

War And The Soul Healing Our Nations Veterans From Post Traumatic Stress Disorder Edward Tick

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A Complicated Legacy Quest Books

Many in the scientific community shun life after death, considering such experiences impossible. Marcel Westerlund is the exception. The Swedish psychiatrist, not only uses hypnotherapy to treat people's mental illnesses-he uses it to explore their afterlives as well. Despite being a highly controversial approach, his use of hypnotherapy results in some fascinating stories...and is even integrated directly into the sciences. Travel back with a patient as she recounts being a Queen of Egypt. Discover how a man finds his own grave, finally allowing him to connect with his spiritual existence and find healing. Read account after account of people who come to grips with their past lives, and use these experiences to find happiness in this life. Pills may curb depression, but Westerlund discovers that delving into people's past lives provides a healing force that he could never accomplish through regular medicine. He talks candidly about his job as a healer, as well as the importance of the spirit in mental recovery. Journey into the soul and learn, not only about the existence of past lives, but the science behind it.

Soul Mind Body Science System Routledge

Roberta T. McClinon, Holistic Practitioner believes that the essence of each of us begins with our Souls, that innermost essence that steers our emotional, mental, physical and spiritual parts of our existence. In Heal Thy Soul....Naturally with Tips to Strengthen Your Body's Weakest Links she shares tips that can be incorporated into our daily lifestyles. Many of the tips come from her personal struggle to gain her health back after being diagnosed with Multiple Sclerosis -- an illness she no longer claims. How you deal with your problems can make the difference in living a life that is controlled by negative thoughts and actions or by taking control of your health and making changes that can make your life a healthful one. After reading this book, you can incorporate a few of the tips and change your life for the better.

The Glory of the Trenches Quest Books

Affirmative Prayer: Becoming Your Own Answered Prayer is a step-by-step instructional book on the practice of Affirmative Prayer. Rev. Bonnie walks the reader through the five steps of moving from a prayer request to becoming the prayer answered. This powerful prayer technology is known to heal, prosper, and connect individuals to their Inner God.

The New Regression Therapy Inner Traditions / Bear & Co

It was early morning, June 17, 1967, and Dak To Special Forces camp in Vietnam was under attack. A mortar exploded, and West Point graduate Allen B. Clark Jr.'s life was changed forever. This is the story of how one soldier, so gravely injured that both of his legs were amputated, turned his grievous loss into a personal triumph. Clark describes his struggle through a year-long recovery and a severe bout of post traumatic stress disorder, so little understood at the time. He tells of earning his MBA from Southern Methodist University and finding employment as a personal financial assistant to Ross Perot, of moving on to public service and founding the Combat Faith Ministry, a lay ministry to veterans. Clark's story of growth and spiritual fulfillment wrested from his wartime tragedy is a testament to the resilience of the human spirit and is of special relevance in our day of so many soldiers returning wounded in body and spirit from Iraq.

What Have We Done Harlequin Books

Offers a powerful perspective that affirms the deep damage war does to the psyche and addresses how to truly heal war trauma in veterans, their families, and communities, drawing on history, mythology, and soldiers' stories--from World War I to Iraq. Original.

Heartbreak Therapy Wipf and Stock Publishers

What is a soul? Are miracles real? When the soul is healed, how does the body respond? Throughout history, there have been countless cases of "miracle" healings, unexplainable by modern science. Dr. and Master Zhi Gang Sha has personally healed thousands of patients, usually in front of dozens of witnesses. Hundreds of videos of these healings can be seen on YouTube. But how can these healings be explained? Soul Mind Body Science System is the first book to explore the scientific explanations for why soul healing miracles are genuine. Written with Dr. Rulin Xiu, an expert on string theory and quantum physics who trained at The University of California, Berkeley, Dr. Sha shares, for the first time, the scientific theories that explain why all actions on Earth are guided by the reality of the soul. In Soul Mind Body Science System, the complex and fascinating relationships present between matter, density, information, soul, and consciousness are thoroughly examined. Written for armchair and professional scientists alike, this book makes a significant contribution to the ongoing debate about the true nature of reality. As the lines between "science" and "spirit" blur, this investigation becomes ever more important. The groundbreaking Soul Mind Body Science System is for all readers who have contemplated the fundamental scientific laws of the universe and sought answers beyond those offered by popular science and mainstream faith.

Windows to Our Children CreateSpace

When War Comes Home combines spiritual comfort and practical, Christ-centered solutions for wives of combat veterans struggling with the hidden wounds of war including Post-Traumatic Stress Disorder.

War and Moral Injury CreateSpace

In his first book, Pastor D. Foy Hutchins candidly shares his journey of emotional healing after a season of loss, pain, and disappointment. Once happily married and budding in ministry, Hutchins found his world caving in when he seemed to have lost it all. After a heartbreaking divorce and devastating church failures, he found the inner strength to rebound and recover. Heartbreak Therapy is designed to help you rediscover the possibilities that seem so bleak. As you read, you will find that emotional healing is possible and you can recover.

The Power of Your Story Createspace Independent Pub

Endorsement from Max Lucado- "Tommy Hays has spent a lifetime studying the place of prayer in inner healing. I have personally benefitted from his teaching, writing, and encouragement. This book gathers a wealth of helpful insights and experiences into one volume. I am honored to have it on my shelf and honored to call Tommy my friend." Endorsement from Andy Reese, Author of Freedom Tools- "Tommy Hays combines a lawyer's keen logic with a spiritual intuition to bring inner healing to a practical, effective, and applied level. His proven techniques have been used in hundreds of ministry settings and can serve as simple yet profound tools in the hands of even the novice minister." Endorsement from Randy Clark, Global Awakening- "Free to Be Like Jesus! will take you on a journey to learn more about the inner healing ministry. This book has many foundational spiritual truths and will help you if you want more healing in your own life, or if you want more tools to assist you in your inner healing ministry." Jesus is still healing the brokenhearted and setting the captives free! (Isaiah 61:1; Luke 4:18) As the Father sent the Son, so the Son sends us in the power of His Holy Spirit (John 20:21). God wants to display His glory and move in His power through a people who have His nature - a people set Free To Be Like Jesus!

How To Be A Great Parent To Your Inner Child Createspace Independent Publishing Platform

This is true story about real people is set in Edinburgh City and Dundee, where a petite Scottish Lassie called Rosie Gilmour, mother to Finlay Sinclair, receives news of the death of her son - who tragically has taken his own life by hanging. Rosie pretends her son is still alive by talking to him, for that takes away the unbearable pain of her loss. But once she begins to face up to the fact that Finlay is not coming back, her conversations become more of a challenge than she can handle. When memories of her past are triggered by everyday life events, they take her mind back and forth in time - back to her own childhood days in 1960, when she flirted with the fairground boys, and to the day she gave birth to Finlay - "ME LADDIE". Rosie's Scottish accent becomes more apparent whenever her emotions are heightened and she begins to recite poetry. She goes on to reveal doubts about her own self-worth and and how she re-unites her role as mother - a role she had denied herself for seven years prior to Finlay's death. Rosie learns how to forgive herself and how to accept her loss with using practical coping strategies that sometimes but not always work for her. Many voices of different natures and walks of life appear in Rosie's, story with each one offering a part of their own belief to try and console her in her misery - except that she turns her back on any advice or support offered. Rosie is convinced that she can cope with her loss on her own and "needs no help from anyone, thank you" - until a sweet, gentle, soft-spoken voice begins to travel with her throughout her ordeal, leaving her no other choice but to listen. Eventually moving to the countryside in Angus, Rosie finds the isolation gives her life a new meaning offering her the opportunity to re-value her belief's about her own self values and decides the time has come to give her son a memorial service and invite a chosen few dance companions whom she met on a regular basis in Edinburgh to honour this day. Rosie begins to accept she will never be the same person she once had been and shall never be again, believing now her journey through grief taught her many lessons making her a stronger and better person than she imagined she could ever be.

Toward Manhood Rose Garden Press

Now an Award-Winning Finalist in the Non-Fiction: Narrative category of The 2012 USA Best Book Awards, sponsored by USA Book News. Obtain a free 40-page excerpt on www.kirschstonebooks.com. Against the backdrop of World War II tragedy and devastation in Latvia, Poland and Germany and three decades of European history, this true narrative provides a window into the palpitating heart of wartime upheaval through the lives of Rolf Dutzmann and Lilo Wassull-two people fatefully positioned "on the other side." In December of 1939, swept along on a tide of dire necessity and circumstance due to the imminent Soviet takeover of his homeland, Rolf, a young Latvian aeronautical engineering student, flees with his family to Germany, a country fully under Hitler's control and already engaged in a brutal war. While the account chronicles Rolf's pursuit of his technical dream against daunting wartime odds, it is first and foremost a poignant love story that plays out against a panorama of worldwide chaos and destruction. It is also a story of the seen and unseen forces that coalesce to keep Rolf and Lilo alive after they meet in 1940 Berlin, leading them through a chain of cataclysmic events including Rolf's draft into the Luftwaffe and his father's assignment as chief inspector of V-2 rocket production; the bombing of Berlin; the destruction of their homes; their numerous desperate, cross-country escapes from the bombing, the advancing Soviet troops from the east, and other Allied forces from the west; the POW camp hardships; and the deprivation of the postwar years. Despite the immeasurable evil, suffering and desolation of World War II, a synchronistic chain of events provides an uplifting reminder that love and hope may take wing even out of the ashes of life's most terrifying adversities.

When War Comes Home Createspace Independent Pub

Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality shows how to use the Enneagram as a gateway into the full potential of your soul. With it, you can live with simplicity, clarity and compassion; you will feel inspired to create a new partnership between the ordinary and EXTRAordinary sides of your personality. Authors Kathy Hurley and Theodorre Donson combine insights from mystical traditions with contemporary psychology and their intimate knowledge of the Enneagram to provide this tool for ongoing growth. As part of their life quest to help people live from the power of their own souls, they explain how spiritual vitality can be the privilege, inheritance and responsibility of every human being. On our spiritual journey it seems our hearts yearn for us to know who we are, and the Enneagram is the clearest, most accurate method of understanding the personality traits of ourselves and others. It is based on the theory of three centres of intelligence: Intellectual, Relational and Instinctual, or more commonly referred to as Thinking, Feeling and Doing. Our personality is a unique configuration of the three capacities inherent in every person. Because of its practical approach, this groundbreaking book makes spiritual vitality easily accessible to all.

Slippin' Out of Darkness Createspace Independent Publishing Platform

The first book to explore the idea and effect of moral injury on veterans, their families, and their communities Although veterans make up only 7 percent of the U.S. population, they account for an alarming 20 percent of all suicides. And though treatment of post-traumatic stress disorder has undoubtedly alleviated suffering and allowed many service members returning from combat to transition to civilian life, the suicide rate for veterans under thirty has been increasing. Research by Veterans Administration health professionals and veterans ’ own experiences now suggest an ancient but unaddressed wound of war may be a factor: moral injury. This deep-seated sense of transgression includes feelings of shame, grief, meaninglessness, and remorse from having violated core moral beliefs. Rita Nakashima Brock and Gabriella Lettini, who both grew up in families deeply affected by war, have been working closely with vets on what moral injury looks like, how vets cope with it, and what can be done to heal the damage inflicted on soldiers ’ consciences. In Soul Repair, the authors tell the stories of four veterans of wars from Vietnam to our current conflicts in Iraq and Afghanistan—Camillo “ Mac ” Bica, Herman Keizer Jr., Pamela Lightsey, and Camilo Mej í a—who reveal their experiences of moral injury from war and how they have learned to live with it. Brock and Lettini also explore its effect on families and communities, and the community processes that have gradually helped soldiers with their moral injuries. Soul Repair will help veterans, their families, members of their communities, and clergy understand the impact of war on the consciences of healthy people, support the recovery of moral conscience in society, and restore veterans to civilian life. When a society sends people off to war, it must accept responsibility for returning them home to peace.

Soul Repair CreateSpace

War Trauma and Its Wake a vital book for anyone interested in understanding the military experience, and the lessons contained in its pages are crucial for any clinician committed to healing war trauma.

Warriors' War: Healing the Battle With Trauma and PTSD Beacon Press

\*A RAINWATER BOOK OF KIN VOLUME 4.22\* is a continuation series of just a journal to my Unborn Baby LOVE!\* and YET the reason I AM...sharing IT is because of what I discovered by keeping one... \* A VENUS BIRTH!\* (Volume 2 "You're Having a Venus Birth" which for me was a two hour next to no pain... \*ALL JOY, LOVE AND PLEASURE BIRTH MIRACLE!\* I later learned from ANASTASIA\* of The Ringing Cedars Series that my easy breezy beautiful childbirth was because of my keeping of a journal, which she calls, The Book of Kin...\* I HOPE that mine here serves as a POSITIVE example for YOU and then for your future generations TOOO!\* \*AMEN BLESSED BE NAMASTE OM PEACE AND LOVE\* Also considered A Book of Shadows in some Spiritual Circles...as IT is filled with Readings from the S P I R I T S\* through Cards and Oracles with much Sacred Knowledge on VENUS BIRTH\* as well as another special twist and turn! In this volume I AM...pregnant and journaling through to 68 months gestation!!!\* As of this back cover writing I AM...almost 6 years pregnant...OMG! and so the series continues...

Warrior's Return Createspace Independent Publishing Platform

It could be your neighbor, your coworker, your son, or the woman sitting next to you in church. When combat veterans return from war, they ’ re often confused. They struggle to reconnect with their families; the cheering crowds and smothering hugs make them want to jump out of their skin; and sometimes they even long to return to the hell of deployment. What they ’ ve experienced in combat can radically change how they view themselves, others, and the world at large. They may have never seen so much hurt, suffering, death, and destruction, which leaves them questioning, “ Where is God? ” Dr. Tiffany Tajiri, a veteran USAF officer and board-certified clinical psychologist, has been in countless sessions with combat veterans and their loved ones and now shares powerful first-hand accounts, lessons, proven exercises, and biblical truth. Whether experiencing combat directly as a veteran or wanting to help bring healing as a family member, pastor, chaplain, or counselor, this book is essential. The emotional, psychological, and spiritual healing encountered applies to anyone facing harsh realities and uncomfortable questions and hoping to find peace again.

Afterlife Little, Brown

What holds the world together at its innermost core, is – according to this detailed and deeply researched book - the magnetism that dwells in everything that exists. Magnetic fields are the link between different dimensions and planes of creation, on both a large and a small scale. How all of the knowledge that is presented here in such an easily understandable fashion can be applied in practice even by absolute beginners is detailed in this book very impressively, using a very practical approach to the topic. She writes how the ethereal bodies are interwoven with the material one and how therapeutic magnetism works in practice. By following precise directions for exercises in this book you will learn how to return the magnetic fields of a human being to their natural balance simply by laying on of hands. The techniques described will enable the self-regulating forces in your organism to be able to take effect again.

Heal Thy Soul Createspace Independent Publishing Platform

What is an authentic purpose of a man's life today? What does manhood have to do with purpose? How does a man discern the call of purpose? This is a book about the psychospiritual path to a meaningful, healthy and fulfilling manhood. It is written for any man who is starting to question his life's purpose. It is written for the man who, as he is climbing the ladder of success, is starting to realize that the ladder is on the wrong wall. Toward Manhood is about the inevitable crisis of meaning and life direction that most men in modern culture will ultimately face. This book is based on psychological and spiritual principles lost in the modern Western world that still endure after thousands of years. Using archetypal puberty initiation rituals that have always led toward a purposeful life Toward Manhood translates this indigenous practice into a modern understanding of healthy psychological and spiritual maturity. The old and the new come together in this book to create a modern model of manhood that is worthy of the inner pain and struggle it takes to brave the wilderness of the soul's identity.

Healing War Trauma David C Cook

"A Gunner's Mate's gripping account of his ship's terrifying run through German U-boats' infamous gauntlet of death in the icy North Seas--in the U.S.'s first convoy to Russia before World War II was even declared"--Provided by publisher.

War and the Soul CreateSpace

All royalties from the sale of this book are being donated to Warfighter Advance, <http://www.warfighteradvance.org> Moral Injury has been called the "signature wound" of today's wars. It is also as old as the human record of war, as evidenced in the ancient war epics of Greece, India, and the Middle East. But what exactly is Moral Injury? What are its causes and consequences? What can we do to prevent or limit its occurrence among those we send to war? And, above all, what can we do to help heal afflicted warriors? This landmark volume provides an invaluable resource for those looking for answers to these questions. Gathered here are some of the most far-ranging, authoritative, and accessible writings to date on the topic of Moral Injury.

Contributors come from the fields of psychology, theology, philosophy, psychiatry, law, journalism, neuropsychiatry, classics, poetry, and, of course, the profession of arms. Their voices find common cause in informing the growing, international conversation on war and war's deepest and most enduring invisible wound. Few may want to have this myth-challenging, truth-telling conversation, but it is one we must have if we truly wish to help those we send to fight our wars.