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## Uganda Be Kidding Me Chelsea Handler

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White Girl Problems Grand Central Publishing

Reverse your negative health trajectory and start the journey towards healing and resilient health with Palmer Kippola 's groundbreaking plan to erase the effects of autoimmune disease. " An empowering and actionable guidebook that simplifies the steps back to health.

Highly recommended! " —Izabella Wentz, PharmD, FASCP and #1 New York Times bestselling author of Hashimoto's Protocol

Palmer Kippola is on a mission to make autoimmune disease history. When she was diagnosed with Multiple Sclerosis at age 19, she began a journey toward healing that resulted in a complete reversal of her

symptoms. Now, with the help of leading medical experts, including renowned specialists in immunology and longevity from UCLA and Stanford medical schools, as well as leading practitioners in the field of autoimmunity and functional medicine, Kippola wants to help you find freedom from disease too. This comprehensive book is the first to explore all six of the critical lifestyle factors that are the root causes of autoimmune conditions—and the sources of regaining health: \*

- \*Discover the foods that can trigger disease as well as healthy solutions to fit your personal nutritional profile
- \*Explore the impact of common, often-undiagnosed infections and ways to optimize your immunity naturally
- \*Learn how gut health is the key to recovery
- \*Gain insight on how hormone imbalances can disrupt healing and how to assess your hormone levels
- \*Eliminate environmental toxins in your home and body, and learn how to live a detox lifestyle
- \*Reduce stress and build resilience

Drawing on her own inspiring return to resilient health, as well as the healing stories of a dozen medical doctors and practitioners, plus years of research with autoimmune experts, Palmer Kippola gives readers the tools to beat

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autoimmune disease—and the hope that relief and healing are possible. “ An excellent resource for those who want to use an integrative and functional medicine approach to support their healing journey! ” —Terry Wahls, MD, author of *The Wahls Protocol: A Radical New Way to Treat All Chronic Autoimmune Conditions Using Paleo Principles*

I Like You Just the Way I Am Random House

A NEW YORK TIMES BESTSELLER NAMED A BEST BOOK OF THE YEAR BY NPR Amy Poehler, Mel Brooks, Adam McKay, George Saunders, Bill Hader, Patton Oswalt, and many more take us deep inside the mysterious world of comedy in this fascinating, laugh-out-loud-funny book. Packed with behind-the-scenes stories—from a day in the writers’ room at The Onion to why a sketch does or doesn’t make it onto Saturday Night Live to how the BBC nearly erased the entire first season of Monty Python’s Flying Circus—Poking a Dead Frog is a must-read for comedy buffs, writers and pop culture junkies alike.

Holy Cow Uganda Be Kidding Me

THE INSTANT #1 NEW YORK TIMES BESTSELLER "This is your happy hour with Amy Schumer... It's Bossypants meets Trainwreck meets your long weekend." —TheSkimm “ Amy ’ s got your back. She ’ s in your corner. She ’ s an honesty bomb. And she ’ s coming for you. ” —Actress Tilda Swinton and Trainwreck co-star The Emmy Award-winning and Tony-nominated comedian, actress, writer, and star of *Inside Amy Schumer* and the acclaimed films *Trainwreck* and *I Feel Pretty* has taken the entertainment world by storm with her winning blend of smart, satirical humor. Now, Amy Schumer has written a refreshingly candid and uproariously funny collection of (extremely) personal and observational essays. Ranging from the raucous to the romantic, the heartfelt to the harrowing, this highly entertaining and universally appealing

collection is the literary equivalent of a night out with your best friend—an unforgettable and fun adventure that you wish could last forever. Whether she ’ s experiencing lust-at-first-sight while in the airport security line, sharing her own views on love and marriage, admitting to being an introvert, or discovering her cross-fit instructor ’ s secret bad habit, Amy Schumer proves to be a bighearted, brave, and thoughtful storyteller that will leave you nodding your head in recognition, laughing out loud, and sobbing uncontrollably—but only because it ’ s over.

Live Fast Die Hot Steerforth

A NEW YORK TIMES Notable Book of the Year “In her book about her life, Miss Hepburn insists that that woman in the movies was not her at all. ‘I’m not going to hide behind you anymore,’ she says. ‘Who are you anyway? You’re not me.’ Sure she is. The woman in the book is cocky, fearless, smart, capable, and human, on screen and off.”—Anna Quindlen, *The New York Times* Admired and beloved by movie audiences for more than sixty years, four-time Academy Award winner Katharine Hepburn is an American classic and an extraordinary, enduring presence on the international cultural scene. Yet her private life has been obscured by mystery. Now Miss Hepburn breaks her long-kept silence in this absorbing and provocative memoir. With characteristic gusto and candor, Katharine Hepburn reflects on the events, people, and places that have shaped her life—her childhood and family, her early days in New York, and her experiences with political activism. She talks

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about the ups and downs of her career, her long friendship with Spencer Tracy, and of course, her close collaborations with several of the leading actors, directors, and producers of the past half century. Me is an unforgettable portrait of Katharine Hepburn as we have not seen her before. "It is the understanding heart revealed just before the final curtain that makes us fall in love with Katharine

Hepburn."—The New York Times Book Review NOTE: This edition does not include photographs.

### **Money Pizza Respect** Grand Central Publishing

The dramatic story of explorer Douglas Mawson and "the most outstanding solo journey ever recorded in Antarctic history" (Sir Edmund Hillary, mountaineer and explorer) For weeks in Antarctica, Douglas Mawson faced some of the most daunting conditions ever known to man: blistering wind, snow, and cold; the loss of his companion, dogs, supplies, and even the skin on his hands and feet. But despite constant thirst, starvation, disease, and snow blindness—he survived. Sir Douglas Mawson is remembered as the young Australian who would not go to the South Pole with Robert Scott in 1911. Instead, he chose to lead his own expedition on the less glamorous mission of charting nearly 1,500 miles of Antarctic coastline and claiming its resources for the British Crown. His party of three set out through the mountains across glaciers in 60-mile-per-hour winds. Six weeks and 320 miles out, one man fell into a crevasse—along with the tent, most of the equipment, the dogs' food, and all except a week's supply of the men's provisions. Mawson's Will is the unforgettable story of one

man's ingenious practicality, unbreakable spirit, and how he continued his meticulous scientific observations even in the face of death. When the expedition was over, Mawson had added more territory to the Antarctic map than anyone else of his time. Thanks to Bickel's moving account, Mawson can be remembered for the vision and dedication that make him one of the world's great explorers.

### **Find Me** Simon and Schuster

Adam Ellis knew it was time to leave art school when a fellow student presented her final project to the class: "I put a condom on the Virgin Mary," she announced, unveiling a cheap figurine sheathed in latex. The professor loved it. Baffled by the praise his classmate receives, and intent on becoming an artist on his own terms, Adam plots his escape to Portland, Oregon to begin his life in the real world--only to realize that adulthood is a lot harder than it looks. Based on the blog of the same name, **BOOKS OF ADAM** details Adam's hilarious trials and tribulations in his attempt to become a functioning member of society. From his arrest after shoplifting a bottle of chocolate milk to a misguided attempt to make friends that lands him in a shack with a hippie couple who have just skinned a rabbit and are trying to entice him into a three-some, Adam is an amicable guy who can't seem to keep himself out of trouble. Paired with his signature black and white illustrations, Adam's stories weave together an uproariously funny and ultimately charming narrative about a young man trying to find his place in the world.

*Uganda Be Kidding Me* Citadel Press

In this raucous collection of true-life stories, Chelsea Handler recounts

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her time spent in the social trenches with that wild, strange, irresistible, and often gratifying beast: the one-night stand. You've either done it or know someone who has: the one-night stand, the familiar outcome of a night spent at a bar, sometimes the sole payoff for your friend's irritating wedding, or the only relief from a disastrous vacation. Often embarrassing and uncomfortable, occasionally outlandish, but most times just a necessary and irresistible evil, the one-night stand is a social rite as old as sex itself and as common as a bar stool. Enter Chelsea Handler. Gorgeous, sharp, and anything but shy, Chelsea loves men and lots of them. My Horizontal Life chronicles her romp through the different bedrooms of a variety of suitors, a no-holds-barred account of what can happen between a man and a sometimes very intoxicated, outgoing woman during one night of passion. From her short fling with a Vegas stripper to her even shorter dalliance with a well-endowed little person, from her uncomfortable tryst with a cruise ship performer to her misguided rebound with a man who likes to play leather dress-up, Chelsea recalls the highs and lows of her one-night stands with hilarious honesty. Encouraged by her motley collection of friends (aka: her partners in crime) but challenged by her family members (who at times find themselves a surprise part of the encounter), Chelsea hits bottom and bounces back, unafraid to share the gritty details. My Horizontal Life is one guilty pleasure you won't be ashamed to talk about in the morning.

#### Lies That Chelsea Handler Told Me Grand Central Publishing

In these personal essays, the hilarious comedian and Chelsea Lately host reflects on family, love life, and the absurdities of adulthood with "cheeky candor" and signature wit (Philadelphia Inquirer). Life doesn't get more hilarious than when Chelsea Handler takes aim with her irreverent wit. Who else would send all-staff emails to smoke out the dumbest people on her show? Now, in this new collection of original essays, the #1 bestselling author of *Are You There, Vodka? It's Me, Chelsea* delivers one laugh-out-

loud moment after another as she sets her sights on the ridiculous side of childhood, adulthood, and daughterhood. Family moments are fair game, whether it's writing a report on Reaganomics to earn a Cabbage Patch doll, or teaching her father social graces by ordering him to stay indoors. It's open season on her love life, from playing a prank on her boyfriend (using a ravioli, a fake autopsy, and the Santa Monica pier) to adopting a dog so she can snuggle with someone who doesn't talk. And everyone better duck for cover when her beach vacation turns into matchmaking gone wild. Outrageously funny and deliciously wicked, Chelsea Chelsea Bang Bang is good good good good! Chelsea Handler on . . . Being unpopular: "My parents couldn't have been more unreasonable when it came to fads or clothes that weren't purchased at a pharmacy." Living with her boyfriend: "He's similar to a large toddler, the only difference being he doesn't cry when he wakes up." Appreciating her brother: "He's a certified public accountant, and I have a real life." Arm-wrestling a maid of honor: "It wasn't her strength that intimidated me. It was the starry way her eyes focused on me, like Mike Tyson getting ready to feed."

#### *Uganda Be Kidding Me* Grand Central Publishing

In this uproarious collection of travel essays, Chelsea Handler sneaks her sharp wit through airport security and delivers her most absurd and hilarious stories ever. On safari in Africa, it's anyone's guess as to what's more dangerous: the wildlife or Chelsea. But whether she's fumbling the seduction of a guide by not knowing where tigers live (Asia, duh) or wearing a bathrobe into the bush because her clothes stopped fitting seven margaritas ago, she's always game for the next misadventure. The situation gets down and dirty as she defiles a kayak in the Bahamas, and outright sweaty as she escapes from a German hospital on crutches. When things get truly scary, like finding herself stuck next to a passenger with bad breath, she knows she can rely on her

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family to make matters even worse. Thank goodness she has the devoted Chunk by her side—except for the time she loses him in Telluride. Complete with answers to the most frequently asked traveler's questions, hot travel trips, and travel etiquette, none of which should be believed, *Uganda Be Kidding Me* has Chelsea taking on the world, one laugh-out-loud incident at a time.

**Man Up!** Farrar, Straus and Giroux

**NEW YORK TIMES BESTSELLER** • In this hilarious instant classic, the creator of *The Mindy Project* and *Never Have I Ever* invites readers on a tour of her life and her unscientific observations on romance, friendship, and Hollywood. “[Kaling is] like Tina Fey’s cool little sister. Or perhaps . . . the next Nora Ephron.”—*The New York Times* Mindy Kaling has lived many lives: the obedient child of immigrant professionals, a timid chubster afraid of her own bike, a Ben Affleck–impersonating Off-Broadway performer and playwright, and, finally, a comedy writer and actress prone to starting fights with her friends and coworkers with the sentence “Can I just say one last thing about this, and then I swear I’ll shut up about it?” Perhaps you want to know what Mindy thinks makes a great best friend (someone who will fill your prescription in the middle of the night), or what makes a great guy (one who is aware of all elderly people in any room at any time and acts accordingly), or what is the perfect amount of fame (so famous you can never get convicted of murder in a court of law), or how to maintain a trim figure (you will not find that information in these pages). If so, you’ve come to the right book, mostly! With several conveniently placed stopping points for you to run errands and make phone calls, *Is*

*Everyone Hanging Out Without Me?* proves that Mindy Kaling really is just a Girl Next Door—not so much literally anywhere in the continental United States, but definitely if you live in India or Sri Lanka. Praise for *Is Everyone Hanging Out Without Me?* “Where have you been all our lives, Mindy?”—*Glamour* “Who wouldn’t want to hang out with Mindy Kaling? . . . [*Is Everyone Hanging Out Without Me?*] is like a mash note to comedy nerds.”—*Time Out New York* “Very funny.”—*Boston Globe* *Born Standing Up* New Directions Publishing

“Piers Morgan gives an adrenaline-fueled account of life at CNN in the style of Aaron Sorkin’s *The News Room*, as well as his career-defining decision to take on the issue of gun control at its historical tipping point”--

*Uganda Be Kidding Me* Grand Central Publishing

**#1 NEW YORK TIMES BESTSELLER** • The funny, sad, super-honest, all-true story of Chelsea Handler’s year of self-discovery—featuring a nerdily brilliant psychiatrist, a shaman, four Chow Chows, some well-placed security cameras, various family members (living and departed), friends, assistants, and a lot of edibles **A SKIMM READS PICK** • “This will be one of your favorite books of all time.”—Amy Schumer In a haze of vape smoke on a rare windy night in L.A. in the fall of 2016, Chelsea Handler daydreams about what life will be like with a woman in the White House. And then Donald Trump happens. In a torpor of despair, she decides that she’s had enough of the privileged bubble she’s lived in—a bubble within a bubble—and that it’s time to make some changes, both in her personal life and in the world at large. At home, she embarks on a year of self-

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sufficiency—learning how to work the remote, how to pick up dog shit, where to find the toaster. She meets her match in an earnest, brainy psychiatrist and enters into therapy, prepared to do the heavy lifting required to look within and make sense of a childhood marked by love and loss and to figure out why people are afraid of her. She becomes politically active—finding her voice as an advocate for change, having difficult conversations, and energizing her base. In the process, she develops a healthy fixation on Special Counsel Robert Mueller and, through unflinching self-reflection and psychological excavation, unearths some glittering truths that light up the road ahead. Thrillingly honest, insightful, and deeply, darkly funny, Chelsea Handler’s memoir keeps readers laughing, even as it inspires us to look within and ask ourselves what really matters in our own lives. Praise for *Life Will Be the Death of Me* “You thought you knew Chelsea Handler—and she thought she knew herself—but in her new book, she discovers that true progress lies in the direction we haven’t been.”—Gloria Steinem “I always wondered what it would be like to watch Chelsea Handler in session with her therapist. Now I know.”—Ellen DeGeneres “I love this book not just because it made me laugh or because I learned that I feel the same way about certain people in politics as Chelsea does. I love this book because I feel like I finally really got to know Chelsea Handler after all these years. Thank you for sharing, Chelsea!”—Tiffany Haddish

*Shooting Straight* Crown

An empowering book on propelling profound social change by going inward, from a mindfulness teacher and activist who has turned personal practice into movements The practice of self-care is most

often touted for its profound mind, body, and spirit benefits. Shelly Tygielski shows that self-care can also be a powerful tool for spurring transformative collective action. In a winning combination of memoir, manifesto, and how-to, Shelly shares her evolution from a Jerusalem-born child of traditional Sephardic Jewish parents to a middle-class American suburban youth who questioned her faith to a young executive in corporate America. As she used radical self-care practices to manage a serious chronic health issue, she had an epiphany: finding true health and peace is not a solo endeavor but one that lives in connection with others. Tygielski considers herself an unlikely meditator, activist, and teacher. But as such, she is uniquely qualified to speak to all today who wonder, “What can I do?” or, “Will my actions even make a difference?” Tygielski’s work began as “me” work and transformed into “we” work. In *Sit Down to Rise Up*, she shows that this is possible for all of us.

#### **Books of Adam Crown**

**\*A NEW YORK TIMES HUMOR BESTSELLER\*** By the author of *I Like You Just the Way I Am* and a frequent Chelsea contributor, an outrageous collection of personal stories about motherhood, responsibility, and other potential disasters. Jenny Mollen is a writer and actress living in New York. Until recently, her life was exciting, sexy, a little eccentric, and one hundred percent impulsive. She had a husband who embraced her crazy—who understood her need to occasionally stalk around the house in his ex-girlfriend’s old beach caftans and to invite their drug dealer to Passover seder (so he wouldn’t feel like they were using him only for drugs). Then they had their son, Sid, and overnight, Jenny was forced to grow up: to be responsible, to brush her hair, to listen to her voicemail. Searingly funny and

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surprisingly affecting, *Live Fast Die Hot* is a collection of stories about what happens when you realize that some things are more important than crafting the perfect tweet—and a reminder that even if you never thought you were cut out for parenting, at least you can be better at it than your mother.

*Life Will Be the Death of Me* Macmillan

The “highly entertaining and thoroughly reprehensible” #1 New York Times bestseller—now with sixteen pages of photos and a new introduction (The New York Times). My name is Tucker Max, and I am an asshole. I get excessively drunk at inappropriate times, disregard social norms, indulge every whim, ignore the consequences of my actions, mock idiots and posers, sleep with more women than is safe or reasonable, and just generally act like a raging dickhead. But, I do contribute to humanity in one very important way: I share my adventures with the world. --from the Introduction Actual reader feedback: "I find it truly appalling that there are people in the world like you. You are a disgusting, vile, repulsive, repugnant, foul creature. Because of you, I don't believe in God anymore. No just God would allow someone like you to exist." "I'll stay with God as my lord, but you are my savior. I just finished reading your brilliant stories, and I laughed so hard I almost vomited. I want to bring that kind of joy to people. You're an artist of the highest order and a true humanitarian to boot. I'm in both shock and awe at how much I want to be you."

Mawson's Will New World Library

As a young kid growing up in a farm town, Ross Mathews might as well have wished for a pet unicorn or a calorie-free cookie tree to grow in his front yard. Either of those far-fetched fantasies would have been more likely to come true than his real dream: working in television in Hollywood, California. Seriously, that stuff just doesn't happen to people like Ross. But guess what. It totally did. Now, with his first book, Ross takes us inside his journey as a super-fan, revealing the most embarrassing and hilarious moments of his small-town life and big-city adventures. From learning to swear like a hardened trucker to that time in high school when had to face

down the most frightening opponent of all (his girlfriend's lady bits), Ross holds nothing back. Oh, then there's his surprisingly shady past involving the cutest pair of plus-sized women's pajama bottoms, deliciously dangerous pot butter, and embezzled sandwiches. And, of course, how he's managed to turn an obsession with pop-culture into one-on-one interactions with celebrities like Gwyneth Paltrow, Tiffani-Amber Theissen, Madonna, Michelle Kwan, and countless more without ever having a single restraining order issued against him. Infused with Ross's trademark humor, unique voice, and total honesty, *MAN UP!* is a mission statement for anyone who doesn't fit the mold. His hasn't been the most traditional way to build a career in Hollywood, but Ross has somehow managed to make his mark without ever compromising who he is. He is as serious about this as he is about Golden Girls trivia: You don't need to change who you are to achieve your dreams (although there's nothing wrong with a makeover every now and then). You just need to Man Up!

On Booze (New Directions Pearls) Grand Central Publishing

Steve Martin has been an international star for over thirty years. Here, for the first time, he looks back to the beginning of his career and charmingly evokes the young man he once was. Born in Texas but raised in California, Steve was seduced early by the comedy shows that played on the radio when the family travelled back and forth to visit relatives. When Disneyland opened just a couple of miles away from home, an enchanted Steve was given his first chance to learn magic and entertain an audience. He describes how he noted the reaction to each joke in a ledger - 'big laugh' or 'quiet' - and assiduously studied the acts of colleagues, stealing jokes when needed. With superb detail, Steve recreates the world of small, dark clubs and the fear and exhilaration of standing in the spotlight. While a philosophy student at UCLA, he worked hard at local clubs honing his comedy and slowly attracting a following until he was picked up to write for TV. From here on, Steve Martin became an acclaimed comedian, packing out

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venues nationwide. One night, however, he noticed empty seats and realised he had 'reached the top of the rollercoaster'. **BORN STANDING UP** is a funny and riveting chronicle of how Steve Martin became the comedy genius we now know and is also a fascinating portrait of an era.

### **My Horizontal Life** Villard

The comedienne star of the Chelsea Handler Show describes her experiences with misbegotten boyfriends, her eccentric mixed-religion parents and the working world, a lifetime marked by numerous inebriated misadventures. Reprint. A #1 best-seller.

Simon and Schuster

'Many people feel like a one-night stand is something to be ashamed or embarrassed of. I disagree...' We've all (well not quite all, perhaps) had at least one: a one-night stand. Often embarrassing and uncomfortable, occasionally outlandish, but most times just a necessary and irresistible evil, the one-night-stand is a social rite as old as sex itself and as common as a bar stool. Enter Chelsea Handler. Gorgeous, sharp, and anything but shy, Chelsea loves men...Lots of them. **My Horizontal Life** chronicles Chelsea's romps through the bedrooms of a host of potential suitors, uncovering what can happen in one night of passion between a man and a sometimes very intoxicated woman. From her short fling with a Vegas stripper named Thunder to her even shorter fling with a very short man, she recalls her myriad one-night stands with hilarious honesty. **My Horizontal Life** is a sensationally frank and funny memoir of sexual life, and a gloriously quirky take on why we do the things we do. Whether you have been there yourself or not, its one guilty pleasure you won't be ashamed to talk about in the morning...

### You'll Never Blue Ball in This Town Again Grand Central Publishing

A collection of F. Scott Fitzgerald's best drinking stories makes this the most intoxicating New Directions Pearl yet! "First you take a drink," F. Scott Fitzgerald once noted, "then the drink takes a drink,

then the drink takes you." Fitzgerald wrote alcohol into almost every one of his stories. **On Booze** gathers debutantes and dandies, rowdy jazz musicians, lost children and ragtime riff-raff into a newly compiled collection taken from **The Crack-Up**, and other works never before published by New Directions. **On Booze** portrays "The Jazz Age" as Fitzgerald experienced it: roaring, rambunctious, and lush — with quite a hangover.