

Without Buddha I Could Not Be A Christian Paul F Knitter

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Thomas Merton's Encounter with Buddhism and Beyond University of Hawaii Press  
'Thich Nhat Hanh is a holy man, for he is humble and devout. He is a scholar of immense intellectual capacity. His ideas for peace if applied, would build a monument of ecumenism, to world brotherhood, to humanity.' Martin Luther King, Jr. Budda and Jesus Christ, perhaps the two most pivotal figures in the history of humankind, each left behind a legacy of teachings and practices that have shaped the lives of billions of people over the course of two millennia. If they were to meet on the road today, what would each think of the other's spiritual views and practices? Thich Nhat Hanh has been part of a decades-long dialogue between the two greatest living contemplative traditions, and brings to Christianity an appreciation of its beauty that could be conveyed only by an outsider. In a lucid, meditative prose, he explores the crossroads of compassion and holiness at which Buddhism and Christianity meet, and reawakens our understanding of both.

Living Buddha, Living Christ Penguin  
An honest, unflinching tale of re-finding one's faith, from one of the world's most famous theologians Without Buddha I Could Not Be a Christian narrates how esteemed theologian, Paul F. Knitter overcame a crisis of faith by looking to Buddhism for inspiration. From prayer to how Christianity views life after death, Knitter argues that a Buddhist standpoint can encourage a more person-centred conception of Christianity, where individual religious experience comes first, and liturgy and tradition second. Moving and revolutionary, this book will inspire Christians everywhere.

*No Other Name?* D K Print World  
Presents a comprehensive study of every major position taken by Christian churches and theologians on world religions and religious pluralism. Original.  
**Socially Engaged Buddhism** Tuttle Publishing

The widespread influence of Buddhism is due in part to the skill with which a way of liberation was refined by it's teachers and became accessible to people of diverse cultures. In this dynamic series of lectures, Alan Watts takes us on an exploration of Buddhism, from its roots in India to the explosion of interest in Zen and the Tibetan tradition in the West. Watts traces the Indian beginnings of Buddhism, delineates differences between Buddhism and other religions, looks at the radical methods of the Mahayan Buddhist, and reviews the Four Noble Truths and The Eightfold Path Dante Monarch Books  
An intimate guide to self-acceptance and discovery that offers a Buddhist perspective on wholeness within the framework of a Western understanding of self. For decades, Western psychology has promised fulfillment through building and strengthening the ego. We are taught that the ideal is a strong, individuated self, constructed and reinforced over a lifetime. But Buddhist psychiatrist Mark Epstein has found a different way. Going to Pieces Without Falling Apart shows us that happiness doesn't come from any kind of acquisitiveness, be it material or psychological. Happiness comes from letting go. Weaving together the accumulated wisdom of his two worlds--Buddhism and Western psychotherapy—Epstein shows how "the happiness that we seek depends on our ability to balance the ego's need to do with our inherent capacity to be." He encourages us to relax the ever-vigilant mind in order to experience the freedom that comes only from relinquishing control. Drawing on events in his own life and stories from his patients, Going to Pieces Without Falling Apart teaches us that only by letting go can we start on the path to a more peaceful and spiritually satisfying life.

Taking Jesus Seriously Yale University Press  
Blending the lessons of psychotherapy with Buddhist teachings, Mark Epstein offers a revolutionary understanding of what constitutes a healthy emotional life The line between psychology and spirituality has blurred, as clinicians, their patients, and religious seekers explore new perspectives on the self. A landmark contribution to the field of psychoanalysis, Thoughts Without a Thinker describes the unique psychological contributions offered by the teachings of Buddhism. Drawing upon his own experiences as a psychotherapist and meditator, New York-based psychiatrist Mark Epstein lays out the path to meditation-inspired healing, and offers a revolutionary new understanding of what constitutes a healthy emotional life.

Land of No Buddha Fortress Press  
By setting traditions and thinkers such as Zoroaster, Jeremiah, Isaiah, Gautama Buddha, Confucius, Pythagoras, Socrates, Plato, and Aristotle side by side, we are able to see more clearly the questions with which they struggled, their similarities and differences, and how their ideas have influenced religious thought down to our day.  
Buddhists Talk About Jesus, Christians Talk About the Buddha Routledge  
Without Buddha I Could Not be a ChristianOneworld Publications  
Buddhist-Christian Dual Belonging Basic Books  
Buddhism is not a way of harmony and cosmic unity, as Westerners tend to think. Although Buddhism is a rapidly rising religion in the West, few Westerners know what Buddhism is like from the inside. Steve, who made the journey from Buddhism to Christ, explains the Buddhist mind-set and worldview, and makes useful points of comparison.

Without Buddha I Could Not be a Christian Orbis Books  
This insightful, easy-to-read handbook offers a non-traditional perspective on meditation. Written primarily for American insight meditation students, it delivers the Buddha's essential teachings clearly, straightforwardly, and without spiritual jargon, and helps make sense of practices often laden with traditional terminology. Practical explanations of the meditation process, its benefits and applicability to daily life, and warmly humorous advice and encouragement give new practitioners the help necessary to continue practicing meditation on a regular basis.  
Why Buddhism is True Simon and Schuster  
Writing with a perspective that comes from more than twenty years of study and practice, Richard Hayes casts a critical eye over modern society and the teachings of Buddhism as they flow into the West.

Why I Am a Buddhist Shambhala Publications  
A growing number of people describe themselves as both Buddhist and Christian; but does such a self-description really make sense? Many people involved in inter-faith dialogue argue that this dialogue leads to a mutually transformative process, but what if the transformation reaches the point where the Buddhist or Christian becomes a Buddhist Christian? Does this represent a fulfilment of or the undermining of dialogue? Exploring the growing phenomenon of Buddhist-Christian dual belonging, a wide variety of authors including advocates, sympathisers and opponents from both faiths, focus on three key questions: Can Christian and Buddhist accounts and practices of salvation or liberation be reconciled? Are Christian theism and Buddhist non-theism compatible? And does dual belonging inevitably distort the essence of these faiths, or merely change its cultural expression? Clarifying different ways of justifying dual belonging, contributors offer criticisms of dual belonging from different religious perspectives (Theravada Buddhist, Evangelical Reformed and Roman Catholic) and from different methodological approaches. Four chapters then carry the discussion forward suggesting ways in which dual belonging might make sense from Catholic, Theravada Buddhist, Pure-land Buddhist and Anglican perspectives. The conclusion clarifies the main challenges emerging for dual belongers, and the implications for interreligious dialogue.

The Good Heart Wipf and Stock Publishers  
Zen and the art of falling in love . . . At once practical, playful, and spiritually sound, this book is about creating a new love story in your life. Drawing from Christian, Buddhist, Sufi and other spiritual traditions, If the Buddha Dated shows how to find a partner without losing yourself. Kasl, a practicing psychotherapist, workshop leader, and Reiki healer for thirty years, offers practical wisdom on using the path to love as a means of awakening. If the Buddha Dated teaches that when you stay loyal to your spiritual journey, you will bring curiosity, fascination, and a light heart to the dating process.  
If the Buddha Dated Liturgical Press  
What does Jesus mean to a Buddhist, or the Buddha to a Christian? What is it about the Buddha that is appealing to a Christian, or unappealing? In this volume 12 scholars, six of them Christian and six of them Buddhists, speak simply and from the heart about their personal relationship to the great religious leader from the other tradition. The diversity of views within each tradition could be a shock to the average Buddhist or Christian on the street. Buddhists argue about Buddha's nature, Buddha veneration, and the role the Buddha plays in human liberation. Christians argue about Jesus' human and divine status, his uniqueness, and the role he plays in human salvation. The contributors celebrate the family likeness between Jesus and the Buddha, but they also acknowledge the differences as well, for it is at the points of difference that potentially there is the most opportunity for growth.

Thoughts Without A Thinker Parallax Press  
"The last century witnessed a gradual but profound transformation of the West's religious landscape. In today's context of diversity, people are often influenced by more than one religion. Buddhism and Christianity is a particularly prevalent and fascinating combination. This book presents a detailed exploration of Buddhist Christian dual belonging, engaging - from both Buddhist and Christian perspectives - the questions that arise, and drawing on extensive interviews with well-known individuals in the vanguard of this important and growing phenomenon. The book looks at how it is possible to be authentically Buddhist and authentically Christian despite the differences in religion beliefs and practices. It discusses whether those who identify themselves as belonging to both traditions are profoundly irrational, religiously schizophrenic or perhaps just spiritually superficial, or if it is possible to reconcile the thought and practice of Buddhism and Christianity in such a way that one can be deeply committed to both. Finally, the book looks at whether the influence of Buddhist Christians on each of these traditions is something to be regretted or celebrated. It is an interesting contribution to studies on Asian Religion and Theology"--  
Jesus & Buddha Simon and Schuster

This landmark of interfaith dialogue will inspire readers of all faiths. In The Good Heart, The Dalai Lama provides an extraordinary Buddhist perspective on the teachings of Jesus. His Holiness comments on well-known passages from the four Christian Gospels, including the Sermon on the Mount, the parable of the mustard seed, the Resurrection, and others. Drawing parallels between Jesus and the Buddha — and the rich traditions from which they hail — the Dalai Lama delivers a profound affirmation of the sacred in all religions. Readers will be uplifted by the exploration of each tradition ’ s endless merits and the common humanity they share.  
Beside Still Waters Penguin  
Socially Engaged Buddhism is an introduction to the contemporary movement of Buddhists, East and West, who actively engage with the problems of the world—social, political, economic, and environmental—on the basis of Buddhist ideas, values, and spirituality. Sallie B. King, one of North America ’ s foremost experts on the subject, identifies in accessible language the philosophical and ethical thinking behind the movement and examines how key principles such as karma, the Four Noble Truths, interdependence, nonharmfulness, and nonjudgmentalism relate to social engagement. Many people believe that Buddhists focus exclusively on spiritual attainment. Professor King examines why Engaged Buddhists involve themselves with the

problems of the world and how they reconcile this involvement with the Buddhist teaching of nonattachment from worldly things. Engaged Buddhists, she answers, point out that because the root of human suffering is in the mind, not the world, the pursuit of enlightenment does not require a turning away from the world. Working to reduce suffering in humans, living things, and the planet is integral to spiritual practice and leads to selflessness and compassion. Socially Engaged Buddhism is a sustained reflection on social action as a form of spirituality expressed in acts of compassion, grassroots empowerment, nonjudgmentalism, and nonviolence. It offers an inspiring example of how one might work for solutions to the troubles that threaten the peace and well being of our planet and its people.

No Beginning, No End Tuttle Publishing

While in grad school in the early 1990s, Chris Niebauer began to notice striking parallels between the latest discoveries in psychology, neuroscience, and the teachings of Buddhism, Taoism, and other schools of Eastern thought. When he presented his findings to a professor, his ideas were quickly dismissed as “ pure coincidence, nothing more. ” Fast-forward 20 years later and Niebauer is a PhD and a tenured professor, and the Buddhist-neuroscience connection he found as a student is practically its own genre in the bookstore. But according to Niebauer, we are just beginning to understand the link between Eastern philosophy and the latest findings in psychology and neuroscience and what these assimilated ideas mean for the human experience. In this groundbreaking book, Niebauer writes that the latest research in neuropsychology is now confirming a fundamental tenet of Buddhism, what is called Anatta, or the doctrine of “ no self. ” Niebauer writes that our sense of self, or what we commonly refer to as the ego, is an illusion created entirely by the left side of the brain. Niebauer is quick to point out that this doesn’t mean that the self doesn’t exist but rather that it does so in the same way that a mirage in the middle of the desert exists, as a thought rather than a thing. His conclusions have significant ramifications for much of modern psychological modalities, which he says are spending much of their time trying to fix something that isn ’ t there. What makes this book unique is that Niebauer offers a series of exercises to allow the reader to experience this truth for him- or herself, as well as additional tools and practices to use after reading the book, all of which are designed to change the way we experience the world—a way that is based on being rather than thinking.

The Gospel of Buddha Liturgical Press

In Taking Jesus Seriously, the words of Jesus become clearer when matched with the practices and insights of Buddhist meditation. This book presents a Christian way to implement the words of Jesus by looking inside to see what stands between the reader and God’s kingdom. Cowan connects everyday examples and Jesus’ words to the method of Buddhist vipassana or insight meditation by offering instruction, perception, and guidance. With practice, readers can begin to notice what is actual, leave anxiety to the Father, accept pain, and see the world as a child would. This book is designed to be read over twelve weeks while practicing 20-30 minutes of daily meditations. Each chapter includes questions and answers. Chapters in Prelude are “The Reign of God, Escaping Delusion,” “The Practice: Observing Delusion and Reality,” “Replacing Delusions with Material Reality,” and “Escaping the Delusion that We Are Our Feelings and Thoughts.” Chapters in First Interlude: What Am I Doing Here? are “The Delusion that Happiness Results from Fulfilling Desires,” “Distinguishing the Reality of Pain from the Delusion of Suffering,” “The Delusion of Permanence,” and “The Delusion of Person.” Chapters in Second Interlude: The Delusion of Two are “Empty of Delusion,” and “Now? as Reality, Past? and Future? as Delusion.” The chapter in Third Interlude: Intention, is “Evolution and the Reign of God.” Also includes Postlude on the Christian Life, My Book Shelf, and an index. “Cowan’s work contributes a perspective of radical Christianity to the growing number of books dealing with the interaction of Buddhism and Christianity. . . . This book could help some Christians get beyond preconceptions about Buddhism and Jesus.” Publishers Weekly“Thank you for Taking Jesus Seriously. Its practical teaching on meditation is superb. It reminded me of a lot that I had forgotten, and helped me understand some things I'd never understood, and taught me a good deal I never knew.” The Reverend Paul Bayes National Mission & Evangelism Adviser, Archbishops' Council, England“In this world of attractions and delusions, we are blessed when someone finds a way to help us to see ourselves clearly, to learn to be content with who we are, and to be open to new perceptions. Here is the Jesus who encountered life in all its fullness and welcomes us in. John Cowan, with his years of experience in both Eastern and Western forms of meditation, offers a guide for the traveler and a bridge between traditions.” Rt. Rev. James Jelinek Bishop of the Episcopal Diocese of Minnesota

What the Buddha Taught Random House

A national bestseller and acclaimed guide to Buddhism for beginners and practitioners alike In this simple but important volume, Stephen Batchelor reminds us that the Buddha was not a mystic who claimed privileged, esoteric knowledge of the universe, but a man who challenged us to understand the nature of anguish, let go of its origins, and bring into being a way of life that is available to us all. The concepts and practices of Buddhism, says Batchelor, are not something to believe in but something to do—and as he explains clearly and compellingly, it is a practice that we can engage in, regardless of our background or beliefs, as we live every day on the path to spiritual enlightenment.