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## Use This Manual

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[ERIC - ED338122 - A Manual for the Use of the Motivated ...](#)

This manual contains materials, such as talking points and handouts, to help counselors conduct intensive outpatient treatment sessions. The manual discusses five types of sessions for treating adults who misuse substances. Sessions address recovery, relapse prevention, social support, and family education.

This manual is a guide to the "Motivated Strategies for Learning Questionnaire" (MSLQ) for assessing college students' motivational orientations and their use of different learning strategies for a college course. The MSLQ, based on a general cognitive view of motivation and learning strategies, contains two sections. The motivation section consists of 31 items that assess students' goals and ...