

Voluntary Madness My Year Lost And Found In The Loony Bin Norah Vincent

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[The Collected Schizophrenias](#) Simon and Schuster

NEW YORK TIMES BESTSELLER • A powerful memoir of a love that leads two people to find a courageous way to part—and a woman’s struggle to go forward in the face of loss—that “enriches the reader’s life with urgency and gratitude” (The Washington Post) “A pleasure to read . . . Rarely has a memoir about death been so full of life. . . . Bloom has a talent for mixing the prosaic and profound, the slapstick and the serious.” —USA Today Amy Bloom began to notice changes in her husband, Brian: He retired early from a new job he loved; he withdrew from close friendships; he talked mostly about the past. Suddenly, it seemed there was a glass wall between them, and their long walks and talks stopped. Their world was altered forever when an MRI confirmed what they could no longer ignore: Brian had Alzheimer’s disease. Forced to confront the truth of the diagnosis and its impact on the future he had envisioned, Brian was determined to die on his feet, not live on his knees. Supporting each other in their last journey together, Brian and Amy made the unimaginably difficult and painful decision to go to Dignitas, an organization based in Switzerland that empowers a person to end their own life with dignity and peace. In this heartbreaking and surprising memoir, Bloom sheds light on a part of life we so often shy away from discussing—its ending. Written in Bloom’s captivating, insightful voice and with her trademark wit and candor, *In Love* is an unforgettable portrait of a beautiful marriage, and a boundary-defying love.

The Center Cannot Hold Graywolf Press

A powerful, breathtaking memoir about a young man’s descent into madness, and how running saved his life. “Voluntary or involuntary?” asked the nurse who admitted J. M. Thompson to a San Francisco psychiatric hospital in January 2005. Following years of depression, ineffective medication, and therapy that went nowhere, Thompson feared he was falling into an inescapable darkness. He decided that death was his only exit route from the torture of his mind. After a suicide attempt, he spent weeks confined on the psych ward, feeling scared, alone, and trapped. One afternoon during an exercise break he experienced a sudden urge. “Run, I thought. Run before it’s too late and you’re stuck down there. Right now. Run.” The impulse that starts with sprints across a hospital rooftop turns into all night runs in the mountains. Through motion and immersion in the beauty of nature, Thompson finds a way out of the hell of depression and drug addiction. Step by step, mile by mile, his body and mind heal. In this lyrical, vulnerable, and breathtaking memoir, J. M. Thompson, now a successful psychologist, retraces the path that led him from despair to wellness, detailing the chilling childhood trauma that caused his depression, and the unorthodox treatment that saved him. *Running Is a Kind of Dreaming* is a luminous literary testament to the universal human capacity to recover from our deepest wounds.

[The Way Through the Woods](#) Vintage

Winner of the Hurston/Wright Legacy Award Caryl Phillips's *The Lost Child* is a sweeping story of orphans and outcasts, haunted by the past and fighting to liberate themselves from it. At its center is Monica Johnson—cut off from her parents after falling in love with a foreigner—and her bitter struggle to raise her sons in the shadow of the wild moors of the north of England. Phillips intertwines her modern narrative with the childhood of one of literature's most enigmatic lost boys, as he deftly conjures young Heathcliff, the anti-hero of *Wuthering Heights*, and his ragged existence before Mr. Earnshaw brought him home to his family. *The Lost Child* is a multifaceted, deeply original response to Emily Bronte's masterpiece, *Wuthering Heights*. A critically acclaimed and sublimely talented storyteller, Caryl Phillips is "in a league with

Toni Morrison and V. S. Naipaul" (Booklist) and "his novels have a way of growing on you, staying with you long after you've closed the book." (The New York Times Book Review) A true literary feat, *The Lost Child* recovers the mysteries of the past to illuminate the predicaments of the present, getting at the heart of alienation, exile, and family by transforming a classic into a profound story that is singularly its own.

[The Strange Case of Dr. Doyle](#) Penguin

From the New York Times bestselling author, a first novel as spellbinding as her acclaimed nonfiction At thirty-four, Nick Walsh is a broken, deeply cynical man. Since the violent deaths of his parents thirteen years earlier, he has been living alone in his childhood home in the suburban Midwest, drinking, drugging, and debauching himself into oblivion. A measure of solace is provided by his newly found relationship with Monica, a mysterious woman who seems to harbor as many secrets as he does. Obsessed with understanding the circumstances surrounding his parents' deaths and deranged by his relentless sorrow, Nick begins a campaign of spying on his neighbors via hidden cameras and microphones he has covertly installed in their houses. As he observes with amusement and disbelief all the strange, sad, and terrifying things that his neighbors do to themselves and to one another, and as he, in turn, learns that he is being stalked, he begins to slowly unravel the shocking truth about how and why his parents died. At once unsettling and moving, humorous and horrifying, *Thy Neighbor* explores the nature of grief, the potential isolation of suburban life, and who we really are when we think no one is watching. What readers and critics have admired in Norah Vincent's nonfiction is completely unleashed in this vivid and provocative novel.

[Adeline](#) A&C Black

Lauren has visions of girls her own age who are gone without a trace, but while she tries to understand why they are speaking to her and whether she is next, Lauren has a brush with death and a shocking truth emerges.

[Instant Intellectual](#) Harper Collins

NATIONAL BESTSELLER • In 1967, after a session with a psychiatrist she'd never seen before, eighteen-year-old Susanna Kaysen was put in a taxi and sent to McLean Hospital. Her memoir of the next two years is a "poignant, honest ... triumphantly funny ... and heartbreaking story" (The New York Times Book Review). The ward for teenage girls in the McLean psychiatric hospital was as renowned for its famous clientele—Sylvia Plath, Robert Lowell, James Taylor, and Ray Charles—as for its progressive methods of treating those who could afford its sanctuary. Kaysen's memoir encompasses horror and razor-edged perception while providing vivid portraits of her fellow patients and their keepers. It is a brilliant evocation of a "parallel universe" set within the kaleidoscopically shifting landscape of the late sixties. *Girl, Interrupted* is a clear-sighted, unflinching document that gives lasting and specific dimension to our definitions of sane and insane, mental illness and recovery.

[Mad in America](#) Viking Press

A journalist's provocative and spellbinding account of her eighteen months spent disguised as a man. Norah Vincent became an instant media sensation with the publication of *Self-Made Man*, her take on just how hard it is to be a man, even in a man's world. Following in the tradition of John Howard Griffin (*Black Like Me*), Vincent spent a year and a half disguised as her male alter ego, Ned, exploring what men are like when women aren't around. As Ned, she joined a bowling team, took a high-octane sales job, went on dates with women (and men), visited strip clubs, and even managed to infiltrate a monastery and a men's therapy group. At once thought-provoking and pure fun to read, *Self-Made Man* is a sympathetic and thrilling tour de force of immersion journalism.

[Committed](#) National Geographic Books

Voluntary Madness Penguin

[Medication Madness](#) HarperCollins

Ramona Romano, a wild redhead in search of excitement, the more dangerous the better, hangs out with scuba divers and weight lifters on the coast of Florida, beginning an ominous and intense flirtation with a menacing diver named Enzo. Reprint. 15,000 first printing.

[Thy Neighbor](#) University of Illinois Press

From the author of The New York Times bestseller *Self-Made Man*, a captivating expose of depression and mental illness in America Revelatory, deeply personal, and utterly relevant,

Voluntary Madness is a controversial work that unveils the state of mental healthcare in the United States from the inside out. At the conclusion of her celebrated first book--*Self-Made Man*, in which she soent eighteen months disguised as a man-Norah Vincent found herself emotionally drained and severely depressed. Determined but uncertain about maintaining her own equilibrium, she boldly committed herself to three different facilities-a big-city hospital, a private clinic in the Midwest, and finally an upscale retreat in the South. Voluntary Madness is the chronicle of Vincent's journey through the world of the mentally ill as she struggles to find her own health and happiness.

[Running Is a Kind of Dreaming](#) Syracuse University Press

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

[Riven Rock](#) Vintage

In *Committed*, psychiatrists Dinah Miller and Annette Hanson offer a thought-provoking and engaging account of the controversy surrounding involuntary psychiatric care in the United States. They bring the issue to life with first-hand accounts from patients, clinicians, advocates, and opponents. Looking at practices such as seclusion and restraint, involuntary medication, and involuntary electroconvulsive therapy--all within the context of civil rights--[I'll See You Again](#) Random House

An attractive, highly successful Beverly Hills entertainment lawyer, Terri Cheney had been battling debilitating bipolar disorder for the better part of her life—and concealing a pharmacy’s worth of prescription drugs meant to stabilize her moods and make her “normal.” In explosive bursts of prose that mirror the devastating mania and extreme despair of her illness, Cheney describes her roller-coaster existence with shocking honesty, giving brilliant voice to the previously unarticulated madness she endured. Brave, electrifying, poignant, and disturbing, *Manic* does not simply explain bipolar disorder—it takes us into its grasp and does not let go.

[Manic](#) Macmillan

The New York Times–bestselling memoir of crippling depression and the struggle for recovery by the Pulitzer Prize–winning author of *Sophie’s Choice*. In the summer of 1985, William Styron became numbed by disaffection, apathy, and despair, unable to speak or walk while caught in the grip of advanced depression. His struggle with the disease culminated in a wave of obsession that nearly drove him to suicide, leading him to seek hospitalization before the dark tide engulfed him. *Darkness Visible* tells the story of Styron’s recovery, laying bare the harrowing realities of clinical depression and chronicling his triumph over the disease that had claimed so many great writers before him. His final words are a call for hope to all who suffer from mental illness that it is possible to emerge from even the deepest abyss of despair and “once again behold the stars.” This ebook features a new illustrated biography of William Styron, including original letters, rare photos, and never-before-seen documents from the Styron family and the Duke University Archives.

[The Book of Lies](#) Yale University Press

A trenchant look at how the coronavirus reveals the dangerous fault lines of contemporary society As seen on CNN's Fareed Zakaria GPS: “A stirring alarm addressed to an unsettled world.” (Kirkus Reviews) Forget the world that came before. The author of *American Vertigo* serves up an incisive look at how COVID-19 reveals the dangerous fault lines of contemporary society. With medical mysteries, rising death tolls, and conspiracy theories beamed minute by minute through the vast web universe, the coronavirus pandemic has irrevocably altered societies around the world. In this sharp essay, world-renowned philosopher Bernard-Henri Lévy interrogates the many meanings and metaphors we have assigned to the pandemic—and what they tell us about ourselves. Drawing on the philosophical tradition from Plato and Aristotle to Lacan and Foucault, Lévy asks uncomfortable questions about reality and mythology: he rejects the idea that the virus is a warning from nature, the inevitable result of global capitalism; he questions the heroic status of doctors, asking us to think critically about the loci of authority and power; he challenges the panicked polarization that dominates online discourse. Lucid, incisive, and always original, Lévy takes a bird’s-eye view of the

most consequential historical event of our time and proposes a way to defend human society from threats to our collective future. A portion of the author's proceeds will be donated to Binc (The Book Industry Charitable Foundation).

Black Like Me Lulu.com

With more than 200 foreign phrases, Latin terms, idiomatic expressions, and literary expressions, this little reference aids anyone in acquiring a cultured vocabulary. Accessible, handy, and fun, this book includes phonetic spellings and on-the-nose explanations.

Girl, Interrupted Penguin

In the late 1970s, Barbara Taylor, then an acclaimed young historian, began to suffer from severe anxiety. In the years that followed, Taylor's world contracted around her illness. Eventually, she was admitted to what had once been England's largest psychiatric institutions, the infamous Friern Mental Hospital in London

Voluntary Madness Pan Macmillan

This volume contains a comprehensive examination of the crucial first ten years of the Arab League and of the continuing dilemma it faces in juggling opposing local and regional interests.

The Virus in the Age of Madness Farrar, Straus and Giroux

"I loved this book. It's a private ticket into a secret world of desire and sex and the raw edge between them . . . I read it with the fever of the addicted."--Michael Connelly "I never miss a book by Vicki Hendricks. No one on the current scene is writing super-charged, erotic, real noir novels like these."--George P. Pelecanos Renata is young, beautiful, and has sex for money and kicks. Few are immune to her intoxicating allure--even her pet Burmese python, Pepe, seems captive to her charm. Richard is one of her clients, a poetry professor with a wife and two sons, whose erotic fascination with Rennie is threatening his home and job. Meanwhile, Julie, a shy wannabe novelist, spies on Rennie from her room next door in between bouts of frustrated writing. Both would do anything to save Rennie from her dangerous occupation and become her one true love. Set in Miami's gaudy vacationland and the haunting atmosphere of the Everglades, *Cruel Poetry* is a gripping story of fatal attraction that captures the Florida behind the postcards. As the lives of Richard and Julie unravel amidst drugs and murder, Hendricks amps the adrenaline jolts and sweeps us to a bittersweet climax. Vicki Hendricks lives in Hollywood, Florida, where she teaches English and creative writing. A fan of dangerous sports, she has completed 550 skydives, learned to dog sled in Finland, and has been birding in the jungles of Costa Rica.

Penguin

Granata was a thousand miles from home when he received shocking news that his younger brother, Tim, propelled by unchecked schizophrenia, had killed their mother in their childhood home. Devastated by the grief of losing his mother, Granata was also consumed by the act itself, so incomprehensible that it overshadows every happy memory of life growing up in a seemingly idyllic middle-class family. He decides to examine the disease that irrecoverably changed his family's destiny and piece together his brother's story. In the painstaking process of recovering the image of his remarkable mother and salvaging the love for his brother as Tim faces trial for their mother's murder, Granata provides a powerful and reaffirming portrait of loss and forgiveness. -- adapted from jacket