of riveting The New York love and reading. By Times "A forgiveness, turns brilliant, is devoid of heartbreaking funny,

self-pity and y Deutsch, USA Harper's "Heart
 unafraid of Today breakingly
 self-blame. . "[Hafner's] honest, yet
 . . [Hafner memoir shines not without
 is] a a light on hope and
 bright-and ap nurturing flashes of
 pealing-heroi deficits wry
 ne."—Cathi repeated humor."—Kirku
 Hanauer, Elle through s Reviews
 "[A] frank generations "[An]
 and searching and will lead emotionally
 account . . . many readers raw memoir
 Currents of to relive examining the
 grief, guilt, their own delicate,
 longing and struggles inevitable
 forgiveness with forgiven shift from
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 the Jong, People independence
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 rrative."—Ste graceful again."—O:
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 Chronicle "A honesty and Titles to
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 that shines . Hafner Dante's
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 how years-old events so Legacy Baker
 unresolved adeptly that Academic
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 fest."—Lindsa ightening."—H parents
 divorced when

you were young, realities understand and
 you were available. overcome these
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 affected by the and issues common
 breakdown fo psychologists to adult
 their marriage. Jeffrey children of
 Divided Zimmerman, divorced
 loyalties, Ph.D., and parents.
 secrets kept Elizabeth S. Zimmerman and
 from the other Thayer Ph.D., Thayer focus on
 parent, one show you how to helping you
 life lived in recognize how learn how to
 two separate your parents' build self-
 houses—these divorce esteem, become
 may have been influenced your resilient,
 par for the life, resulting establish
 course. With in disruptions healthy
 this guide, you such as boundaries,
 will learn that relationship communicate
 the effects of failures due to clearly, open
 the divorce are financial up to trust,
 not permanently reasons, show love,
 harmful. Find difficulties believe in
 out how to with commitment and
 forgive your commitment, and deal with
 parents, repeated vulnerable
 discover new situations that feelings.
 ways to enrich "just don't **Daughters of**
 your own seem to work **Divorce**
 relationships out." They Little, Brown
 and learn that provide Nonwhite and
 there are techniques to white, rich
 alternative help you

and poor, born drawing on mother? Will
to an unwed more than a he be out of
mother or decade of school and
weathering research, out of work?
divorce, over Growing Up These are the
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children in Parent authors
the current sharply pursue across
generation demonstrates the spectrum
will live in the of race,
a single- connection gender, and
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family--and family Children
these structure and whose parents
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peers who chances that likely to
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both parents. a single high school
This is the parent will as those in
clear and graduate from two-parent
urgent high school, families, one
message of go on to and a half
this powerful college, find times as
book. Based and keep a likely to be
on four job? Will she idle in young
national become a adulthood,
surveys and teenage twice as

likely to become single parents themselves. This study shows how divorce--particularly an attendant drop in income, parental involvement, and access to community resources--diminishes children's chances for well-being. The authors provide answers to other practical questions that many single parents may ask: Does the gender of the child or the custodial parent affect these outcomes? Does having a stepparent, a grandmother, or a nonmarital partner in the household help or hurt? Do children who stay in the same community after divorce fare better? Their data reveal that some of the advantages often associated with being white are really a function of the family structure, and that some of the advantages associated with having an educated parents evaporate when those parents separate. In a concluding chapter, McLanahan and Sandefur offer clear recommendations for rethinking our current policies. Single parents are here to stay, and their worsening situation is tearing at

the fabric of our society. It is imperative, the authors show, that we shift more of the costs of raising children from mothers to fathers and from parents to society at large.	in its analysis, Growing Up with a Single Parent will serve to inform both the personal decisions and governmental policies that affect our children's--and our nation's--future.	people, our fears and longings, our faith and spirituality . We may have difficulties with anger, guilt, commitment or forgiveness.
Likewise, we must develop universal assistance programs that benefit low-income two-parent families as well as single mothers.	The Children of Divorce Health Communications, Inc.	But our identity need not be marked only by our parents' divorce. God can enter into our woundedness and bring transformation and hope.
Startling in its findings and trenchant	CHILDREN OF DIVORCE CARRY WOUNDS INTO ADULTHOOD; Divorce affects our relationship to other	Kristine

Steakley chronicles the emotional and spiritual challenges facing adult children of divorce. She tells her own story of abandonment and estrangement, and wrestles through questions of trust, self-worth and identity. But she has found that God can repair and reparent us in ways that

heal and restore our relationships with ourselves, our parents and God.

**Preventing
Damage to
Children
During Divorce**

Harper Collins Reveals how children who experienced their parents' divorce in the 1960s, 1970s, and 1980s developed fears of abandonment and betrayal, which continues to influence their ability to develop and commit to adult relationships.

The Good Marriage: How and Why Love Lasts Plunkett Lake Press
Finally in paperback, the New York Times bestseller that has fundamentally changed the way children of divorce see themselves as adults--updated with a new preface by the author.
Divorce is at once a widespread reality and a painful decision, so it is no surprise that this landmark study of its long-term effects should both spark debate and

find a large commitment. Legacy of
audience. In Failure in Divorce spent
this their loving three weeks on
compelling, tho relationships the New York
ught-provoking often seems to Times, San
book, Judith them Francisco
Wallerstein preordained, Chronicle, and
explains that, even when Denver Post
while children things are bestseller
do learn to going smoothly. lists. The book
cope with As Wallerstein was also
divorce, it in checks in on featured on two
fact takes its the adults she episodes of
greatest toll first Oprah as well
in adulthood, encountered as as on the front
when the sons youngsters more cover of Time
and daughters than twenty- and the New
of divorced five years ago, York Times Book
parents embark she finds that Review.
on romantic their
relationships experiences
of their own. mesh with those
Wallerstein of the millions
sensitively of other
illustrates how children of
children of divorce, who
divorce often will find
feel that their themselves on
relationships every page.
are doomed, With more than
seek to avoid 100,000 copies
conflict, and in print, The
fear Unexpected