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> manipulator is a relative, a spouse or romantic partner, a boss. coworker, or subordinate, or even a trusted friend or advisor, Dr. Harriet B. Braiker. bestselling author of "The Disease to

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Please", shows you how to break this damaging cycle for good. "Who's Pulling Your Strings?" Who's Pulling Your Strings? | Psychology Today Synopsis What is called "character" or "nature" is a mixture of different personalities, an "inner family" each with its own life story, emotions and philosophy, and each takes its turn pulling a person's strings. The "inner critic". for example, tells

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